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Sorry! There are no remaining departures for "South America Cruise - Ushuaia to Cartagena" (XVUCSX), [but here are some similar trips.](#)



South America Cruise - Ushuaia to Cartagena

38 days, Ushuaia to Cartagena

Trip code XVUCSX

What's included

- Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo
- Your G for Good Moment: Parwa Community Restaurant the Sacred Valley, Lamay
- 33 nts aboard the G Expedition
- Arrival and departure transfers
- Torres del Paine National Park excursion (Puerto Natales)
- Simpson River National Reserve visit (Chacabuco)
- Excursion to Punta Arenas or Ancud (Isla Chiloe)
- Machu Picchu and the Sacred Valley (3-day land excursion)
- Cusco city tour
- Ollantaytambo ruins guided tour
- G Adventures-supported Women's Weaving Co-op visit (Ccaccacollo)
- Lunch at the G Adventures-supported Parwa Community Restaurant (Sacred Valley)
- Machu Picchu guided tour
- Isla de la Plata wildlife excursion
- Darien Jungle and Emberá tribe visit
- The Shaping of Panama and Miraflores Locks excursion
- Transit the Panama Canal
- San Blas Islands excursion
- Excursion in Bahia Solano
- Zodiac excursions with our expert expedition team
- Lectures and educational programs on board
- Internal flights
- All transport to/from included activities and between all destinations

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing March 21st, 2015 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Ushuaia

Arrive in Ushuaia at any time. Arrival transfer included. Enjoy the sights and sounds of the world's most southerly city.

There will be a welcome desk in the lobby of the start hotel that will provide more specific information on the Expedition and your upcoming adventure.

Please note that the first night in Ushuaia is on twin share basis. If you're travelling solo or have an odd number of travellers in your group and have not purchased a private cabin, you will be paired with another solo traveller of the same gender.



Today's Activities

Private Vehicle

Ushuaia Aerodrome - Ushuaia

Included arrival transfer.

Free morning to explore Ushuaia. Embarkation on the G Expedition begins in the afternoon at the port in Ushuaia.

Today we will embark on the G Expedition. The morning is free to do any last minute shopping, an optional excursion to Tierra Del Fuego National Park or a good hike up to the Marshall Glacier. For a better view, opt for a helicopter ride (weather permitting) to see the port of Ushuaia from the air. Embarkation on the G Expedition is set for 4pm at the port in Ushuaia.



Meals included

Breakfast | Dinner



Today's Activities

Free Time

Ushuaia

Explore the city, do some shopping or take an optional excursion and enjoy lunch ashore.

Embarkation of the Expedition

Longyearbyen

In the afternoon, join your fellow passengers to take your group transfer and begin your journey on the Expedition. Please refer to your welcome letter or the joining instructions posted in the lobby of the start hotel. Make sure you have your passport handy as you are about to embark on the adventure of a lifetime.

Expedition

Ushuaia

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 2

Martial Glacier Hike

Ushuaia

Hike the Martial Glacier, one of the most outstanding natural attractions not only because of the fabulous view it provides, but because it can be visited throughout the year as well. Climb to the top and enjoy the breathtaking view of the islands in the Beagle Channel.

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Tierra del Fuego National Park Visit

Ushuaia

Explore this stunning coastal national park extending 630 sq km. The Tierra del Fuego National Park has many different attractions, like Acigami Lake and Lapataia Bay, where the Pan-American Route ends. This is the southernmost national park of Argentina and the only one that protects mountains, sea, and forests within its limits.

Day 3

South Pacific Ocean

Get to know your Expedition team with a day at sea. Enjoy a few introductory presentations on safety and what we may be seeing throughout the trip.

Spend time out on deck watching the magnificent scenery. Weather permitting, jump into a Zodiac led by one of our expert guides and head out for an expedition cruise.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Ushuaia - Punta Arenas

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Zodiac Excursion (South America)

Hop into a Zodiac and explore the area with expert Expedition guides.



Optional Activities - Day 3

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Disembark in Punta Arenas, located on the edge of the Strait of Magellan. Choose between two full-day included options. Opt to visit the 95-year-old Estancia Olga Teresa for a taste of the Patagonian "huasos" daily life. Enjoy a country breakfast and a sheep-shearing demonstration. View a "Chilean rodeo" and savour a barbecue lunch with Chilean wine. If you prefer, opt for a city tour of Punta Arenas with a museum tour to learn more about the history of the area. After, get into the heart of the region with a hike through the Magellan Forest Reserve.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Punta Arenas - Puerto Natales

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Magellan Estancia Excursion and Shearing Show

Punta Arenas

6h30m

Visit the 95-year-old Estancia Olga Teresa and experience the daily life of Patagonian "huasos" or cowboys. Dig in to a homemade country breakfast in the morning and watch a sheep-shearing demonstration. Explore the farm, take in a Chilean rodeo show, and cap off the day with a barbecue lunch complete with delicious Chilean wine.

