



Sydney to Brisbane Experience: Bushwalks & Surfing

7 days, Sydney to Brisbane

Trip code OASQ

What's included

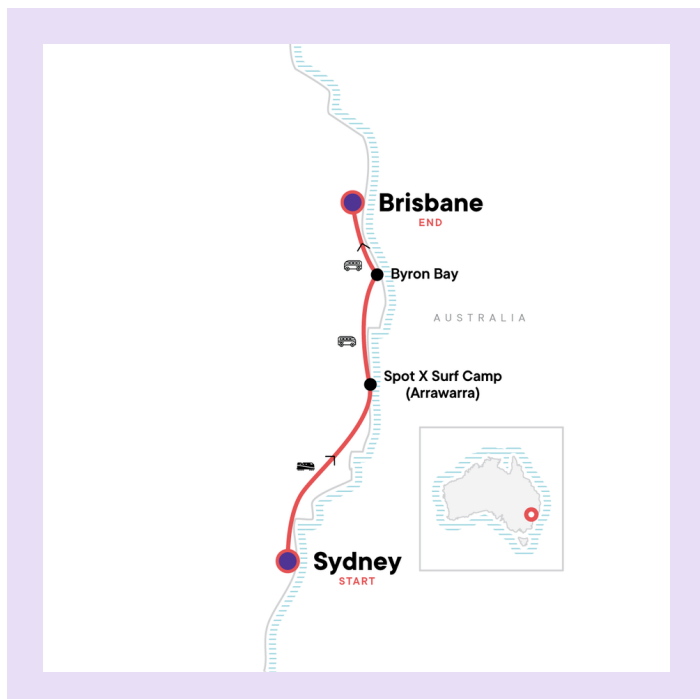
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Hands-On Moment: Surfing Lesson, Spot X
- Your Discover Moment: Byron Bay
- Sydney orientation walk
- Kangaroo trek
- Cape Byron Lighthouse Visit
- Daisy Hill Koala Centre
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 28th, 2022 and onwards

Itinerary



Itinerary Notes

Please note that most 18-to-Thirtysomethings accommodation in Australia is multi-share. For more info, see our Trip Details.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Sydney

Arrive at any time.

There's nothing quite like a night out to get people comfortable with one another. Hit up Side Bar, connected to where you will be staying at the Wake Up Hostel in Sydney. This is the liveliest bar around, sporting a huge young and local crowd. There's always non-stop action with the entertainment so get ready to have a few drinks, let your hair down, and dance until you drop!

There are no planned activities during the day, so check into the hotel and explore the city.

If you arrive early enough, head down to the harbour's edge to 'The Rocks' historic area.



Accommodation

Wake Up! Sydney (or similar)

Hostel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.



Optional Activities - Day 1

The Rocks Neighbourhood Visit

The Rocks

Free

1h-2h

Set out and explore this historic colonial neighbourhood in the city centre. Bordered by the Sydney Harbour on one side, it is home to vibrant cafés and pubs, cobbled alleyways, and charming shops. Snap some shots of the iconic Sydney Harbour Bridge, and get a feel for cosmopolitan Sydney.

Immerse yourself in all things Sydney with a free day to explore the oldest and biggest Australian city. Glide along the harbour on a ferry and gaze at the white sails of the Opera House gleaming in the sun. Get lost as you wander the narrow, cobbled laneways and take in Sydney's fabled history. Catch some rays on the sand at Bondi Beach or duck out of your comfort zone and surf the green-barrel breaks just off shore. The choice is yours so get as adventurous as you like in the "Land Down Under"!



Meals included

Breakfast



Accommodation

Wake Up! Sydney (or similar)

Hostel



Today's Activities

Free Time

Sydney

There's lots to do and see in Sydney – make the most of a free day to explore.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.



Optional Activities - Day 2

Sydney Opera House Visit

Sydney

50-199AUD

Stroll along the waterfront to admire Sydney's most iconic landmark, designed by Danish architect Jørn Utzon and opened by Queen Elizabeth II in 1973. Take a guided tour of this UNESCO World Heritage site to discover its history, folklore, and more. Some two million people a year come to see concerts and cultural performances at the Opera House. Catch the boom of the grand organ—with more than 10,000 pipes, it took 10 years to build and is the largest mechanical organ in the world.

Go for a walk along one of the most iconic trails in Australia. Pass by secluded beaches, massive cliffs, and more breathtaking views of the Pacific Ocean than imaginable – all before arriving at the world-famous Bondi Beach. From May to December, keep a keen eye on the ocean to try and spot migrating humpback whales.

Day 3

Sydney/Arararra

It's all aboard today as you take the train north to Coffs Harbour. Sit back, relax, and enjoy the views. After pulling into Coffs Harbour station, the group will travel to Spot X Surf Camp, our base for the next few days.



