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Sorry! There are no remaining departures for "TailorMade Thailand: East Coast Explorer" (ATNBTM), [but here are some similar trips.](#)

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-The Thai government has mandated that all visitors to Thailand will need to book an approved pre-night package before entry and undergo a PCR test upon arrival. You will be required to remain in your approved hotel until the results are received (usually within 24 hours). G Adventures has created a package bundle, bookable below, to assist with the entry requirements. Passengers travelling alone, or wishing for a private room can book the 'Thailand Entry Package Private Room', and passengers travelling with 1 other companion and wishing to share a room can book the 'Thailand Entry Package Twinshare Room'. Passengers can also book this package on their own from any approved hotel. For more information, please contact us and we would be happy to assist.

-Please note that the months of November to January are considered monsoon season in this region and chances of bad weather disruptions are more common during this time.



Last Updated: September 11, 2024



TailorMade Thailand: East Coast Explorer

14 days, Bangkok to Bangkok

Trip code ATNBTM

What's included

- Your Local Living Moment: Half-Day Tuk-Tuk Adventure and Dinner, Chiang Mai
- Wat Po and Klong Tour (Bangkok)
- Death Railway, River Kwai, Hellfire Pass Museum Full Day Tour (Kanchanaburi)
- Ayutthaya Temple Ruins Tour
- Doi Suthep Guided Tour (Chiang Mai)
- Chiang Mai Cooking Class (Chiang Mai)
- Internal flights
- Snorkelling excursion (Koh Tao)
- Ang Thong National Marine Park visit (Ko Pha Ngan)
- Free time on spectacular beaches
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 2nd, 2019 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Bangkok

Arrive at any time. Your arrival transfer is included.

On arrival at your hotel, a note will be waiting for you to confirm the timing of your meet and greet the next day as well as a contact number in case you have any issues.



Today's Activities

Airport Transfer

Suvarnabhumi Airport - Bangkok

1h-1h

Day 2

Bangkok

Enjoy a klong boat tour of Bangkok, gaining an insight into how the locals live, and tour around the famous Wat Po temple. Spend the rest of the afternoon at your own leisure.



Meals included

Breakfast



Today's Activities

Bangkok Meet and Greet Assistance Services

Bangkok

A G Adventures representative will meet you at the hotel to go over the details of your itinerary, providing a schedule, documentation/vouchers, and pick-up times for all included activities. The representative can also answer any questions about the tour or the general area.

Bangkok Wat Pho and Klong Tour

Bangkok

4h

Hop on a boat to tour the back canals of Bangkok, or klongs as they're otherwise known. Observe local life along the way, arriving at Wat Pho, also known as the Temple of the Reclining Buddha. Explore this sprawling temple and see the 46 meter long golden Buddha, one of Bangkok's most iconic sites.

Day 3

Bangkok/Kanchanaburi

Travel to Kanchanaburi and enjoy a day of sightseeing in Kanchanaburi. Visit the Bridge on the River Kwai and explore the Hell Fire Pass Museum to learn more about the area's dark history.



Meals included

Breakfast | Dinner



Today's Activities

Private Vehicle

Bangkok - Kanchanaburi

4h-5h

Settle in and scan the scenery from the convenience of a private vehicle.

Kanchanaburi Full-Day Tour

Kanchanaburi

7h

Take in a piece of World War II history on this full day tour, starting with a visit to Thai-Burma Railway Museum. If you've seen the famous movie "Bridge on the River Kwai" then today provides an exciting opportunity to see the real thing. Take a small stretch of this historical route by train; the towering, majestic bridge offers fabulous views of the river below. This afternoon, visit the Hell Fire Pass Memorial Museum to learn about the Death Railway's dark history; the track was built by POWs who were made to cut through the rock of the Tenasserim Hills using only hand tools. Transfer by boat to your accommodation for the next two nights.

Day 4

Kanchanaburi

With so much to do in Kanchanaburi, today is free to explore at your own pace. Opt to see caves, local villages or enjoy a day relaxing by the pool.



Meals included

Breakfast | Dinner



Today's Activities

Free Time

Kanchanaburi

Spend time exploring the local area or relax by the pool.

Day 5

Kanchanaburi/Ayutthaya

Travel to Ayutthaya, with time to settle into your hotel for the day on arrival. This afternoon, enjoy a guided tour of the temple ruins of Ayutthaya. Later, you will be transferred to the station to board an overnight train to Chiang Mai.



Meals included

Breakfast



Today's Activities

Private Vehicle

Kanchanaburi - Phra Nakhon Si Ayutthaya

4h-4h

169km

Settle in and scan the scenery from the convenience of a private vehicle.