Punta Arenas City Tour and Forest Reserve Trek

Punta Arenas

7h30m

Discover Punta Arenas on a city tour. Stop at La Cruz Hill for stellar views of the Strait of Magellan and Tierra del Fuego Island, explore the impressive cemetery, stop at the main square, and visit the Maggorino Borgatello Museum and the Patagonia Institute to learn more about the history of the area. After lunch on the ship, head to the Magallanes National Reserve and enjoy a scenic trek through the diverse forest.

Day 5

South Pacific Ocean

Another day at sea gives you the opportunity to spend some time out on deck. Keep your camera and binoculars on hand for scenery or wildlife viewing opportunities.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Punta Arenas - Puerto Natales

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 5

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Day 6

Puerto Natales

From Puerto Natales, a town of brightly coloured corrugated tin houses, enjoy a full-day tour taking in the gorgeous scenery of Torres del Paine National Park.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Puerto Natales - Angostura Guía

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Torres del Paine National Park Shore Excursion

Puerto Natales

7h

Take in the gorgeous scenery of Torres del Paine National Park, a UNESCO Biosphere Reserve, on a full-day tour. Marvel at panoramic views throughout the park, snap photos of the famous peaks at scenic stops, and stretch your legs on a 1hr walk. Feeling more adventurous? Opt for 2-3hr hike through the incredible landscape.

Day 7

Angostura Guía

Located in the Guía Narrows, explore Angostura Guía by Zodiac with expert Expedition guides.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Angostura Guía - Laguna San Rafael

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Zodiac Excursion (South America)

Hop into a Zodiac and explore the area with expert Expedition guides.

Day 8

South Pacific Ocean

Spend time enjoying the scenery, taking part in lectures, photography and painting workshops, or relaxing on board.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Angostura Guía - Laguna San Rafael

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 8

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Day 9

Laguna San Rafael

Explore the fjords by Zodiac. With a little luck, we may get to witness the spectacle of a calving glacier as the Zodiacs weave between ice formations. Keep an eye out for birdlife and keep your fingers crossed for whales or dolphins.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Laguna San Rafael - Chacabuco

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Zodiac Excursion (South America)

Hop into a Zodiac and explore the area with expert Expedition guides.

Day 10

Chacabuco

Enjoy the highlights of spectacular Chacabuco. Visit the colourful market surrounded by the scenic backdrop of the Andes. Take a 45 min drive, soaking in the scenic canyons, rivers and valleys en route to Simpson River National Reserve. Take short walks to experience nature firsthand and hop back on the bus for more scenic driving. Visit Coyhaique, the capital of the Aysen region. Visit the main plaza and handicraft market. Stop at a waterfall on the way back to the port.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Chacabuco - Ancud

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Coyhaique and Simpson Valley

Chacabuco

5h30m

Enjoy a scenic drive to the Simpson River National Reserve, passing by canyons, rivers, and valleys en route. Hop out of the bus for short walks to take photos and immerse yourself in the landscape, then climb back in and continue the scenic drive. Visit the main plaza, explore the handicraft market, and stop at a waterfall on the way back to port.

Day 11

South Pacific Ocean

Spend today at sea. Choose to participate in lecture programs on board, or take the day to relax and watch the world sail past from the comfort of the lounge.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Chacabuco - Castro

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 11

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Step off the ship to the fifth largest island in South America, Isla Chiloe. Explore the area on a full-day tour.

Explore the area on a full-day tour. Choose between two options - a visit to the local villages and churches or a birdwatching excursion. Both are full day excursions.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Chiloe Villages and Historical Churches

Castro

8h30m

Enjoy a full-day tour of some of the villages, historical churches, and museums in the area to learn about the area's religious history. Travel along the famous PanAmerican Highway, wander through local markets, and visit the UNESCO listed San Francisco Church.

Birdwatching and Botany

Castro

7h

Meet a biologist guide at the pier and travel to a nearby wetland for a session of birdwatching. Get those cameras or binoculars ready and try to catch a glimpse of a variety of wild ducks including the Red Shoveler, Cinnamon Teal and Chiloe Widgeon as well as several grebes and coots. Travel on to the Bay of Caulin, a protected bird sanctuary, to view more birds before heading to the Senda Darwin's Biological Field Station. While at the Station, learn about the scientific studies being conducted there in regards to climate change and migratory birds.

