



## **Epic Southeast Asia: River Cruises & Karst Mountains**

40 days, Bangkok to Koh Tao

Trip code ATIS

## What's included

- Your G for Good Moment: Local Khmer Meal, Siem Reap
- Your G for Good Moment: Oodles of Noodles, Hoi An
- Your G for Good Moment: Mekong River Homestay & Traditional Performance, Muang Pakbèng
- Your G for Good Moment: Kao Thép Pitak Community-Owned Farm & Meal, Ban Ta Khun
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Big Night Out Moment: - Siem Reap, Siem Reap
- Your Discover Moment: Phnom Penh
- Your Local Living Moment: Home Meal, Chambok
- Your Discover Moment: Ho Chi Minh City
- Your Foodie Moment: Nha Trang Street Food Crawl, Nha Trang
- Your Big Night Out Moment: Reminisce Riverside, Hoi An
- Your Big Night Out Moment: Vang Vieng Nightlife, Vang Vieng
- Your Discover Moment: Luang Prabang
- Your Discover Moment: Chiang Mai
- Your Big Night Out Moment: Chiang Mai Celebration, Chiang Mai
- Your Discover Moment: Bangkok
- Your Big Night Out Moment: Beach Bar, Koh Tao
- Guided sunrise tour of Angkor Wat temple complex
- Orientation walks in Ho Chi Minh City, Hoi An, Hanoi, Phnom Penh, and Luang Prabang
- Halong Bay boat cruise with lunch
- Guided hike, sunset cruise and waterfall excursion in Laos
- Slow boat up the Mekong
- Four street food crawls in different cities
- Internal flight
- Visit to Chiang Mai night market
- Hilltribe trek
- Bamboo rafting
- Lake Cheow Lan Excursion
- Full-day snorkelling trip from Ko Tao
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the

coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing September 10th, 2025 and onwards

## Itinerary



### Itinerary Notes

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Bangkok

Arrive at any time and welcome to Thailand's bustling capital - Bangkok!

Tonight, meet your CEO and get to know fellow travellers as you cheers to new adventures.

You must arrive on tour with your Vietnamese visa. See the Visa section of the Tour Details for more information and exceptions.



### Accommodation

New Siam 2 (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

Day 2

## Bangkok/Siem Reap

Fly from Bangkok into Cambodia to Phnom Penh. Then drive to Siem Reap, your home base for exploring the city and the incredible Angkor Wat. Opt to check out Phare Circus tonight, a uniquely Cambodian experience.

Prefer to plan ahead? Pre-book the "Phare Circus" activity when booking your tour to include this exciting activity in your itinerary.

Due to the current border closer between Thailand and Cambodia, the drive from Bangkok Siem Reap is currently replaced with a flight from Bangkok to Phnom Penh, followed by a drive to Siem Reap. When the border reopens, the itinerary will resume as normal with the drive from Bangkok to Siem Reap.



### Meals included

Breakfast



### Accommodation

Garden Village Siem Reap (or similar)

Guesthouse



### Today's Activities

Plane

Bangkok - Phnom Penh

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Phnom Penh - Siem Reap

6h-7h

320km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Siem Reap

Enjoy free time and see the Phare Circus.



## Optional Activities - Day 2

Phare Circus

Siem Reap

Enjoy a stellar performance by Phare, a unique and socially conscious circus that injects Cambodian culture and history into its inspiring shows. See acrobatics, contortion, and aerial arts melded with theatre, modern dance, and more. Take in stories of war, relationships, and discrimination, inspired by the real-life experiences of Phare's creators and performers.

Watch the sun rise over the majestic and mystifying ruins of Angkor Wat. Then, taste all manners of salty, sweet, spicy, and sour with a delicious Khmer meal at a restaurant kickstarted by our non-profit partner, Planeterra, or with a local family. Later, head to the infamous Pub Street, where the party goes round the clock. Grab a bite to eat (deep-fried tarantula, anyone?) and let the beats move you through market stalls and bars.

---



## Meals included

Breakfast | Lunch

---



## Accommodation

Garden Village Siem Reap (or similar)

Guesthouse

---



## Today's Activities

Angkor Wat Guided Tour

Angkor Wat

Enjoy a tour of the impressive ancient ruins with a local guide. Explore magnificent Angkor Wat temple--Visit the enigmatic faces of Bayon within the walled city of Angkor Thom, and tour Ta Prohm (aka the "Tomb Raider" temple), which is slowly being swallowed by the jungle.

### ACTIVITY

Depending on the day of the week your tour visits Siem Reap, you will either enjoy a traditional meal at the G Adventures-supported New Hope project or in a local home in a nearby village. With so many travellers coming through this area, alternating experiences helps to allow multiple small businesses to flourish. Both experiences are truly unique and memorable.

