



India to Sri Lanka: The Pink City & Spice Gardens

32 days, Delhi to Hikkaduwa

Trip code AHDS

What's included

- Your G for Good Moment: Lunch at Theruvaram Women Empowerment Project, Alleppey
- Your G for Good Moment: Breakfast at Sthree Craft Shop and Café, Kandy
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Discover Moment: Udaipur
- Your Big Night Out Moment: Dance the Night Away, Goa
- Your Local Living Moment: Alleppey Homestay, Alleppey
- Your Big Night Out Moment: Kochi Nightlife, Kochi
- Your Big Night Out Moment: Hikkaduwa Beach Bar, Hikkaduwa
- Entrance and guided tour of the Taj Mahal
- Rural Tordi Sagar tour with local guide
- Allepey Homestay
- Sunrise at Savitri Temple
- Gandhi Ashram visit
- Morning ferry cruise on Kollam's backwaters
- Neendakara Fishing Harbour visit
- Orientation walks in Jaipur, Pushkar, Udaipur, Mumbai, Kochi, and Kollam
- Internal flights
- Spice plantation visit
- Kandyan cultural dance performance
- Temple of the Tooth visit
- Tea plantation visit
- Little Adam's Peak Trek
- Udawalawe NP safari
- Galle City and Fort tour
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing July 1st, 2018 - May 31st, 2025

Itinerary



Itinerary Notes

Want to experience the sights and sounds of Holi? Make sure you're in India on March 14, 2025 or March 4, 2026 for the nation's most colourful festival.

1. **REQUIRED:** In order for us to confirm transport services on your tour, we require a coloured copy of your passport in advance of travel. We please request you send a coloured copy of the passport you will be travelling on to experience@gadventures.com

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Delhi

Arrive at any time and welcome to India's bustling capital - Delhi!

Tonight, wander through the electric Karol Bagh market for your first night out; pick the best looking spot and cheers to new adventures and friends!

Please note this tour departs Delhi early on Day 2, so book pre-accommodation if you would like to explore the city more in depth. Opt to wander through the heart of India's capital city and explore Old and New Delhi. Travel by the new metro or auto rickshaws and visit the famous Jama Masjid (Great Mosque) where you can climb the minaret for a bird's eye view of the old city. Explore Chandni Chowk, one of India's oldest and busiest markets or head to the colourful spice market -- a great photo opportunity.



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

Day 2

Delhi/Āgra

Relax on the morning train to Agra while admiring the arid terrain and small towns. On arrival, check the famous Taj Mahal world wonder off your bucket list as you marvel at the iconic Mughal architecture. Immerse yourself in a guided tour and learn of the mausoleum's unique history. Opt to visit Baby Taj and the Agra Fort, the Taj's less famous—but no less impressive—sister monument, also a UNESCO World Heritage Site.



Today's Activities

Train

Delhi - Āgra

2h-3h

Climb aboard, take a seat, and enjoy the ride.

Each ticket corresponds to an assigned seat. If the group travels on the early morning train, a basic, local breakfast will be served.

Taj Mahal Guided Tour

Tāj Mahal

1h-3h

We will aim to experience the Taj Mahal at either sunset or sunrise, depending upon our train tickets and travel schedule.



Optional Activities - Day 2

Baby Taj Visit

Āgra

310INR

Visit this mausoleum that looks like a jewel box, built before the Taj Mahal by Queen Nur Jahan for her father. Enjoy the intricate details of the structure; it was the first Mughal building faced with white marble and where "pietra dura" (precious stones inlaid into marble) was first used.

Agra Fort Visit

Āgra

650INR

1h-3h

Enjoy a visit to this impressive Mughal fort made of red sandstone and white marble.

Today we take a bus (always an adventure itself in India) to the capital of Rajasthan – Jaipur. Clothed in sandstone pink stucco, Jaipur is known as the "Pink City" and is one of the most important heritage cities in India. It's home to India's second most visited site, the Hawa Mahal, or "Palace of the Winds." Ride a cycle rickshaw to the markets and enjoy an orientation walk through the stalls. In your free time, opt to visit the City Palace, the observatory, or check out a song-and-dance Bollywood film in India's largest movie theatre.



Today's Activities

Orientation Walk – Agra

Āgra

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Train

Āgra – Jaipur

7h

There will be a stop around the half-way point for snacks and toilets.

Day 4

Jaipur

Embark on a guided tour of Amber Fort, another UNESCO World Heritage Site to check off your list. The Fort's sandstone walls are perched on a hill almost blending in with the terrain, besides perfectly reflecting in Maota Lake creating a mirage effect (and perfect photograph). Wander through the halls, courtyards, and palaces inside and admire the intricate details. Afterward, head back to Jaipur and spend the free afternoon exploring with your fellow travellers and see where the night takes you.

Admire the city from above by pre-booking the Jaipur Balloon Ride when booking your tour.

Today's Activities

Amber Fort Guided Tour

Amber Fort

Explore this magnificent fort overlooking an artificial lake, famous for its unique mixture of Hindu and Muslim architecture. The Fort's sandstone walls are perched on a hill almost blending in with the terrain, besides perfectly reflecting in Maota Lake creating a mirage effect (and perfect photograph). Wander through the halls, courtyards, and palaces inside and admire the intricate details.

Free Time

Jaipur

Enjoy free time to relax, shop, visit landmarks like the Palace of the Winds or the Jaipur Observatory, or soak up some pop culture at a Bollywood movie.

Optional Activities - Day 4

The Jaipur Observatory Visit

Jaipur

202INR

Visit one of five astronomical observatories constructed in the early 18th century in India. There are 14 major devices that have been well-preserved that were built to predict eclipses, measure time, and track stars, among other functions. The largest device stands at 27m high.

Movie at Raj Mandir

Jaipur

200-400INR

Visit this spectacular cinema and watch a song-and-dance Bollywood film.