Days 13–14

South Pacific Ocean

Spend time on board with your fellow travellers, while enjoying an optional painting class or photography workshop.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Castro - Valparaiso

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Days 13–14

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Day 15

Valparaíso

Valparaiso. Morning city tour of Valparaiso and Viña del Mar. Afternoon visit to the Casablanca Valley with winery tour. Some travellers may end their cruise here, while others may join this evening.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Valparaíso - Caldera

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Day 16

South Pacific Ocean

Opt to spend this time at sea out on deck or join one of the lectures or painting classes.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Valparaíso - Caldera

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 16

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Day 17

Caldera

Enjoy a full day of exploring picturesque Caldera. Choose between visiting local museums or a local mine. Soak in the desert scenery.

Take an tour to the Pan de Azúcar National Park to see sealions, Humboldt penguins and spectacular scenery.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Caldera - Arica

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Caldera Excursion

Caldera

Spend the day exploring Caldera with an included tour. Visit the Copiapo mine where 33 miners were trapped 700 metres underground until being rescued 69 days later.

Day 18

South Pacific Ocean

Another day at sea gives you the opportunity to spend some time out on deck. Keep your cameras and binoculars on hand for scenery or wildlife viewing opportunities.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Caldera - Arica

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 18

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Day 19

Arica

Enjoy a day in Arica. Opt to relax on the beach, or head out on a city tour and visit the San Miguel de Azapa Archaeological Museum.

With a warm climate year round, Arica is known as the City of Eternal Spring. With some of the best beaches in Chile, spend a relaxing day catching some sun, or opt to explore the San Miguel de Azapa Archeological Museum for some local cultural history.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Arica - San Juan de Marcona

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Arica City and Geoglyphs Excursion

4h30m

Begin the day with a drive along the coast into the Azapa Valley. View the Geoglyphs in the valley before continuing to the San Miguel de Azapa Archaeological and Anthropological Museum. Travel on to Morro de Arica Hill to take in the spectacular panoramas of the area, and finish the day with a trip to Colon Square to visit the San Marcos Cathedral and its Gothic architecture.

Day 20

South Pacific Ocean

Enjoy a day hike along the Kumano Kodo pilgrimage route. Reach the Hongu Taisha Shrine with the largest torii gate in Japan.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Arica - San Juan de Marcona

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 20

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Day 21

San Juan de Marcona

Enjoy a guided tour of Nazca desert cemetery and the potter's studio. Opt for a flight over the Nazca Lines (available for pre-purchase).

Travel to Nazca for a guided tour of the Chauchilla desert cemetery and potter's studio. Opt for a flight over the Nazca Lines (available for pre-purchase) before returning to the ship. Along the coast there may be opportunities to spot local wildlife.

Please note: If you choose to book the Nazca lines flight, please be aware that these flights are subject to cancellation in the event that the weather is too bad to safely take off and land. Pilots may also choose not to fly if the visibility is low and there is no possibility of seeing the Nazca lines. All flights are weather permitting.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Nazca Desert Cemetery and Potter's Studio Guided Tour

Nazca

See remains of the Nazca culture during an included tour of the ancient Pre-Inca desert cemetery site of Chauchilla. Spot 1500-year-old mummies, bones, and pottery on the desert floor. The entire desert area was also once home to the ancient Paracas and the Nazca cultures, which preceded the Incas by more than half a millennium. Stop for a visit at an artisan's workshop, where modern masters create Nazca style pottery.



Optional Activities - Day 21

Flight over Nazca Lines

Nazca

Take to the skies for the best view of the enigmatic Nazca Lines, a series of patterns and pictures etched in the ground, crisscrossing a wide area of flat desert. Marvel at the lines measuring up to 10km (6 mi) in length, yet, remaining perfectly straight. See depictions of birds, insects, and animals only recognizable from the air. Decide for yourself the origin of the lines – who drew the lines, and why, remains a mystery. Current beliefs suggest that they may be part of complex agricultural calendar.

Please note that this activity does not include a tourist ticket fee of S/47 PEN per person, payable directly by each traveller at the airport in Nazca.

Day 22

San Juan de Marcona

Enjoy getting a closer look at sea lions, penguins and seabirds with a Zodiac cruise to the nearby nature reserve.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

San Juan de Marcona - Callao

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Zodiac Excursion (South America)

Hop into a Zodiac and explore the area with expert Expedition guides.