The New Hope Vocational Training Restaurant, an initiative kickstarted by G Adventures, provides skill-building opportunities to marginalized community members. The project also funds the adjacent free community school and health centre. Meals at Phila's house support the education of underprivileged children in the area. Visit either project - both run by locals - and see how they have supported positive change in the community.

### ACTIVITY

Head out for the evening and sample some insects, if you so desire. Cheers to all the life-changing adventures with newfound friends and dance the night away!

---



### Optional Activities - Day 3

Angkor Museum Visit

Siem Reap

12USD

Learn about the story of Angkor and the Khmer empire at the interactive Angkor Museum. Explore the museum's inspiring galleries and interactive technology, which bring Angkor's past to life. Opt to rent an audioguide (5USD) for the full experience.

Tonle Sap Floating Village

Siem Reap

25-30USD

Tour the floating villages of Tonlé Sap. See what life is like living on a lake – rice planting, attending churches and school, are all done on top of water. (Please note: this activity runs seasonally.)

Day 4

## Siem Reap/Phnom Penh

Travel to Phnom Penh, Cambodia's busy capital nestled along the mighty Mekong River. Get your bearings on an orientation walk and spend the rest of the evening at leisure.

---



### Meals included

Breakfast

---



### Accommodation

Rose Emerald Hotel (or similar)

Hotel

---



### Today's Activities

Local Bus

Siem Reap - Phnom Penh

6h-7h

Climb aboard, grab a seat, and enjoy the ride.

For the bus ride, it is best to have your earplugs ready if you are not a fan of loud Khmer pop music! Also, have a layer available in case the air-conditioning is up too high.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Day 5

## Phnom Penh

Spend the day diving deep into Phnom Penh's culture and history. Opt to reflect on one of Cambodia's darkest periods with a visit to the Tuol Sleng Prison and the Killing Fields. Or venture to the Silver Pagoda or Royal Palace for a more peaceful experience. Later, discover the foodie side of this city on a street food crawl.

Phnom Penh can be confusing and we recommend to always keep a hotel card with you when you are exploring.



### Meals included

Breakfast



### Accommodation

Rose Emerald Hotel (or similar)

Hotel



### Today's Activities

Free Time

Phnom Penh

Free time to tour the sites of Phnom Penh.

Street Food Crawl - Phnom Penh

Phnom Penh

1h

Bring your appetite and your wallet. The CEO will bring the group to the best spots to eat and teach everyone about the local street food. Yum!



### Optional Activities - Day 5

National Museum Visit

Phnom Penh

10USD

Wander the galleries of the National Museum to see amazing works of art from Cambodia's "golden age" of Angkor. Visit the museum's lovely courtyard before you leave.

Silver Pagoda Visit

Phnom Penh

10USD

Tour the Royal Palace complex to see the neighboring Silver Pagoda (aka the Temple of the Emerald Buddha). See the many magnificent treasures inside this beautiful vihara (Buddhist monastery), including its floor lined with more 5,000 tiles of silver.

Tuol Sleng Museum (S-21 Prison) & Choeung Ek (Killing Fields) Half-Day Guided Tour

Phnom Penh

22-26USD

Tour these sombre, yet serene, sites with a guide. Learn about the dark history and devastation that occurred at Security Prison 21 (S-21). Used by the Khmer Rouge regime, it is now Tuol Sleng Museum. Visit the killing fields of Choeung Ek, where the grounds now stand as a powerful memorial filled with victims' skulls and mass graves.

Day 6

## Phnom Penh/Koh Rong

Ride in style to Sihanoukville and board a boat to your own private beach on Koh Rong island. Take the afternoon to taste local seafood, or sit back and relax with a drink before hitting the warm waves.

Please note that during monsoon season (between June to October), this itinerary may be subject to change based on weather conditions. If heavy rains and flooding prevent our boat from safely travelling to Koh Rong island, we will provide alternate activities and accommodations in a nearby town.



### Meals included

Breakfast



### Accommodation

Onederz Hostel Koh Rong (or similar)

Hostel



### Today's Activities

Private Vehicle

Phnom Penh - Sihanoukville

4h-5h

Settle in and scan the scenery from the convenience of a private vehicle.

This bus has public karaoke, so best to bring earplugs if you'd like to relax on the journey.

Ferry

Sihanoukville - Koh Rong

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Day 7

## Koh Rong

Enjoy your last full day on this pristine island. Do anything you might have missed the day before, like fishing, hiking, or kayaking.

---



### Accommodation

Onederz Hostel Koh Rong (or similar)

Hostel

---



### Today's Activities

Free Time

Koh Rong

Free time to enjoy paradise and hang around on the beach.

Day 8

## Chambok Homestay

Head back to the mainland and journey to Chambok Village where you'll spend the night and get to know the local people over a delicious Cambodian home cooked meal. Immerse yourself in the community and wander around this remote region.



### Meals included

Dinner



### Accommodation

Chambok Homestay (or similar)

Homestay

Accommodations at this property are multi-share.



