



## **Tanzania Family Journey: A Serengeti Safari**

8 days, Arusha to Arusha

Trip code DTANF

## What's included

- Your G for Good Moment: Mto wa Mbu Community Visit and Lunch, Mto wa Mbu
- Your G for Good Moment: Clean Cookstove Project Visit, Mto wa Mbu
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Your Family Journeys Moment: Mto wa Mbu Painting and Crafts, Mto wa Mbu
- Your Family Journeys Moment: Ngorongoro Rim Walk & Painting, Ngorongoro Crater
- Arrival transfer
- Wildlife safari drives in Ngorongoro Crater and Serengeti National Park
- Entrance to Olduvai Gorge Museum and Visitors Centre
- Coffee plantation tour
- All tips included for activities and meals, except for Expedition Leaders and portorage
- All transport between destinations and to/from included activities

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**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing June 13th, 2023 and onwards

# Itinerary



## Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details. Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Arusha

Welcome to Arusha—your arrival transfer to the hotel is included. Check in and get excited to meet your fellow travelers during a welcome meeting this evening where all families can bond before the Journey ahead.

Our National Geographic Family Journeys tour in Tanzania has a maximum group size of eighteen travellers in addition to our highly trained Expedition Leaders and safari guides/drivers. We will make use of a maximum of three 7-seat 4x4 safari vehicles, with 6 guests per vehicle, meaning everyone gets a window seat.



### Accommodation

Kibo Palace Hotel (or similar)

Hotel



### Today's Activities

Arrival Transfer

Kilimanjaro International Airport - Arusha

30m

10km

You will be met at the airport and transferred to the hotel to start your adventure.

#### ACTIVITY

Your opportunity to meet your National Geographic Expedition Leader and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Duck under the giant leaves of banana trees as you explore the lush farmlands surrounding the vibrant town of Mto wa Mbu, which has attracted some 18,000 residents from 120 different tribes. Take a guided walk through the community, learning about local history, industry and cuisine from members of several Tanzanian tribes. You'll also visit a local market and learn how the residents' huts are made. Then enjoy lunch with a local family, tasting different types of banana and rice dishes harvested from nearby farms. After lunch, visit the workshops of local artisans who will describe influences and materials they use to make the items they sell in local markets. They'll also show you techniques they use to create art from banana leaves—then it's your turn to create some banana art of your own! Continue to the Rift Valley escarpment and settle into the lodge.



## Meals included

Breakfast | Lunch | Dinner



## Accommodation

Rift Valley Photographic Lodge (or similar)

Hotel



## Today's Activities

7-Seat 4x4 Safari Vehicle

Arusha - Mto wa Mbu

2h-3h

130km

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

### ACTIVITY

Take part in a cultural walk to learn about life in this East African town. Mto wa Mbu has attracted some 18,000 residents from 120 different tribes. During the two-hour tour, visit the community's local market, go right to the farmer's fields, see how huts are constructed, and meet artisans in their shops.

Afterwards, sit down with our new friends and enjoy a traditional lunch of meat and plantains.

### ACTIVITY

The town of Mto wa Mbu offers visitors an opportunity to experience traditional ways of life among small communities in Tanzania. You'll spend the morning exploring the area and trying local dishes. Then, under the guidance of a local artist, try your hand at traditional painting. Your instructor will show

you techniques and describe influences and materials they use to create the items you may have seen for sale in local markets.

Day 3

## Mto wa Mbu/Serengeti National Park

It's officially time for safari, but first an introduction to the remarkable anthropological history of the Serengeti area. Delve into the story of human origins at the Olduvai Gorge Museum and Visitor's Center, located near the site where National Geographic archaeologists Louis and Mary Leakey discovered early hominid fossils and stone tools. After a filling picnic lunch, continue to the world-famous Serengeti National Park and go on a safari across the wild Serengeti Plain. Throughout your safari, keep an eye out for galloping giraffes and lounging lions. Then, head back to camp for a delicious dinner before settling in for a good night's sleep.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Serengeti Tortilis Camps (or similar)

Lodge



### Today's Activities

7-Seat 4x4 Safari Vehicle

Mto wa Mbu - Serengeti National Park

8h-9h

190km

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

Olduvai Gorge Museum

Olduvai Gorge

The Olduvai Gorge is a steep ravine in the Great Rift Valley of Tanzania. It is one of the world's most important paleoanthropological sites. Beginning in 1931, excavations by Louis Leakey revealed evidence of early man dating back nearly 2 million years. Visit the Olduvai museum and see bone fossils and fragments of ancient stone tools. This UNESCO World Heritage site provides an intriguing glimpse into the origin and evolution of man in these Serengeti Plains of Africa.

