G Adventures

Last Updated: October 28, 2026



Thailand and Laos Adventure

14 days, Bangkok to Hanoi

Trip code ATBH

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Local Living Moment: Meal with Local Family, Luang Prabang

- Your Discover Moment: Luang Prabang
- Your Local Living Moment: Vang Vieng Homestay, Vang Vieng
- Bangkok klong trip
- Wat Pho entrance and guide
- Doi Suthep entrance (Chiang Mai)
- Pak Ou caves entrance (Luang Prabang)
- Traditional Arts & Ethnology Museum guided tour
- Ock Pop Tok Living Crafts Centre
- Kuang Si waterfalls trek (half-day)
- Water puppets performance (Hanoi)
- Ho Chi Minh Mausoleum entrance (when open)
- Internal flight
- Border crossing support
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2016 - December 31st, 2016

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Itinerary Notes

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

Day 1 **Bangkok**

Arrive at any time.

Today is arrival day, so there are no activities planned until an evening welcome meeting. Relax, explore the city, and adjust to the pace of life in Bangkok.

The welcome moment begins at 18:00. Please ensure you arrive at the joining hotel by then to ensure you do not miss the meeting.

Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Bangkok/Chiang Mai

Guided longboat tour of Bangkok's klongs and Wat Po. Optional Grand Palace and National Museum visits. Overnight train to Chiang Mai.

Enjoy a 1-hr longtail boat tour of Bangkok's famous klongs (canals). The trip finishes at the Royal Temple of Wat Po for a guided tour.

After, there is time for shopping, a visit to Grand Palace or a stroll along Khao San Rd. In the evening, board the overnight train to Chiang Mai.

Note: Due to disruptions of Thai trains in the north during the monsoon season, trips running July through October may use alternative transport.

Meals included

Breakfast

Today's Activities

Life along the canals Bangkok

Travel by longtail boat on the busy Chao Phraya River and through the small canals of western Bangkok's Thonburi district. Observe colourful scenes of everyday life along the river banks.

Wat Po Guided Tour Bangkok

Immerse yourself in Thai Buddhist culture and visit the famous giant 46m (151ft) reclining Buddha, covered in gold leaf. Relax with a traditional Thai massage at the country's leading school of massage at Wat Po.

Free Time Bangkok

Use some free time in Bangkok to make the most out of this city.

Basic Overnight Train (beds) Bangkok – Chiang Mai 12h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

Optional Activities - Day 2

Wat Arun Visit Bangkok

Visit Wat Arun, a Buddhist temple and one of Thailand's best known landmarks. Tour inside to see its central prang (a Khmer-style tower) adorned with colourful porcelain.

Jim Thompson's House Visit Bangkok 250THB

Tour the Jim Thompson House, a Bangkok museum that was once the home of American businessman Jim Thompson, the "Legendary American of Thailand." See his collection of Buddhist and secular art, amassed while building his silk company.

Grand Palace Visit Bangkok 500THB

Visit the King's official residence (made up of many buildings, halls, lawns, gardens, and courtyards) on the banks of the Chao Phraya River and see the Temple of the Emerald Buddha. Please note the cost of this optional activity does not include the entrance fee.

Day 3 Chiang Mai

Enjoy a guided tour of Doi Suthep temple. Optional activities include a cooking class or visit to the night market.

Arrive early morning and use some free time to explore. Choose from a range of optional activities or stroll the city independently.

In late afternoon, set off to visit the temple complex, Doi Suthep. If you're lucky, you may witness the chanting of the monks.

Today's Activities

Free Time Chiang Mai

With so much to do in Chiang Mai, make the most of your free time here.

Private Vehicle Chiang Mai – Doi Suthep 45m 30km

Settle in and scan the scenery from the convenience of a private vehicle.

Doi Suthep Temple Tour Doi Suthep – Chiang Mai

Climb the 300-step naga (mystical serpent) staircase to one of northern Thailand's most sacred temples, or opt to take a cable car and enjoy the view. Learn all about Doi Suthep's history from a local guide – built on top of a mountain, the temple sits among pagodas, statues, bells and shrines.