### Today's Activities

Ferry

Koh Rong - Sihanoukville

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Sihanoukville - Chambok

1h30m-2h

185km

Settle in and scan the scenery from the convenience of a private vehicle.

#### ACTIVITY

Enjoy a delicious home-cooked meal served at a local residence – it's a great way to peek into day-to-day regional living.

Day 9

## Chambok Homestay/Ho Chi Minh City

Cross the border into Vietnam, stopping in the famed Ho Chi Minh City where you'll spend the night at a popular backpackers hostel. Take this chance to visit the Ben Thanh Market for souvenirs and handicrafts before taking in the buzzing nightlife. Choose to venture to one of the many rooftop bars for a panoramic view and live music.



### Meals included

Breakfast



### Accommodation

Phan Anh Backpackers Hostel (or similar)

Hostel

Spend the night in Ho Chi Minh city's backpacker district. Walk to nearby Bui Vien Street where people come to eat, drink and experience the city's vibrant nightlife, or visit the Cho Thai Binh market right next to the hostel for tasty local specialties. Accommodations at this hostel are multi-share.



### Today's Activities

Private Vehicle

Chambok - Bavết

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Cambodia - Vietnam)

Bavết - Mộc Bài

Ready for a little more ink in your passport? Get ready to cross another country off your bucket list.

Local Bus

Mộc Bài - Ho Chi Minh City

Climb aboard, grab a seat, and enjoy the ride.

Day 10

## Ho Chi Minh City/Nha Trang

Feel the pulse of Vietnam's biggest city on a CEO-led orientation walk, with free time after to double back to your favourite spots. Shop 'til your heart's content, immerse yourself in local culture, or just wander the streets to take in the city's unique vibe. Tonight, catch up on sleep on an overnight train to Nha Trang.

During January/February, Tết (the Vietnamese Lunar New Year) sees millions of Vietnamese commute to be with their families and celebrate. While this is a fascinating time to travel through Vietnam, availability of transport may mean that we will replace the overnight train with an overnight bus.



### Meals included

Breakfast



### Today's Activities

Free Time

Ho Chi Minh City

Use your free time as you want in vibrant Ho Chi Minh City. Shop 'til your heart's content, immerse yourself in local culture, or just wander the streets to take in the city's unique vibe.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Basic Overnight Train (beds)

Ho Chi Minh City - Nha Trang

10h-11h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.



### Optional Activities - Day 10

### Dam Sen Water Park Visit

Ho Chi Minh City

4USD

Get away from the hustle and bustle of Ho Chi Minh City at this nearby water park. A lush setting and refreshing water make Dam Sen the perfect place for the whole family to cool off and have some fun— splash around or take a ride down one of the slides.

### Ben Thanh Market

Ho Chi Minh City

Wander this bustling market for more insight into Ho Chi Minh City. Pick up souvenirs, sample local cuisine, and experience local living. Learn a little history along the way; Ben Thanh started as a cluster of street vendors selling wares by the Saigon River, and was formalized into a true market in 1859.

### Cholon Visit

Ho Chi Minh City

Take in the busy rhythm of daily life in Cholon, the Chinatown of Ho Chi Minh City. Tour the area full of teahouses, pagodas, and people, and learn a little more about the unique culture within the city.

### Cu Chi Tunnels Guided Tour

Củ Chi

25-27USD

Take a guided tour of the Cu Chi Tunnels, a complex network of tunnels that the Viet Cong lived in to protect themselves from opposing forces during the Vietnam War. Try crawling through some of the tunnels (if you're not claustrophobic). These tunnels stored ammunition, had underground hospitals, and served as a hidden base for attacking allied forces.

### Reunification Palace Visit

Ho Chi Minh City

2USD

Wander the historic halls of the Reunification Palace (Independence Palace), a landmark in Ho Chi Minh City. This former home of the South Vietnamese president during the Vietnam War became the location of the end of the war when a North Vietnamese tank pushed through the palace gates on April 30, 1975.

### War Remnants Museum Visit

Ho Chi Minh City

2USD

Visit the War Remnants Museum, a gut-wrenching but worthwhile experience that includes three storeys of exhibits and military hardware. Learn about the devastation that occurred in Saigon during the Vietnam War, a period that greatly contrasts the joy and liveliness of the Vietnamese people today.

### Ho Chi Minh City Cyclo Tour

Ho Chi Minh City

10USD

Take a city tour on a cyclo (cycle rickshaw) – a great way to absorb the sights, sounds, and smells of Ho Chi Minh City while keeping your hands free for that camera action.

Day 11

## Nha Trang

You've arrived! Welcome to the eastern sea. Take this morning to explore local shops and markets, rejuvenate in a therapeutic mud bath, relax on the beach, or visit nearby historical sites before an evening street food crawl.



### Accommodation

Bondi Backpackers Nha Trang (or similar)

Hostel

Take in the city views while floating in the rooftop pool or chill out by the rooftop bar. Get the best of both worlds here by being close to the beach with exclusive access to the hotel lounge. Accommodations at this hostel are multi-share.