Day 23

Callao/Cusco

Travel from the port in Lima to the airport for a short flight to the colonial city of Cusco set high in the Andes Mountains. Take a tour of the city to learn more about the history, soak in the architecture and the valley's atmosphere. Continue on to a hotel for the night in the Sacred Valley.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Private Vehicle

Cusco - Ollantaytambo

1h45m

94km

Settle in and scan the scenery from the convenience of a private vehicle.

Cusco City Tour

Cusco

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Spend the day getting to know the Sacred Valley a little better. Enjoy guided visits to the Incan ruins sites of Pisac and Moray with a visit to a local handicraft market. After, meet the women at the G Adventures-supported Ccaccacollo community and Women's Weaving Co-op. Learn about their ancient traditions. Stop in the indigenous village of Huchuy Qosco for lunch at the G Adventures-supported Parwa Community Restaurant. Enjoy a delicious lunch and know that your visit is helping to support a remote community. Later, visit the pre-Incan salt pans of Las Salineras and learn more about the Incas with a tour of Ollantaytambo ruins.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Ollantaytambo Ruins Guided Tour

Ollantaytambo

Tour the town and fortress of Ollantaytambo with a local guide. Take a step back in time at this Inca archaeological site; it still shows signs of its former glory, including agricultural terraces, a Temple Hill, and storehouses. Learn how the area, overlooking the Urubamba River Valley, was an important stronghold during warfare between the Spanish and Incas.

ACTIVITY

Visit the Ccaccacollo community centre which G Adventures travellers' donations helped create in 2005, thereby enabling local women to sell traditional textiles to travellers. See local weaving and dyeing techniques used to create garments and souvenirs, and learn how the Planeterra weaving co-operative has impacted the community and those who visit it. This includes the purchase of alpacas to provide a steady supply of wool, looms, and sewing machines as well as several training courses on production, sales and small business management.

ACTIVITY

Contribute to sustainable tourism in Huchuy Qosqo, a small village of 65 families in the Sacred Valley, by eating at the Parwa Community Restaurant. Learn how the resident-run restaurant was kickstarted by G Adventures and the Multilateral Investment Fund, to become a successful farm-to-table program that boosts the local economy and several spin-off microenterprises.

Rise early and journey to the Ollantaytambo station to catch the scenic train to Aguas Calientes, at the base of Machu Picchu. Enjoy a guided tour of the Machu Picchu ruins and soak in the famous views. Enjoy free time to explore the ruins on your own before returning to Cusco for the night.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Train

Ollantaytambo – Aguas Calientes

1h30m

Climb aboard, take a seat, and enjoy the ride.

Machu Picchu Guided Tour

Machu Picchu

Set off with the local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

Local Bus

Aguas Calientes – Machu Picchu

15m

Climb aboard, grab a seat, and enjoy the ride.

Train

Machu Picchu – Cusco

1h30m

Climb aboard, take a seat, and enjoy the ride.

Local Bus

Ollantaytambo – Cusco

1h30m

Climb aboard, grab a seat, and enjoy the ride.

Day 26

Cusco/Trujillo

Fly to Trujillo and return to the Expedition. Opt for a guided visit to the ancient Chimu capital of Chan Chan. Wander this UNESCO site and marvel at the carvings and gain unique insight into the ancient history of the region.



Meals included

Breakfast | Lunch | Dinner



Optional Activities - Day 26

Chan Chan Archaeological Excursion

Trujillo

Travel to the ruins of Chan Chan, the capital of Peru's largest pre-Inca empire, located 5km (3 mi) away from the city of Trujillo. Abandoned around 1470 after the Inca army overran the city, it is now approximately 5,000 acres of eroded adobe. Explore the ruins and gain valuable insight into the ancient history of the region.

Day 27

South Pacific Ocean

Spend some time on board with your fellow travellers, while enjoying an optional painting class or photography workshop.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Trujillo - Salinas

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 27

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

Day 28

Salinas

Spend a leisurely day shopping and exploring the waterfront of Salinas. Some travellers may end their cruise here, while others may join this evening.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Salinas - Isla de La Plata

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Day 29

Isla de La Plata

Head out on a full-day wildlife tour to experience the best of Isla de la Plata. Similar to the Galápagos, prepare to see blue- and red-footed boobies, Peruvian pelicans, frigatebirds and waved albatrosses. Explore more of the area on easy hikes.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Salinas - Isla de La Plata

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Isla de la Plata Excursion

Isla de La Plata

7h-7h30m

Journey to Isla de la Plata by boat and explore the island on foot. Be on the look out for blue-footed, red-footed, and Nazca boobies, as well as albatross and other tropical birds. Head back to the boat and enjoy lunch on board while continuing on to Drake Bay for some snorkeling. Known for tropical fish and sea turtles – enjoy exploring this underwater world.