Serengeti National Park Safari

Serengeti National Park

This is the reason you came to Africa. Charge your camera, grab your binoculars, and set out on safari. Your eagle-eyed driver will keep an eye out for wildlife – buffaloes, elephants, lions, wildebeests, zebras, and more. Tanzania’s Serengeti tends to be less crowded than some of Kenya’s reserves, so enjoy the scenery, the vast expanse of the grasslands, the play of light and shadow, and the up-close look at wild Africa.

Day 4

## Serengeti National Park

Today, get to know the incredible creatures of the Serengeti as you set out on morning and afternoon wildlife-viewing adventures. Ride in a 4x4 over golden plains, gazing out from the pop-up roof to glimpse wildlife through binoculars or watch as animals walk right by you! Watering holes also draw all kinds of visitors, from towering giraffes to the tiny dik-diks, a miniature species of antelope. With luck, spot all of Africa's "Big 5" safari stars—lion, leopard, elephant, rhino and Cape buffalo.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Serengeti Tortilis Camps (or similar)

Lodge



### Today's Activities

Serengeti National Park Safari

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7-Seat 4x4 Safari Vehicle

Serengeti National Park

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

Day 5

## Serengeti National Park/Ngorongoro Crater

On a morning safari, look out for cackling jackals, brave honey badgers or long-necked ostriches strutting through the grass. Enjoy a picnic breakfast surrounded by the vast savanna before heading out of the Serengeti en route to the Ngorongoro Conservation area. Once you settle into the lodge, enjoy a delicious lunch to fuel up for your next adventure. In the afternoon, join your Chief Experience Officer and a park ranger for a walk along the rim of Ngorongoro Crater, observing the small flora and fauna that make this biodiverse spot so spectacular. Keep your eyes peeled for inspiration, as after the walk concludes, you'll head back to the lodge to meet an artist from the local community who will guide you through a painting class. You'll get to use your own canvas to illustrate all the things that inspired you on your walk along the rim of the crater.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Ngorongoro Tortilis Camp (or similar)

Campground



### Today's Activities

7-Seat 4x4 Safari Vehicle

Serengeti National Park - Ngorongoro

10h

160km

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

Serengeti National Park Safari

Serengeti National Park

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#### ACTIVITY

Join your Chief Experience Officer and a park ranger for a walk along the rim of Ngorongoro Crater. Observe the small flora and fauna, and try to spot zebra, gazelles, buffaloes, and warthogs from your

vantage point. Be on the lookout for inspiration because after the walk concludes, you'll head back to the lodge to meet an artist from the local community for a painting class. Use your own canvas to illustrate your walk along the rim of the the biggest, unbroken volcanic caldera on Earth.

Day 6

## Ngorongoro Crater

Set out into the Ngorongoro Crater, an enormous volcanic caldera where animals of all kinds gather to graze or hunt. Descend into the caldera for a full-day safari drive, ready to be mesmerized by zebra stripes and the eland's spiral horns. Spot buffalo, wildebeests, zebras and gazelles as they bound across the grass. Enjoy a picnic lunch along the way within the crater.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Ngorongoro Tortilis Camp (or similar)

Campground



### Today's Activities

Ngorongoro Crater Full Day Safari Drive

Ngorongoro Crater

See the wonders of the Ngorongoro Crater on a full-day safari drive down into the crater to some of the best spots to view wildlife. Watch for zebra, gazelles, buffalo, and warthogs. Keep your eyes peeled and camera ready to capture a pride of lions or a lone leopard walking along the savanna. Enjoy lunch down in the crater before driving around for more wildlife viewing opportunities.