### Today's Activities

Free Time

Nha Trang

Spend your free time in this scenic resort town any way you want – go for a spa treatment, cycle around the city or just kick back and relax on a white sand beach.

#### ACTIVITY

Bring your appetite and your wallet. The CEO will bring the group to the best spots to eat and teach everyone about the local street food. Yum!



### Optional Activities - Day 11

Snorkelling

Nha Trang

Book a snorkelling day trip near one of the local tropical islands. Grab a snorkel and explore Nha Trang Bay's underwater world.

Nha Trang Boat Tour and Snorkelling

Nha Trang

29USD

Board a boat in the morning at Nha Trang's harbour for hours of fun. Begin with a visit to an island fishing village to take in daily life by foot, then take a ride in a basket boat. Afterwards, go for a swim or snorkel. Relax on the beach before heading back to Nha Trang.

Mud Bath Visit

Nha Trang

20USD

Take a relaxing dip in the therapeutic mud baths of Nha Trang. Thought to possess healing properties, the mud baths are the perfect place to unwind.

Day 12

## Nha Trang/Da Nang

It's not over yet. There's more free time to explore Nha Trang today, so soak it all in. Then, hop on an overnight train to continue to Hoi An, stopping first in Da Nang for a short transfer.



### Meals included

Breakfast



### Today's Activities

Free Time

Nha Trang

Spend your free time in this seaside resort town any way you want – go for a spa treatment, cycle around the city or just kick back on a white sand beach.

Basic Overnight Train (beds)

Nha Trang – Da Nang

9h-10h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.



### Optional Activities - Day 12

Snorkelling

Nha Trang

Book a snorkelling day trip near one of the local tropical islands. Grab a snorkel and explore Nha Trang Bay's underwater world.

Nha Trang Boat Tour and Snorkelling

Nha Trang

29USD

Board a boat in the morning at Nha Trang's harbour for hours of fun. Begin with a visit to an island fishing village to take in daily life by foot, then take a ride in a basket boat. Afterwards, go for a swim or snorkel. Relax on the beach before heading back to Nha Trang.

Hoi An's excited to meet you. See why on an orientation walk of the city before spending free time in the afternoon. Dig even deeper and choose between a cooking class, cycling to the beach, visiting a tailor, or exploring old town. Tonight's the night for your big night out, to reminisce about your favourite adventures so far. Then dance the night away!

From Danang, it is only a short drive to the picturesque port town of Hoi An. Once known as Faifo, it was an important trading town with strong south Chinese influence and connections.



## Accommodation

Dolphin Hostel Hoi An (or similar)

Hostel



## Today's Activities

Private Vehicle

Da Nang - Hoi An

45m-1h

28km

Settle in and scan the scenery from the convenience of a private vehicle.

Hoi An Orientation Walk

Hoi An

Join your CEO on a stroll through the winding streets of Hoi An's Old Town and spot Chinese assembly halls, historic homes, and well-preserved pagodas along the way. (Entrance fee to Hoi An's Old Town is not included)

Free Time

Hoi An

Get out and explore this beautiful city.

### ACTIVITY

Follow your CEO to the best riverside bar in Hoi An to celebrate new adventures with new friends. Grab a drink and reminisce about your favourite experiences thus far. Later, venture to the dance floor, take advantage of the drink specials, and make it a night to remember!



## Optional Activities - Day 13

## Tailor Shops

Hoi An

Go home with some new (handmade!) clothes from one of Hoi An's famous tailor shops. Walk the streets lined with hundreds of local shops that turn out gorgeous suits, dresses, winter coats, shoes, purses - almost anything - in a day's time to create next season's wardrobe.

## Cua Dai Beach

Hoi An

Play in the surf at Cua Dai beach about 4km (2.5 mi) away from the Old Town. Make your own picnic of local food and rest under one of the palm trees lining the shore.

Day 14

## Hoi An

Noodles might be fun to eat, but they're even more fun to make. Find out how during a visit to G Adventures-supported Oodles of Noodles. The rest of the day is yours, so see what you can discover. Choose to visit the ancient ruins of My Son, a UNESCO World Heritage Site, or cruise down the Thu Bon River.



### Meals included

Breakfast | Lunch



### Accommodation

Dolphin Hostel Hoi An (or similar)

Hostel



### Today's Activities

#### ACTIVITY

Try some of the oodles of noodles (more than 26 types!) available in the city in this tasty cooking class. Run by our G for Good partners, STREETS International, this class was developed exclusively for G Adventures. Former street youth that are part of this hospitality training program, will help you prepare and cook a number of different types of noodles. This program helps these youth practice their English, increasing their skill-set and opportunities available to them in the tourism industry. Enjoy your yummy creations while learning more about the local cuisine and this initiative which empowers street youth through skills and employment training.