Day 30

North Pacific Ocean

Enjoy the on board lecture program with this day at sea.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Isla de La Plata - Bahía Solano

Not too big, not too little, our 128-passenger polar expedition ship is just right.



Optional Activities - Day 30

Expedition Lecture Program (South America)

Enjoy lectures on a range of topics including the natural and human history of the region. Learn about photography from the on board photographer, or take a painting class with the Artist in Residence.

The G Expedition will dock in Bahia Solano just after lunch. Pick one of the four included excursions. Options include hikes through the jungle to see waterfalls, visits to a nearby fishing village, or free time to wander the town and relax on gorgeous beaches.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Bahía Solano - Punta Alegre

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Playa Mecana - Botanical Garden Excursion

Bahía Solano

4h-4h30m

Visit the Playa Mecana Botanical Garden - a conservation area for local species, after a guided walk from Bahía Solano to Mecana Beach. Walk through jungle and beach terrain, with a stop at a waterfall and marvel at the scenery.

Chocolatal Waterfall Excursion

Bahía Solano

4h-4h30m

Hike from Bahía Solano through the jungle, all the way to the Cascada Chocolatal. Surrounded on all sides by pristine jungle, the waterfall is an idyllic photo stop - be sure to bring a camera!

Huina Fishing Village Excursion

Bahía Solano

4h-4h30m

From Bahía Solano, walk to the charming fishing village of Huina and back. Explore the village and mingle with the locals.

Playa de los Deseos Excursion

Bahía Solano

4h-4h30m

From Bahia Solano, transfer by boat to Huina. From Huina, take a walk to Playa de los Deseos through the jungle before arriving at the beach to swim and relax before returning to the ship.

Leave the ship in Punta Alegre for the day and transfer to a motorized canoe to journey into the lives of the Emberá Indian Tribe nestled in the pristine Darien Jungle. Navigate up the Mogue River to this community of the indigenous people of the area. Wander the village and get to know your hosts. Enjoy a presentation of traditional dances.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Punta Alegre - Pearl Islands

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Darien Jungle and Emberá Tribe Visit

Punta Alegre

4h

Journey into the lives of the Emberá Indian Tribe nestled in the pristine Darien Jungle. Navigate up the Mogue River to visit this community of indigenous people, wander the village and get to know your hosts. Enjoy a presentation of traditional dances and hopefully the opportunity to purchase some keepsakes from the local craftsmen.

Motorized Canoe

Punta Alegre - Darien Jungle Reserve

45m

Climb in and move swiftly through the water to the next stop.

With over 200 islands, the Pearl Islands offer world-class beaches and postcard perfect landscapes. Explore this remote area, taking advantage of included snorkelling gear. Take the Zodiacs to stunning snorkelling areas, beautiful beaches or opt to spend time in the sleepy town.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Pearl Islands - Panama City

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Beach Barbecue (Pearl Islands)

Head down to the beach to enjoy a BBQ lunch.

Day 34

Panama City

The G Expedition will reach the Panama Canal with the opportunity to explore this marvel of engineering before the transit through the canal begins tomorrow. Enjoy an included visit to the Miraflores Locks Observation Center to learn more. Walk through the old French Quarter of Panama City to the coast, learning about the history of the area along the way.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Panama City - Panama Canal

Not too big, not too little, our 128-passenger polar expedition ship is just right.

The Shaping of Panama and Miraflores Locks Excursion

Panama City

5h

Discover more of the famous canal and the city it shaped on this tour. Check out the exhibitions at the Miraflores Locks Observation Centre and, with some luck, see ships making their way through the locks' chambers. Explore the historical French Quarter and the ruins of Old Panama - a UNESCO World Heritage Site - and learn about the region's intriguing past complete with pirate tales.

With an understanding of the history of the canal and how it works, see it all first hand as the Expedition navigates her way through the canal. Enjoy your first views of the Caribbean when you reach the other side.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Panama Canal - San Blas Islands

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Panama Canal Transit

Panama Canal

See one of the greatest engineering wonders of the world in action as the ship travels the Panama Canal. Spend some time on deck and observe the workings of the locks extending across 77km (48 mi) to connect the Atlantic and Pacific oceans. This unique experience is not to be missed.

Arrive on the San Blas Islands – full of white-sand beaches, palm trees, and crystal-clear blue waters. Spend this free day relaxing on the beach or snorkelling and swimming. Enjoy a visit to a local market and a small town to learn more about the life of the local Kuna Indians.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

San Blas Islands – Capurganá

Not too big, not too little, our 128-passenger polar expedition ship is just right.

