



New Zealand: Best of the North Island

7 days, Auckland to Wellington

Trip code ONNI

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends

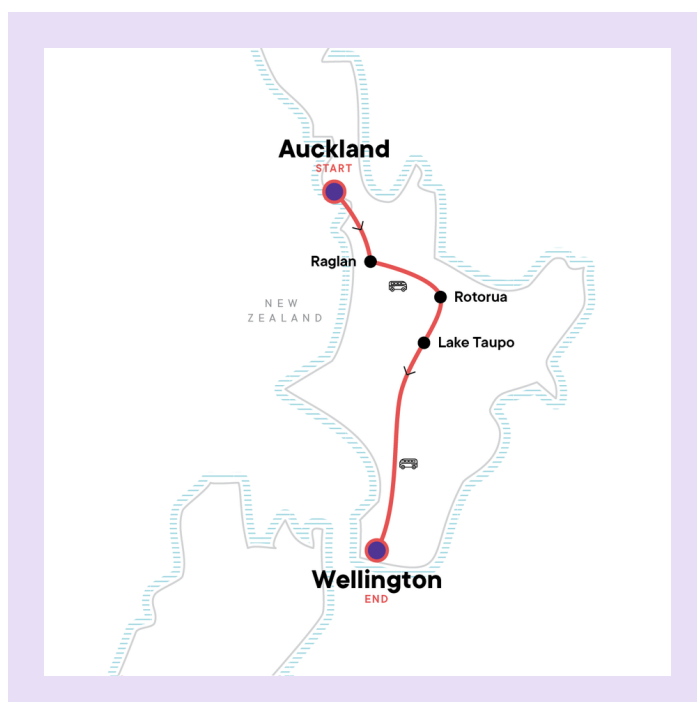
- Your Hands-On Moment: Surf Lesson, Raglan
- Your Big Night Out Moment: Wellington
- Sea kayaking excursion (Raglan)
- Maori cultural experience
- Huka Falls
- Lake Taupo Sailboat Trip
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing September 28th, 2024 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Itinerary Notes

Please note that most 18-to-Thirtysomethings accommodation in New Zealand is multi-share. For more info, see our Trip Details.

Day 1

Auckland

Arrive at any time. There are no activities until an evening welcome meeting, so head out and enjoy the city.

Jump right into your adventure by adding the 'Auckland Sailing: America's Cup Experience' extra to your tour. Work with a crew to sail around Auckland's Waitemata Harbour on a competitive yacht, and take in the stunning views. PLEASE NOTE: If booking this extra, a pre-night in Auckland is highly recommended as this activity may start early in the morning on Day 1.



Accommodation

Haka House Auckland City (or similar)

Hostel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.



Optional Activities - Day 1

Maritime Museum Visit

Auckland

24NZD

Tour the museum's seven galleries to learn more about New Zealand's relationship with the sea. Be inspired by the country's most celebrated mariner, Sir Peter Blake, and his many accomplishments, and see maritime art that speaks to the sentiment of a nautical nation.

Waiheke Island Excursion

Waiheke Island

62-369NZD

3h-8h

Take a ferry ride to Waiheke Island for a quick, fun getaway. Swim or kayak at white-sand beaches in the Hauraki Gulf. Tour the island's tracks and bush reserves, or sample your way through some of the island's 19 boutique wineries (the island produces some of New Zealand's finest reds).

Auckland Sailing: America's Cup Experience (Pre Tour)

Auckland

210NZD

As part of the boat crew, you'll work together with your teammates to sail around Auckland's Waitemata Harbour in this competitive yacht. Either take the helm and participate or sit back and enjoy the spectacle - the choice is yours.

Day 2

Auckland/Raglan

Begin your journey along backroads to Bridal Veil Falls where the group will head out on a short walk through north island native bush to this stunning waterfall. Continue onwards to the surf town of Raglan, first up it is time to get on the water for some sea kayaking. The group will then head to our accommodation right in the middle of the surf and arts town of Raglan for the next two nights.