Free Time

Hoi An

Enjoy some free time in Hoi An any way you want. Check out the beach, take in some local culture or purchase some custom-made clothing from one of the talented tailors in town.



### Optional Activities - Day 14

Hoi An Old Town Walking Tour

Hoi An

6USD

2h-3h

Stroll through the narrow winding streets of Hoi An's old town to see Chinese assembly halls, ancestral homes, The Japanese Covered Bridge, and well-preserved pagodas on this self-guided tour. Opt to try local delicacies and fusion food at one of the restaurants for which Hoi An is becoming famous.

Tailor Shops

Hoi An

Go home with some new (handmade!) clothes from one of Hoi An's famous tailor shops. Walk the streets lined with hundreds of local shops that turn out gorgeous suits, dresses, winter coats, shoes, purses – almost anything – in a day's time to create next season's wardrobe.

Cua Dai Beach

Hoi An

Play in the surf at Cua Dai beach about 4km (2.5 mi) away from the Old Town. Make your own picnic of local food and rest under one of the palm trees lining the shore.

Hoi An Bike and Boat Tour

Hoi An

Enjoy a peaceful exploration of the villages around Hoi An, cycling through rice paddies and along narrow country lanes. Take advantage of this tour – it includes a boat trip through the water palm forest and a visit to the farming village of Tra Que.

Thu Bon River Boat Trip

Hoi An

12USD

The Thu Bon River plays an important part in Hoi An's history and culture. Take a trip down the Thu Bon by river boat for an alternative tour of the city.

Mỹ Sơn Excursion

Mỹ Sơn

38USD

Travel approximately one hour from Hoi An to arrive at My Son. Tour these Hindu temples built between the fourth and 14th centuries; the site is widely accepted as one of the most important Hindu temple complexes in Southeast Asia. Learn about the architectural style and history of a site that's often compared to Angkor Wat in Cambodia and Bagan in Burma. Please note this optional activity is a half-day and includes a guide, transportation, and the entrance fee.

Hoi An Cooking Class

Hoi An

35USD

Take a cooking class to learn more about Vietnamese food and its distinct flavours. Tour the local market to buy fresh ingredients before preparing some popular regional dishes. Enjoy your creations when you're done!

Day 15

## Hoi An/Huế

Head north to the Imperial City of Huế. There's lots to do here, with options to visit the indestructible Royal Citadel and tombs, cruise along Perfume River, or jump on a motorbike and ride around like the local people.

Pre-book the "Hue Motorbike Tour" on the checkout page ahead of time to include this speedy activity on your tour.



### Meals included

Breakfast



### Accommodation

DMZ Hostel (or similar)

Hostel

The spot in Hue where all travellers come to meet. Come for the vibes and stay for the pizza and beers. Super close to the river and situated between tons of shops, bars, and restaurants, this spot has something for everyone. Accommodations at this hostel are multi-share.



### Today's Activities

Private Vehicle

Hoi An - Huế

4h

137km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Huế

Enjoy your free time in Hue any way you want. Shop, eat, wander or relax - whatever suits your fancy.



### Optional Activities - Day 15

Imperial Citadel Tour

Huế

7USD

Tour this one-time capital city and UNESCO World Heritage site. See the walled fortress and former palace, which has many palaces, gateways, courtyards, and gardens to explore. The Forbidden Purple City (modelled on China's Forbidden City) inside the citadel was once home to the imperial family and was significantly damaged during the Vietnam War.

Thien Mu Pagoda Visit

Huế

Visit Tien Mu, one of the tallest and, perhaps, most elegant pagodas in Vietnam, at seven storeys high. Take a step back in time touring this historic temple - built more than 400 years ago along the north shore of the Perfume River, it has been the site of many political protests.

Perfume River Cruise

Huế

10USD

Enjoy this scenic evening cruise down the Perfume River. Shoot some memorable photographs and, perhaps, enjoy a nice cool breeze off the water.

Royal Tombs Entry

Huế

5USD

Visit the Royal Tombs along the Perfume River in Hue. Embracing the concept of Feng Shui, these tombs are extremely ornate and provide fantastic insight into the lives of the former rulers.

Cycling

Huế

10USD

Take to two wheels to see a true highlight of Hue - the countryside. See rural Vietnam, its villages, and cottage industries too.

Hue Motorbike Tour

Huế

Grab a helmet, hop on a motorbike driven by your experienced local guide, and get ready for a crash course in authentic Viet culture. Spend the next four hours exploring the stalls of a local market, admiring the view of the Perfume River, learning to plough and make rice, creating your own incense sticks, and seeing the most iconic local sights. Don't forget to bring your camera!

Day 16

## Huế/Phong Nha

Your second day in Huế comes with more free time to enjoy the city. In the afternoon, travel through Vietnam's stunning countryside to the green rocky mountains of Phong Nha-Kẻ Bàng National Park.