San Blas Islands Excursion

San Blas Islands

Land at the small island of El Porvenir, and head out to explore the area. Enjoy a guided walk through the jungle to see the local flora, fauna, and wildlife. Or grab those flippers and see what's below the surface while snorkelling on the beach. Learn about the local Kuna people's way of life on a visit to their small village.

This seldom visited area is a gem in the Caribbean. Take part in excursions to visit the locals, walk through the jungle and enjoy a traditional meal with your new native friends. Enjoy an included walk through the Eco Reserve El Cielo.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Expedition

Capurganá - Cartagena

Not too big, not too little, our 128-passenger polar expedition ship is just right.

Capurganá Excursion

Capurganá

Use an excursion to Capurganá to discover all this remote village has to offer. Most people travel by speedboat to enjoy the pristine beaches and clear blue waters. Strike out on a hike to explore the surrounding jungle, get to know some of the locals in the village, or soak up the sun while sipping a cocktail on the beach.

Arrive in colonial Cartagena. Catch a departure transfer to a centrally located hotel where the tour ends on arrival.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo
- Your G for Good Moment: Parwa Community Restaurant the Sacred Valley, Lamay
- 33 nts aboard the G Expedition
- Arrival and departure transfers
- Torres del Paine National Park excursion (Puerto Natales)
- Simpson River National Reserve visit (Chacabuco)
- Excursion to Punta Arenas or Ancud (Isla Chiloe)
- Machu Picchu and the Sacred Valley (3-day land excursion)
- Cusco city tour
- Ollantaytambo ruins guided tour
- G Adventures-supported Women's Weaving Co-op visit (Ccaccacollo)
- Lunch at the G Adventures-supported Parwa Community Restaurant (Sacred Valley)
- Machu Picchu guided tour
- Isla de la Plata wildlife excursion
- Darien Jungle and Emberá tribe visit
- The Shaping of Panama and Miraflores Locks excursion

- Transit the Panama Canal
- San Blas Islands excursion
- Excursion in Bahia Solano
- Zodiac excursions with our expert expedition team
- Lectures and educational programs on board
- Internal flights
- All transport to/from included activities and between all destinations

What are the main highlights of this trip?

Journey from Ushuaia to Cartagena on this cruise of a lifetime aboard the G Expedition, sail through the Chilean fjords, visit Torres del Paine National Park, explore the remote Isla Chiloe, set eyes on Machu Picchu and the Sacred Valley, savour lunch at the G Adventures-supported Parwa restaurant, travel into the heart of the Darien Jungle, check out the Panama Canal

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Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. Please note: While it is our intention of adhere to the route described above , there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. On the first day onboard, your Expedition Leader will give you an expedition overview.
2. Flight Information: When packing your luggage please note that the weight restriction on the domestic flight from Buenos Aires to Ushuaia is only 15 to 23 kg (33 to 50 lbs) per person, depending on the airline. Please note that the airlines will generally charge for excess baggage. We recommend you try to leave luggage that you do not need at your hotel in Buenos Aires (if applicable).
3. The G Expedition is an adventure Expedition ship and does not offer an elevator.
4. PLEASE NOTE: A valid passport with at least 6 months validity from the time you are returning home is required at the time of booking. This trip CANNOT be confirmed without a valid passport.
5. The electricity onboard is 220AC electrical outlets, with European 2 pin round holes, as well as 110-volt shaving sockets in the bathroom for electric razors only. You may wish to bring an international adapter. A limited supply of electrical adapters are available to borrow free of charge at the Purser's Desk.

What is the role of the group leader during this trip?

A carefully chosen team will lead our voyage. Our expedition ships boast an international team of professional naturalists and lecturers. Their goal is to provide an informed and balanced interpretation of the destination, accomplished through stimulating lectures, day-to-day briefings, and informal discussions. Your lecturers and Expedition Leader will cover all aspects of the voyage including ornithology, marine biology, geography, geology, history and the environment, as well as practical things like photography. The expedition staff work conscientiously with you on deck and in the field, improving your observational skills to allow you to experience all that the destination has to offer. Their strong sense of ethics and ecological knowledge make for stimulating and mindful conversation whether onshore or at the dinner table. The Expedition Staff will pilot the Zodiac landing craft used for shore landings and Zodiac cruises; they are experienced drivers who operate the Zodiacs in a responsible manner.

How large will the group be?

Max 134 aboard the G Expedition

What meals are included in this trip?

37 breakfasts, 35 lunches, 36 dinners

What are the meals like on this trip?