Jaipur Balloon Ride

Jaipur

Begin your day at dawn, just as the sun starts to rise. As you drift into the sky, enjoy the silence and serenity of the morning, watching as the day starts for the colourfully dressed inhabitants below. From

high in the sky, you may float over rolling hills, villages teeming with life, and a small monastery. You may even spot elephants—if luck is on your side.

Available September 1 - April 30.

City Palace Visit

Jaipur

1000INR

Explore the courtyards, gardens, and buildings that make up the City Palace. Located in the heart of the Old City, it is a striking blend of Mughal and Rajasthani architecture. Visit the palace's museum to look at ancient carriages and the former maharaja's gold-embroidered wedding outfit.

Day 5

Jaipur/Tordi Sāgar

Ride to peaceful Tordi Sāgar and dive into rural life by visiting local potters, cobblers, and markets on a guided walk through the village. If you're feeling athletic, join in on a cricket match with some local players. For lunch, get a taste of rural village life over a traditional lunch. In your free time, opt to bounce around with your new friends during a jeep safari or camel cart ride to the dunes for sunset. Head out for a hike in the hills or get a henna tattoo from local women. Tordi Sāgar is your oyster!

If you want to see more of Jaipur before departing, pre-book the Cycle Tour and explore the city from a morning perspective.



Meals included

Lunch | Dinner



Today's Activities

Tordi Sagar Local Village Tour

Tordi Sāgar

1h

Take a tour of this tiny, tranquil village far from the maddening crowds and enjoy its pastoral settings and local hospitality. Also look at its magnificent red sand dunes.

4x4

Jaipur - Tordi Sāgar

3h-4h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.



Optional Activities - Day 5

Tordi Sagar Jeep Safari

Tordi Garh

600-700INR

1h-2h

Get in a jeep and enjoy a ride in the pastoral settings of this tiny, tranquil village.

Tordi Sagar Camel Cart Ride

Tordi Garh

600-700INR

1h-2h

Take a ride in a cart pulled by the "desert horse" and explore the pastoral settings of this tiny, tranquil village.

Jaipur Cycle Tour

Jaipur

35None

With its many lanes and organized layout, Jaipur is the perfect location to explore by bicycle. Choosing to cycle through the city on this morning tour will introduce you to sights, sounds and smells that a vehicle just can't match, so grab a helmet and jump on your bike! Navigate the streets of the 'Pink City' with the help of your experienced guide, starting the day with a traditional Indian yoghurt drink of Lassi. Marvel at the architectural wonders as you enter the walled part of the city and stop at the City Palace to visit the Govind Dev temple. Wander through the historical spices and sweets market, stopping for tea and a tasty snack of pakoras before heading towards the majestic Albert Hall Museum where the tour ends. Taxi transfers from the hotel to the starting point and from the finishing point back to the hotel are included in the price of this cycle tour.

Day 6

Tordi Sāgar/Pushkar

Travel to Pushkar, often called Tirth Raj or the king of pilgrim centres. Cruise through Ajmer and over Snake Mountain to Pushkar – the site of the world's only temple to the Hindu god of creation, Brahma. After settling into your accommodation, get your bearings on an orientation walk around the colourful city with cascading architecture and capture a group photo on the lake.



Meals included

Breakfast



Today's Activities

4x4

Tordi Sāgar - Pushkar

4h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Pushkar Orientation Walk

Pushkar

1h

3km

Join an orientation to explore key parts of this desert city, including beautiful lakes and ghats. Visit the famed Brahma temple, meet a local pandit and understand/take part in the ancient rituals

Day 7

Pushkar

Before dawn, climb to the hilltop Savitri Temple and catch the sun rising over the towering Thar Desert mountains. Afterward, reflect on the serenity at one of the many cafés in town, stretch and meditate during a calming yoga session, or scour the markets. Opt for an unforgettable evening by dressing in traditional Indian clothing and partake in an authentic dinner cooked by cameleers in the desert, all with live entertainment!



Today's Activities

Savitri Temple Sunrise Hike

Pushkar

1h-2h

Climb a hilltop to get to this temple honouring Savitri, the wife of the Hindu god, Brahma. Witness a gorgeous sunrise over this holy place while drinking a warm cup of chai.

Free Time

Pushkar

Enjoy free time to explore town after returning from the sunrise temple climb. Opt to take a yoga class, scour the markets, or relax with a massage.



Optional Activities - Day 7

Massage

Revive sore muscles with a relaxing massage.

Yoga Class

Pushkar

Stretch and hold poses in this gentle but effective form of exercise.

Traditional Dinner in the Desert

Pushkar

1200INR

2h30m-4h

10km

Try on traditional Indian clothes and head out to the desert for an evening you won't soon forget. Enjoy a delicious traditional meal prepared and served by local cameleers. Get into the spirit with music, dancing, and entertainment presented by a group of Roma people before returning to Pushkar at night.

Day 8

Pushkar/Udaipur

Continue south to Udaipur, famous worldwide for its plethora of breathtaking lakes and Raj-era palaces. It certainly lives up to its reputation as India's most romantic city (wink, wink). With its own famous style of painting and plenty of artisans, Udaipur is a great place to stroll through. After the orientation walk, opt to take a boat ride on Lake Pichola with your fellow travellers.



Today's Activities

Train

Pushkar - Udaipur

7h-8h

Climb aboard, take a seat, and enjoy the ride.

Be prepared for a hot ride today. Bring some snacks and beverages.

Udaipur Orientation Walk

Udaipur

Go on a guided orientation walk and get to know local markets and key places.



Optional Activities - Day 8

Boat ride on Lake Pichola

Udaipur

500INR

Board a boat and cruise around Lake Pichola, taking in views of Udaipur from the water and getting a closer view of the spectacular Lake Palace, which was voted the most romantic hotel in India.

Days 9–10

Udaipur

Free time to explore "Venice of the East" with its plethora lakes, palaces, and narrow lanes. Wander around solo or see who wants to join you on an adventure.

