



## **Sumatra's Wild Side: Orangutans, Rivers & Rural Life**

8 days, Medan to Medan

Trip code AEMM

## What's included

- Your G for Good Moment: Kampung Lama Village Experience, Kampung Lama
- Your First Night Out Moment: Connect With New Friends
- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Padang Lunch, Medan
- Guided Medan city tour with Becak
- Epic jungle trek in search for orangutan
- Camping inside Gunung Leuser National Park
- River tubing
- Kampung Lama cultural immersion experience
- All transport between destinations and to/from included activities

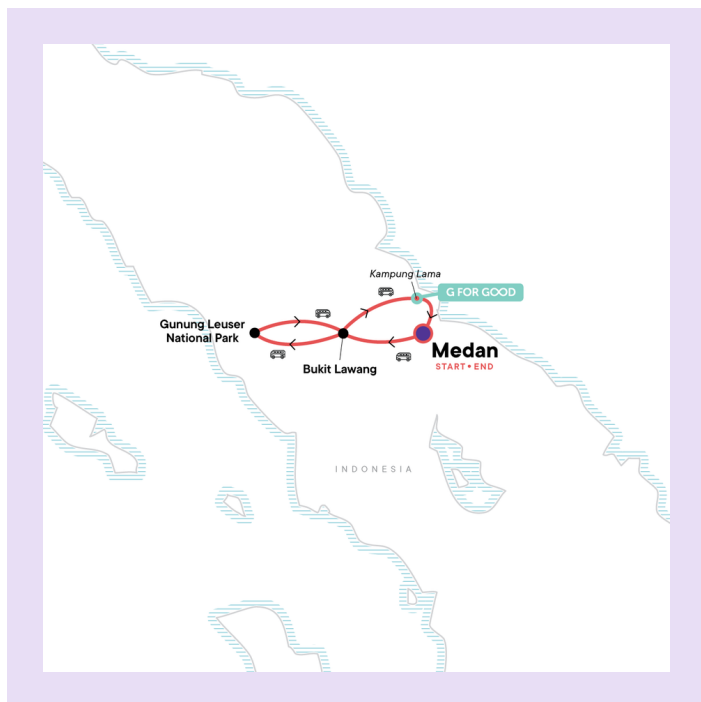
The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing June 5th, 2025 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Medan

Welcome to Indonesia, and the Island of Sumatra! Arrive at anytime and meet your group and CEO in the evening for a welcome meeting. Then head out for your first night out alongside the crew! Maybe grab a beer or a fresh local juice at a bar in town to start getting to know Indo and your group better!

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### Accommodation

Swiss Belhotel Medan (or similar)

Hotel

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### Today's Activities

#### ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Medan

Nothin' like a city tour to get to know the lay of the land. Walk and cruise on a becak, an Indonesian cycle rickshaw, through Medan today, visit the must-see spots like the Al-Mashun Great Mosque and Maimun Palace. Marvel at an ancient Chinese temple, explore the jewel of Medan, wander through the bustling local market, a fish market-turned fabric shop and chow down on a delicious family-style Padang lunch together. After the tour, the rest of the day is yours to explore the wonderful city of Medan.



### Meals included

Breakfast | Lunch



### Accommodation

Swiss Belhotel Medan (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Fill up on an amazing lunch as the locals do in West Sumatra. We'll sit down together for a delicious Padang style meal, where our host will serve a large number of small platters of different dishes. The charm of Padang cuisine lies not only in its range of dishes but also in its serving style, called hidang. Diners are charged only for the platters that have been eaten from; untouched platters are taken away and served to other guests.

The Great Mosque of Medan and Maimun Palace Visit

Medan

Visit the Grand mosque of Medan, Al-Mashun. Built in the early 1900's, this beautiful mosque is a mix of Middle Eastern, Spanish and Indian architecture. It was part of the Maimun Palace complex, so after visiting the mosque, walk to the palace and explore the property built by to the sultan of Deli in the year 1888 with Malay, Mogul and Italian influences.

Vihara Gunung Timur

Medan

Visit the beautiful Vihara Gunung Timur. This Chinese temple is the largest in the city of Medan and on the island of Sumatra. This temple was built in the 1962 and dedicated to Dongyue Dadi. Enjoy your visit and admire the classic Chinese architecture.