Private Vehicle Doi Suthep – Chiang Mai 45m 30km

Settle in and scan the scenery from the convenience of a private vehicle.

Optional Activities - Day 3

Street Food Walk at Chiang Mai Night Market Chiang Mai

Pick up a a souvenir at this shopper's paradise. Wander through the market to find music, food, and local artists selling handmade crafts.

Cooking Class Chiang Mai

Pick out the best ingredients at a local market and learn how to make delicious Thai dishes.

Day 4 Chiang Mai/Chiang Khong

Head to Chiang Khong via Wat Rong Khun and enjoy the view of the mighty Mekong.

Drive to Chiang Khong, a sleepy trading town nestled on the bank of the Mekong River. En route, visit Wat Rong Khun – the dazzling 'White Temple'. Wander the local food market or sit back and enjoy a slower pace of life relaxing in Thailand with river views of Laos.

Meals included

Breakfast

Today's Activities

Private Vehicle Chiang Mai – Chiang Khong 5h 300km

Settle in and scan the scenery from the convenience of a private vehicle.

Wat Rong Khun (White Temple) Visit Chiang Rai

Visit Wat Rong Khun (better known among foreigners as the White Temple), an unconventional Buddhist temple designed by prominent Thai painter-turned-architect Chalermchai Kositpipat. Be wowed by the temple's contemporary exterior made up of a mosaic of mirrors. View the interior walls that have a pop culture and sci-fi influence. Find murals of Batman, Superman, Predator, and the Matrix.

Day 5 Chiang Khong/Muang Pakbèng

Cross the border into Laos then travel by traditional boat down the Mekong River.

Cross the border to the Laos immigration area, then take a songthaew (local bus) to a traditional slow boat.

Travel down the Mekong River and adjust to the relaxed pace of life in Laos. This predominantly mountainous country has unsurpassed views of the riverside villages, the tropical jungle, and the mountains.

Meals included

Dinner

Today's Activities

Border Crossing (Thailand - Laos) Chiang Khong – Ban Houayxay

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Mekong River Slow Boat Ban Houayxay – Muang Pakbèng 8h-10h

Enjoy the ride down the Mekong on our private boat (it's pretty comfortable and spacious, and there's a toilet on board). Have some fruit, tea, and coffee (free of charge); water and soft drinks are available for purchase. Bring some warm gear – it can be quite cold from November to February.

Day 6

Muang Pakbèng/Luang Prabang

Continue down the Mekong for most of the day. Take a guided tour of the Pak Ou caves before arriving in Luang Prabang.

Continue on by slow boat down the mighty Mekong. Before arriving at Luang Prabang, enjoy a visit outside to the Pak Ou caves.

After, re-board the boat and continue to Luang Prabang, arriving in the early evening.

Meals included

Breakfast

Today's Activities

Mekong River Slow Boat Muang Pakbèng – Luang Prabang 8h-10h

Enjoy the ride down the Mekong on our private boat (it's pretty comfortable and spacious, and there's a toilet on board). Have some fruit, tea, and coffee (free of charge); water and soft drinks are available for purchase. Bring some warm gear – it can be quite cold from November to February.

Pak Ou Caves Visit Pak Ou Cave

Visit these dramatic caves considered an important spiritual site by many Lao people. See thousands of Buddha statues and images that line the limestone walls.

Day 7

Luang Prabang

Enjoy a guided tour of the Ethnology Museum and Ock Pop Tok Living Crafts Centre before a lunch with a local family. Relax in the afternoon at the Kuang Si waterfalls.

Take a tour of the Ethnology Museum – a great chance to learn more about the dress and customs of local people. Drop into Ock Pop Tok for an introduction to Laos textiles and handicrafts. Then, take a half-day trip out to the stunning Kuang Si waterfalls and be sure to pack a swimsuit.

Meals included

Breakfast | Lunch

Today's Activities

Ethnology Museum Guided Tour Luang Prabang

Take a guided tour of the Traditional Arts and Ethnology Centre (TAEC) to learn about the traditional arts and cultures of Laos's many diverse ethnic groups. Shop in the TAEC Boutique for authentic village-made handicrafts and relax with a drink at the museum café.