Discover the early morning serenity of the city by pre-booking the Udaipur Sunrise Cycle tour, or opt to sharpen your culinary skills by pre-booking the Udaipur Cooking School class.



Optional Activities - Days 9–10

Jagdish Temple Visit

Udaipur

Visit the intricately-carved Jagdish Temple, which pays homage to Vishnu, the Hindu god of preservation. Make sure to take a peek at the black stoned image of Vishnu that's housed inside the shrine.

Shopping

Scour the local shops and stalls for unique wares to remind you of your travels to the region.

City Palace Visit

Udaipur

450INR

1h-2h

Visit Rajasthan's largest palace to get a sense of how royalty lived. Take in the view from one of its many intricately-decorated balconies, with one side facing the stunning Lake Palace.

Monsoon Palace Visit

Udaipur

505INR

Hop in an auto rickshaw and head outside of Udaipur to the stunning Monsoon Palace, perched high above town. Enjoy sweeping views of the city and surrounding lakes and countryside. Consider visiting at sunset for an unforgettable view.

Ranakpur Jain Temples Visit

Ranakpur

200-300INR

1h-2h

Enjoy a visit to this magnificent white marble temple devoted to Adinath, a god in the Jain religion. Jains believe in "ahimsa," non-violence to all living beings. Built in the 15th century, the temple has 1444 individually carved pillars.

Udaipur Sunrise Cycle Tour

Udaipur

3h-3h30m

20km

Discover the early morning serenity of Udaipur with a ride along the city's picturesque lakes as the sun rises. Embark in the village of Kalarohu, travelling towards Fateh Sagar Lake to observe the lake's three islands as the birds flock to the tranquil waters. Cycle past agricultural workers in action in the lush

farming communities of Badi and Hawala before making a loop around the hilltop palatial residence, Monsoon Palace. Travel on through more villages to reach Tiger Lake, this morning's setting for a picnic breakfast. The tour offers ample opportunities for photographs and to learn more about Indian history so don't forget your camera! The journey concludes with a downhill ride towards our finishing point.

Rajasthani Cultural Show

Udaipur

250INR

1km

Enjoy an evening cultural show that includes traditional music and dancing from the state of Rajasthan.

Udaipur Cooking School

Udaipur

2h-3h

This your chance to learn from the locals how to make authentic Rajasthani dishes. Start the class with a warming cup of masala chai as your hosts introduce you to the range of ingredients and spices that will formulate your lunch menu. Watch as they demonstrate how to make rice, curries, and chapatis or opt to get hands-on and join them in cooking up these tasty dishes. Tuck in and enjoy your creations for lunch.

Take a local bus to Ahmedabad and explore the famous Gandhi Ashram at Sabarmati. Immerse yourself in the peaceful environment of the riverside home that played an important role in India's freedom and learn of the sites unique history. From here, get some rest on an overnight train as you cruise to Mumbai.



Today's Activities

Local Bus

Udaipur - Ahmedabad

5h-6h

Climb aboard, grab a seat, and enjoy the ride.

Gandhi Ashram Visit

Ahmedabad

Explore the famous Gandhi Ashram at Sabarmati, once home to Mahatma Gandhi for nearly 12 years.

Basic Overnight Train (beds)

Ahmedabad - Mumbai

7h-8h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

Day 12

Mumbai

Arrive in Mumbai and stretch your legs on an orientation walk of Colaba and the Fort district. Enjoy a free day to uniquely explore the bustling metropolis; be sure to capture a group photo under the Gateway to India. Opt to take a boat to the UNESCO World Heritage Site Elephanta Island, famous for intricate cave temples carved in rock walls.

In the evening, opt for a cup of tea at the famous Taj Hotel and people-watch on Chowpatty Beach or visit Crawford Market, one of South Mumbai's most famous. Sample some local specialties at one of Mumbai's many top-notch restaurants as you go out on the town with your fellow travellers and sample the city's famed nightlife firsthand.



Today's Activities

Free Time

Mumbai

Opt to go on a taxi tour around town, visit Elephanta Island.



Optional Activities - Day 12

City Tour

Mumbai

1100-1300INR

4h-8h

Visit the main highlights of Mumbai on either a half-day or full-day driving tour of this lively city. Tours will visit the Victoria Terminus Train Station (a UNESCO World Heritage Site), Chowpatty Beach, Marine Drive, and Dhobi Ghat, the largest open-air laundry area in Mumbai, among other highlights.

Day 13

Mumbai/Goa

Hop on a short morning flight to North Goa. Head to the white sand beaches, visit the many Portuguese-built monuments, wander around the churches of Old Goa (a UNESCO World Heritage Site), and discover Panjim, the capital. In the evening, opt to sample tasty treats at the night market and take in the nightlife of this coastal state.



Today's Activities

Plane

Mumbai - Goa

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Goa

After transferring to the hotel, the day is free to explore the beaches and charming town.



Optional Activities - Day 13

Old Goa Visit

Goa

1600INR

2h-3h

Explore the rich history and impressive architecture of Old Goa, the former colonial capital of the state. The convents and churches are stunning, and the area is a UNESCO World Heritage Site. Be sure to visit the Basilica of Bom Jesus, which contains the relics of St Francis Xavier.

Goa Beach Visit

Goa

Free

Relax on some soft, white sand -- Goa's beaches are famous the world over for good reason. Hydrate with a smoothie or fresh coconut water.

Day 14

Goa

Enjoy a free day to wind down in the paradise that is Goa. Relax on the beaches with your favourite drink in hand or mingle in the many beach bars. Scour the markets, and be sure to try some delicious Goan cuisine and fresh seafood. Get ready to dance the night away for your big night out as a group. Enjoy a drink on us and cut a rug.



Today's Activities

Free Time

Goa

Recover from the previous night's festivities or further explore the beaches and markets of charming Goa.

