



Sri Lanka: Leopard Safaris, Tea Highlands & Ancient Temples

11 days, Colombo to Negombo

Trip code ASCN

What's included

- Your G for Good Moment: Lunch at Sthree Craft Shop and Café, Kandy
- Your G for Good Moment: Reed Weaving Community Project, Dambulla
- Your Welcome Moment: Welcome Meeting & Dinner - Meet your CEO and Group, Colombo
- Madu River boat safari through mangroves and village waterways in Ambalangoda
- Traditional mask-making workshop and cultural visit in Ambalangoda
- Authentic home-style cooking experience with a local family in Tissamaharama
- Visit to the sacred Kataragama Shrine and evening devotional ceremony
- Leopard safari and wildlife game drives in Yala National Park
- Scenic stop at Ravana Falls and journey through Sri Lanka's southern highlands
- Walk across Nine Arch Bridge and tea country viewpoints in Ella
- Trek through Horton Plains National Park to World's End
- Tea factory visit and colonial town exploration in Nuwara Eliya
- Cultural exploration and Temple of the Tooth visit in Kandy
- Community craft experience and village lunch in Kandy region
- Village coconut experience and rural artisan visit in Naula
- Climb of Sigiriya Rock Fortress and exploration of ancient royal ruins
- Cycling through Dambulla countryside villages and farmland
- Cave temple visit in Dambulla
- Arrival and departure transfers
- All transportation included between activities
- All tips except for CEO and portage

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 6th, 2026 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Arrival in Sri Lanka

Welcome to Sri Lanka! Your tour begins at the Colombo airport where you will be met and transferred to your hotel. This evening, meet your fellow travellers and CEO to learn more about the trip ahead, then enjoy a welcome dinner together.

Please arrive in Sri Lanka by 3:00 PM for the welcome meeting and included welcome dinner.



Meals included

Dinner



Accommodation

Radisson Hotel Colombo (or similar)

Hotel



Today's Activities

Arrival Transfer

Bandaranaike International Airport – Colombo

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

This is an opportunity to meet your CEO and fellow travellers while learning more about the journey ahead. Please check the notice in the hotel lobby, or speak with reception, for the confirmed time and location of the welcome meeting. Following the briefing, join the group for a welcome dinner and the chance to get acquainted before the adventure begins.

Day 2

Southern Sri Lanka

Depart Colombo and travel south to Ambalangoda, enjoying views of Sri Lanka's scenic coastline along the way. Enjoy a boat ride through peaceful mangrove waterways, including visits to traditional coir rope-making communities. Continue to the Tukkawadu Mask Museum and Conservation Centre to learn about Sri Lanka's rich mask-making heritage and participate in a hands-on mask painting experience. Travel to the historic city of Galle and explore the UNESCO World Heritage-listed Galle Fort, with time to wander its charming streets, boutiques, and cafés at your own pace.



Meals included

Breakfast | Lunch



Accommodation

La Grande Galle (or similar)

Hotel



Today's Activities

Private Vehicle

Colombo - Ambalangoda

2h30m-2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Madu River Boat Ride

Ambalangoda

Embark on an Madu River boat ride, cruising through tranquil mangroves, traditional villages, and coir rope-making communities.

Visit Tukkawadu Traditional Masks & Dance Conservation Center

Ambalangoda

Visit the Tukkawadu Traditional Masks & Dance Conservation Center to discover the rich history and cultural significance of Sri Lanka's iconic masks. Then, take part in a hands-on mask painting experience, creating your own unique piece inspired by this centuries-old artistic tradition.

Private Vehicle

Ambalangoda - Galle

1h-1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Galle Fort Tour

Galle - Hikkaduwa

Visit the Galle Fort, a 16th-century fort first built by the Portuguese, and later occupied by the Dutch. The ramparts are still standing even after being battered by Mother Nature, including the 2004 tsunami.

Day 3

Journey to Yala

Travel to Tissamaharama, a gateway to Yala National Park. Upon arrival, enjoy an interactive cooking demonstration followed by a freshly prepared lunch. After checking in to your hotel, enjoy some free time to relax before an evening visit to Kataragama, one of Sri Lanka's most revered pilgrimage sites.

Experience the vibrant atmosphere of the temple during the evening pooja ceremony, offering a fascinating insight into the island's spiritual traditions.



