



## **Taiwan Explorer: Lanterns, Lakes & Skyline Views**

9 days, Taipei to Taipei

Trip code AQTE

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Local Living Moment: Bunun Indigenous Tribe Experience, Shuanglong Bunun Village
- Taipei Orientation Walk
- Half Day City Tour of Taipei
- Longshan Temple Visit
- Chiang Kai Shek Memorial Hall
- Elephant Mountain
- Free time in Taipei
- Rainbow Suspension Bridge
- Bunun Indigenous Tribe Experience
- Free Time in Sun Moon Lake
- Free Time in Tainan
- Anping Historic District Tour
- Anping Fort Visit
- Dragon and Tiger Pagodas
- Free time in Kaohsiung
- Jiufen Historic town visit
- Golden Waterfalls
- Yin Yang Sea Lookout Point
- Heping Island Visit

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**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing September 15th, 2025 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Taipei

Arrive at anytime. In the evening, join your CEO for a welcome meeting and an orientation walk to get acquainted with Taipei.

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### Accommodation

Green World Taipei Station (or similar)

Hotel

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### Today's Activities

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Taipei

Explore the amazing city of Taipei on a CEO led tour this morning. Ride the local metro around the city to visit famed spots like Longshan Temple, Chiang Kai Shek Memorial Hall and to hike up Elephant Mountain. The afternoon is yours to continue exploring the city as you please.



### Meals included

Breakfast



### Accommodation

Green World Taipei Station (or similar)

Hotel



### Today's Activities

Half Day City Tour of Taipei

Taipei

Just beyond the front doors of the hotel begins a tour of the city of Taipei. We'll get acquainted with the city even more by using Taiwan's incredible public transportation system. Visit some of the city's most iconic site like the Longshan Temple, Chiang Kai Shek Memorial Hall, and the views from Elephant Mountain.

Free Time

Taipei

The afternoon is yours to explore Taipei.



### Optional Activities - Day 2

Shilin Night Market

Taipei

Visit one of Taiwan's most popular night markets, Shilin Night Market! Every day, different food vendors set up to sell their specialty, like the delicious hot-star fried chicken, pepper pork buns, and oyster omelets. Or step outside your comfort zone and try other local favourites like blood cakes and stinky tofu.

Ximending Pedestrian District

Taipei

Often considered the Harajuku of Taipei, a trip to Taipei is incomplete without visiting Ximending Pedestrian District. This funky, hip neighbourhood is full of indie markets, bubble tea shops, anime cosplayers, k pop dance troupes and is a hub for LGBTQ+ nightlife.

Day 3

## Taipei/Sun Moon Lake

Our day begins with a high-speed train to Taichung, followed by a scenic drive to the Shuanglong Bunun Village. There, we will receive a warm welcome and participate in a meaningful Bunun Name-Giving Ceremony, guided by a local community member. Continue with a hike to the highest suspension bridge in Taiwan, offering breathtaking views of the central mountains and Shuanglong Waterfalls. We'll then return to the village for lunch and a fascinating tour, learning about the Bunun people's rich heritage through their folk legends, dances, and art. This intimate experience is a special opportunity to engage directly with an indigenous Taiwanese community. Afterward, we will bid farewell to our hosts and drive to Sun Moon Lake, where we can enjoy a peaceful evening at our leisure.



### Meals included

Lunch



### Accommodation

Lealea Garden Hotel The Sun (or similar)

Hotel



### Today's Activities

Bullet Train

Taipei - Taichung

1h

165km

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Private Vehicle

Taichung - Shuanglong Bunun Village

2h

78km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Shuanglong Bunun Village - Sun Moon Lake

1h

17km

Settle in and scan the scenery from the convenience of a private vehicle.

Rainbow Suspension Bridge

Shuanglong

Walk across the rainbow coloured suspension bridge, the tallest in all of Taiwan. Don't forget your camera because the views of the central mountains and Shuanglong Waterfalls are spectacular - and the bridge too!

#### ACTIVITY

See Taiwan from a new perspective with a visit the Bunun Tribe, one of the few remaining indigenous communities in Taiwan. Participate in a traditional Bunun Name Giving Ceremony and explore the community's art, folk legends and dance on a walking tour of the Bunun traditions.

Day 4

## Sun Moon Lake

Today is yours to explore one of the most beautiful places in all of Taiwan, Sun Moon Lake. The bike trail around the lake was named as one of the top scenic bike trails in the world, so we recommend joining your CEO for an optional bike tour of the lake. Or maybe you wish to visit a tea plantation and learn of their famous local tea. Or how about a boat tour around the lake. The day is yours!



### Meals included

Breakfast



### Accommodation

Lealea Garden Hotel The Sun (or similar)

Hotel



### Today's Activities

Free Time

Sun Moon Lake

With no scheduled activities for today, use this time to see Sun Moon Lake on your terms.