Onboard our expedition ships you'll find a diversity of gourmet international cuisines prepared and catered by professional chefs; all meals are included in the price of your expedition. Dining is casual, tables are unassigned and the dining room is capable of seating the entire passenger compliment at one time. There is always a selection of different meals available, and vegetarians will find plenty of options. Special dietary requirements can be accommodated with advance notice, please advise us at time of confirmation. Coffee, tea and water are all provided free of charge. All other beverages, alcoholic and non-alcoholic are not included and can be purchased in the dining room, pub or the lounge.

What are the modes of transportation on my trip?

G Expedition, Zodiac, private bus, motorized canoe, train, plane, walking.

Are local flights included in the cost of the trip?

Local flights are not included in the price of this trip. Please make sure that you arrive into Ushuaia on Day 1. If you require assistance booking local flights please contact your G Adventures representative. From our experience we have found that there are regular delays in flights from Buenos Aires to Ushuaia.

Please note that internal flights in Argentina generally allow less luggage than international flights.

Flights between Lima and Cusco, and back from Cusco to Trujillo are included in the trip cost. Please be aware that there will be luggage restrictions on these flights, so it is recommended to bring a smaller back suitable for the Machu Picchu trip.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Twin-share hotels (4 nts), aboard the G Expedition in quad-, triple-, twin-share cabins, or suites (all with en suite bathrooms and porthole or window) (33 nts). Please note that all cabins consist of twin-size berths and are ocean-facing. Suites have one queen-size bed.

Will I get my own room?

Please note that if you have selected the Private Cabin option at the time of booking, you will receive your own room for the duration of this cruise. This includes the Hotel in Ushuaia.

If you are a solo traveller and you have NOT selected the Private Cabin option, you will be paired with another solo traveller for all nights, including the hotel in Ushuaia.

For groups of 3 passengers travelling together who have booked a triple cabin, you will have a triple room in the hotel where available. If we cannot book a triple room, please note that one of you will be sharing with another solo traveller of the same gender for the hotel night in Ushuaia.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

A NOTE ON FLYING INTO USHUAIA

From our experience we have found that there are significant delays especially in high season on flights from Buenos Aires to Ushuaia. We highly recommend booking your travel arrangements to arrive into Ushuaia earlier in the day on Day 1. We are happy to book additional pre-tour accommodations should you want some additional time in Ushuaia.

All international flights flying into Buenos Aires arrive at Ministro Pistarini Airport (EZE) in Buenos Aires. Please check with your airline as to which airport your domestic flight will be flying out of.

Most flights that continue to Ushuaia depart from the domestic airport (J. Newberry - AEP). Please check with your airline to make sure which airport you are flying out of. On arrival at the International airport, there is an airport shuttle service, Manuel Tienda Leon, available at an approximate cost of USD \$16.00 each way. It is about 1 to 1.5 hours between the airports, so please allow yourself enough time.

Please also confirm the luggage restrictions for your flight from Buenos Aires to Ushuaia as domestic flights generally allow less luggage than international flights.

ARRIVAL INTO USHUAIA

G Adventures is happy to offer you a complimentary airport transfer if you are arriving on Day 1 of the tour or have booked pre-night accommodation through G Adventures.

ARGENTINA'S "RECIPROCITY FEE":

Effective January 7, 2013 all US, Canadian and Australian citizens are required to pay a reciprocity tax in order to enter Argentina. This reciprocity tax must be paid in advance online with a credit card. Cash at the border or airport is not accepted.

Joining Instructions with complimentary transfer:

Upon arrival into Ushuaia City Airport (USH) please collect your luggage and look for a G Adventures representative. Please make sure you have advised your booking agent of your arrival flight details into Ushuaia so we are expecting you. Be sure to keep all your important documents (i.e. passport) and medication in your hand luggage, as your main luggage will be transferred separately to the hotel.

Joining Instructions without complimentary transfer:

Ushuaia City Airport (USH) is located only 5 km outside of the city. Local taxis can be hired at the airport for transportation into Ushuaia at a cost of about \$10 USD. On your arrival to Ushuaia please make your way to the hotel listed on your voucher. Information will be available on the notice board at the hotel. Luggage tags and other information will be available for you 1 day prior to embarkation.

Your luggage will be transferred for you from the hotel to the expedition ship on the morning of Day 2. Please have your luggage in the lobby of the hotel by 9am on the morning of Day 2. You will have the morning free to enjoy the city of Ushuaia and the surrounding countryside.