Day 7

## Ngorongoro Crater/Arusha

Your day begins with a visit to a local coffee farm, where you'll learn about the "seed to cup" coffee making process. After watching the beans roast, you'll get to sample some of the freshly made coffee. After you enjoy lunch at the farm, take a walk through the picturesque landscape. Your next stop is a visit to a Maasai village in the Monduli district, where you'll chat with locals and learn about the G Adventures-supported Clean Cookstoves project—an amazing initiative that seeks to reduce household air pollution. You'll meet one of the project's female engineers and lend a hand during the installation of a new stove in a village boma, or traditional home. Return to Arusha and gather for a farewell dinner while sharing stories about your exciting adventures.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Kibo Palace Hotel (or similar)

Hotel



### Today's Activities

7-Seat 4x4 Safari Vehicle

Ngorongoro Crater - Arusha

3h

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

#### ACTIVITY

Visit a Maasai village in the Monduli District and witness the benefits of the G Adventures-supported Clean Cookstove Project. In Tanzania, 95% of people rely on cooking with wood and coal. Women and girls spend hours walking to collect wood every day (making them vulnerable to assault and unable to use their time to go to school). Indoor smoke from open-fire stoves causes cancer, emphysema, pneumonia, blindness, and burns. Take a guided tour of these villages and meet the women that have been trained as stove engineers, visit bomas (traditional homes), and observe (or get your hands dirty) by helping the Stove Team build a stove in a home. See the beneficial impact of the clean-burning stoves on the health and daily lives of the Maasai villagers, especially the women.

Depart at any time.

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## Meals included

Breakfast

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## Today's Activities

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

## What's included

- Your G for Good Moment: Mto wa Mbu Community Visit and Lunch, Mto wa Mbu
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## What are the main highlights of this trip?

Meet a local artist in the Tanzanian village of Mto wa Mbu where you'll get a hands-on lesson in traditional art techniques and materials before creating your own artwork made of banana leaves, Head out on the Serengeti Plain for a safari adventure in search of the "Big 5", Take in the spectacular views as you walk along the rim of the massive Ngorongoro Crater and meet a local artist who will guide you in painting a canvas inspired by your adventure, Visit a Maasai village and join forces with Clean Cookstove Project- an initiative to reduce household air pollution and help install a new stove in a village boma.

## Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details.

Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

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## Is there a disclaimer I should read before booking this trip?

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## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Are there Itinerary notes?**

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## What important notes should I be aware of before the trip?

All parents/guardians are required to supervise their children at all times throughout the tour and may not leave their child under the supervision of the Expedition Leader, local guides, drivers, etc. Children are not to be left unattended.

Please note that on all Family Adventures one adult can only accompany up to two minors. If you have over two minors planning on travelling then a second adult will be required to attend.

### MIGRATION

The Great Migration is not a singular event but a continuous, year-round phenomenon involving over a million wildebeest, zebras, and gazelles. These animals consistently traverse the landscape between Tanzania's Serengeti and Kenya's Maasai Mara, guided by rainfall and the availability of fresh grass. Consequently, their precise location varies annually. Observations will differ depending on the season. At times, the animals congregate in vast groups across open plains. On other occasions, they disperse into smaller herds, frequently accompanied by their young. It is also possible to witness them migrating in extended single-file lines. It is important to note that their movements and river crossings are entirely subject to natural forces. Nonetheless, the most compelling aspect of the Great Migration is the sheer abundance of wildlife it showcases, regardless of the herds' exact position. This provides a remarkable opportunity to observe predator-prey interactions, which are integral to this magnificent natural cycle.

### DRIVES

This is not a physically demanding journey; however, travelling can be difficult, as long drives and poor road conditions are the rule as opposed to the exception in Tanzania. A safari is about travelling to see animals, so we cover long distances crossing the country to visit different national parks. Once there, we spend the majority of the time viewing wildlife from the safari vehicles while driving in the parks. This translates to a lot of driving and sitting. Despite this, the diversity and scenery of the African landscape, the local culture and abundant wildlife are all well worth the experience.

### ELECTRICITY

All lodges and camps will have electricity although many work off solar, or generators with limited times.

The power supply in Tanzania is nominally 240VAC, 50hz.

Variable voltage, spikes and sporadic, unexpected, unscheduled power cuts of varying duration can be expected.

### YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

### ACCOMMODATION

Please note all accommodation listed below is not guaranteed, but is indicative of the types of accommodation used.

## What is the group leader like?

All National Geographic Family Journeys with G Adventures group trips are accompanied by two of our Expedition Leaders. The aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense; you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## How large will the group be?