Travel to Raglan, a cool coastal town famous for its black sand beach and surf break. You'll kayak to a remote part of the harbour for a boat cruise and lunch, before heading to our accommodation, close to the action in Raglan this evening.



Meals included

Breakfast | Dinner



Accommodation

Raglan Backpackers & Waterfront Lodge (or similar)

Lodge



Today's Activities

Private Vehicle

Auckland - Raglan

3h

160km

Settle in and scan the scenery from the convenience of a private vehicle.

Sea Kayaking

Raglan

1h30m-2h

Tour Raglan's secluded bays and unique coastline by kayak. Paddle the inner harbour to get up close to wildlife, fish, and (fingers crossed) orcas. Discover the pancake rocks on the harbour's northern side.

Day 3

Raglan

Spend the full day in Raglan, home to a world-famous surf break. There's no better way to live like the locals do, so grab a surf board and jump right in with an included lesson. You'll also have plenty of time to relax and soak up the laid-back coastal vibes while swapping stories with your travel buddies.

Head down to the beach for an included surf lesson. The afternoon is free to do what you choose.



Meals included

Breakfast



Accommodation

Raglan Backpackers & Waterfront Lodge (or similar)

Lodge



Today's Activities

ACTIVITY

Learn how to catch a wave in this surf lesson. Start with instruction on dry land before heading into the surf. Take advantage of the large soft boards used in class (they help everyone stand up).

Free Time

Raglan

Enjoy free time any way you want in this surfing town. Head to the beach to hang ten or relax with a cold drink and plan your next activities.

Day 4

Raglan/Rotorua

Another day, another chance to explore! Today the group will begin journeying to Rotorua with a stop along the way in Waitomo. Here you can choose to go caving in the famous Waitomo Caves, where you will see glow worms light up the cave's ceiling just like stars in the night sky. Next up is Rotorua, notable for its geothermal activity. In the evening you'll visit a thermal valley for an engaging cultural experience by night at the Te Puia Village.



Meals included

Breakfast



Accommodation

Rock Solid Backpackers Rotorua (or similar)

Hostel



Today's Activities

Private Vehicle

Raglan - Rotorua

3h

Settle in and scan the scenery from the convenience of a private vehicle.

Te Puia Geyser by Night

Rotorua

See the famous Te Puia Geyser during this sensory cultural experience. Be guided by a local Maori guide on this 2 hour tour set in the Te Puia thermal valley and enjoy a delicious traditional kāinga waru pudding cooked in their natural hot spring.



Optional Activities - Day 4

Waitomo Valley Walk

Waitomo

Free

30m-1h30m

Explore Waitomo Valley's amazing rugged landscape by foot on this one-way walk - the CEO will see you off at the start. Check out a small cave on your way, and then follow the trail through the forest back to Waitomo Village. Be sure to wear comfortable shoes, and take a rain jacket and water.

Waitomo Cave Excursion

Waitomo Caves

99NZD

Enjoy a peaceful boat ride through 30 million year old caverns covered with magical glowworms that are unique to New Zealand. Hundreds of thousands of these tiny creatures radiate luminescent light in underground caves carved by rivers and time. Take in more than 136 years of cultural and natural history on this unique excursion.

Day 5

Rotorua/Taupo

Spend a free morning in fascinating Rotorua. Opt to explore hot springs, walking past bubbling mud pits and multi-coloured pools, or go on a white-water rafting excursion. Depart Rotorua in the afternoon and travel to Taupo. Along the way stop for a visit to the mighty Huka Falls, these impressive

falls are not to be missed on the North Island. Arrive in Taupo, and experience an afternoon together sailing New Zealand's largest lake.



Meals included

Breakfast



Accommodation

Based by the Lake (or similar)

Hostel



Today's Activities

Free Time

Rotorua

With lots to see and do in Rotorua, get out and explore!

Private Vehicle

Rotorua – Taupo

1h-2h

80km

Settle in and scan the scenery from the convenience of a private vehicle.