Tjong Afie Mansion

Medan

Visit the "historical jewel in Medan," a 35-room, 2-story mansion built in 1895. It is a registered historical landmark as well as a cultural heritage building and museum.

Day 3

## Medan/Bukit Lawang

Drive west after breakfast to Bukit Lawang, a village tucked away in the jungle. Perfect for nature enthusiasts and adventurers. We'll arrive in the afternoon. Check in to the hotel, then chill out or get out and explore! Enjoy that free time! Local cooking class, anyone?

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### Meals included

Breakfast

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### Accommodation

Rindu Alam Hotel (or similar)

Hotel

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### Today's Activities

Private Vehicle

Medan – Bukit Lawang

3h

85km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Bukit Lawang

Spend the afternoon free to explore this small jungle village.

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### Optional Activities - Day 3

Local Cooking Class

Bukit Lawang

Take a becak to a local cooking class for dinner. Learn to make famous dishes from the Batak ethnic group in North Sumatra like flavorful fish stew or aromatic rendang chicken and acar campur, a local pickled vegetable salad.

The trek of a lifetime begins today as we head out into the Gunung Leuser National Park, home of the beautiful orangutan. This rainforest is one of the richest and most vibrant in the whole world! Our destination today is our campsite, deep in the jungle! We'll trek for around 6-7 hours today, on the look out for animals that most people only dream of spotting. Think orangutans, monkeys, giant monitor lizards and a bunch of colorful birds! We'll stop when we encounter animals (fingers crossed for a bunch of orangutans), take lots of breaks throughout the hike and stop for a picnic lunch halfway. Camp will already be set up for us when we arrive so that's your cue to relax and prepare for a delicious local cookout made by our local guide. A much deserved feast after today's adventure!

You will be hiking with your belongings on your back, so make sure to bring a small backpack to carry the few things you'll need for this 2 day/1 night jungle trek. Your main luggage will be left safely in Bukit Lawang.



## Meals included

Breakfast | Lunch | Dinner



## Today's Activities

Gunung Leuser National Park Trek

Bukit Lawang – Gunung Leuser

6h-7h

5km

Trek into Gunung Leuser National Park, one of the richest tropical rainforests in Southeast Asia, until you reach your campsite this afternoon. The hike starts from Bukit Lawang Village and enters the dense jungle terrain. Cross over streams, climb hills and enjoy the shade from the canopy above. The trails are narrow, often muddy, sometimes steep and uneven, winding through dense rainforest. On the hike, we hope to encounter semi-wild orangutans, Thomas leaf monkeys, long-tailed macaques, gibbons, and possibly hornbills or monitor lizards. Gunung Leuser National Park is a special place because it is one of the only places on Earth where orangutans live naturally. Keep your eyes and your camera peeled!

Day 5

## Gunung Leuser/Bukit Lawang

Your tropical jungle adventure continues today, starting with a camp breakfast. Taking a different path, we'll hike through more of Gunung Leuser National Park, keeping an eye out for more endangered animals and admiring the insanely awesome jungle surroundings. We're hoping for more interactions with orangutans especially today! At our destination, we'll have a riverside lunch then hop into an inner tube and raft down the river, returning to Bukit Lawang on a traditional raft. How cool is that? Enjoy free time to chill or visit the Bat Cave. Then get ready! 'Cause we're going out! Tonight is your Big Night Out alongside the crew. We'll hit up a jungly bar and have ourselves a night!



### Meals included

Breakfast | Lunch



### Accommodation

Rindu Alam Hotel (or similar)

Hotel



### Today's Activities

Gunung Leuser National Park Trek Day 2

Gunung Leuser

3h-4h

3km

Continue the epic trek through the beautiful Gunung Leuser National Park. This is a steeper hike but we'll have plenty of breaks and shade. Make sure to keep your voice low in hopes to see as much wildlife as possible.

Sumatra River Tubing

Gunung Leuser - Bukit Lawang

Go with the flow on this cool and exciting river rafting experience. In a traditional Sumatra raft, all tied together, float down the river, leaving Gunung Leuser National Park and returning to Bukit Lawang.

