



## **Southwest Road Trip: Zion, the Grand Canyon & Santa Monica Sunsets**

7 days, Las Vegas to Los Angeles

Trip code NUVCHW

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Bryce Canyon National Park Visit
- Zion National Park Visit
- Horseshoe Bend Hike
- Grand Canyon South Rim Visit
- Visit Route 66
- Joshua Tree National Park Visit
- Free time in Santa Monica
- Standard Entrance fees to all national parks and monuments with hiking and walking excursions
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing December 28th, 2023 and onwards

# Itinerary



## Itinerary Notes

Please note that the Navajo Loop in Bryce Canyon National Park is closed until further notice due to mudslides and rockfall. As a result, the optional Queen's Garden and Navajo Loop trail cannot currently be completed as a loop. However, it is still possible to hike down the Queen's Garden Trail from Sunrise Point and complete the hike as an out-and-back rather than a loop.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Las Vegas to Bryce Canyon National Park

Meet your group at 8:00 AM for a quick Welcome Meeting, then hop in the van for about 3 hours and head to Bryce Canyon National Park. Around 1:00 pm (we lose 1 hour at the Utah border-but don't worry, we'll get it back soon), stop in Cedar City where you'll have time to grab lunch on your own. Arrive to Bryce Canyon in the early afternoon and spend a few hours hiking, exploring and gazing at the crazy rock formations known as hoodoos. Hike the Navajo Loop & Queens Garden trail to get more up close with these cool geological features. Pitch your tent and make dinner at camp with your fellow Roamies.

Please note your arrival flight should land no later than 6:00 AM in order for you to be on time to your 8:00 AM Welcome Meeting.



### Meals included

Dinner



### Accommodation

Ruby's Inn RV Park & Campground (or similar)

Campground



### Today's Activities

ACTIVITY

Today, the adventure begins. Be sure to arrive in time to meet your group. After introductions, your CEO will review the details of your trip. The group will meet at 8:30 AM on day 1 before beginning the journey to Zion National Park via Bryce Canyon.

Private Vehicle

Las Vegas - Bryce Canyon

5h-6h

400km

Settle in and scan the scenery from the convenience of a private vehicle. Stop in Cedar City to break up the drive. Stretch those legs and opt to grab some lunch at a place of your choosing.

Bryce Canyon National Park Visit

Bryce Canyon National Park

See a sight like no other at this giant forest of stone made up of collection of massive natural amphitheatres. This park contains hundreds of thousands of eroded spires, pinnacles, and other shapes as far as the eye can see.

Queen's Garden and Navajo Loop Hike

Bryce Canyon National Park

2h30m

5km

Trek through the most popular trail in Bryce Canyon to see its famous hoodoos - tall, thin spires of rock that seem to magically balance upon their dusty, red rock base. Begin your hike at Sunrise Point and make your way toward Queen Victoria, the trail's namesake rock formation. Continue through the amphitheater on Navajo Loop past Wall Street or Thor's Hammer, depending on trail conditions. Exit at Sunset Point before walking the Rim Trail back to our starting point. Soak in the views one last time - you'll want to take it all in.

Hiking distance: 4.6km (2.9 mi) Elevation change: 183m (600 ft).

## Bryce Canyon National Park to Zion National Park

Wake up with the birds chirping and make breakfast at camp. Pack a lunch for the day then drive to Zion National Park. Once there it's time to explore! You'll board the national park shuttle to take you into the park and explore your heart out. There are a couple different trail options, the main ones being The Emerald Pools, The Narrows, Scouts Lookout and Watchman Trail. Grab your hiking books, your new best buddy and get out there! Enjoy your packed lunch whenever you choose! Later, travel back to East Zion for a chill evening with your fellow Roamies at the camp site. Once it gets dark, get ready to sit around the campfire, roast some marshmallows and stare up at the stars. First one to see a shooting star wins an extra s'more!

Please note that while the trail to Angels Landing is not included in this itinerary, it is available to be done independently. If you're interested in continuing to the top, you must apply ahead of time for a permit via the National Park's lottery system at this website: <https://www.nps.gov/zion/planyourvisit/angels-landing-hiking-permits.htm>.



### Meals included

Breakfast | Lunch



### Accommodation

Zion Ponderosa Ranch (or similar)

Resort



### Today's Activities

Private Vehicle

Bryce Canyon National Park - Zion National Park

Settle in and scan the scenery from the convenience of a private vehicle.

Zion National Park Visit

Zion National Park

Admire monumental sandstone cliffs of cream, pink, and red that tower into the sky. Experience diverse plant and animal life, and wade through water in a narrow slot canyon as the park transitions from desert to forest. Gaze at the awe-inspiring beauty of the high plateaus, striking towers, temples, mesas, and the earth's tallest-known sheer sandstone walls.