Max 18.

## What meals are included in this trip?

7 breakfasts, 6 lunches, 6 dinners

## What are the meals like on this trip?

Eating is a big part of traveling and we encourage you to experience the vast array of wonderful food that is available out in the world. Its important to remember, that food may be different from what you are used to at home and that some things may not be available in other countries.

Some meals are included in the trip price, while others are not, to allow flexibility and choice to you and your family. For non-included meals our Expedition Leaders will still make arrangements for the group to eat together, which allows you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. For all trips please refer to the meals included and budget information for included meals and approximate budget (per person) for meals not included.

Throughout this trip, breakfast is included daily (ranging from continental to buffet depending on the trip). Drinking water is available throughout (don't forget your refillable water bottle as you will have access to either filtered water from hotels or as made available by the Expedition Leader). Healthy, local snacks will also be available.

Note that any special meal requirements or dietary restrictions need to be specified at time of booking.

## What are the modes of transportation on my trip?

7-seat 4x4 safari vehicle, walking

## What transportation will we take on this trip?

This trip is run in private 7-seat 4x4 safari vehicles, with sliding windows and a large pop-up roofs, designed for wildlife viewing. There is a maximum of six passengers per vehicle, and we will use up to 3 vehicles for our larger group sizes. Road conditions can run the full range of conditions from new to very poor, and during dry seasons, the roads can become very dusty. This style of travel is the best under the local circumstances, as the seats are comfortable and having our own private vehicle allow us the flexibility of making stops when needed, and to stay and watch that crouching lion prepare for an attack.

Speed governors set to 80kph are used on all vehicles to ensure a safe driving speed. Please note for your own safety it is mandatory to wear your seat belt at all times when in a vehicle.

All G Adventure vehicles are regularly serviced and follow a strict maintenance schedule. However given the long travel days and rough conditions of many of the roads in Africa, vehicles can and do breakdown on occasion. If such situations occur all drivers are trained mechanics and any vehicle issues are rectified as quickly as possible so as to not disrupt your trip. Your patience is requested if the vehicle you are traveling in happens to encounter a mechanical fault.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Odd number adult travellers in your family will be paired in twin accommodation with another adult traveller of the same sex for the duration of the trip.

## Where will we stay during the trip?

Safari lodge (5 nts), comfortable tented camp (2 nts)

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What kind of accommodation can I expect on this trip?

Start and end hotels on this tour offer comfortable accommodations with en-suite bathrooms, standard facilities, and wifi. Additional amenities vary from location to location. Please see the hotel listings on the full Itinerary if you would like to learn more about the offerings of your accommodations.

The tented camp accommodations on this tour are situated centrally, with easy access to the park for wildlife safari drives. Tents are typically spacious with mosquito-proof netting, comfortable bedding, and en-suite bathroom with flushing toilets and camping showers.

Please remember that hotel/lodge/camp standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

Rooming is based on double occupancy (2 passengers / 2 beds per room); all other room configurations are on request and cannot be guaranteed. We will try to accommodate triples/quad requests whenever possible and it's important to note that rooming configuration can change from city to city and 2 single beds are the standard configuration in a room.

Note:

- 1) Under certain circumstances we reserve the right to change accommodation and provide something slightly different to what is described, though it will always be of similar or better standard/level.
- 2) Most lodges and camps do not have 24hr electricity - they usually run on generators which are routinely shut off overnight from approximately 10pm to 5am.
- 3) Lodges and camps are NOT equipped with fans or air conditioning due to the electricity constraints listed above.
- 4) Winter nights (June to September) can be cold, and most lodges and hotels do not have insulation or central heating. If you require additional blankets or a hot water bottle, these can be requested through your Expedition Leader or at the reception.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Tanzania)

During office hours, 9am-5pm local time:

From outside Tanzania: +255 754 400 141

From within Tanzania: 0754 400 141

G Adventures Local Office (Nairobi, Kenya)

From outside Kenya: +254 727 208 832

From within Kenya: 0727 208 832

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What instructions should I follow at the finishing point?

This tour ends on day 8. You are free to depart any time this day.

If you are travelling onwards to Nairobi, Kenya - there is a public shuttle bus that leaves Arusha at 8:00am daily. It is a direct bus, and with border formalities, the trip usually takes 6-8 hours. These buses currently depart from the Bella Luna Hotel parking areas.