Meals included

Breakfast | Lunch



Accommodation

EKHO Safari (or similar)

Resort



Today's Activities

Private Vehicle

Galle - Tissamaharama

2h15m-2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Cooking Class and Lunch

Tissamaharama

Enjoy an authentic cooking demonstration with a local Sri Lankan family, followed by a traditional lunch. Discover regional ingredients, local cooking techniques, and the rich culinary heritage of southern Sri Lanka.

Kataragama Visit

Kudaoya

Enjoy a visit to this pilgrimage town and temple. People of varying religions visit Kataragama to pay their respects. Usually, you can spot men covered in ash and chanting sacred vows, and hear the music of drums and brass flutes.

Day 4

Your OMG Day

Today is your OMG Day! Choose how you'd like to experience Sri Lanka's remarkable wildlife and natural landscapes this morning by opting in for an early safari in Yala National Park or enjoy a guided nature walk around Debarawewa, featuring birdwatching, a village visit, and a short tuk-tuk ride through the countryside. Return to the hotel to relax and make the most of the property's facilities before heading out for an afternoon safari in Yala National Park.



Meals included

Breakfast | Dinner



Accommodation

EKHO Safari (or similar)

Resort



Today's Activities

Morning Safari or Debarawewa Nature & Village Experience

Yala

Option 1 – Embark on an exciting wildlife safari through Sri Lanka's most famous national park.

Option 2 – Enjoy a guided nature walk around the scenic Debarawewa Lake, combining birdwatching, village interactions, and a short tuk-tuk ride through the local countryside, offering a glimpse into rural Sri Lankan life.

Afternoon Safari in Yala National Park

Yala National Park

Head out on a safari in Yala National Park. Keep an eye out for leopards, elephants, jackals, sloth bears, sambars, spotted deer, crocodiles, and more than 200 bird species. Learn about its diverse wildlife and the history of the park.

Day 5

Travel to Nuwara Eliya

Journey through Sri Lanka's picturesque hill country to Ella, stopping along the way to admire the cascading Ravana Falls. Continue to the iconic Nine Arch Bridge, where a scenic nature walk offers spectacular views of one of the country's most photographed landmarks, surrounded by lush tea plantations and jungle-covered hills. After free time for lunch, transfer to your hotel and the remainder of the afternoon is yours to enjoy at your own pace before dinner at the hotel in the evening.



Meals included

Breakfast | Dinner



Accommodation

The Grand Hotel Nuwara Eliya (or similar)

Hotel



Today's Activities

Private Vehicle

Yala National Park – Ella

2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Demodara Nine Arch Bridge

Ella

The iconic Nine Arch Bridge made of stone and cement is a viaduct connecting Ella and Demodara train stations. Don't look down, this 100 year old bridge, also referred to as the "Nine Skies Bridge", can be found almost 3100 feet above sea level. With train service still operating, check the train schedule and be sure to catch a glimpse of the bridge in action!

Private Vehicle

Ella – Nuwara Eliya

2h30m-2h45m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

Horton Plains Trek

Set out early for Horton Plains National Park and enjoy a guided trek through one of Sri Lanka's most spectacular highland landscapes. Home to dramatic escarpments, cloud forests, and sweeping grasslands, the park offers breathtaking scenery and unique wildlife.



Meals included

Breakfast | Dinner



Accommodation

The Grand Hotel Nuwara Eliya (or similar)

Hotel



Today's Activities

Horton Plains Trek

Horton Plains Nature Reserve – Nuwara Eliya

4h-4h30m

9km

Get close to nature and stunning scenery on this Horton Plains Trek. Hike 9km (6 mi) into the Horton Plains and walk through the clouds to discover a majestic drop that provides amazing views over the plains into the sea.

Day 7

Tea Country Journey to Kandy

Travel to Kandy, stopping en route to visit a local tea factory and learn about Sri Lanka's famous black tea production process. On arrival in Kandy, visit the Stthree Craft Centre, a G Adventures supported project, followed by lunch and a brief panoramic drive through the city. Continue to the sacred Temple of the Tooth Relic, one of Sri Lanka's most important cultural and religious sites. Afterward, check in to your hotel and enjoy the rest of the afternoon at leisure.