Huka Falls

Taupo

Visit the mighty Huka falls. With more than 220,000 litres of water per second flowing over an 11 metre high waterfall, these impressive falls are an attraction not to be missed.

Taupo Sailing

Taupo

Escape from hectic life for a while and enjoy the breathtaking views from Lake Taupo. Listen to the experienced skippers and learn about the history of the lake. Give the crew a hand hoisting the sails or take a step back and soak in the views. Take a dip and swim in the crystal-clear waters of the largest freshwater lake in Australasia (weather dependent).

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Taupo

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Optional Activities - Day 5

Rotorua Canopy Tours

Rotorua

199-269NZD

3h-3h30m

Experience life among the treetops of a Kiwi forest through this one-of-a-kind nature tour. Gain a whole new perspective on the plants, animals, and insects that call this environment home, and learn about conservation efforts to protect the region's subtropical forests. Opt to book the Original Canopy Tour (3 hrs) or the Ultimate Canopy Tour (3.5 hrs).

Hot Springs

Rotorua

50-360NZD

Soak tired muscles in the area's natural hot springs and let the mineral water work its magic. Rotorua is home to a number of amazing geothermal parks – be sure you don't miss the healing and relaxing benefits of the city's naturally heated waters.

Whitewater Rafting

Rotorua

135NZD

2h-3h

Get your adrenaline fix on this exhilarating white water rafting trip. Enjoy the amazing scenery along the way, but don't forget to paddle!

Day 6

Taupo/Wellington

Hit the road to the nation's capital at the southern end of the North Island. Take in the ever-changing scenery, swap travel stories with your group, and simply reflect on your journey. The group will arrive early enough to visit the National Museum, Te Papa – home to displays of historical Maori artifacts and modern exhibits. Spend the afternoon getting to know New Zealand's capital city. The group will finish the day off with an optional night out on the town together in the central business district.

Travel to Wellington, New Zealand's capital city. Arrive early enough for a visit to the National Museum, Te Papa.

Take a short walk from our accommodation to see the sights of the central business district. Finish the day off with an optional night on the town.



Meals included

Breakfast



Accommodation

Cambridge Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Taupo - Wellington

5h-6h

375km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Wellington

Spend some time exploring the city.

ACTIVITY

Immerse yourself in the nightlife of Wellington on this night out with the group. Head to a near by bar and swap stories with your fellow travellers. Then opt to put those dancing shoes to good use as you shimmy and shake the night away with your adventure buddies by your side. There's no one cooler than this travel crew right here!



Optional Activities - Day 6

Te Papa Museum Visit

Wellington

35NZD

1h-2h

Visit this must-see museum, home to displays of historical Maori artifacts and modern exhibits. See how the museum is constructed on shock absorbers to withstand New Zealand's many earthquakes – find the stairwell just outside the entrance and descend into the foundations of the building.

Day 7

Wellington

Depart at any time.

Alas, your trip has come to an end. However, who says you have to go home? Why not add on another tour so you can keep exploring this stunning part of the world. After all, does anyone ever regret extending a vacation?



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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- Maori cultural experience
- Huka Falls
- Lake Taupo Sailboat Trip
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Surf world-famous waves, learn about Maori culture in a geothermal valley, get the adrenaline pumping in Rotorua, dance the night away in Wellington.

Itinerary Notes

Please note that most 18-to-Thirtysomethings accommodation in New Zealand is multi-share. For more info, see our Trip Details.

What are the main highlights of this trip?

Surf world-famous waves, learn about Maori culture in a geothermal valley, get the adrenaline pumping in Rotorua, dance the night away in Wellington.

Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Please note that most 18-to-Thirtysomethings accommodation in New Zealand is multi-share. For more info, see our Trip Details.

What important notes should I be aware of before the trip?

