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Sorry! There are no remaining departures for "Taiwan Discovery" (AQTT), [but here are some similar trips](#).



Taiwan Discovery

10 days, Taipei to Taipei

Trip code AQTT

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Full day north coast excursion

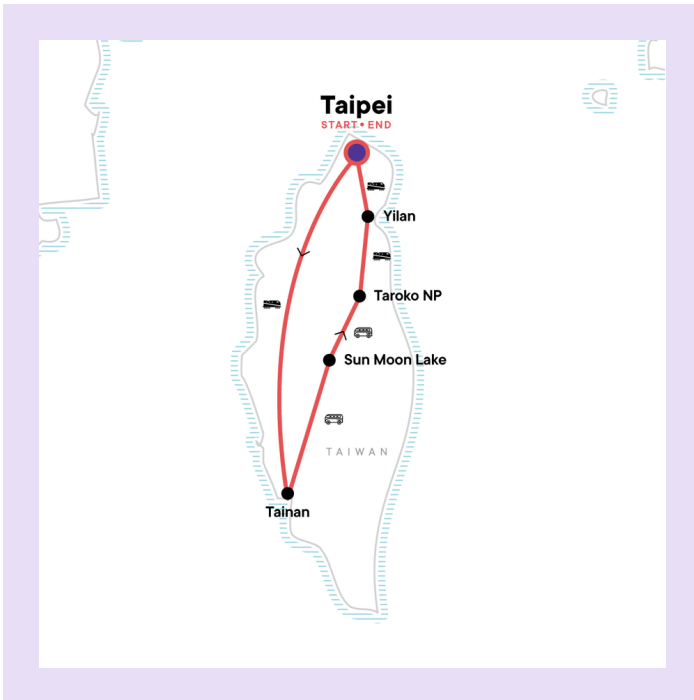
- Tainan walking tour
- Night market walk
- Sun Moon Lake hike and cycling tour
- Taroko National Park excursion with Baiyang Trail Hike
- Visit Hualien Railway Cultural Park
- Visit a tea farm
- Visit and lunch at the National Center for Traditional Arts
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing December 17th, 2019 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Taipei

Arrive at any time.



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Enjoy a scenic excursion to the northern coast stopping at Yehliu Geo Park before arriving at Jiufen, a former gold-mining centre. Take a walking tour in this quaint mountain town adorned with traditional teahouses and street food stalls. Continue on with stops at the Golden Waterfall and the Bay of Two Colours to Shifen Village, where we explore the winding laneways and walk to the waterfall. Return to Taipei this evening.

Yehliu GeoPark is often referenced to having outer-space geology, and is considered the most "Mars-like" environment on Earth. The rock formations are fascinating, including the world famous "Queen's Head" and the wonders of marine erosion including "Ice Cream Rock", "Bee Hive Rock", "Ginger Rock" and "Candle Stick Rock".

During World War II, Jiufen Village housed a Japanese prisoner of war camp where captured Allied Force soldiers (mostly British) were forced to work in the gold mines.



Meals included

Breakfast



Today's Activities

Private Vehicle

Taipei

Settle in and scan the scenery from the convenience of a private vehicle.

Gold Ecological Park

Jinguashi

Enjoy a stop at the Gold Ecological Park region, and view the interestingly coloured patch of blue and yellow water known as the Sea of Two Colours. From here, we can also view the remains of 13 levels of the gold mines and a short distance away the golden waterfall. The waterfall radiates a golden hue from the heavy rainfall within the mining area and the abundance of heavy metal elements deposited in the riverbed.

Taiwan North Coast Excursion

Jiufen

Embark on an excursion to the scenic northern coast including Yehliu Geo Park to explore the unusual geological formations. Continue to Jiufen Village, founded during the Qing Dynasty, and a former gold-mining centre. Take a walking tour in this quaint mountain town where many buildings remain unchanged to this day, reflecting the Japanese influence in both architecture and culture on the island. Adorned with traditional teahouses and street food stalls.