Meals included

Breakfast | Lunch



Accommodation

Radisson Hotel Kandy (or similar)

Hotel



Today's Activities

Private Vehicle

Nuwara Eliya – Kandy

3h-3h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Tea Plantation Visit

Nuwara Eliya

1h-1h30m

The town of Nuwara Eliya produces the finest Orange Pekoe Ceylon tea, and is inhabited mainly by tea planters and plantation workers. Pay a visit to one of the factories to learn all about tea production.

ACTIVITY

Stop for a delicious traditional Sri Lankan lunch prepared by Sthree Craft Shop and Café. This social enterprise offers opportunities for local women and youth living with disabilities, through handicraft and hospitality training.

Temple of the Sacred Tooth Tour

Kandy

1h-1h36m

Enjoy a tour of the Temple of the Tooth, which houses an important relic – a tooth of Lord Buddha kept in a well-preserved golden casket. Learn about the importance of this site from local guides.



Optional Activities - Day 7

Kandyan Cultural Dance

Kandy

5-8USD

Be swept away by an entertaining performance that will provide insight into the local culture in Kandy.

Day 8

Naula Village & Sigiriya Rock Fortress

Depart for the Cultural Triangle, stopping in Naula Village for an immersive coconut experience with a local family, including demonstrations of traditional coir-making, toddy tapping, and coconut crafts. Continue to Sigiriya for lunch and climb the iconic Sigiriya Rock Fortress before heading to Dambulla/Kandalama for hotel check-in.



Meals included

Breakfast | Lunch



Accommodation

The Paradise Dambulla (or similar)

Resort

Nestled among 20 acres of lush tropical gardens in Sri Lanka's Cultural Triangle, The Paradise Resort & Spa Dambulla offers a tranquil retreat surrounded by nature. The resort blends contemporary comfort with authentic Sri Lankan charm, providing a peaceful base for exploring nearby treasures including Sigiriya Rock Fortress and the Dambulla Cave Temple.



Today's Activities

Private Vehicle

Kandy - Sigiriya

3h

Settle in and scan the scenery from the convenience of a private vehicle.

Naula Coconut Experience

Naula

Arrive in Naula Village for an exclusive visit with a local family to explore Sri Lanka's traditional coconut-based industries. Watch demonstrations of coir-making, toddy tapping, and coconut product processing, and gain insight into the cultural importance of the "Tree of Life" in rural life.

Sigiriya Rock Fortress Visit

Sigiriya

2h-3h

Be mesmerized by this rock fortress, which captivates every visitor with its well-laid out gardens, caves, monasteries, and palaces adorned with beautiful wall motifs. Start at the water gardens and climb more than 1,200 steps to reach the top. Pass caves with frescoes and boulders to find the ruins of a palace on the flat surface of the old volcanic magma rock. The rock rests 370m (1,213 ft) above sea level with a shear drop on all sides.

Day 9

Dambulla

Begin the day with a village cycling tour in Dambulla, offering an immersive look at rural life over peaceful countryside trails. Continue to the Dambulla Cave Temple, a UNESCO-listed site known for its ancient rock temples and impressive Buddhist murals and statues. In the afternoon, opt in for a safari at Minneriya National Park, renowned for its large elephant gatherings, followed by a guided game drive through the park.



Meals included

Breakfast | Lunch



Accommodation

The Paradise Dambulla (or similar)

Resort

Nestled among 20 acres of lush tropical gardens in Sri Lanka's Cultural Triangle, The Paradise Resort & Spa Dambulla offers a tranquil retreat surrounded by nature. The resort blends contemporary comfort with authentic Sri Lankan charm, providing a peaceful base for exploring nearby treasures including Sigiriya Rock Fortress and the Dambulla Cave Temple.



Today's Activities

Dambulla Cycling Tour

Dambulla

Set out on a guided village cycling tour through the scenic countryside of Dambulla. Cycle past traditional villages, lush farmland, and rural landscapes while experiencing the authentic charm of local Sri Lankan life.

Dambulla Cave Temple Visit

Sigiriya

1h-1h30m

Visit the ancient Dambulla cave temples at one of the most well-preserved temple and cave sites in Sri Lanka. See Buddhist mural paintings that line the walls of the seventh-century caves as well as a collection of hundreds of statues of Buddha in different poses.