Free Time

Zion National Park

Spend a full day exploring the wonders of Zion. Sit down and enjoy a picnic lunch in the park, and then opt to check out various trails like, the Emerald Pools, the famous Narrows, Scouts Lookout, or Watchman Trails.

Private Vehicle

Zion National Park - East Zion

45m

33km

Settle in and scan the scenery from the convenience of a private vehicle on the drive back to camp in East Zion. Dinner will be on your own this evening, and there are several meal choices available at the campground restaurant.



## Optional Activities - Day 2

Watchman Trail Hike

Zion National Park

The Watchman Trail is often overlooked by visitors to the park, but is a great trail that allows you to enjoy expansive views of the entire Springdale area. Just half a mile away from the South Entrance to the park it's the closest classic hike in the park itself and makes for a great first-taste of all of Zion's magnificence. Short, but sweet you'll climb less than 400 ft in elevation while being surrounded by desert greenery on all sides. While there is some shade make sure you bring plenty of water on this hike.

The Narrows Hike

Zion National Park

Free

6km

Known as one of Utah's best slot canyon hikes, The Narrows takes you through towering canyon walls along the Virgin River (and yes, this means walking in water!). Enjoy some of the park's best scenery, stop to take photos, and don't forget to watch your footing. Opt to make your way back at any point.

Hiking distance: 6.4km (4 mi) Elevation change: 102m (334 ft).

Scout Lookout Trail

Zion National Park

This trail is also the same one that goes to Angels Landing, because of this be prepared to gain more than 1,000 ft in elevation and walk up 21 challenging switchbacks to reach the lookout point. The hike begins at The Grotto shuttle stop and once you arrive at the lookout, you'll be able to enjoy jaw-dropping views of the valley before you.

Day 3

## Zion National Park/Grand Canyon National Park

If you stayed up late with your new friends, you can sleep in the van. Today we wake up early to drive to Grand Canyon National Park, with a couple awesome pit stops along the way. The first stop is at Horseshoe Bend. This geological masterpiece was sculpted by the Colorado River. Go on and walk to the overlook, hike along the rim and stare down into the flowing river far below. Snap some photos with your friends and just enjoy the moment. Continue onwards to our next national park of the trip. En route, stop for lunch at a Navajo-inspired restaurant and trading post. Arrive at the awe-inspiring Grand Canyon—one of the world's Natural Wonders—and set up camp for the next two nights just in time for a spectacular sunset.



### Meals included

Breakfast | Lunch



### Accommodation

Mather Campground (or similar)

Campground



### Today's Activities

Private Vehicle

Zion National Park - Page

2h-3h

170km

Settle in and scan the scenery from the convenience of a private vehicle.

Horseshoe Bend Hike

Horseshoe Bend

1h

1km

Take a short hike to this spectacular horseshoe-shaped meander of the Colorado River. Stand atop steep orange-coloured sandstone cliffs and look out at Horseshoe Bend. Peer down more than 300m (1,000 ft) at the emerald river below.

Private Vehicle

Page - Grand Canyon National Park

3h-4h

220km

Settle in and scan the scenery from the convenience of a private vehicle.

## Grand Canyon National Park

After having breakfast and packing a lunch, get those water bottles ready because today is dedicated to the Grand Canyon. Starting from the South Rim, there are so many hikes to choose from that will take you deeper into the canyon where you can really appreciate the size and depth of this national park. Choose whichever trail you wish or do short bursts of multiple hikes, just make sure you bring plenty of water and take your time. You got this! Sit down for a picnic lunch in the park then maybe choose to rent a bike, or if you're feeling really adventurous, opt to take a legendary helicopter ride over the canyon. The choice is yours! After a full day in the park, sit down for an unforgettable pizza dinner along the rim of the Grand Canyon as the setting sun lights the sky.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Mather Campground (or similar)

Campground



### Today's Activities

Grand Canyon South Rim Visit

Grand Canyon National Park - Grand Canyon

Visit the south rim of the canyon for a great first impression. Marvel as the Grand Canyon unfolds before you. Don't get too close. The land drops almost straight down for more than 1,000m (3,280 ft) into the serpentine canyons below! The gorge is filled with rocky buttes, sheer limestone cliffs, and deep canyons all arrayed in a rainbow of colors. Words defy. This is truly one of the most magnificent sights on earth.

Grand Canyon Hike

Grand Canyon

1h-4h

1km

Opt to hike along the rim or down into the canyon. Experience breathtaking scenery with spectacular views. Bring lots of water, a hat and plenty of energy. Remember -- hiking down is optional, hiking back up is mandatory!