Shifen Village and Waterfall

Shifen

Visit Shifen Old Village, a collection of lanes and alleyways offering markets and local shops around the Shifen railway station area. The area was originally built for transporting coal during the Japanese era. This is a great place to do some shopping or opt to light and launch a sky lantern. Also take a walk to the waterfall.

Catch the high speed train to Tainan. Enjoy a walk in the old city and visit Chikan Tower, Confucius Temple, and Anping Fort. In the evening, visit the famous night market.

Taiwan High Speed Rail (also known as HSR) is a high-speed rail line of approximately 345KM in length running along the west coast from Taipei Main Station in the north to Kaohsiung in the south. The line opened in 2007, using trains with a top speed of 300KM/H covering the journey in as short as 96 minutes. The HSR is commonly referred to as Gaotie, and is the preferred method of transit to cross the island due to its simplicity and speed.

Tainan is the oldest city on the island established in 1661, when the Ming loyalist Cheng Cheng Kung (known as Koxinga) drove the Dutch from Taiwan. After many mainland Chinese immigrants arrived, helping the young city to grow.



Meals included

Breakfast



Today's Activities

Free Time

Taipei

Enjoy free time this morning to explore on your own.

Local Train

Taipei - Tainan

2h-2h30m

Catch the train to our next stop.

Chihkan Tower

Tainan

Ancient Chihkan Tower was originally built in 1652 as Fort Provintia by the Dutch, and has undergone numerous refurbishments over the past 300 years. Inside are Haisheng Temple, Wengchang Pavilion and Penghu College, and the controversial statue of Koxinga accepting the surrender of the Dutch. At the south gate, note the turtle-shaped stone Bixi. The Bixi, which local legend says is one of the nine sons of the Dragon King.

Confucius Temple

Tainan

Tainan's Confucius Temple is considered the "Premier Academy of Taiwan" with over three hundred years of history as the ancient capital of culture.

Tainan Night Market

Tainan

Visit one of Tainan's famous night markets, and sample some local street cuisine such as danzai noodles or coffin bread.

Day 4

Tainan/Sun Moon Lake

Continue exploring Tainan the first capital city of Taiwan with a walking tour through the Anping historic district. Wander the crooked lanes of the old town past traditional houses and stop at the Tree House and Anping Fort. Later, head to the Sun Moon Lake area and visit Wen Wu Temple.



Meals included

Breakfast



Today's Activities

Anping Historic District Tour

Tainan

Explore Anping historic district and take a walking tour through the crooked lanes and alleys of this historic old town. Visit the unique tree house and the Anping Fort whose origins date back 400 years to the Dutch military.

Anping Fort Visit

Tainan

The Dutch military captured Anping in 1624, and built Fort Zeelandia as its defensive stronghold, which was completed in 1634. In 1662, Koxinga successfully took the Dutch fort back, and changed the name to Anping. Initially the inner fort became the seat of government for Taiwan but fell into disuse. The fort was rebuilt after the Japanese Colonial Period, and then renamed Anping Fort after World War II.

Private Vehicle

Tainan – Yuchih Township

2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Wen Wu temple

Yuchih Township

During the Japanese occupation period there were two temples on the banks of the lake but when the Japanese built their hydroelectric power plants, the water levels rose, and the temples had to be removed. The Japanese electric company paid compensation, and the temple managers decided to combine resources and build a new temple which is Wenwu. Built in a northern China palace style, it is an imposing structure. The second floor holds a shrine devoted to the First Ancestor Kaiji and the God of Literature; the central hall is devoted to Guan Gong, the God of War, and the warrior-god Yue Fei; and the rear hall is dedicated to Confucius. With a bronze statue of a seated Confucius, this the only Confucius temple in Taiwan containing an image of the sage.