### Meals included

Breakfast



### Accommodation

Sai Gon Phong Nha Hotel (or similar)

Hotel



### Today's Activities

Free Time

Huế

Enjoy your free time in Hue any way you want. Shop, eat, wander or rest - whatever suits your fancy.

Private Vehicle

Huế - Phong Nha

4h

215km

Settle in and scan the scenery from the convenience of a private vehicle.



### Optional Activities - Day 16

Hue City Tour

Huế

Take a tour of this imperial city to see the Thiên Mụ Buddhist pagoda, the tallest religious building in the country, the Japanese bridge, and the tombs of the emperors. Visit the Dong Ba Markets for local specialties such as banh khoai (savory pancakes) and banh bot loc boc tom thit (thin rice paper filled with meat and shrimp).

Thien Mu Pagoda Visit

Huế

Visit Tien Mu, one of the tallest and, perhaps, most elegant pagodas in Vietnam, at seven storeys high. Take a step back in time touring this historic temple - built more than 400 years ago along the north shore of the Perfume River, it has been the site of many political protests.

Cycling

Huế

10USD

Take to two wheels to see a true highlight of Hue – the countryside. See rural Vietnam, its villages, and cottage industries too.

Perfume River Cruise

Huế

10USD

Enjoy this scenic evening cruise down the Perfume River. Shoot some memorable photographs and, perhaps, enjoy a nice cool breeze off the water.

Imperial Citadel Tour

Huế

7USD

Tour this one-time capital city and UNESCO World Heritage site. See the walled fortress and former palace, which has many palaces, gateways, courtyards, and gardens to explore. The Forbidden Purple City (modelled on China's Forbidden City) inside the citadel was once home to the imperial family and was significantly damaged during the Vietnam War.

Day 17

## Phong Nha/Hanoi

Today, opt to head underground to explore the awe-inspiring caves of Phong Nha-Kẻ Bàng National Park, where the oldest karst mountains and longest cave in Asia are found. Then it's an overnight train to Hanoi.

Pre-book the full-day Caving in Phong Nha adventure to explore the longest cave in Asia, Paradise Cave, with massive stalactites. Enjoy a sumptuous Vietnamese lunch, then boat to the turquoise beach of Phong Nha Cave.



### Meals included

Breakfast



### Today's Activities

Free Time

Phong Nha

Enjoy your free day. We recommend visiting the region's famous caves!

Basic Overnight Train (beds)

Phong Nha - Hanoi

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.



### Optional Activities - Day 17

Caving in Phong Nha

Phong Nha

8h-9h

10-20km

Explore the longest cave in all of Asia - Paradise Cave - by walking the boardwalks and awe at the massive white crystal stalactites. After an authentic Vietnamese lunch, board a dragon boat which will take you to the turquoise waters in Phong Nha Cave where you'll disembark on the caves beach and wander freely throughout the natural wonder.

Day 18

## Hanoi/Ha Long

After arriving in Hanoi, the bustling capital of Vietnam, take a private bus to the iconic Halong Bay for a seafood lunch cruise and cave exploring. Be sure to charge your camera so you can grab a shot truly worth sharing!



### Meals included

Breakfast | Lunch



### Accommodation

Halong Centrica Hotel (or similar)

Hotel



### Today's Activities

Ha Long Bay Junk Boat Trip

Ha Long Bay

Come aboard a sailing junk to cruise past thousands of limestone islands and karsts that rise from the waters of Halong Bay. See the intricate caves and beauty of the islands up close. Enjoy a seafood lunch and a visit to one of the island's caves before transferring to the mainland for our overnight stay.

On rare occasion Halong Bay is closed to tourist vessels by the government authorities due to extreme weather conditions. Should this occur, an alternate activity will be provided.

Private Vehicle

Hanoi - Ha Long

4h

Settle in and scan the scenery from the convenience of a private vehicle.



### Optional Activities - Day 18

Kayaking

Ha Long Bay

10USD

1h-2h

Transfer from boat to kayak in this guided water tour, giving you the chance to get even closer to the stunning natural surroundings.

Day 19

## Hạ Long Bay/Hanoi

Feel like you've gone back in time with an orientation walk through Hanoi's Old Quarter. Then stop for a drink at Bia Hoi Corner, a spot that serves bia hoi, a local beer made of rice and wheat - and costs a mere \$0.25USD per glass!

Interested in local cuisine? Opt to pre-book the "Hanoi Foodie Culture Tour" activity on the checkout page ahead of time, to include this yum on your tour.



### Meals included

Breakfast



### Accommodation

Anise Hotel Hanoi (or similar)

Hotel



### Today's Activities

Private Vehicle

Hạ Long Bay - Hanoi

4h

Settle in and scan the scenery from the convenience of a private vehicle.

Old Quarter Orientation Walk

Hanoi

Take an orientation walk through Hanoi's Old Quarter, a maze of streets, each one traditionally devoted to a different product or industry. Each street is named after the trade practiced on that street for several generations; it's an interesting glimpse into the life of a Hanoian in one of the oldest parts of town. Need a rest? Stop at Bia Hoi corner and pull up a plastic stool. Drink the local brew with the locals and make new friends.