Ock Pop Tok Living Crafts Centre Visit Luang Prabang

Visit Ock Pop Tok "East Meets West" Living Crafts Centre on the banks of the Mekong River to learn from artisans about Laos handicrafts and the importance of woven textiles in Laos culture. Wander around the grounds for free, for opt to enjoy a drink in the cafe, join a workshop, or take an audio tour.

Kuang Si Waterfalls Excursion Kuang Si Falls – Luang Prabang

Journey to this magnificent tiered waterfall, where relaxing is highly recommended. Opt for a dip in the turquoise waters and explore multiple picture-perfect pools, framed by the jungle landscape.

ACTIVITY

Enjoy a delicious meal with a local family. Learn about Laotian cuisine and life in Luang Prabang.

Optional Activities - Day 7

Night Market Visit Luang Prabang

Shop until your heart's content at the night market in Luang Prabang – one of the best in Southeast Asia. Head to the market around dusk. Tour the vendor stalls lining the streets offering food, wooden statues, clothes, trinkets and souvenirs to dozens of people wandering up and down the market. Don't miss the opportunity to interact with the sellers and gently negotiate a good price.

Day 8 Luang Prabang

Enjoy a free day exploring all Luang Prabang has to offer. Options include cooking classes, temple visits, massages, night market shopping, bike riding, and hiking.

Meals included

Breakfast

Optional Activities - Day 8

Cycling

Get on your bike and enjoy the ride.

Kayaking

Grab your life jacket and tour local waters by kayak. Get up close to marine life and see many sights you may miss on shore.

Cooking Class

Refine your culinary skills with an optional cooking class. Discover the secrets of the delicious local cuisine.

Day 9

Luang Prabang/Vang Vieng

Spend the night in a local village enjoying traditional Laotian food. Sleep and eat like a local.

Drive winding mountain roads through gorgeous scenery to reach Vang Vieng. Experience a local homestay in a nearby village.

Here, enjoy traditional Laotian food while getting to know your host family. Your CEO will provide insight into the way of life of village residents.

Meals included

Breakfast

Today's Activities

Private Vehicle | Luang Prabang – Vang Vieng | 7h | 190km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Learn about life and local culture in Vang Vieng on this memorable homestay. Experience typical Laotian cuisine; eating (and sleeping) arrangements are shared as a group (usually between two houses). A vegetarian option for the evening meal will be available.

Day 10

Vang Vieng

Enjoy free time in Vang Vieng. Move to a hotel for the night, an ideal location for exploring the countryside by bicycle or kayak.

Meals included

Breakfast

Today's Activities

Free Time Vang Vieng

With many options for Vang Vieng, choose what suits you best.

Optional Activities - Day 10

Cycling

Get on your bike and enjoy the ride.

Swimming

Grab your bathing suit and go for a refreshing swim.

Kayaking

Grab your life jacket and tour local waters by kayak. Get up close to marine life and see many sights you may miss on shore.

Caving Vang Vieng

Enjoy the thrill of cave exploration on a caving expedition.

Day 11 Vang Vieng/Vientiane

Explore the capital of Laos. Opt to visit temples, see the National Museum, or explore highlights of the town.

Head out of the mountains to one of Asia's sleepiest capital cities. Opt to visit some of the highlights of Vientiane including Wat Sisaket, one of the city's oldest and most fascinating temples, and Wat Phra That Luang, Lao's national symbol and one of her most sacred sites.

For those who like to shop, don't miss the morning market, which, incidentally, is open all day!

Meals included

Breakfast

Today's Activities

Private Vehicle Vang Vieng – Vientiane 3h-4h 135km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time Vientiane

Opt to visit the sights, get a massage or indulge in one last day of Laotian cuisine in Laos' capital city.

Optional Activities - Day 11

Wat Sisaket Visit Vientiane 1USD

Visit one of Vientiane's oldest and most fascinating temples featuring a cloister wall filled with thousands of Buddha images.