Day 5

Sun Moon Lake

Explore Sun Moon Lake, visit the Xuan Zhang Shrine and Tse En Pagoda. Afterwards, hop on a bicycle and ride around the lake to take in stunning views, then enjoy a hike on the Mt. Maolan trail. Later visit the Shueishe Wharf area.

Sun Moon Lake is Taiwan's largest lake, located in the mountains of Nantou. Its name is inspired by the stunning natural beauty of the area and the shapes of the lake where on the east side the lake is round like the sun, while the west side is long and narrow, like a crescent moon.

The aboriginal Thao tribe lives around the lake, and are the proprietors of many local businesses. At the centre of the lake is Lalu Island, which is reserved for aboriginal religious practices, and closed to the public.



Meals included

Breakfast



Today's Activities

Xuan Zhang Shrine

Yuchih Township

Xuan Zhang was a revered Tang Dynasty monk who was sent by the Tang emperor to visit India and bring back the Buddhist scriptures. He returned after 10 years with over 650 sutras which were then translated into 1335 volumes of scripture, making this an important contribution to the development of Buddhism in China. During World War II, the Japanese stole Xuan Zhang's remains until 1955, when they were taken to Taiwan and enshrined at Xuan Zhang Temple, located next to Sun Moon Lake. After Xuan Zhang Temple where they are worshiped today.

Tse En Pagoda

Yuchih Township

Built atop the 954 meter high Shabalan Mountain, Tse-En Pagoda is a Chinese style pagoda with 9 floors with the top of the pagoda reaching 1000 meters above sea level, a commanding point over Sun Moon Lake. Finished in 1971 by Chiang Kai-shek. it was built as a tribute to his mother, Lady Wang.

Sun Moon Lake Cycling

Yuchih Township

2h-2h30m

33km

Pick up bikes at the Xian Shan Tourist Centre, for a ride on the round-the-lake trail. The total length of this cycling trail is 33KM and was reported by CNN Go as "one of the most beautiful 10 cycling trails in the world".

Mt. Maolan hike

Yuchih Township

1h30m-2h

4km

Enjoy a hike along the Yuchih Branch of the Tea Research and Extension Station. Along the trail take in stunning views of tea plantations, bamboo forest and panoramic views of the lake, Jioufen Mountain II, and Jiji Mountain.

Day 6

Sun Moon Lake / Taroko (Hualien)

Set out on a scenic drive with sweeping views of "Taiwan Alps". Arrive in Hualien, gateway to Taroko national park.

Enjoy a scenic drive, traveling from Sun Moon Lake (middle Taiwan) to Taroko (Hualien) via the central cross Island highway. It's considered the most beautiful highway in Taiwan. Along the way you'll see the "Taiwan Alpine" soaring cliffs, and gorges.



Meals included

Breakfast | Dinner



Today's Activities

Private Vehicle

Yuchih Township - Hualien City

5h-6h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Hualien City

Enjoy some downtime. Relax, take a walk or enjoy some traditional music.

Day 7

Hualien/Taroko National Park

Spend the day exploring Taroko National Park. Visit the Swallow Grotto, Eternal Spring Shrine, and Taroko Gorge Gateway.



Meals included

Breakfast | Dinner



Today's Activities

Baiyang Trail Hike

Hualien

1h-1h30m

2km

Baiyang Trail leads to the Baiyang Waterfall and Shuiliandong Water Curtain and at 2KM it is an easy scenic route. The trail was originally built in 1984 by the Taiwan Power Company as a means to access the rivers to develop hydroelectric power. The plans were cancelled however the trail remains for visitors to enjoy.

There are a few unlit, tunnel sections along the route, so be sure to bring a flashlight. Towards the end of the hike, a suspension bridge connects the trail to an observation deck overlooking the river basin.

Taroko National Park

Hualien

Taroko National Park is a stunningly beautiful gorge area in the mountainous Hualien County. with over 1200 sq/km of protected wilderness, over half of the islands flora and fauna can be found here. Explore various spots throughout the park including; Swallow Grotto, Yufei Pavilion and Lushui Trail, Eternal Spring Shrine and Shakadang Trail.