If you wish to reserve a seat, please contact the G Adventures Sales team in advance of travel.

## **What should I take on my trip?**

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters may not always be available, so be prepared to carry your own bags.

# What should be on my packing list?

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Smart Dress:**

- Smart outfit (For evenings out)

**Warm Weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The climate in East Africa varies between the dry and rainy season. Light weight, quick-drying, clothes are advisable for safari. It is important to pack clothes for warm days and cool evenings, as well as a light windproof/waterproof jacket. Layering is essential. We're working with our accommodation partners to reduce single-use plastic on our tours by providing safe drinking water for refillable bottles wherever possible. Find out more about our Plastics Partnership Project [here](https://www.gadventures.com/about-us/responsible-travel/plastics-partnership-project/).

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your Expedition Leader where the closest laundromat is. There will be times when you may want to or have to do your own laundry, so we suggest you bring non-polluting/biodegradable soap.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Tanzania Host information for the online Visa application for travellers:

- 1) Host - G Adventures
- 2) Full Name - G Adventures
- 3) Email - experience@gadventures.com
- 4) Relationship - Tour Operator
- 5) Mobile No - +255 754 400 141
- 6) Company Name / Organisation registration No - G Adventures
- 7) Physical Address: P.O.Box 1912, Boma Road, Arusha

### IMPORTANT NOTE:

It may be required to show a Yellow Fever certificate upon entering the country. Please check in with your local consulate and health expert for advice on Yellow Fever and other inoculations required for this area.

Information is accurate as of March 1st, 2024.

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The local currency in Tanzania is the Tanzanian Shilling (TSH).

Shillings can be obtained locally by changing foreign currency or by using ATMs (where available) which will dispense local currency. Your Expedition Leader will inform you where you can change money throughout the tour and approximately how much money you will need for each country.

The easiest foreign currency to exchange for locally for any of the local currencies is the \$US; however the British Pound and Euro may also be exchanged as well. Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa.

Large note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to rely on cash, please bring foreign currency (Euro, Pound, USD) with you, as it is often expensive to buy these currencies locally. And in more rural areas, it is often not likely.

If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. It is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your Expedition Leader will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com).

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

USD30, usually included in most international air tickets.

## **Should I be tipping on my trip?**

Local tipping is included on this Family trip which covers local guides, drivers and gratuity for included meals. At the end of your trip if you felt your two Chief Experience Officers did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline; per Expedition Leader \$5-10 USD (per day) per person, can be used.

For non-included meals in restaurant, a guideline is 10-15% of cost of bill.

## **What activities are optional on this trip?**

- No optional activities

## Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note: (Updated: May 2023)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country:

- Botswana
- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mozambique
- Rwanda
- South Africa
- Swaziland
- Uganda
- Zambia
- Zimbabwe

For some of these countries, proof of Yellow Fever vaccination is also required for passengers who have travelled more than 12 hours through the airport of an endemic country. If other countries not endemic to Yellow Fever have been visited after visiting an endemic country, then a Yellow Fever certificate may still be required on entry. Please check country-specific regulations before your departure.

### Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

# What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What are the trip specific safety considerations?

### Arusha

- People are generally friendly in Arusha, but don't let people take advantage of you
- Always leave your passport (It's better to carry a photocopy of it instead), traveller's cheques, flight tickets and money that you won't be using in the safe deposit in your hotel room/reception. This is free of charge to G Adventures clients.
- Remember that like in any other city, you should never leave your bags unattended, nor flaunt jewellery, cameras etc
- Please don't wander through the city at night. Stick to the main streets only during the day, and after sundown, please take a taxi. Taxis can be organised from reception of your hotel. Also, take the address of the hotel with you.
- Beware of people approaching you on the street with an apparent interest of where you are from, and want to sit down and have a chat with you. These people are con men and will ask you for money.
- People on the street who ask you if you want a safari and have a brochure are often con men, best to avoid these folk. Besides, you're already on safari!

### Photography

Please refrain from taking photos of police stations, airports, bus stations, immigration or border crossings, army barracks and personnel, or any government building. It is against the law and will result in the minimum of your film and camera being confiscated.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your Expedition Leader, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customerservice@gadventures.com](mailto:customerservice@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

Minimum age of 7 years for this trip.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.