Wat Pha That Luang Visit Vientiane 1USD

See Laos' national symbol and most important sacred monument, Pha That Luang (Great Stupa), completely covered in gold leaf. Every November, devoted Buddhists come here to celebrate Vientiane's most important festival, Bun That Luang, with parades, music, and religious ceremonies.

National Museum Visit Vientiane 4USD

Learn about the history, culture, and people of Laos at the National Museum, including the story of the Pathet Lao. See exhibits containing ancient items ranging from dinosaur bones to early Khmer sculptures.

Day 12 Vientiane/Hanoi

Fly from Vientiane to Hanoi.

Take a short flight from quiet Laos into the bustling city of Hanoi, the capital of Vietnam. Opt for a leisurely walk through the Old Quarter and a traditional Vietnamese meal. What better way to start a visit to this diverse country?

Meals included

Breakfast

Today's Activities

Plane Wattay International Airport – Noi Bai International Airport 2h

After the short flight to Hanoi, a private vehicle will transfer the group 45 mins to the hotel in the city centre.

Free Time Hanoi

With a free afternoon in Hanoi, head out and start exploring.

Optional Activities - Day 12

Old Quarter Orientation Walk Hanoi

Take an orientation walk through Hanoi's Old Quarter, a maze of streets, each one traditionally devoted to a different product or industry. Each street is named after the trade practiced on that street for several generations; it's an interesting glimpse into the life of a Hanoian in one of the oldest parts of town. Need a rest? Stop at Bia Hoi corner and pull up a plastic stool. Drink the local brew with the locals and make new friends.

Day 13 Hanoi

Visit Ho Chi Minh's Mausoleum, stilt house, and Presidential Palace. Enjoy an included water puppet show. Opt to visit the Temple of Literature, museums, and Hoa Lo Prison.

Visit Ho Chi Minh's Mausoleum, the Presidential Palace, and the former president's house on stilts for insight into an important figure in Vietnam's history.

During the afternoon, use some free time to explore this beautiful city. Opt to visit the Tran Quoc Pagoda, the Temple of Literature, the Museum of Ethnology or just sip delicious Vietnamese iced coffee in a café along the lake. In late afternoon or early evening, attend a performance of Vietnam's famous water puppets before sampling one of Hanoi's amazing eating venues.

Meals included

Breakfast

Today's Activities

Ho Chi Minh Mausoleum and Museum Visit Hanoi

Take a guided tour of the mausoleum where Ho Chi Minh's embalmed body is housed in a glass case. Continue to the Presidential Palace and visit the museum to learn about Ho Chi Minh's life and political history. Opt to visit the palace gardens.

Note: The Ho Chi Minh Mausoleum is open until 11:00am and closed on Monday and Friday. Entry is dependent on what time the group arrives in Hanoi.

Free Time Hanoi

Choose what interests you most with some free time in Hanoi.

Thăng Long Water Puppet Theatre Performance Hanoi

Watch a traditional Vietnamese water puppet show with beautiful live music and intricate puppets dancing in a water stage.

Optional Activities - Day 13

Tran Quoc Pagoda Visit Hanoi

Visit one of the oldest pagodas in Vietnam located on the eastern shore of Tay Ho. Learn about Tran Quoc's history from the 17th-century stela found on site. View it later in the day, if you can – the tall structure is striking against the setting sun.

Temple of Literature (Văn Miếu) Visit Hanoi

Visit this sprawling temple built to honour Confucius, sages, and scholars. Dedicated to learning, it housed the country's first university in 1076. Explore its five courtyards, containing various gates, altars, sanctuaries, shrines, the stelae of doctors, and the Well of Heavenly Clarity.

Museum of Ethnology Visit Hanoi 2USD

Learn about Vietnam's various ethnic groups on this visit to the Museum of Ethnology – considered to be the finest modern museum in Vietnam.

Day 14 Hanoi

Depart at any time.