Embarkation time is set for 4pm and passengers will not be able to board the ship before that time due to refuelling, provisioning, and preparing the ship for your stay. For information on activities, restaurants and services you can consult either the tourist information office or your hotel. Due to new port security regulations you are no longer allowed to enter the port area on your own so make sure you are on time at the designated parking lot across the pier to catch the 4pm group transfer to the ship. More details will be provided with your hotel welcome letter.

On embarkation day, you should dress for changeable weather. Once aboard, you will find your luggage stored in your assigned cabin, please ensure that all your luggage is accounted for on arrival.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to arrive into Ushuaia before embarkation time (usually 4pm) of Day 2 please use the emergency contact details in this dossier. We highly recommend arriving at least 1 day before sailing in order to make sure that delays do not ruin your trip as the ship is unable to wait for late passengers. If you are delayed in arriving to prebooked accommodations please contact the hotel to advise them when you will arrive. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your booking agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office Buenos Aires, Argentina

During office hours (Weekdays 9am-6pm Local Time)

>From outside Argentina: +54 11 5252 3602

>From within Argentina, but outside of Buenos Aires: 011 5252 3602

After hours Emergency number

>From outside Argentina: +54 9 11 3425 0380

>From within Argentina, but outside of Buenos Aires: 15 3425 0380

Are there any additional packing suggestions I should consider?

Most airlines allow one checked bag and two carry-on per person. To avoid any problems at check-in and with possible excess baggage charges, please consult the airline for specific restrictions. For storage on board the expedition ship soft compactible luggage makes storage much easier.

Dress on board is informal. Plan to bring comfortable, casual clothing for all activities. When packing, we suggest that you do not weigh yourself down with too many clothes or too much gear. Select informal, practical attire that can be worn in layers.

In the worlds most remote destinations that the G Expedition travels to we cannot offload our plastics, glass or tin waste for recycling. Therefore, we try to reduce what single use items that we use. You will see on the ship that every effort is being used to stop the use of single use plastic containers, bags and other items. In an effort to prevent plastic waste from entering the waste stream, we are asking for your help. We offer exceptional drinking water on the ship with refilling stations for your re-useable water containers. You will be provided a complimentary water bottle to fill up as needed. Plastic Items such as single use shampoo/conditioner plastic containers cannot be recycled, so please plan to bring any plastics back to your home countries for recycling. Please do not bring single use items that you intend to leave behind such plastic bags and throw away razors. Your participating in helping to prevent pollution and promote recycling is greatly appreciated.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Expedition (South America):

- Binoculars (optional) (We highly recommend a good pair of binoculars for viewing wildlife at a distance.)
- Drybag (To protect camera and belongings on Zodiac landings.)
- Fleece jacket or warm layer
- Motion sickness tablets
- Sunblock
- Warm hat
- Waterproof pants (For Zodiac landings)
- Wool socks

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.) Note: Please note shampoo, conditioner and shower gel are provided on board.

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. Aboard the G Expedition, laundry is available to be serviced by our shipboard team at an additional charge.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Before and after the cruise:

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work overseas. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollars cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

While on board our Expedition ships, cash and most major credit cards (VISA, Mastercard and AMEX) are accepted to clear incidental bills at the end of the cruise by the ship's Purser (ie. bar bills, laundry etc.).

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. It is an expression of satisfaction with the persons who have assisted you on your expedition. The industry standard and suggested amount is USD \$10 - 15 per person per day spent on board. Of course, tipping is a personal choice and the suggested amount is set only as a guideline. The money is collected by the Hotel Manager at the end of the voyage and distributed amongst the crew and Expedition Staff. The Officers choose not to participate in the tipping pool.

What activities are optional on this trip?

Ushuaia

- Martial Glacier Hike
- Expedition Lecture Program (South America)
- Tierra del Fuego National Park Visit

Nazca

- Flight over Nazca Lines

Trujillo

- Chan Chan Archaeological Excursion

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

We recommend that you wear minimal jewelry and that you keep valuable items safely stored in our complimentary safety deposit box, which is located at the Purser's Desk.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 10 years for this trip.

Keeping in Touch on the G Expedition

While you are on board the G Expedition, we know that keeping in touch with your family and friends is important to you. We want to ensure you have the tools available to keep you connected in some of the most remote regions of the world. We have a satellite system, which allows our travellers to connect to the internet or make phone calls with the purchase of personal data credit. Travellers may use our computer room or use any Wi-Fi enabled device to connect to our network, which is available in public areas on Decks 4 and 5. Satellite phone service is available and private calls can be made from our phone booth. Due to using a satellite connection and travelling in remote regions, internet can be slow and sometimes unavailable. The connection in the high Arctic is particularly challenging and no connection is available while in and around South Georgia Island.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

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