ACTIVITY

Goa is overflowing with prime nightclubs and bars. Your CEO will take you to the best one to dance the night away.

Day 15

Goa/Kochi

Fly to Kochi and explore this major port city of southern India by wandering through the unique neighbourhoods and exciting markets. Opt to visit Fort Kochi, learn how to toss a fishing net, or catch a traditional dance performance, known as Kathakali, telling of mythological tales.

Don't fret if you can't fit all the excitement into one afternoon, you'll get a second chance to experience Kochi when you return in a few days.

Today, new travellers may join you for the rest of your adventure (woo! new friends). You are welcome to join them at a group meeting this evening followed by an optional dinner.



Today's Activities

Plane

Goa - Kochi

3h15m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

The transfer to the Goa airport is approximately 45 minutes, and the CEO will inform you of the transfer time along with flight information. There will be a transfer waiting at the Kochi airport. This flight is not accompanied by a CEO.

Day 16

Kochi/Alleppey

Take an orientation walk visiting Fort Kochi, St Francis Church, the Dutch cemetery, and the Jewish Quarter with curio shops and a synagogue more than 400-years-old. Then travel to Alleppey, a golden streak of land woven with rivers, lakes, lagoons, and canals. Enjoy an empowering lunch before checking out the island along the lagoon with a local guide and learn about the way of life here. Settle into a homestay and get to know your hosts.



Meals included

Lunch | Dinner



Today's Activities

Orientation Walk

Kochi

1h-2h

Get to know the delightful city of Cochin through this guided walk. Walk through the fish market and the famous Chinese fishing net, believed to have been brought by traders from Kubla Khan's court in China.

Private Vehicle

Kochi - Alleppey

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Alleppey Guided Walk

Alleppey

1h-2h

Explore the area, known as the "Venice of the East," on foot with a local English-speaking guide and learn about the way of life here.

ACTIVITY

Enjoy a stay with a local family in Alleppey and get a real taste of the culture and what life on the islands is like. Learn how to cook some delicious Kerala dishes and dig in and enjoy the meal after your lesson.

ACTIVITY

Enjoy a traditional Kerala lunch prepared by women of the Planeterra Theruvaram Empowerment Project, which provides women from rural areas an alternative source of income by honing their hospitality and culinary skills. Learn about the local cuisine and socio-economic fabric of the region as you get to know the women. All while taking in live entertainment!

Day 17

Alleppey/Kollam

Explore the unique ecosystem of Alleppey backwaters on a morning ferry cruise. Afterward, travel down the coast by bus to the port city of Kollam. On arrival, choose to relax on the beach, climb Thangassery Light House, or peruse the nightlife.



Meals included

Breakfast



Today's Activities

Alleppey Ferry Cruise

Alleppey

2h-3h

Enjoy a morning ferry ride through the backwaters, observing the unique ecosystem with blue-green stretches of water and coconut trees.

Local Bus

Alleppey - Kollam

1h30m-2h

Climb aboard, grab a seat, and enjoy the ride.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Visit the Kollam Harbour and experience the importance of fishing for the community. Afterward, settle into a private vehicle and see who can count the most palm trees as you cruise down the coast to tropical Varkala. Enjoy lots of free time to explore the town, get treated by local healers, or visit the Varkala Temple.

Note that Kollam Harbour is closed to visitors May through June.



Today's Activities

Kollam Fishing Docks Visit

Kollam

1h

See where all of the action happens in this busy port city and walk around Kollam's bustling fishing docks.

Neendakara Fishing Harbour Visit

Kollam

Visit the largest wholesale fishing market and harbour on the Arabian Sea, dating back to the sixteenth century. Take in the sights and sound of a busy fish market at work, and check out the morning's fishing haul.

Private Vehicle

Kollam - Varkala

5h-6h

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 18

Janardhana Swamy Temple Visit

Varkala

Enjoy a visit to this beautiful temple that gives homage to Janardana Swami, who is a form of Vishnu, the Hindu god of preservation. Pilgrims from the south of India make the trek to visit this 2000-year-old temple and pay their respects.

Choose your own adventure today, exploring Varkala solo or with your new friends. Spend time wandering the peaceful gardens of an ashram devoted to Kerala's most eminent spiritual and social reformer at the mystical Janardhana Swamy Temple. Or head to the beach and relax while watching the Arabian Sea with a drink in hand.



Today's Activities

Free Time

Varkala

Lots of free time to explore the town, relax with an Ayurvedic massage, get treated by local healers, or visit the Varkala Temple.



Optional Activities - Day 19

Janardhana Swamy Temple Visit

Varkala

Enjoy a visit to this beautiful temple that gives homage to Janardana Swami, who is a form of Vishnu, the Hindu god of preservation. Pilgrims from the south of India make the trek to visit this 2000-year-old temple and pay their respects.

Ayurvedic Massage

Dharamshala

1h-2h

Ayurvedic medicine is a system of Hindu traditional medicine, and Ayurvedic massage has been practiced in India for centuries and is viewed as a part of holistic medicine. These massage techniques provide relaxation, improve circulation, and eliminate toxins. Lie back and enjoy!

Day 20

Varkala/Kochi

Return to Kochi by train. In the late afternoon, continue to wander the streets or opt to catch a traditional Kathakali dance performance. For your big night out as a group, immerse yourself in the exciting Kochi nightlife and reminisce about the life-changing adventures you've shared.



Today's Activities

Train

Varkala - Kochi

3h30m-4h

Climb aboard, take a seat, and enjoy the ride.

Free Time

Kochi

Visit any sites skipped on the first visit to Kochi.

ACTIVITY

Whether it's a pub crawl, drink specials or a bonfire on the beach, celebrate late into the night with your new best friends.



Optional Activities - Day 20

Kathakali Dance

Kochi

500INR

Considered one of the oldest dance forms in India, Kathakali is a combination of drama, dance, music, and ritual. Characters with vividly painted faces and elaborate costumes re-enact stories from the Hindu epics, Mahabharata and Ramayana. This dance drama is famous for amazing costumes, extensive makeup, and explosive body movements, and is performed exclusively by men.