Bukit Lawang Big Night Out

Bukit Lawang

Hit the jungle-y town of Bukit Lawang tonight with the crew for your Big Night Out. It's about to be a WILD night! Wild... get it?.. like the jungle? You get it!



### Optional Activities - Day 5

Bat Cave Trek

Bukit Lawang

15USD

Marvel at the geological formations and thousands of bats that suspend from the roof of the cave as you make your way through the darkness with a flashlight. Please note, appropriate footwear is advised as the ground can be uneven and slippery.

Day 6

## Bukit Lawang

We said it before and we'll say it again, Bukit Lawang is an adventurers paradise! So today is yours to live that! Choose to explore the town on your own terms or head out on an epic full day white water rafting adventure or cycle through the jungly bamboo homes and rural magic of Bukit Lawang. Get out there!

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### Meals included

Breakfast

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### Accommodation

Rindu Alam Hotel (or similar)

Hotel

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### Today's Activities

Free Time

Bukit Lawang

Time for adventure! Get out and explore Bukit Lawang!

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### Optional Activities - Day 6

Sei Bingei River White Water Rafting

Bukit Lawang

Drive along the beautiful Sei Bingei river to the starting point (which can take about 2 hours). Then the rafting adventure begins! This is an excellent opportunity to see birds and other wildlife, as well as getting your blood pumping (mildly) during the rafting. Raft until you reach the waterfall where we'll stop on the bank of the river to swim and eat. Then return to Bukit Lawang.

Half day Cycling Bukit Lawang Kampung Tour

Bukit Lawang

Meet the local English Speaking guide will pick you up at your guesthouse and take you through rice paddy panoramas to see the marvelous irrigation system at work. The area around Bukit Lawang is hardly touched by tourism and has retained much of its rural magic. On this unique tour you will observe the ancient routine of planting and harvesting rice and explore everyday village life. En route you will see how people live in Kampung Bukit and how they produce brown sugar, tofu and rubber or

how they weave bamboo for their houses. Guided talks with the villagers will deeply immerse you in Indonesian culture. The last stopover on this tour will be at Simpang Mursal Timbangjaya for a typical local lunch together with villagers.

Day 7

## Bukit Lawang/Medan

Leave Bukit Lawang today as you head back to Medan. On the way, we have the opportunity to spend the day at Kampung Lama, a special village where Malay, Javanese and Batakese communities live peacefully together. While enjoying a local snack and drink, learn about the history and uniqueness of the village. Then get hands on making traditional crafts made of coconut leaves and learning local games. Next up, enjoy a delicious lunch and some time on the farm. After an amazing day with the villagers, return to Medan for the night.



### Meals included

Breakfast | Lunch



### Accommodation

Anara Sky Kualanamu (Medan Airport) (or similar)

Hotel



### Today's Activities

Private Vehicle

Bukit Lawang - Kampung Lama

3h

118km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Kampung Lama - Medan

30m

21km

Settle in and scan the scenery from the convenience of a private vehicle.

#### ACTIVITY

Visit the unique village of Kampung Lama where Malay, Javanese, and Batakese communities live together. Learn about the interesting history of the village, enjoy a delicious lunch, and join the locals in the fields for some farming activities. Depending on the season, we may help plant rice, harvest it or get our hands dirty in the vegetable garden.

Say goodbye to Sumatra! If you are ending your tour in Medan, book a domestic flight back to Jakarta or Bali and allow for 4 hours to transit to the international airport to catch your onward flight back to your final destination.

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## Meals included

Breakfast

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## Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your G for Good Moment: Kampung Lama Village Experience, Kampung Lama
- Your First Night Out Moment: Connect With New Friends
- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Padang Lunch, Medan
- Guided Medan city tour with Becak
- Epic jungle trek in search for orangutan
- Camping inside Gunung Leuser National Park
- River tubing
- Kampung Lama cultural immersion experience
- All transport between destinations and to/from included activities

## **What are the main highlights of this trip?**

Trek through the jungle to spot orangutans in Gunung Leuser National Park, Camp under the canopy in the heart of the rainforest, Tube down jungle rivers with your new travel crew, Chill out in the relaxed river town of Bukit Lawang, Visit the community village of Kampung Lama and experience rural life