Optional Activities - Day 9

Minneriya National Park Safari

Sigiriya

Take a Safari through Minneriya National Park and see some of the incredible local wildlife in Sri Lanka. This park boasts multiple endemic species, like the purple-faced langur and the toque macaque. It is also common to see elephants, Sri Lankan sambar deer and Sri Lankan axis deer. If we're lucky, there's a chance to see rarer species like Sri Lankan leopard and the Sri Lankan sloth bear.

Day 10

Dambulla/Negombo

Depart for a visit to a G Adventures supported project and learn about the traditional craft of reed weaving from local artisans. Continue to Kurunegala for free time for lunch before travelling to the coastal town of Waikkal. After checking in to your hotel, enjoy a relaxing afternoon at leisure. This evening, come together for a farewell dinner and celebrate the end of your Sri Lankan adventure.



Meals included

Breakfast | Dinner



Accommodation

Club Hotel Dolphin (or similar)

Resort



Today's Activities

Private Vehicle

Dambulla - Negombo

2h45m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Interact with local artisans while learning about the cultural significance of reed weaving and its role in supporting sustainable livelihoods.

Day 11

Departure Day

Enjoy a relaxed morning with breakfast at the hotel before checking out. Transfer to Bandaranaike International Airport in Colombo for your onward flight, bringing your Sri Lankan journey to a close.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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What are the main highlights of this trip?

Track leopards through Yala National Park's dense wilderness, Climb into Ella and Nuwara Eliya's misty tea-covered highlands, Step inside ancient temples and fortresses at UNESCO sites, Wander sun-warmed coastal towns along Sri Lanka's southern shore, Cook and share a traditional meal during a village visit

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. Some culturally significant sights in Sri Lanka may not allow entry to people wearing hats or hijabs, or to those with covered faces. Examples of cultural sites with such restrictions may include, but are not limited to, the Sri Maha Bodhi Tree section or the Anuradhapura Cultural Site, the Dambulla Cave Temple and Temple of the Tooth in Kandy.
2. Displaying body art or wearing clothing that includes an image of the Buddha is illegal; please be culturally sensitive and respect the law and should you have any such tattoos, keep them covered at all times.
3. Traveling by road in Sri Lanka is certainly not what people are use to in Western countries. Many road ways are single lane, rules are not always followed, drivers appear to speed, do not stay in their lanes, and overtake in seemingly dangerous situations. Although their are some improvements in the works to the road infrastructure, there is a lot more to be done. As a result, some of the roads are poorly maintained, and this gets even more pronounced during and after the monsoon. As a result, travel time covering relatively short distances is very long in comparison to Western countries.
4. ACCOMMODATION NOTE:
Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 16, avg 12

What meals are included in this trip?

10 breakfasts, 5 lunches, 5 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, safari vehicle, walking, cycling.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (10 nts)

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside of Terminal 2. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

Sri Lanka:

Charith Attale (Primary Contact)

From outside of Sri Lanka: +94 772 927 374

From within Sri Lanka: 772 927 374

Tharanga Siriwardhana (Secondary Contact)

From outside of Sri Lanka: + 94 776 424 060

From within Sri Lanka: 776 424 060

EMERGENCY CONTACT NUMBERS

G Adventures South Asia Manager, Sorab Jassawalla (Delhi, India)

From outside of India: +91 8851806614

From within India: 8851806614

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

You will be met at your hotel and transferred to the airport at the end of your adventure.

What are the packing guidelines and luggage restrictions?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

What should I pack for this trip?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Sri Lanka:

As of October 15th 2025, it will be mandatory for all foreign nationals visiting Sri Lanka for tourism purposes to obtain an Electronic Travel Authorisation (ETA) prior to their arrival in Sri Lanka

Apply for ETA [here](#)

Information is accurate as of October 1st, 2025.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

There are many ATM machines that accept both Visa and Mastercard but these are limited to major cities. Major credit cards are accepted in most shops but they may charge a 2-4% transaction fee.

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What are the tipping guidelines for this trip?

It is customary in Sri Lanka to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$4-5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

What activities are optional on this trip?

Kandy

- Kandyan Cultural Dance
(5-8USD per person)

Sigiriya

- Minneriya National Park Safari

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our CEO are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our group CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the mandatory travel insurance requirements for this trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting small rural communities or visiting temples or mosques or other holy sites as this may restrict your entry.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.