Day 21

Kochi/Negombo

Fly from Kochi to the stunning island country of Sri Lanka, landing first in Negombo. Spend the evening at the beach relaxing under a leaning palm tree and toast to the sun a goodnight.

Today, new travellers may join you for the rest of your adventure (yay! more friends). You are welcome to join them at a group meeting this evening followed by an optional dinner.



Today's Activities

Plane

Kochi - Negombo

1h-1h8m

549km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Negombo

Spend the afternoon however you'd like in Negombo.

Travel to the centre of the island to explore the UNESCO World Heritage City, Sigiriya. Opt to visit the Dambulla Cave Temple, the ancient Sigiriya Rock Fortress or view elephants on a safari drive in Minneriya National Park.



Today's Activities

Private Vehicle

Negombo - Sigiriya

3h30m

135km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Sigiriya

Head out to discover the area.



Optional Activities - Day 22

Dambulla Cave Temple Visit

Sigiriya

12USD

1h-1h30m

Visit the ancient Dambulla cave temples at one of the most well-preserved temple and cave sites in Sri Lanka. See Buddhist mural paintings that line the walls of the seventh-century caves as well as a collection of hundreds of statues of Buddha in different poses.

Minneriya National Park Safari

Sigiriya

Take a Safari through Minneriya National Park and see some of the incredible local wildlife in Sri Lanka. This park boasts multiple endemic species, like the purple-faced langur and the toque macaque. It is also common to see elephants, Sri Lankan sambar deer and Sri Lankan axis deer. If we're lucky, there's a chance to see rarer species like Sri Lankan leopard and the Sri Lankan sloth bear.

Day 23

Sigiriya

Spend the day freely exploring more of this ancient yet luscious region. Opt to visit the ancient city of Polonnaruwa, or go back in time at the Anurhadhapura historical site.



Today's Activities

Free Time

Sigiriya

Get out and explore.



Optional Activities - Day 23

Polonnaruwa Ancient Capital Visit

Sigiriya

35USD

1h30m-2h

60-70km

Visit Polonnaruwa, the second ancient capital city (for three centuries), and home to many well-preserved ruins of palaces and monasteries. Don't feel like walking around? Opt to rent a bike and cycle through the ruins instead.

Sigiriya Rock Fortress Visit

Sigiriya

35USD

2h-3h

Be mesmerized by this rock fortress, which captivates every visitor with its well-laid out gardens, caves, monasteries, and palaces adorned with beautiful wall motifs. Start at the water gardens and climb more than 1,200 steps to reach the top. Pass caves with frescoes and boulders to find the ruins of a palace on the flat surface of the old volcanic magma rock. The rock rests 370m (1,213 ft) above sea level with a shear drop on all sides.

Visit a medicinal spice garden enroute to Digana. After, enjoy lunch before embarking on a guided village walk to gain insight into Sri Lankan rural daily life. Discover unique local experiences, from visiting a working cattle and goat farm to enjoying refreshing herbal drinks at a local woman's cottage. Later, learn how to cook Sri Lankan curries infused with authentic local spices while helping out with dinner.



Meals included

Lunch | Dinner



Today's Activities

Private Vehicle

Sigiriya - Digana

1h45m

Settle in and scan the scenery from the convenience of a private vehicle.

Spice Garden Visit

Kandy

Visit a herbal centre where students of Ayurveda learn the traditional medicinal uses of various spices for massages and treatments. Enjoy demonstrations and learning about the different plants and their uses.

Digana Guided Village Walk

Digana

Get a crash course in local life with a village walk through Digana. Learn about some of the essential local industries and meet with local families, going about their daily routines. Visit their humble abodes to learn about their way of life before enjoying a traditional herbal drink.

Day 25

Digana/Kandy

Enjoy breakfast and soak in the views of the Victoria Reservoir over tea before departing for Kandy. Have an afternoon of free time to explore the sweet city, opting to visit the Temple of the Sacred Tooth, view a traditional Kandyan cultural show, or root for a team at a cricket match.



Meals included

Breakfast



Today's Activities

Private Vehicle

Digana - Kandy

1h

20km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Kandy

Explore Kandy with a full free day.



Optional Activities - Day 25

Royal Botanical Gardens Visit

Kandy

12USD

1h30m-2h

2-3km

Enjoy a leisurely walk in the colourful Royal Botanical Gardens in Peradeniya. See 300 varieties of orchids of Sri Lanka as well as a range of other plants.

Temple of the Sacred Tooth Tour

Kandy

10USD

1h-1h36m

Enjoy a tour of the Temple of the Tooth, which houses an important relic – a tooth of Lord Buddha kept in a well-preserved golden casket. Learn about the importance of this site from local guides.

Kandyan Cultural Dance

Kandy

5-8USD

Be swept away by an entertaining performance that will provide insight into the local culture in Kandy.

Day 26

Kandy/Nuwara Eliya

Enjoy a traditional breakfast prepared by women and youth living with disabilities at G Adventures-supported Sthree Craft Shop and Café. Travel on to the rolling hills and luscious forests of Nuwara Eliya. Visit a tea plantation and opt to explore the beauty on foot.



Meals included

Breakfast



Today's Activities

ACTIVITY

Make a pit stop at Sthree Craft Shop and Café to enjoy a local breakfast prepared by women and youth living with disabilities. Led by the Women's Development Centre, they provide livelihood opportunities through hospitality and handicraft training, empowering the surrounding community.

Tea Plantation Visit

Nuwara Eliya

1h-1h30m

The town of Nuwara Eliya produces the finest Orange Pekoe Ceylon tea, and is inhabited mainly by tea planters and plantation workers. Pay a visit to one of the factories to learn all about tea production.