## **What are the main highlights of this trip?**

Trek through the jungle to spot orangutans in Gunung Leuser National Park, Camp under the canopy in the heart of the rainforest, Tube down jungle rivers with your new travel crew, Chill out in the relaxed river town of Bukit Lawang, Visit the community village of Kampung Lama and experience rural life

## **Is there a disclaimer I should read before booking this trip?**

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **What important notes should I be aware of before the trip?**

### **RAMADAN**

According to the lunar cycle, Ramadan will fall between Feb 28th - Mar 29th 2025, and Feb 17th - Mar 19th 2026. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

## **How large will the group be?**

Max 18

## **What meals are included in this trip?**

7 breakfasts, 4 lunches, 1 dinner

## **What are the modes of transportation on my trip?**

Becak, Walking, Private Vehicle, Tubbing, Bicycle

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotel (6 nts) Camping Tent (1 nt)

## **Do any exceptions apply to Rooming or “My Own Room” on my tour?**

Night 4

## **What kind of accommodation can I expect on this trip?**

A variety of styles of hotels/guest houses are used on this trip. In many instances they might not be like what you are accustomed to as service and efficiency can vary. In some areas we stay in simple local guest houses in stunning locations. That said, rooms are generally small and simple yet clean. There may only be shared toilet facilities and showers.

Accommodation will be varied throughout your adventure. Some nights on this tour will be multi-share. This may involve 4-6 group members sharing a room. The majority of accommodation will have shared bathroom facilities.

Where we use multi-share hostels, rooming requests of any kind cannot be taken. For private accommodation please see tours in our Classic Travel Style.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

24/7 emergency number:

From outside Thailand: +66 92 338 9222

From within Thailand: 092 338 9222

G Adventures Local Representative (Indonesia)

Mr. Azhar : +62 813 376 18480

Mr. Edy: +62 811 380 3820

Ms. Periana: +62 811 380 3821

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you are ending your tour in Medan, book a domestic flight back to Jakarta or Bali and allow for 4 hours to transit to the international airport to catch your onward flight back to your final destination.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

# What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Indonesia:

If you are eligible to apply a tourist e-visa for Indonesia, please follow the below links for further information and application:

[C1 Visa Description and Requirements](#)

[eVisa Application Website](#)

The All-Indonesia Arrival Card is mandatory for all international travelers on arrival at Soekarno–Hatta International Airport (CGK), I Gusti Ngurah Rai International Airport (DPS) and Juanda International Airport (SUB) must be completed online within 72 hours before arrival. Submitting the form in advance generates a QR code required at immigration and customs.

Note: The Arrival Card will be mandatory for all international travelers on arrival at all international airports, all international ports by land and by sea from 1 October 2025. For more information and to complete the application, visit the [Indonesia Immigration website](#).

Bali:

Effective February 14, 2024, Bali will implement the “Bali Tourist Levy” for all foreign tourists traveling to the island. This fee is 150,000 IDR (or \$10 USD). Travellers can opt to pay this fee online or in person upon arrival to Bali. We strongly suggest every traveler pay before arrival to ease your entry and avoid queueing to pay upon arrival. The Balinese Government also highly recommends travellers to pay this fee before arrival to Bali.

Payments made before your arrival into Bali will take place through the “Love Bali System.” After successful payment, the system will provide you with a digital paid notification as proof. Make sure to hold on to that proof as it will be scanned by Bali Officials upon arrival to the island. Pay Tourist Levy [here](#)

If you do not pay the fee before arrival, a cashless payment must be made at your entry point. You will receive a printout proving your payment. This document must be kept safe as entry officials will scan the printout upon entering Bali.

For more information, please click [here](#)

Information is accurate as of April 1st, 2024.

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Do I need to pay a departure tax?

Departure Tax is included in all International and Domestic tickets.

## Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

## What activities are optional on this trip?

### Bukit Lawang

- Local Cooking Class
- Bat Cave Trek (15USD per person)
- Sei Bingei River White Water Rafting
- Half day Cycling Bukit Lawang Kampung Tour

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How old must I be to join this trip?

Minimum age of 18 years for this trip.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.