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

Meals included

Breakfast

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Local Living Moment: Meal with Local Family, Luang Prabang
- Your Discover Moment: Luang Prabang
- Your Local Living Moment: Vang Vieng Homestay, Vang Vieng
- Bangkok klong trip
- Wat Pho entrance and guide
- Doi Suthep entrance (Chiang Mai)
- Pak Ou caves entrance (Luang Prabang)
- Traditional Arts & Ethnology Museum guided tour
- Ock Pop Tok Living Crafts Centre
- Kuang Si waterfalls trek (half-day)
- Water puppets performance (Hanoi)
- Ho Chi Minh Mausoleum entrance (when open)
- Internal flight
- Border crossing support
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Explore Bangkok's canals, discover Buddhist temples, float down the mighty Mekong River, get wet in the spray of waterfalls

Itinerary Notes

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

What are the main highlights of this trip?

Explore Bangkok's canals, discover Buddhist temples, float down the mighty Mekong River, get wet in the spray of waterfalls

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

What important notes should I be aware of before the trip?

1. REQUIRED: In order for us to confirm the transport used during your visit to Laos, we require a coloured copy of your passport in advance of travel. We please request you send a coloured copy of the passport you will be travelling on to experience@gadventures.com

2. COMBO TRIP
Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

3. WEIGHT RESTRICTION
There may be a weight restriction for the internal flight on this tour. Each passenger is allowed to carry one checked bag with a maximum weight of 20kg (44lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

4. HOTELS
In major cities in Vietnam, some hotel rooms do not have windows.

5. ACCOMMODATION NOTE:
Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

6. LAOS - High Speed Train regulations.
Items prohibited from being carried by passengers into the stations or on trains:
- Flammable materials & liquids. Aerosols will be taken away at security.
- Sharp objects (e.g. pocket knives)
- Explosive materials e.g. vapes & e-cigarettes. Includes spray-on deodorant, perfume & hair products.
- Foods which are wet or have an overpowering smell
- Weapons
- Drugs
The high speed train has a luggage limit of 20kg per person.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to see and do, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 15, avg 12

What meals are included in this trip?

11 breakfasts, 1 lunch, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however, they may also be Asian style, consisting of noodles or congee (rice porridge), or bread and eggs; this may vary depending on the city we're visiting. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. While trekking in remote regions, food is included, plentiful and made of fresh local ingredients. For all trips, please refer to the meals included and budget information.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Train, local bus, air-conditioned bus, boat, songthaew, cyclo, plane.

How will we travel between destinations?

THAILAND
As the popularity of train travel in Thailand continues to grow domestically, some of the routes used on this tour do not have sufficient space during local public holidays, including New Year's, Songkran (April 13-15), etc. During these times of the year, alternative transport may be arranged for one or more of the train journeys within Thailand on this tour.

Are local flights included in the cost of the trip?

Please be advised that any flights noted on the G Adventures Itinerary for this tour are included in the tour services provided. Flight tickets are provided by G Adventures during the tour. The date for this service will match the day of the itinerary, for which Day 1 is equal to the start date noted on the Invoice under Land Services: Tour. If flight information is required in advance for visa purposes, please contact G Adventures.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (11 nights), village homestay (1 night), sleeper train (1 night).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 2 (overnight train); Night 5 (homestay)

What should I expect from the accommodations on this trip?

Be prepared for simple accommodations as part of an authentic and unique experience. You will stay in shared, gender-separated houses, unless traveling as a married couple. Please note that there is no electricity, running water, mobile phone signal, or Wi-Fi at the Baan Huay Thum homestay, offering an opportunity to fully disconnect and immerse yourself in local rural living.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Suvarnabhumi Airport (BKK): If you have paid in advance for an arrival transfer, a G Adventures representative will be waiting at the Meeting Point (when you exit to the Arrival Hall, please go to Gate/Exit 4 in the hall, near the airport information counter (AOT) and look for a hand-sign with G logo and your name on it.)

If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don’t see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can’t find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your CEO, please refer to our emergency contact details.

If you have pre-booked an airport transfer please meet your driver at gate number 4 of the airport, in the arrival hall. Look for a driver holding a G Adventures sign with your name.