Grand Canyon Sunset Pizza

Grand Canyon

Find a spot to sit and dig in to the most scenic dinner you've ever had! Enjoy some pizza as the sun sets over the Grand Canyon offering breathtaking views while the canyon walls glow red and orange in the fading light. This is truly one of the great wonders. Enjoy the moment.

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## Optional Activities - Day 4

Bright Angel Trail Hike

Grand Canyon National Park

Free

3h-9h

14-19km

Hike towards the heart of the Grand Canyon on the spectacular Bright Angel Trail. Descend into the canyon to experience its natural beauty in a way most visitors miss. Journey to Indian Garden, and depending on group fitness and the season, continue on to Plateau Point.

Grand Canyon Helicopter Tour

Grand Canyon

The Grand Canyon helicopter ride is a must! Enjoy a bird's-eye view for 45 to 50 minutes as you fly over the canyon, taking in the stark contrast of the blue-green Colorado River against the thousand shades of red rock found in the canyon. From above, you can fully appreciate the greatness of the gorge and see why it is one of the seven natural wonders of the world.

Road trip! Get your kicks, because its time to drive along one of the most famous roads in history: Route 66. After you eat breakfast and break down camp, we head out and cruise south west toward Joshua Tree National Park. We'll stop in Seligman along Route 66 and then continue to Kingman, where you will have free time to grab lunch on your own. Throughout the drive, we will take short stops to admire the Mojave Desert, and the funky dessert trees that gave Joshua Tree it's name. Arrive to the camp site in the early evening and after setting up, you will have the night free to explore Pioneer Town. Watch the sky light up in flames during an incredible desert sunset and maybe throw down a blanket to watch for shooting stars tonight in one of California's clearest skies.



## Meals included

Breakfast



## Accommodation

Mather Campground (or similar)

Campground



## Today's Activities

Private Vehicle

Grand Canyon National Park - Joshua Tree National Park

Settle in and scan the scenery from the convenience of a private vehicle.

Route 66 Drive

Las Vegas

3h

Travel the historic Route 66 through the southwest.

Joshua Tree National Park Visit

Joshua Tree National Park

Discover the rugged rock formations and iconic Joshua trees that gave this National Park it's name. Go for a hike, keep a sharp eye out for desert wildlife, and take in the incredible scenery.

Day 6

## Joshua Tree National Park/Santa Monica

After another night under the stars, pack away your camping gear, have some breakfast at camp, and drive to one of the LA's most famous beaches for a day of fun. You'll have the entire afternoon free to explore Santa Monica and do whatever you please with your fellow Roamies. Opt to lounge on the beach, have some of the worlds best ice cream, take a ride on the pier, or just people watch with a spicy margarita at an open air bar. Whatever you choose, make it count! Tonight we'll stay at an awesome, hip hostel in Santa Monica.



### Meals included

Breakfast



### Accommodation

HI Los Angeles Santa Monica Hostel (or similar)

Hostel



### Today's Activities

Private Vehicle

Joshua Tree National Park - Santa Monica

3h30m

258km

Settle in and scan the scenery from the convenience of a private vehicle.

Santa Monica Visit

Santa Monica

Make a stop at Santa Monica where you can choose to lounge in the sand, rollerblade on the sidewalks, bicycle along the waterfront, or take a walk down the pier. The choice is yours during your afternoon here.



### Optional Activities - Day 6

Santa Monica Pier Visit

Los Angeles

Free

Check out the pier, boardwalk, and some of the city's best shopping at 3rd St Promenade in this beachfront city.

Choose to rent rollerblades or bikes and explore Santa Monica at a faster speed.

Day 7

## Santa Monica/Los Angeles

Say goodbye to your Roamies and depart at any time.

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.



### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

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## What are the main highlights of this trip?

Hike and camp your way through four iconic U.S. National Parks, Marvel at the towering cliffs of Zion National Park, Hike along the zig zagging paths in Bryce Canyon, Embrace the views along the southern rim of the Grand Canyon, Drive along Route 66, Share laughs and stories under the California stars, Hear the waves of the Pacific Ocean crash as you walk along the Santa Monica Pier

## Itinerary Notes

Please note that the Navajo Loop in Bryce Canyon National Park is closed until further notice due to mudslides and rockfall. As a result, the optional Queen's Garden and Navajo Loop trail cannot currently be completed as a loop. However, it is still possible to hike down the Queen's Garden Trail from Sunrise Point and complete the hike as an out-and-back rather than a loop.