Meals included

Dinner



Accommodation

Spot X Surf Camp (or similar)

Lodge



Today's Activities

Train

Sydney - Coffs Harbour

9h

Sit back, relax, and enjoy the train views as you head north.

Private Vehicle

Coffs Harbour - Arararra

Settle in and scan the scenery from the convenience of a private vehicle.

As the sun rises along the ocean hit the beach for an included surf lesson with Spot X. Located in one of the most beautiful stretches of coastline in the country they are completely devoted to the surf lifestyle.

Spend some time in the sun and laughing in the waves with your travel tribe before heading out on a kangaroo trek. Then it's time for a free afternoon to enjoy your surroundings. Soak up views of Solitary Islands Marine Park, embark on a rockpool scramble to look for fish traps and sea creatures, or wander over to Mullawarra beach for a picnic. Your only real job today is to have fun!



Meals included

Breakfast | Lunch | Dinner



Accommodation

Spot X Surf Camp (or similar)

Lodge



Today's Activities

Free Time

Spot X

Head out for a swim or simply chill on the beach. The afternoon is yours!

Kangaroo Trek

Arrawarra

Observe kangaroos (and their joeys) in their natural habitat during an hour-long trek through the coastal bushland around Arrawarra. Along the way, pass Indigenous midden sites with fossilized shells. Don't forget your camera!

ACTIVITY

Take to the waves with an included surf lesson at the secret Spot X. Learn to paddle, stand, and ride a wave into shore! With top-notch instructors in the water, get ready to ride the swells like a local in no time.



Optional Activities - Day 4

Swimming

Grab your bathing suit and go for a refreshing swim.

Adventure through lush national parks, stunning beaches, rolling green hills, and small but vibrant towns full of charm and authentic Australian culture as the group drives from Arrawarra to Byron Bay. Grab lunch in the surf and arts town of Byron Bay, before walking to Cape Byron Lighthouse to see the easternmost point in the country. If luck is on your side you may glimpse migrating whales and pods of resident dolphins.

Travel the coastal road to the stunning surf and arts town of Byron Bay. Enjoy plenty of free time to experience the hippie surfing town.



Meals included

Breakfast



Accommodation

Wake Up! Byron Bay (or similar)

Hostel



Today's Activities

Cape Byron Lighthouse Visit

Cape Byron

30m-2h

Cape Byron Lighthouse is 3km (1.9 mi) northeast of Byron Bay. The popular white structure emits the most powerful light of all working lighthouses in the country, and it's also located at the most easterly point of the Australian continent. Head up to the top of the tower to scan the ocean for whales (the Southern Cross University's Whale Research Centre is located here).

Private Vehicle

Arrawarra – Byron Bay

3h

210km

Settle in and scan the scenery from the convenience of a private vehicle.

Welcome to Byron Bay... the city of surfing and sunbathing! The day is yours to explore; walk along hidden beaches, play in the surf, grab a massage. Want to get your adrenaline pumping? Go skydiving, try sea kayaking, or go on a dolphin watch.

At the end of it all hop on that surfboard for one last ride because as the locals say, "You haven't surfed until you've surfed Byron Man!"

Opt to pre-book the "Byron Bay Ocean Kayaking" activity on the checkout page ahead of time, to include this optional on your tour.



Accommodation

Wake Up! Byron Bay (or similar)

Hostel



Optional Activities - Day 6

Skydiving

Byron Bay

409AUD

2h-5h

Enjoy the awe-inspiring beauty of Byron Bay from an eagle's perspective this morning. Suit up, get briefed, and board the prop plane to soar high about the land and sea. Strap onto your instructor, take a breath, and leap into a once-in-a-lifetime free fall. This is what a natural high truly feels like!

Byron Bay Ocean Kayaking

Byron Bay

Slice through the waters of the iconic Byron Bay in the morning on this half-day kayaking adventure. Paddle past the most easterly point of the Australian mainland, see the Julian Rocks Marine Reserve, and ride the waves into shore. On top of it all, keep a close eye for dolphins and whales (in season) who call these waters home. Epic? Definitely.

This activity is in the ocean and conditions can sometimes be rough due to weather. This is a very fun activity but first time kayakers may find this challenging.

Venture north with your group to the capital of Queensland; Brisbane. Along the way, stretch those legs one final time on an included walk at the Daisy Hill Koala Centre. Nestled amongst eucalyptus trees, the centre features multi-level viewing of the resident rescue koalas and interactive educational displays, making it a unique place to learn about koalas and their conservation.

Tour ends upon arrival to Brisbane in the afternoon, but we recommend extending to enjoy what this fun city has to offer. Besides, you probably aren't ready to go home just yet.



Today's Activities

Private Vehicle

Byron Bay – Brisbane

4h

288km

Settle in and scan the scenery from the convenience of a private vehicle.