Ayutthaya Temple Ruins Tour

Phra Nakhon Si Ayutthaya

4h

Explore the ruins of Ayutthaya, a UNESCO World Heritage site. Ayutthaya served as Thailand's capital from the 14th to 18th centuries, when it ranked as one of the most magnificent cities in the world. Late in the 17th century its population reached one million, and foreign visitors wrote awestruck accounts of its size and splendour.

Overnight Train (beds)

Phra Nakhon Si Ayutthaya - Chiang Mai

Stretch out and get some well-earned rest en route to the next stop.

Day 6

Chiang Mai

Arrive in the vibrant city of Chiang Mai and start exploring. This afternoon, admire the beautiful landscapes or rural Chiang Mai and enjoy delicious Thai meal at a local restaurant.



Meals included

Breakfast | Dinner



Today's Activities

Private Vehicle

Chiang Mai

30m-30m

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Venture out to rural Chiang Mai, enjoying the views from the back seat of a customized Tuk-Tuk that will keep you in the heart of the action. Take in the stunning scenery as you pass rice paddies and spot water buffalo. Explore a small Karen Hill tribe village and finish the afternoon with a delicious and truly authentic Thai feast in a rural restaurant.

Day 7

Chiang Mai

Take a cooking class and sample your creations for lunch. Visit the sacred site of Doi Suthep in the evening.



Today's Activities

Doi Suthep Guided Tour

Doi Suthep - Chiang Mai

Climb the 300-step naga (mystical serpent) staircase to one of northern Thailand's most sacred temples, or opt to take a cable car and enjoy the view. Learn all about Doi Suthep's history from a local guide - built on top of a mountain, the temple sits among pagodas, statues, bells and shrines.

Chiang Mai Cooking Class

Chiang Mai

3h-3h

Experience the flavours and scents of traditional northern Thai cuisine with a hands-on cooking class. With fresh herbs, produce, meats and seafood from a local market, prepare northern Thai (known as 'Lan Na') dishes in a tranquil, rural setting.

Private Vehicle

Chiang Mai - Doi Suthep

3h-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

Chiang Mai/Ko Samui

Fly to Ko Samui, with the rest of the day free to explore this beautiful island.



Meals included

Breakfast



Today's Activities

Airport Transfer

Chiang Mai - Chiang Mai International Airport

30m-30m

Plane

Chiang Mai - Ko Samui

2h-2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Koh Samui Airport - Ko Samui

5km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 9

Ko Samui

Swim and snorkel in the pristine Ang Thong Marine National Park. This evening, relax on the beach or visit the bustling little town.



Today's Activities

Free Time

Ko Samui

Kick back and relax on the biggest of the eastern islands, before embarking on a snorkelling and island hopping tour of the Ang Thong Marine Park.

Ang Thong National Marine Park

Koh Pha Ngan

6h

Take in the gorgeous panorama of this marine park on an island hopping tour. Made up of 42 islands, Ang Thong National Park is known for its incredible biodiversity. Swim in the park's clear waters, photograph the lush islands rising out of the sea, and opt to snorkel if the tide is right.

Day 10

Ko Samui/Koh Pha Ngan

Take a ferry to nearby Ko Pha-Ngan, a literal island paradise. Take time to explore the island's waterfalls, swim in lagoons and hike the lush forests. You could relax on the island's idyllic beaches or head to Mae Haad Beach to snorkel the turquoise waters. If it's the right time, opt to take part in the island's famous Full Moon Party on Hat Rin Beach.



Meals included

Breakfast



Today's Activities

Private Vehicle

Ko Samui

1h-1h

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry

Ko Samui - Koh Pha Ngan

1h30m-1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Free Time

Koh Pha Ngan

Don't waste a minute— start exploring on arrival.



Optional Activities - Day 10

Yoga and Meditation Courses

Koh Pha Ngan

Get your inner Om on and take part in some of the more relaxing activities offered on the island.

Hiking

Koh Pha Ngan

Head out on some trails to explore the island at your own pace.

Swimming

Koh Pha Ngan

Jump in and enjoy the turquoise waters around Koh Pha Ngan.

Day 11

Koh Pha Ngan

Enjoy a free day in Ko Pha-Ngan. With everything from yoga and meditation courses, natural beauty, and its famous full moon parties, Ko Pha-Ngan has something for everyone.



Meals included

Breakfast



Today's Activities

Free Time

Koh Pha Ngan

Get out and explore– the day is yours.



Optional Activities - Day 11

Hiking

Koh Pha Ngan

Head out on some trails to explore the island at your own pace.

Yoga and Meditation Courses

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Swimming

Koh Pha Ngan

Jump in and enjoy the turquoise waters around Koh Pha Ngan.