## What are the main highlights of this trip?

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## Is there a disclaimer I should read before booking this trip?

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## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Are there Itinerary notes?**

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However, it is still possible to hike down the Queen's Garden Trail from Sunrise Point and complete the hike as an out-and-back rather than a loop.

# What important notes should I be aware of before the trip?

1. Standard entrance fees to the National Parks visited on this trip are included in your trip price. From January 2026 onward, the US National Park Service is introducing an additional 'US Non-Resident Fee' to enter National Parks included in this trip. This fee is applicable to passengers who are not US residents and separate to the entrance fees included in your tour. These fees range from USD 100 to USD 250 per person. These fees need to be paid locally (USD cash) and are in addition to your trip payment. On Day 1, your CEO will facilitate the processing of these fees for all travelers who are impacted.
2. An essential part of your trip is participation - from putting up your tent (while camping) or packing it away in the morning, to helping with meal preparation and cleaning up - it is all part of your adventure and when everyone puts in a little effort the trip will run smoothly. Your CEO will do all the meal planning, but we do ask the clients to help with the preparation and washing up. Team spirit is part of the fun! All camping equipment (with the exception of your sleeping bag and pillow) is supplied. We supply dome tents and assembly/disassembly takes only 5 minutes. All tents have built-in insect nets. Comfortable, self-inflating mattresses are also provided, which are approximately 4cm thick.
3. Proper sleeping bags are necessary for this tour. Evening temperatures can reach  $-9^{\circ}\text{C}$  -  $0^{\circ}\text{C}$ . Please ensure that your sleeping bag is rated to ( $-17^{\circ}\text{C}$  for spring and fall trips and  $0^{\circ}\text{C}$  for trips June - Sept). If you prefer you can purchase a proper sleeping bag on the first day of the trip. Prices range from \$60-\$150USD.
4. In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.
5. All walks and hikes proposed by our CEO will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.
6. Please note that some trips could be a combination of multiple G Adventure tours. You should expect some group members to join or leave the tour between tour segments.
7. The American West is generally known for warm weather, but temperatures do vary significantly in the mountain and desert areas especially. The day time temperature could exceed 30 C, while the night time temperatures do regularly decrease to single digits, or even possible below freezing. Please be prepared for such extreme conditions.
8. Please note that the legal drinking age in the United States is 21 and in Canada, 19 (with Alberta and Quebec at 18). Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out in Las Vegas or New Orleans is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws in both countries are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind.  
  
While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.
9. ANGELS LANDING: Please note that while the trail to Angels Landing is not included in this itinerary, it is available to be done independently. If you're interested in continuing to the top, you must apply ahead of time for a permit via the National Park's lottery system at this [website](#).

## **What is the role of the group leader during this trip?**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and sometimes the driver - this person is knowledgeable in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

While our CEOs are trained and have resources to assist them along the way, the United States is the fourth largest country on the planet, and it is impossible for them to know everything about this massive country. We recommend local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

Please note that specific tour guide licenses are required to guide in certain cities and regions, and as such, our CEOs will oftentimes provide brief orientation walks or drives to point out useful places like supermarkets, main squares and ATMs but for more specific or in depth destination information, an official guided tour is recommended.

## **How large will the group be?**

Max 13

## **What meals are included in this trip?**

5 breakfasts, 3 lunches, 2 dinners

## **What are the meals like on this trip?**

All included meals will be prepared from goods bought en route from supermarkets, local shops and markets. Breakfasts will generally consist of breads and cereals, if time allows a warm breakfast may be prepared. Many lunches will be provided en-route and will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes. If a meal is not included your CEO will provide suggested options to the group.

## **What are the modes of transportation on my trip?**

Air-conditioned private vehicle, hiking, walking.

## **What transportation will we take on this trip?**

For this trip we use 15-passenger vans for up to 14 people plus the CEO/Driver. These vans are durable vehicles that allow us to drive on most types of roads in North America.

Each van has a front passenger seat and 4 benches that will accommodate 3 people each with mandatory seat belts to keep us secure and safe. No standing is permitted in these vehicles.

This is not a physically demanding journey. There is air conditioning to cool things down on warm days to keep everyone more comfortable. Travelling can be difficult, with long drives and limited space in the van. Please take note of the travel times and distances in the above itinerary. Despite some of the long days, most travellers feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience!

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Camping (5 nts) & hostel (1 nt).

# What kind of accommodation can I expect on this trip?

Accommodation will be varied throughout your adventure. We use a combination of hotels and hostels, but most of the nights on tour are spent camping in tents in public and private campgrounds.