1. This tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour after your trip concludes.
2. Please be aware that wifi and internet access is not as readily available in New Zealand as in other parts of the world. There are often additional charges to connect to the internet, and speeds may be slower than what you are used to.
3. Over public holidays in Australia and New Zealand (such as Christmas, New Years Day, Easter, and Anzac Day) there may be some limitations of services and disruptions to schedules. In general our tours still operate effectively over public holidays, but there may be closures of optional activities and restaurants, and slight itinerary adjustments in order to provide all tour inclusions.

4. COMBO TRIP

Please note that this trip is a combination of multiple G Adventures tours. As such, the staff and/or particular vehicles operating your tour may change between tour segments. You may also expect some group members to join or leave the tour, between tour segments.

IMPORTANT NOTE: Bookings for the America's Cup are at either 11am, 1pm or 2pm - this is dependant on the season and availability. Please be sure to reconfirm your sailing 24 hours prior by phoning Explore (while in New Zealand): 0800 397 567 or International: +64 9 359 5987.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 20, avg 16

What meals are included in this trip?

6 breakfasts, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Please note that most included breakfasts will consist of cereal, milk, bread and spreads, juice, tea and instant coffee. Having a simple breakfast together most days allows us the flexibility to get on the road early and get from point A to B all that much faster.

What are the modes of transportation on my trip?

Private vehicle, bus, boat, kayak, walking.

How will we travel between destinations?

Our vans are mini-coaches. Occasionally with smaller group sizes we will use smaller, equally comfortable 13-seater vehicles. All mini-coaches tow a trailer for luggage and camping equipment (when needed). All groups have one CEO/Driver.

The vehicles are factory built with comfortable seats and air-conditioning. It is mandatory to wear a seatbelt while riding in our vehicles.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hostels & basic lodgings (6 nts, multi-share with 4-8 people). **All nights are multi-share on this trip.

What should I expect from the accommodations on this trip?

Multi-share accommodation is a popular style of travel in New Zealand, and it's how you'll spend most of your nights on this trip. This typically means sharing a room with 4–8 fellow travellers. Rooms are generally split by gender, and most will have shared bathroom facilities.

When staying in multi-share accommodation, we're unable to take any rooming requests.

Accommodation will vary throughout your journey – some stops may not provide towels or soap, so we recommend bringing your own. Bathroom and shower facilities are shared and are rarely en-suite.

If you prefer private accommodation, you may want to explore our tours in the Classic Travel Style.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Auckland airport (AKL), to reach your starting accommodation you can take the Skybus (departs every 10-15 minutes), the Airport Shuttle Bus or a local taxi. Please go to the airport information desk for assistance.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office and after office hours emergency number

From outside New Zealand +64 211935846

From within New Zealand: 0211935846

If you are unable for any reason to contact our local operations manager, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What are the packing guidelines and luggage restrictions?

You will be on the move a lot, so our advice is to pack as lightly as possible.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The weather in New Zealand varies depending on the season. Make sure to check the forecast for the time you will be visiting and pack weather appropriate clothing for your trip.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in New Zealand is the New Zealand Dollar (NZD).

Credit cards are accepted almost everywhere in New Zealand and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in New Zealand in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What are the tipping guidelines for this trip?

It is not customary in New Zealand to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. You would also normally tip a taxi driver or in a coffee shop for example.

Unless specifically asked to do so at the time (by your CEO) - do not tip your local guides.

At the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, you may consider a tip. A basic guideline would be 5-10 NZD per person, per day.

What activities are optional on this trip?

Auckland

- Maritime Museum Visit (24NZD per person)
- Auckland Sailing: America's Cup Experience (Pre Tour) (210NZD per person)

Waiheke Island

- Waiheke Island Excursion (62-369NZD per person)

Waitomo

- Waitomo Valley Walk (Free)

Waitomo Caves

- Waitomo Cave Excursion (99NZD per person)

Rotorua

- Rotorua Canopy Tours (199-269NZD per person)
- Hot Springs (50-360NZD per person)
- Whitewater Rafting (135NZD per person)

Wellington

- Te Papa Museum Visit (35NZD per person)

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What are the mandatory travel insurance requirements for this trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.