Day 8

Hualien/Yilan

Enjoy a stunning drive along Qingshui Cliff then visit Qixing lake and the Hualien railway cultural park. Later, catch the local train to the lively metropolis of Yilan. Famed for its black sand beach, waterfalls, and mountains, take free time to explore the beautiful scenery, excellent nightlife, and delicious food.



Meals included

Breakfast



Today's Activities

Private Vehicle

Hualien

Settle in and scan the scenery from the convenience of a private vehicle.

Qingshui Cliff

Hualien

Qingshui Cliff is one of the most spectacular sights along Taiwan's Pacific coast. The cliff is over 1,000 mts high, dropping almost vertically into the sea. Drive along its curved face for more than 20 KM, with the sheer cliff rising on one side and a sheer drop to the ocean on the other.

Hualien Railway Cultural Park

Hualien

The Railway Cultural Park is famed for its well-preserved relics of narrow-gauge railways in Taiwan. An interesting historical site, its a great place to explore and do some shopping.

Local Train

Hualien - Yilan

1h-1h30m

Catch the train to our next stop.

Day 9

Yilan/Taipei

Morning visit to the Wufenchi Waterfall and a tea farm. After, stop at the National Center for Traditional Arts for lunch and some free time. Later catch a bus back to Taipei and opt to join a farewell dinner.



Meals included

Breakfast | Lunch



Today's Activities

Wufenchi Waterfall

Yilan

Take a scenic walk to view the stunning 3-tiered Wufenchi Water Falls.

Taiwan Tea Farm

Yilan

Visit a local tea farm to learn about the harvesting process and enjoy a tea tasting.

National Centre for Traditional Arts

Yilan

Visit the National Centre for Traditional Arts whose focus is in preserving Taiwan's traditional arts including music, handicrafts and food. Enjoy time to explore and have an included lunch.

Local Bus

Yilan - Taipei

Climb aboard, grab a seat, and enjoy the ride.

Day 10

Taipei

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Full day north coast excursion
- Tainan walking tour
- Night market walk
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- Visit Hualien Railway Cultural Park
- Visit a tea farm
- Visit and lunch at the National Center for Traditional Arts
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Explore the teahouses and street food stalls of Jiufen, Eat your way through Tainan's famous night market, Enjoy a bike ride around picturesque Sun Moon Lake, See grottos and waterfalls in Taroko National Park, Wander through the bustling metropolis of Taipei

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Is there a disclaimer I should read before booking this trip?

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Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. LUGGAGE

As we use (sometimes crowded) local transport please note backpacks, soft rolling bags or duffles are much more suitable than hard suitcases for this style of trip.

2. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

3. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the group leader like?

Your G Adventures group trip is accompanied by a G Adventures Chief Experience Officer (CEO). The aim of your CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. G Adventures CEOs are experts in their region with a broad, general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local expert guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 15, Avg 10

What meals are included in this trip?

9 breakfasts, 1 lunch, 2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world.

Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each others company. Your CEO will be able to suggest favourite restaurants during your trip. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, fast train, local train, walking, bicycle.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (9 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Taipei Airport Transfer complications please call our local G Adventures Transfer provider directly at: +886-912-097-942 - Ms Emily Chiu (Taipei)

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Taiwan): Emily Chiu +886-912-097-942

G Adventures Local Tour Operator (China):

During office hours, Mon-Fri 9:30-18:00 Local Time

+86 199 3740 7980

After office hours emergency number: +86 187 0058 2383

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should I take on my trip?

We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit when travelling on trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

Smart Dress:

- Smart outfit (For evenings out)

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

Local currency is New Taiwan Dollar (TWD). We suggest that you to bring US Dollars or Euro, and exchange at the airport Bank of Taiwan counter.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$5 USD per person per day can be used.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our CEOs are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.