Multi-share accommodation, on a single-sex basis (typically 4-6 people per room), is common in the U.S. and is the way you will be spending your hostel night. We have specifically chosen unique accommodations to give local flavor to your trip.

Couples: Please note that due to the types of accommodation used in the U.S., couples will likely be split into separate rooms where we use multi-share hostels. Pending availability, couples may be able to pay extra while on tour to have their own room in some destinations.

Please be aware that American campgrounds have various sites available and because of this there will likely be RVs, camper-trailers, popups and tent camping all on one property.

All camping equipment (with the exception of your sleeping bag and pillow) is supplied, including comfortable camp mattresses. We supply dome tents that take only 5 minutes to assemble/disassemble. They are good quality, durable, industry-standard, oversized 2-person tents, each with 2 separate and convenient zip-up doors, so that each person has his/her own entrance.

We use 2 types of campgrounds in North America:

1. Private campgrounds: These are privately run sites, usually with all services such as fire pits, picnic tables, drinking water, toilets & shower buildings. Some have small outdoor swimming pools and laundry facilities. These campgrounds are typically located near national park entrances or towns.
2. Public campgrounds: These are park-run sites, usually with basic facilities such as fire pits, picnic tables, and drinking water. In some cases, this type of campground doesn't have showers, only pit toilets and a lake! In other locations, toilet and shower facilities may be located outside the campground, or at times in another location a drive away. Some may have shower fees for onsite facilities (\$2-6/shower).

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Las Vegas airport (LAS), to reach your starting accommodation you can take a shuttle bus, rideshare service or a local taxi.

Shuttle Bus: at terminal 1, group shuttles are located on the west side of baggage claim, outside door exits 7 - 13. At Terminal 3, shuttles are parked outside on Level Zero on both the west and east side of the building. Advance reservations are required.

Rideshare Services: there is a dedicated pick-up spot in each terminal. In Terminal 1, head over to T1 Parking and take the elevator up to level 2M. In terminal 3, head to T3 parking and take the elevator to level V. Follow the signs for Uber / Lyft.

Taxi: available outside the baggage claim areas at Terminal 1, at the door exits 1 to 4. You can also find taxi ranks on Level Zero at Terminal 3.

WELCOME MEETING TIME: 08:00

WELCOME MEETING LOCATION: Golden Nugget - Claim Jumper Restaurant

Please note that Day 1 is also a travel day, departing Las Vegas around 9:30am from the joining hotel. Please refer to your tour voucher for your confirmed starting point.

Your CEO will organize a short meeting on the morning of Day 1 during which you will meet other tour participants and receive information about general and specific aspects of the trip. Should you arrive early, a welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, please call the emergency line as soon as possible to arrange onward transportation to catch up with the group.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-725-201-1494

From within the USA: 725-201-1494

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible.

For days in the outdoors, we recommend the use of lightweight, breathable, moisture-wicking fabrics made of wool or synthetic fibers. Cotton is not recommended for days spent hiking as it does not allow for heat or moisture to enter or escape, and it will not dry easily once wet.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

The American west is generally known for warm weather, but temperatures do vary significantly in the mountain and desert areas especially. The day time temperature could exceed 30 C, while the night time temperatures do regularly decrease to single digits, or even possible below freezing. It is therefore important to pack clothes for warm days and cool evenings - a light jacket is necessary.

Seasonal temperature ranges:

March - May ; September to December: -7 C to +30 C

June - August: 0 C to + 35 C

Additionally, a set of smart casual clothes is also advisable.

# What should be on my packing list?

## Camping:

- Bug net/ bug spray
- Day Pack (with water bladder or refillable bottle)
- Flashlight/torch (Headlamps are ideal)
- Hiking boots/sturdy walking shoes
- Sleeping bag and liner, 4 season
- Small travel towel
- Socks
- Sunglasses
- Sunscreen
- Thermal base layer
- Toiletries (Preferably biodegradable)
- Travel pillow
- Watch and alarm clock
- Waterproof daypack cover
- Windproof rain gear (Rain and Windproof rain gear - pants and jacket)
- Your own inflatable sleeping pad (or you can use the one provided)

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

**Essentials:**

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry can be done while on tour. Some private campgrounds and most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## **What are the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The United States currency is the US Dollar (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$10-15 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

# What activities are optional on this trip?

## Zion National Park

- Watchman Trail Hike
- The Narrows Hike (Free)
- Scout Lookout Trail

## Grand Canyon National Park

- Bright Angel Trail Hike (Free)

## Grand Canyon

- Grand Canyon Helicopter Tour

## Los Angeles

- Santa Monica Pier Visit (Free)

## Santa Monica

- Rollerblades and Bike Rentals

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.