Day 12

Koh Pha Ngan/Ko Tao

Travel by ferry to Ko Tao, a haven for scuba diving and snorkelling. Relax at one of the many beach bars in the evening.

Travel to Ko Tao, in English known as 'turtle island'. While most of the visitors spend their days in the water, in the evening the beach bars and hotels spill over with people looking to share their tales of the days activities and a cold beer or two.



Meals included

Breakfast



Today's Activities

Ferry

Koh Pha Ngan - Koh Tao

1h30m-1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Free Time

Ko Tao

Get to know the island with some free time.



Optional Activities - Day 12

Koh Tao Snorkelling

Koh Tao

Get your fins on! There's an embarrassment of choices—but the better-known spots are: Hin Wong Bay, Mango Bay, Nang Yuan Island, South Mae Haad and Janson Bay.

Day 13

Ko Tao

Enjoy a snorkelling trip from Ko Tao through Ko Nang Yuan.



Meals included

Breakfast | Lunch



Today's Activities

Koh Tao Snorkeling Excursion

Koh Tao

5h-5h

Snorkel from Ko Tao through Ko Nang Yuan to discover the beautiful underwater world and see the varied coral and marine life that inhabit the area.

Day 14

Ko Tao/Bangkok

Take a morning ferry from Ko Tao to Samui Airport. Fly to Bangkok where your tour ends on arrival.



Meals included

Breakfast



Today's Activities

Ferry

Koh Tao - Ko Samui

1h30m-1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Ko Samui - Koh Samui Airport

30m-30m

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Samui Airport - Bangkok

1h-1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

What's included

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What are the main highlights of this trip?

Visit Bangkok's Wat Pho on a klong boat tour, Explore the ruins of the former capital of Ayutthaya, Scuba dive or snorkel in idyllic Ko Tao

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Visit Bangkok's Wat Pho on a klong boat tour, Explore the ruins of the former capital of Ayutthaya, Scuba dive or snorkel in idyllic Ko Tao

Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. TRIP DETAILS

Please note that these Trip Details are based on the sample itinerary that was used to create your customized tour, meaning that some things listed here may no longer apply, including the service level, physical grading, and inclusions. For the specifics related to your particular personalized tour please refer to your tour vouchers or consult with your Private Travel GCO or travel agent.

2. WEIGHT RESTRICTION

There may be a weight restriction for the internal flight on this tour. Each passenger is allowed to carry one checked bag with a maximum weight of 15 kg (33lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

3. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What meals are included in this trip?

11 breakfasts, 1 lunch, 3 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, train, ferry, plane.

Where will we stay during the trip?

Hotels/guesthouses (13 nts)

What kind of accommodation can I expect on this trip?

A variety of styles of hotels/guest houses are used on this trip. In many instances they might not be like what you are used to back home as service and efficiency can vary. In some areas we stay in simple local guest houses in stunning locations - rooms are small and simple and there may only be shared toilet facilities and showers.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

On your TailorMade trip, you will be met by a G Adventures Representative on Day 1 with more information about your tour. They will also be able to answer any questions you may have. If you have an arrival transfer, please meet your transfer representative in the arrivals area; they will be holding a G Adventures sign.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Bangkok Airport Transfer complications please call our local G Adventures Transfer provider directly at: +66 86 321 0729 (086 321 0729 from within Thailand) or +66 82 450 2777 (082 450 2777 from within Thailand)

EMERGENCY CONTACT NUMBERS

After hours emergency number

From outside Thailand +66 (0) 92 338 9222

From within Thailand (0) 92 338 9222

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travelers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when traveling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones. If your trip involves overnights in home-stays, villages or camping then you usually have the opportunity to rent sleeping bags if need be instead of bringing them with you.

What should be on my packing list?

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

THAILAND - Most nationalities do not need a visa for Thailand for stays of 30 days or less but if you do they are available on arrival at Bangkok Airport. If staying in Thailand for more than 30 days, you will be required to obtain a tourist visa in advance. Only 15 day tourist visas are issued when entering Thailand overland.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

During this tour the local currency you will use is the Thai Baht. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: www.xe.com for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Departure Tax is included in all International and Domestic tickets in China, Thailand and Vietnam.

Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service.

What activities are optional on this trip?

Koh Pha Ngan

- Yoga and Meditation Courses
- Hiking
- Swimming

Koh Tao

- Koh Tao Snorkelling

Ko Tao

- Scuba Diving

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. Please note that any optional activities you undertake that are not part of your itinerary, we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts other people at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tank-tops when visiting villages, temples or mosques or other holy sites. In Pakistan we recommend a head scarf for women while walking around.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.