Private Vehicle

Kandy - Nuwara Eliya

3h30m

75km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 27

Nuwara Eliya/Ella

If you want to experience morning mist flowing through the valley, wake early and trek the serene trails of Horton Plains National Park. In the afternoon, cruise to the laid-back village of Ella and enjoy a free evening to explore or relax.



Today's Activities

Private Vehicle

Nuwara Eliya - Ella

2h-2h30m

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Ella

Enjoy a free afternoon to relax or explore.



Optional Activities - Day 27

Horton Plains Trek

Horton Plains Nature Reserve - Nuwara Eliya

60-70USD

4h-4h30m

9km

Get close to nature and stunning scenery on this Horton Plains Trek. Hike 9km (6 mi) into the Horton Plains and walk through the clouds to discover a majestic drop that provides amazing views over the plains into the sea.

Day 28

Ella

Spend the morning trekking Little Adam's Peak to get a 360-degree view of Sri Lankan countryside encompassing the giant Ella Rock and textured green mountains. For the rest of the day, enjoy the freedom to explore scenic Ella more in-depth. Opt to venture to the iconic Nine Arches Bridge or hunt for some waterfalls with your fellow explorers.



Today's Activities

Free Time

Ella

Get outside and explore scenic Ella.

Little Adam's Peak Trek

Ella

2h-3h

Enjoy a hike up Little Adam's peak to catch stunning views of the town below.



Optional Activities - Day 28

Trek to Ella Rock

Ella

5USD

3h30m-4h

Set off on a trek to Ella Rock, passing through the lush landscape and a local tea plantation. Take in scenic views of the surrounding green valleys and plains from the peak.

Set off towards the southern coast stopping en route to explore the indestructible Galle Fort. Finish the day's journey oceanside on the white sand beaches of Hikkaduwa.



Today's Activities

Private Vehicle

Ella - Galle

4h30m-5h

Settle in and scan the scenery from the convenience of a private vehicle.

Galle Fort Tour

Galle - Hikkaduwa

Visit the Galle Fort, a 16th-century fort first built by the Portuguese, and later occupied by the Dutch. The ramparts are still standing even after being battered by Mother Nature, including the 2004 tsunami.

Private Vehicle

Galle - Hikkaduwa

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Enjoy a free day to bliss out on the beach sipping your favourite drink or jump on a boat in search of whales and dolphins. For your big night out, follow your CEO to the best beach bar in town and dance under the stars. Perhaps take a night swim, who knows, see where the night takes you.



Today's Activities

Free Time

Hikkaduwa

Enjoy a free day to do as much or as little as you'd like.

ACTIVITY

Follow your CEO to the best beach bar and cheers to all the life-changing adventures you've shared with new friends. Dance under the stars and perhaps take a night swim, who knows, see where the night takes you.



Optional Activities - Day 30

Dolphin Watching Tour

Unawatuna

Set off on a tour to spot these playful creatures.

Day 31

Hikkaduwa

Another day in paradise to recover from last night's fun. Relax on the beach, snorkel with sea creatures, or wander through the bustling beach town. Pick a local restaurant with your buds and reminisce about all the awesome adventures you've experienced over a farewell dinner.



Today's Activities

Free Time

Hikkaduwa

Don't waste a single second. Whether it's on the beach or throughout the town, get out and explore!



Optional Activities - Day 31

Dolphin Watching Tour

Unawatuna

Set off on a tour to spot these playful creatures.

Day 32

Hikkaduwa

Wow! What a trip, right? Luckily there is no such thing as goodbye, only until next time. Hug your new friends, exchange social medias, and depart at any time.



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your G for Good Moment: Lunch at Theruvarom Women Empowerment Project, Alleppey
- Your G for Good Moment: Breakfast at Sthree Craft Shop and Café, Kandy
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Discover Moment: Udaipur
- Your Big Night Out Moment: Dance the Night Away, Goa
- Your Local Living Moment: Alleppey Homestay, Alleppey
- Your Big Night Out Moment: Kochi Nightlife, Kochi
- Your Big Night Out Moment: Hikkaduwa Beach Bar, Hikkaduwa
- Entrance and guided tour of the Taj Mahal
- Rural Tordi Sagar tour with local guide
- Alleppey Homestay
- Sunrise at Savitri Temple
- Gandhi Ashram visit
- Morning ferry cruise on Kollam's backwaters
- Neendakara Fishing Harbour visit
- Orientation walks in Jaipur, Pushkar, Udaipur, Mumbai, Kochi, and Kollam
- Internal flights
- Spice plantation visit
- Kandyan cultural dance performance
- Temple of the Tooth visit
- Tea plantation visit
- Little Adam's Peak Trek
- Udawalawe NP safari
- Galle City and Fort tour
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Tour the famous Taj Mahal, explore the Pink City and Amber Fort, get a taste of village life with a traditional lunch, climb to the spiritual temple of Savitiri, explore bustling Mumbai, check out the catch of the day at Kollam's fishing docks, learn about local plants uses at a Spice Garden, visit a tea plantation

Itinerary Notes

Want to experience the sights and sounds of Holi? Make sure you're in India on March 14, 2025 or March 4, 2026 for the nation's most colourful festival.

1. REQUIRED: In order for us to confirm transport services on your tour, we require a coloured copy of your passport in advance of travel. We please request you send a coloured copy of the passport you will be travelling on to experience@gadventures.com

What are the main highlights of this trip?

Tour the famous Taj Mahal, explore the Pink City and Amber Fort, get a taste of village life with a traditional lunch, climb to the spiritual temple of Savitiri, explore bustling Mumbai, check out the catch of the day at Kollam's fishing docks, learn about local plants uses at a Spice Garden, visit a tea plantation

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Want to experience the sights and sounds of Holi? Make sure you're in India on March 14, 2025 or March 4, 2026 for the nation's most colourful festival.