### Optional Activities - Day 4

Full Day Sun Moon Lake Bike Tour

Sun Moon Lake

See the beauty of Sun Moon Lake from two wheels. Rated as one of the top bike trails in the world, join your CEO for a fun and easy ride around the lake. Stopping at some of the most notable landmarks around the lake, we'll see the Ci'en Pagoda, Xiangshan Visitor Center and the stunning Wenwu Temple complex.

Tea Plantation Visit

Sun Moon Lake

Visit one of the beautiful tea plantations around Sun Moon Lake. Learn about the history and importance of tea in Taiwan, learn to pick and dry the leaves and sample some of Sun Moon Lake's signature tea: the Ruby Black Tea.

Hop-On Hop-Off Ferry

Sun Moon Lake

Purchase a ferry ticket and ride the three stops along the lake, Shuishe Pier → Xuanguang Temple Pier → Ita Thao Pier. At each stop, hop off and explore the sites and admire the incredible views. Don't forget to try Taiwan's signature Tea Egg along the way.

Day 5

## Sun Moon Lake/Tainan

This morning we drive to historic Tainan, Taiwan's oldest city and ancient capital. Enjoy free time for lunch and exploring before joining a local-led walking tour of Anping Old Street, Banyan Tree House and Fort Zeelandia.



### Meals included

Breakfast



### Accommodation

Lakeshore Hotel Tainan (or similar)

Hotel



### Today's Activities

Private Vehicle

Sun Moon Lake - Tainan

2h30m

170km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Tainan

Take some time to relax or explore Tainan on your own.

Anping Historic District Tour

Tainan

Explore Anping historic district and take a walking tour through the crooked lanes and alleys of this historic old town. Visit the unique tree house and the Anping Fort whose origins date back 400 years to the Dutch military.

Anping Fort Visit

Tainan

The Dutch military captured Anping in 1624, and built Fort Zeelandia as its defensive stronghold, which was completed in 1634. In 1662, Koxinga successfully took the Dutch fort back, and changed the name to Anping. Initially the inner fort became the seat of government for Taiwan but fell into disuse. The fort was rebuilt after the Japanese Colonial Period, and then renamed Anping Fort after World War II.



## Optional Activities - Day 5

Chihkan Tower

Tainan

Ancient Chihkan Tower was originally built in 1652 as Fort Provintia by the Dutch, and has undergone numerous refurbishments over the past 300 years. Inside are Haisheng Temple, Wengchang Pavilion and Penghu College, and the controversial statue of Koxinga accepting the surrender of the Dutch. At the south gate, note the turtle-shaped stone Bixi. The Bixi, which local legend says is one of the nine sons of the Dragon King.

Confucius Temple

Tainan

Tainan's Confucius Temple is considered the "Premier Academy of Taiwan" with over three hundred years of history as the ancient capital of culture.

Day 6

## Tainan/Kaohsiung

Drive to Kaohsiung, with a stop to gaze upon the massive golden Buddha. Then, visit the spectacular Dragon and Tiger Pagodas. Here you can also see the beautiful Lotus Pond and the Summer and Autumn Pavilions. Enjoy some time for lunch on your own before checking into the hotel. The rest of the day is yours to see the coastal town of Kaohsiung.



### Meals included

Breakfast



### Accommodation

Kindness Hotel Kaohsiung Station (or similar)

Hotel



### Today's Activities

Private Vehicle

Tainan - Kaohsiung

1h

50km

Settle in and scan the scenery from the convenience of a private vehicle.

Fo Guang Shan Buddha Museum

Kaohsiung

Visit the extravagant Buddhist complex. Walk the 1km avenue toward the 108-meter golden Buddha and eight pagodas. Feel free to be inquisitive - monastics and volunteers happily answer questions. Dress modestly, keep voices low and be sure to spend time tasting some of the delicious vegetarian delights on site.

Dragon and Tiger Pagodas

Kaohsiung

Visit Lotus Lake for a chance to see the spectacular Dragon and Tiger Pagodas. Walk around the scenic area, take photos of the pagodas and pay a visit to the Summer & Autumn Pavilions.

Free Time

Kaohsiung

Enjoy a free afternoon to explore Kaohsiung.



## Optional Activities - Day 6

Cijin Island

Kaohsiung

Take a short ferry ride to this famed beach town. Depending on the season, enjoy some time on the beach, rent a bike to ride the coastal paths or eat some yummy fresh seafood.

Day 7

## Kaohsiung/Taipei

Have breakfast at the hotel before taking the high speed train to Taipei. After dropping your bags at the hotel, the day is yours to tick off your remaining must-see places in Taipei. Don't miss the chance to hit up some of the amazing beef noodle soup shops around the city.