Free Time

Hanoi

Get out and explore Hanoi.



### Optional Activities - Day 19

### Tran Quoc Pagoda Visit

Hanoi

Visit one of the oldest pagodas in Vietnam located on the eastern shore of Tay Ho. Learn about Tran Quoc's history from the 17th-century stela found on site. View it later in the day, if you can – the tall structure is striking against the setting sun.

### Hoan Kiem Lake Walk

Hanoi

Take a break from city strolling and wander down by Hoan Kiem Lake. Walk along the water's vibrant shoreline for some prime people watching. See if you can spot one of the famous 100-year-old turtles, which may still live in the popular lake.

### Temple of Literature (Văn Miếu) Visit

Hanoi

Visit this sprawling temple built to honour Confucius, sages, and scholars. Dedicated to learning, it housed the country's first university in 1076. Explore its five courtyards, containing various gates, altars, sanctuaries, shrines, the stelae of doctors, and the Well of Heavenly Clarity.

### Thăng Long Water Puppet Theatre Performance

Hanoi

200000VND

Watch a traditional Vietnamese water puppet show with beautiful live music and intricate puppets dancing in a water stage.

### Hanoi Foodie Culture Tour

Hanoi

1-2km

Indulge your inner foodie with a street food tour through bustling Hanoi. Follow your guide through the back streets and markets of the city's old quarter, sampling local fare along the way. Mingle with city natives and experienced street food artists alike, as you taste a variety of Hanoi faves like “nem ran” and “banh goi.” Stop at a streetside bar to savour a draught beer like Hanoians do. Cap off the tour at the Hanoi Food Culture restaurant, a G Values Fund Project, and try the city's signature specialty coffee.

Day 20

## Hanoi/Vientiane

Explore a bit of Hanoi in the morning before an afternoon flight to Vientiane, the capital of Laos. There is a wealth of cultural delights to discover - on foot, by bicycle or, for the less energetic, by tuk-tuk.

Visit Laos' most important national monument, Phat That Luang, or meander down the dusty riverside tracks to find villages full of friendly people, dogs, and chickens. A visit to Vientiane's vibrant, colourful morning market (which incidentally is open all day!) is worthwhile, to find plenty of local treasures. A great way to round off the day is to enjoy a spectacular sunset over the Mekong.



### Meals included

Breakfast



### Accommodation

Vientiane Garden Boutique Hotel (or similar)

Hotel



### Today's Activities

Free Time

Hanoi

Explore Hanoi on foot, by bicycle or by tuk-tuk.

Plane

Noi Bai International Airport - Wattay International Airport

1h15m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Vientiane

Set out and explore the capital of Laos.



### Optional Activities - Day 20

Wat Pha That Luang Visit

Vientiane

1USD

See Laos' national symbol and most important sacred monument, Pha That Luang (Great Stupa), completely covered in gold leaf. Every November, devoted Buddhists come here to celebrate Vientiane's most important festival, Bun That Luang, with parades, music, and religious ceremonies.

Buddha Park

Vientiane

1USD

Travel approximately half an hour from the city to visit Vientiane's famous Buddha Park, or Xieng Khuan as it is otherwise known. Marvel at the scale and detail of the hundreds of religious statues that inhabit the park, including a 40 metre high statue of Buddha. Please note that transportation to Buddha Park will cost an additional \$50.

National Museum Visit

Vientiane

4USD

Learn about the history, culture, and people of Laos at the National Museum, including the story of the Pathet Lao. See exhibits containing ancient items ranging from dinosaur bones to early Khmer sculptures.

Wat Sisaket Visit

Vientiane

1USD

Visit one of Vientiane's oldest and most fascinating temples featuring a cloister wall filled with thousands of Buddha images.

Day 21

## Vientiane/Vang Vieng

Travel to Vang Vieng, a small town nestled among striking limestone karsts and the Song River. Take a guided hike to a famous local view point for incredible views of the valley – no filter necessary. This evening, enjoy a night out to celebrate new adventures with new friends. Cheers to keeping life exciting!



### Meals included

Breakfast



### Accommodation

Thavisouk Riverside Hotel (or similar)

Hotel



### Today's Activities

Private Vehicle

Vientiane – Vang Vieng

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Vang Vieng Guided Hike

Vang Vieng

1h-2h

Set off on a guided hike to Pha Ngeun, the highest viewpoint in Vang Vieng. Enjoy beautiful views of the valley below, surrounded by rice paddies.

#### ACTIVITY

Follow your CEO to the best bar in town to celebrate new adventures with newfound friends. Enjoy a night out and immerse yourself in the Vang Vieng nightlife. Try your hand at some games, enjoy the music, and dance the night away.