Daisy Hill Koala Centre

Daisy Hill

Located within the Daisy Hill Conservation Park, the Koala Centre is a dedicated koala education facility and a beautiful spot to see these unique Australian animals.

Departure Day

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Hands-On Moment: Surfing Lesson, Spot X
- Your Discover Moment: Byron Bay
- Sydney orientation walk
- Kangaroo trek
- Cape Byron Lighthouse Visit
- Daisy Hill Koala Centre
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Snap a photo of the iconic Sydney Opera House, Learn to surf at Spot X Surf Camp, Hit the beach in Byron Bay

Itinerary Notes

Please note that most 18-to-Thirtysomethings accommodation in Australia is multi-share. For more info, see our Trip Details.

What are the main highlights of this trip?

Snap a photo of the iconic Sydney Opera House, Learn to surf at Spot X Surf Camp, Hit the beach in Byron Bay

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Please note that most 18-to-Thirtysomethings accommodation in Australia is multi-share. For more info, see our Trip Details.

What important notes should I be aware of before the trip?

1) Note that only 1 piece of luggage and 1 carry on are allowed on the NSW train. If you exceed this allowance, AUD15 may be charged upon boarding the train. Hand luggage can weigh up to 5kg and must be no larger than 30cm high x 50cm long x 30cm wide. Checked luggage 2 x 5-20kg, no larger than 60cm high x 70cm long x 50cm wide.

2) Please be aware that wifi and internet access is not as readily available in Australia as in other parts of the world. There are often additional charges to connect to the internet, and speeds may be slower than what you are used to.

3) Over public holidays in Australia and New Zealand (such as Christmas, New Years Day, Easter, and Anzac Day) there may be some limitations of services and disruptions to schedules. In general our tours still operate effectively over public holidays, but there may be closures of optional activities and restaurants, and slight itinerary adjustments in order to provide all tour inclusions.

4) Please note that all multi-share accommodation in Australia is generally split by gender.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 20, avg 16

What meals are included in this trip?

3 breakfasts, 1 lunch, 2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

Please note that most included breakfasts will consist of cereal, milk, bread and spreads, juice, tea and instant coffee. Having a simple breakfast together most days allows us the flexibility to get on the road early and get from point A to B all that much faster.

What are the modes of transportation on my trip?

Private vehicle, bus, train, walking.

How will we travel between destinations?

Our vans are mini-coaches. Occasionally with smaller group sizes we will use smaller, equally comfortable 13-seater vehicles. All mini-coaches tow a trailer for luggage and camping equipment (when needed). All groups have one CEO/Driver.

The vehicles are factory built with comfortable seats and air-conditioning. It is mandatory to wear a seatbelt while riding in our vehicles.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hostels & basic lodgings (6 nts, multi-share with 4-8 people). **All nights are multi-share on this trip.

What should I expect from the accommodations on this trip?

"Multi-share accommodation is a popular style of travel in Australia, and it's how you'll spend most of your nights on this trip. This typically means sharing a room with 4-8 fellow travellers. Rooms are generally split by gender, and most will have shared bathroom facilities.

When staying in multi-share accommodation, we're unable to take any rooming requests.

Accommodation will vary throughout your journey – some stops may not provide towels or soap, so we recommend bringing your own. Bathroom and shower facilities are shared and are rarely en-suite.

If you prefer private accommodation, you may want to explore our tours in the Classic Travel Style."

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Sydney airport (SYD), to reach your starting accommodation you can take the Sydney Airport Shuttle, the Train or a local taxi. Please go to the airport information desk for assistance.

Please note, if taking the train, the station is under the airport terminal.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office and after office hours emergency number

From outside Australia: +61 49 768 1378

From within Australia: 049 768 1378

If you are unable for any reason to contact our local operations manager, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

Tour ends upon arrival to Brisbane in the afternoon. Your flight must depart no earlier than 6pm.

What are the packing guidelines and luggage restrictions?

You will be on the move a lot, so our advice is to pack as lightly as possible.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

You will need a smaller bag for the Whitsunday Island overnight excursion, as we will leave big bags on the mainland due to space constraints.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The Australian currency is the Australian Dollar (AUD).

Credit cards are accepted almost everywhere in Australia and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in Australia in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What are the tipping guidelines for this trip?

It is not customary in New Zealand or Australia to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. Unless specifically asked to do so at the time (by your CEO) - do not tip your local guides. Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, you may consider a small tip - 5-10 AUD per person, per day - but it certainly isn't expected.

What activities are optional on this trip?

The Rocks

- The Rocks Neighbourhood Visit
(Free)

Sydney

- Sydney Opera House Visit
(50-199AUD per person)

Coogee Beach

- Coogee Beach to Bondi Beach
Coastal Walk

Arrawarra

- Swimming

Byron Bay

- Skydiving (409AUD per person)
- Byron Bay Ocean Kayaking

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What are the mandatory travel insurance requirements for this trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.