### Meals included

Breakfast



### Accommodation

Green World Taipei Station (or similar)

Hotel



### Today's Activities

Bullet Train

Kaohsiung - Taipei

2h-2h30m

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Free Time

Taipei

Explore Taipei on your terms with some free time in the city.



### Optional Activities - Day 7

National Palace Museum

Taipei

Learn about the rich cultural heritage of Taiwan at the famed National Palace Museum. Boasting nearly 700,000 artifacts that span 8,000 years of Chinese history, this museum is well worth the visit. Don't miss the beautiful Jadeite Cabbage and Meat-Shaped Stones.

Taipei 101

Taipei

Visit the tallest building in Taiwan, once the tallest building in the world. Take the speedy elevator from the 5th-floor to the 89th-floor in 37 seconds and admire the incredible views of the city. Learn about its

bamboo inspired design and its architectural legacy as one of the tallest buildings intended to withstand significant seismic activity. Pre-book your tickets online to skip the queue.

Day 8

## Taipei

Take a day trip to the north of the island, starting with the breathtaking Golden Waterfall on the way to Jiufen, one of the most picturesque mountain towns. Wander through the beautiful alleyways and peaceful tea houses, a perfect place to grab some lunch too if you wish. Then drive to Keelung, a historic port and fishing town. Visit Heping Island, a nature reserve boasting an incredible coastline. Before heading back to Taipei, explore the Keelung Night Market and try some incredible local treats like stinky tofu or blood cakes.



### Meals included

Breakfast



### Accommodation

Green World Taipei Station (or similar)

Hotel



### Today's Activities

Private Vehicle

Jiufen – Keelung

45m

15km

Settle in and scan the scenery from the convenience of a private vehicle.

Jiufen Historic Town Visit

Jiufen

Visit the picturesque Jiufen Village, founded during the Qing Dynasty, and a former gold-mining centre. Walking through this quaint mountain town where many buildings remain unchanged to this day, reflecting the Japanese influence in both architecture and culture on the island adorned with traditional teahouses and street food stalls.

Golden Waterfalls & Yin Yang Sea

Taipei

Stop at the beautiful Golden Waterfalls and the Yin Yang Sea lookout point along the way. Don't forget your camera!

Private Vehicle

Taipei – Jiufen

30m-45m

35km

Settle in and scan the scenery from the convenience of a private vehicle.

Heping Island

Keelung

See the incredible Taiwanese coast line at Heping Island Park. Years of erosion from wind and the sea have shaped rather interesting rock formations. Wander through the walkways and admire this beautiful place.

Day 9

**Taipei**

Depart at any time.



### **Meals included**

Breakfast

## What's included

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## What are the main highlights of this trip?

Learn Indigenous traditions through art and stories in Bunun Village, Take in Taipei from Longshan Temple to the skyline views atop Elephant Mountain, Marvel at the bright and beautiful Dragon and Tiger Pagodas in Kaohsiung, Wander Jiufen's lantern-lit mountain village filled with tea houses and views

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## **Is there a disclaimer I should read before booking this trip?**

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## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

### **1. LUGGAGE**

As we use (sometimes crowded) local transport please note backpacks, soft rolling bags or duffles are much more suitable than hard suitcases for this style of trip.

### **2. COMBO TRIP**

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

### **3. ACCOMMODATION NOTE:**

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

## **What is the role of the group leader during this trip?**

Your G Adventures group trip is accompanied by a G Adventures Chief Experience Officer (CEO). The aim of your CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. G Adventures CEOs are experts in their region with a broad, general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local expert guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## **How large will the group be?**

16

## **What meals are included in this trip?**

7 breakfasts, 1 lunch

## **What are the meals like on this trip?**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world.

Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each others company. Your CEO will be able to suggest favourite restaurants during your trip. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Walking, Metro, Bullet Train, Private Vehicle, Local Train.

## **Is there an extra cost for travelling solo?**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels (8 nts).

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **What are the joining instructions?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## **What happens if I experience problems when arriving?**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

Local Tour Operator (Taiwan):

+886 965 321 276

+886 937 262 663

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## Are there any additional packing suggestions I should consider?

We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit when travelling on trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com).

Local currency is New Taiwan Dollar (TWD). We suggest that you to bring US Dollars or Euro, and exchange at the airport Bank of Taiwan counter.

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

Tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$5 USD per person per day can be used.

## What activities are optional on this trip?

### Taipei

- Shilin Night Market
- National Palace Museum
- Ximending Pedestrian District
- Taipei 101

### Sun Moon Lake

- Full Day Sun Moon Lake Bike Tour
- Tea Plantation Visit
- Hop-On Hop-Off Ferry

### Tainan

- Chihkan Tower
- Confucius Temple

### Kaohsiung

- Cijin Island

## **Are there any health considerations I should know before travelling?**

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our CEOs are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What are the trip specific safety considerations?

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## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.