1. **REQUIRED:** In order for us to confirm transport services on your tour, we require a coloured copy of your passport in advance of travel. We please request you send a coloured copy of the passport you will be travelling on to experience@gadventures.com

What important notes should I be aware of before the trip?

1. India is a country which is very different to anything you will have experienced before. Although this means it is not the easiest place to travel, this is also what makes it so special. Pollution, poverty and the crowds can result in initial culture shock but should be seen as an exciting new challenge. During our time here we have come to love this large and wonderfully different country but we know that we should always expect to encounter some difficulties along the way.
2. In India there are very different attitudes to time keeping, public cleanliness, privacy and service. Trains will sometimes be late, plumbing can sometimes be temperamental and power will often just vanish. Optimistic menus turn out to have only one dish available and everyone, just everyone, will want to know your name. If you are able to travel with a lot of patience and a healthy sense of humor, then we know that you - like all of us - will be captivated by what India has to offer.
3. Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.
4. Displaying body art or wearing clothing that includes an image of the Buddha is illegal; please be culturally sensitive and respect the law and should you have any such tattoos, keep them covered at all times.
5. Please Note: Only 1 piece of luggage that weighs up to 15kgs will be permitted on our internal flights in India. For any extra weight the airline may charge an additional fee at the time of check-in.
6. Traveling by road in Sri Lanka is certainly not what people are use to in Western countries. Many road ways are single lane, rules are not always followed, drivers appear to speed, do not stay in their lanes, and overtake in seemingly dangerous situations. Although their are some improvements in the works to the road infrastructure, there is a lot more to be done. As a result, some of the roads are poorly maintained, and this gets even more pronounced during and after the monsoon. As a result, travel time covering relatively short distances is very long in comparison to Western countries.
7. Some culturally significant sights in Sri Lanka may not allow entry to people wearing hats or hijabs, or to those with covered faces. Examples of cultural sites with such restrictions may include, but are not limited to, the Sri Maha Bodhi Tree section or the Anuradhapura Cultural Site, the Dambulla Cave Temple and Temple of the Tooth in Kandy.

How large will the group be?

Max 20, avg 15

What meals are included in this trip?

4 breakfasts, 3 lunches, 3 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, walking, train, metro, local bus, charter bus, jeep, tuk tuk, boat, plane.

What transportation will we take on this trip?

TRAIN

Traveling in India by train is an experience. Distances in India are long and Indian trains aren't the world's best, but traveling in these adds a fascinating new dimension to a visitor's experience in the country. There is virtually no better way to get to know the people and see the spectacular views of the diverse Indian countryside. The chaos on the Indian Railway stations is a replica of the life in India.

G Adventures uses a combination of AC 2 tier, AC 3 tier and sleeper class (for overnight journeys) and AC Chair car or second class seats for day journeys.

There are no restaurant or buffet cars on Indian Railways, but on long distance trains an attendant will appear in your coach and ask you if you would like to order food. Regular stops are made at stations where food is also available and on some trains many vendors board the train selling chai, cold drinks and crisps and biscuits.

Don't expect pristine western standards anywhere in India, but you'll find AC2, AC3 and AC Chair class fairly clean by Indian standards, with both western-style and squat toilets usually in a reasonably sanitary condition. Sleeper Class and 2nd class toilets may be a different matter! Bring your own toilet paper and hand wash soap or liquid.

Indian trains are quite safe to travel on, even for families or women traveling alone, and you are unlikely to have any problems. Having said that, theft of luggage, although rare is not unheard of, so just for peace of mind you might like to take along a chain and padlock to secure your bags (readily available at all Indian stations).

Generally, Indian Railways are very efficient, but Indian trains do run late, and sometimes it's hours rather than minutes. Make sure you have something to occupy your time – a good book, magazine or photos of your home country and family to show the Indian travelers also waiting for the train.

ROAD

Traveling by road is certainly not what people are used to in Western countries. Rules are not always followed, drivers appear to speed, do not stay in their lanes, overtake in seemingly dangerous situations, rarely use their mirrors or driving lights at night time. The horn however is used very frequently and can range from the latest Bollywood tune to Britney Spears! Although the government is investing large sums of money improving the road infrastructure, there is a lot more to be done. As a result some of the roads are poorly maintained, pot holed and uneven. This gets even more pronounced particularly during and after the monsoon. Travel time is very long in comparison to Western countries and short distances can take a lot longer than at home.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Please Note: Only 1 piece of checked luggage that weighs up to 15 kg (33 lbs) and 1 carry on bag weighing up to 7 kg (15 lbs) will be permitted on our internal flights in India. For any extra weight the airline may charge an additional fee at the time of check-in.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Simple hotels/guest houses (30 nts), overnight train (1 nt).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 24

What kind of accommodation can I expect on this trip?

A variety of styles of hotels/guest houses are used in India. These can vary in terms of service, efficiency and cleanliness. In many instances they might not be like what you are used to back home. Power cuts can and are a regular occurrence in many places, especially throughout North and Central India. Although a number of hotels have generators there may be times when these won't work. It is also recommended when you are in your room to lock the door, as staff will sometime enter without reason.

Accommodation will be varied throughout your adventure. Some nights on this tour will be multi-share. This may involve 4-6 group members sharing a room. The majority of accommodation will have shared bathroom facilities.

Where we use multi-share hostels, rooming requests of any kind cannot be taken. For private accommodation please see tours in our Classic Travel Style.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a representative from our G Adventures-supported project Women With Wheels. This program provides safe and reliable transport for travellers, while providing a dignified livelihood for a local woman from a resource poor community. You will be greeted by a trained driver from the project with a G Adventures sign with your name on it. The drivers wait outside the Exit Gate 4 at Terminal 3. If you are unable to locate your pre-booked transfer, or you have any questions about your transfer, please feel free to call our transfer representatives in Delhi. Our airport representatives can be reached at the Sakha Call Centre at +91 927 870 8888.