If you have still have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER
If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Bangkok Airport Transfer complications please call our local G Adventures Transfer provider directly at:+66 86 321 0729 (086 321 0729 from within Thailand) or +66 82 450 2777 (082 450 2777 from within Thailand)

EMERGENCY CONTACT NUMBERS

After hours emergency number
From outside Thailand +66 (0) 92 338 9222
From within Thailand (0) 92 338 9222

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What are the packing guidelines and luggage restrictions?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as your are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like iPods and mobile phones. If your trip involves overnights in homestays, villages or camping then you usually have the opportunity to rent sleeping bags if need be instead of bringing them with you.

What should I pack for this trip?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/ wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Sleep Sheet and Pillow:

- Sleeping bag liner/sleep sheet
- Travel pillow

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/ skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the Embassy. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page here

Thailand:
Most nationalities do not need a visa for Thailand for stays of 30 days or less but if you do they are available on arrival at Bangkok Airport. If staying in Thailand for more than 30 days, you will be required to obtain a tourist visa in advance. Only 15 day tourist visas are issued when entering Thailand overland.

As of May 1st 2025, all non-Thai nationals entering Thailand by air, land or sea must complete the Thailand Digital Arrival Card (TDAC) online before arrival. Register within 3 days of arrival.
For more information and to complete the Arrival Card, we kindly request the you visit the Thailand Immigration page.

****

Vietnam:
As of 8 June 2026, foreign passport holders arriving in Vietnam by air through Noi Bai International Airport, Hanoi are required to complete the online Pre-Arrival Declaration within 3 days prior to the arrival.

****

Laos:
If you are eligible to apply for a Laos E-Visa, please follow the below links for further information and application:

E-Visa Details here
E-Visa Terms and Conditions here
Apply for E-Visa here

If applying for the Laos E-Visa, please enter the entry port name as per below.
If you travel by air: Wattay International Airport (Vientiane Capital)
If you travel by land from Thailand: Lao – Thai Friendship Bridge IV

As of September 1st 2025, all non-Laos nationals entering Laos by air, land or sea must complete the Lao PDR Immigration Card online before arrival. Register within 3 days of arrival.
For more information and to complete the Immigration Card, we kindly request the you visit the Laos Immigration page.

** please note, the Laos E-system may not be available for all arrival points. If your arrival point is not listed, you will be required to fill in a paper form on arrival. **

Information is accurate as of June 1st, 2026.

Where can I read detailed notes about this trip?

Border crossings during the ATBH:
Huay Xai, Laos - Thailand to Laos

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

During this tour the local currencies you will use are the Thai Baht, Laos Kip and Vietnamese Dong. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: www.xe.com for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached.Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD $250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Departure Tax is included in all International and Domestic tickets in China, Thailand and Vietnam.

What are the tipping guidelines for this trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from $1.5-$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline $20-25 USD per person, per week can be used.

What activities are optional on this trip?

Bangkok

- Wat Arun Visit
- Jim Thompson's House Visit (250THB per person)
- Grand Palace Visit (500THB per person)

Chiang Mai

- Street Food Walk at Chiang Mai Night Market
- Cooking Class

Luang Prabang

- Night Market Visit
- Kayaking
- Cycling
- Cooking Class

Vang Vieng

- Swimming
- Caving

Vientiane

- Wat Sisaket Visit (1USD per person)
- Wat Pha That Luang Visit (1USD per person)
- National Museum Visit (4USD per person)

Hanoi

- Old Quarter Orientation Walk
- Temple of Literature (Văn Miếu) Visit
- Museum of Ethnology Visit (2USD per person)
- Tran Quoc Pagoda Visit

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Are there any specific safety considerations for this itinerary?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

We do not recommend passengers to jump or dive into Kuang Sii Waterfalls in Luang Prabang, this may result in injury.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Are there any things I should be aware of?

Please do not buy gems in Bangkok unless you know what you are doing. Even if genuine you should not expect to be able to sell them at home. If you fall victim to a gem scam, we are unable to assist you.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.
G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with Planeterra Foundation.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating $1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to $100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of $100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is $100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our LGBTQ+ page for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.