IMPORTANT: Please exercise caution and avoid taxi touts who falsely claim that your arrival transfer vehicle has broken down and that they are sent by G Adventures to arrange your transport. Many travellers have fallen victim to this scam and were charged inflated prices.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Airport Transfer complications please call our local G Adventures Transfer providers directly at:

India

Sakha Call Center (Primary Contact)

From outside India: +91 92787 08888

From within India: 92787 08888

Sakha Manager (Secondary Contact)

From outside India: +91 95997 81181

From within India: 95997 81181

Sri Lanka

Charith Attale (Primary Contact)

From outside of Sri Lanka: +94 772 927 374

From within Sri Lanka: 772 927 374

Tharanga Siriwardhana (Secondary Contact)

From outside of Sri Lanka: + 94 776 424 060

From within Sri Lanka: 776 424 060

EMERGENCY CONTACT NUMBERS

G Adventures South Asia Manager, Sorab (New Delhi, India)

From outside of India: +91 88518 06614

From within India: 88518 06614

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What instructions should I follow at the finishing point?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What should I take on my trip?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones. If your trip involves overnights in homestays, villages or camping then you usually have the opportunity to rent sleeping bags if need be instead of bringing them with you.

Standard luggage allowance for internal flights is 15kg (33lb) for checked luggage, and is 7kg (15lb) for carry-on luggage. Any charges for additional luggage or weight is the responsibility of the passenger.

What should be on my packing list?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Train Travel (Optional):

- Slip-on shoes
- Travel cutlery
- Small container with lid
- Travel or camp cup

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

All travellers must have a valid Indian visa prior to the start of their tour. Please note that visas for India are the responsibility of the individual traveller.

To obtain a visa for India, you may either apply for an e-Visa using the link below, or alternately visit the Indian embassy or consulate nearest you to apply for a physical visa on your passport.

India is now offering e-Visas for some nationalities. Please visit this link for further information, and to check if your nationality is eligible for an e-Visa: <https://indianvisaonline.gov.in/visa/tvoa.html>

As there are many fake websites, please only use the link above to apply for your e-Visa and for any additional information.

VISA INFORMATION:

Please use the start hotel of your tour as a reference for your visa application. Contact us or your travel agent if you need further information.

For visa purposes, your Emergency Local Contact details are below:

G Adventures South Asia Manager

Mr Sorab Jassawalla (Delhi, India)

>From outside of India: +91 88 5180 6614

>From within Delhi: 88 5180 6614

>From within India, but outside Delhi: 088 5180 6614

As of February 2026, all non-Indian nationals entering India by air, land or sea must complete the e-Arrival Card online before arrival. Register within 3 days of arrival.

For more information and to complete the e-Arrival Card, we kindly request the you visit the [Indian Immigration](#) page.

Sri Lanka:

As of October 15th 2025, it will be mandatory for all foreign nationals visiting Sri Lanka for tourism purposes to obtain an Electronic Travel Authorisation (ETA) prior to their arrival in Sri Lanka

Apply for ETA [here](#)

Information is accurate as of October 1st, 2025.

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

There are many ATM machines that accept both Visa and Mastercard but these are limited to major cities. Major credit cards are accepted in most shops but they may charge a 2-4% transaction fee.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from USD1-2 per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline USD20-30 per person, per week can be used.

What activities are optional on this trip?

Āgra

- Baby Taj Visit (310INR per person)
- Agra Fort Visit (650INR per person)

Jaipur

- The Jaipur Observatory Visit (202INR per person)
- Jaipur Balloon Ride
- Jaipur Cycle Tour (35 per person)
- Movie at Raj Mandir (200-400INR per person)
- City Palace Visit (1000INR per person)

Tordi Garh

- Tordi Sagar Jeep Safari (600-700INR per person)
- Tordi Sagar Camel Cart Ride (600-700INR per person)

Pushkar

- Massage
- Yoga Class
- Traditional Dinner in the Desert (1200INR per person)

Udaipur

- Boat ride on Lake Pichola (500INR per person)
- City Palace Visit (450INR per person)
- Udaipur Sunrise Cycle Tour
- Jagdish Temple Visit
- Monsoon Palace Visit (505INR per person)
- Rajasthani Cultural Show (250INR per person)
- Shopping
- Udaipur Cooking School

Ranakpur

- Ranakpur Jain Temples Visit (200-300INR per person)

Mumbai

- City Tour (1100-1300INR per person)

Goa

- Old Goa Visit (1600INR per group)
- Goa Beach Visit (Free)

Varkala

- Janardhana Swamy Temple Visit

Dharamshala

- Ayurvedic Massage

Kochi

- Kathakali Dance (500INR per person)

Sigiriya

- Dambulla Cave Temple Visit (12USD per person)
- Polonnaruwa Ancient Capital Visit (35USD per person)
- Sigiriya Rock Fortress Visit (35USD per person)
- Minneriya National Park Safari

Kandy

- Royal Botanical Gardens Visit (12USD per person)
- Temple of the Sacred Tooth Tour (10USD per person)
- Kandyan Cultural Dance (5-8USD per person)

Horton Plains Nature Reserve

- Horton Plains Trek (60-70USD per person)

Ella

- Trek to Ella Rock (5USD per person)

Unawatuna

- Dolphin Watching Tour

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting small rural communities or visiting temples or mosques or other holy sites as this may restrict your entry.

India is very conservative and you should dress accordingly. As a general guideline shoulders and knees should be covered at all times. The wearing of shorts is not allowed as it will restrict your entry into buildings of a religious nature and family homes. A light water and windproof jacket is useful and a hat essential.

NB: WE STRESS THAT IT CAN BE VERY COLD IN THE HILLS DURING THE MONTHS FROM DECEMBER TO FEBRUARY.

NB: During our trip there will be many opportunities for you to meet and interact with locals. One easy way to start the conversation is by bringing photos/postcards of your family, home, city or country where you live, animals peculiar to your country, and showing them to your new friends!

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.