Day 22

## Vang Vieng

Get the most out of Vang Vieng with a day to freely explore. Check out the caves by bicycle or trek through the countryside. Choose to kayak through Tham None cave and venture to the Blue Lagoon by booking the adrenaline bundle.

Pre-book the "Vang Vieng Adrenaline Bundle" on the checkout page ahead of time to include this excitement on your tour.



### Meals included

Breakfast



### Accommodation

Thavisouk Riverside Hotel (or similar)

Hotel



### Today's Activities

Free Time

Vang Vieng

Set off and explore the beautiful Vang Vieng area, or relax to your heart's content.



### Optional Activities - Day 22

Hiking

Vang Vieng

Set off along the banks of the river to explore nearby caves, countryside and meet local villagers to find out more about their way of life.

Bike Rental

Vang Vieng

4USD

Rent a bike and explore the countryside.

Vang Vieng Adrenaline Bundle

Vang Vieng

Head North of Vang Vieng where you'll grab a kayak and depart downstream on the NamSong river. Passing greenery, mountain karst, and small rapids, you'll arrive at the Tham None cave. Adventure

through the cave to the other side of the mountain where you will enjoy lunch before continuing on towards Vang Vieng. The last stop will be at the infamous Blue Lagoon; swim or hang out along the banks after an afternoon of adventure before heading back to the town.

Kayaking

Vang Vieng

25USD

Explore the stunning landscape of Vang Vieng by kayak, a great way to see the caves and wildlife in the area.

Caving

Vang Vieng

Explore some of the many caves in the area. Some have lagoons for tubing in the dark or smooth terrain perfect for walking through. Ask your CEO for recommendations on which cave to visit for the best time.

Day 23

## Vang Vieng/Luang Prabang

Continue to colourful Luang Prabang and make your first acquaintance with this ancient city during an afternoon orientation walk. Afterward, embark on a short trek up sacred Mount Phousi, climbing the stone stairs with scaly golden handrails, past the monks quarters and Buddha's footprint cave, to reach the temple at the top - Wat Phousi. Enjoy a 360-degree view of the sun setting upon Luang Prabang and the Mekong River before an evening street food crawl.

---



### Meals included

Breakfast

---



### Accommodation

Flora by Sanakeo Hotel (or similar)

Hotel



## Today's Activities

Sunset at Wat Phousi

Luang Prabang

Watch the sunset from Luang Prabang's number one hilltop temple, Wat Phousi, with a 360-degree view of the city and Mekong River.

Street Food Crawl

Luang Prabang

Bring your appetite and your wallet. The CEO will bring the group to the best spots to eat and teach everyone about the local street food. Yum!

Bullet Train

Vang Vieng - Luang Prabang

1h8m

132km

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Day 24

## Luang Prabang

Skip sleeping in to watch the monks walk through town before dawn. Dressed in saffron robes, they receive daily alms from local residents. Then, visit the Kuang Si waterfalls on a guided excursion before free time in the evening.

Traditional Laotian culture involves giving daily alms to monks. Monks are only allowed to eat food which has been donated to them before noon. Should you rise early, you'll get to watch one of the most important religious ceremonies in Laos.



### Meals included

Breakfast



### Accommodation

Flora by Sanakeo Hotel (or similar)

Hotel



### Today's Activities

Kuang Si Waterfalls Excursion

Kuang Si Falls - Luang Prabang

Journey to this magnificent tiered waterfall, where relaxing is highly recommended. Opt for a dip in the turquoise waters and explore multiple picture-perfect pools, framed by the jungle landscape.



### Optional Activities - Day 24

Phousi Temple Visit

Luang Prabang

20000LAK

Climb more than 300 steps to the top of Mount Phou Si for a panoramic view of the sunset over Luang Prabang. Ornate Buddhist shrines dot the pathway up and the glistening seven-tiered golden pagoda of Wat Chom Si awaits at the summit.

Royal Palace Museum Visit

Luang Prabang

60000LAK

The ornate rooms of this royal palace-turned-museum house the country's crown jewels, many religious artifacts, and a 50kg (110 lb) Buddha, cast of gold, silver and bronze. Gifts from visiting heads of state are on display, as are the beautiful silk screens crafted by the Queen.

Wat Xieng Thong Visit

Luang Prabang

20000LAK

Once a royal temple where Kings were crowned, the importance of this 16th-century Buddhist temple as a religious monastery is not lost on visitors. Wat Xieng Thong stands resplendent among shrines, pavilions, chapels, towers and gardens, and its gilded wooden doors, mosaics, and ceiling displays are representative of typical Laos art and craft.

Traditional Arts and Ethnology Centre Entry

Luang Prabang

35000LAK

Take an independent tour of the Traditional Arts and Ethnology Centre (TAEC) to learn about the traditional arts and cultures of Laos's many diverse ethnic groups. Shop in the TAEC Boutique for authentic village-made handicrafts and relax with a drink at the museum café.

Wat Visoun Temples Visit

Luang Prabang

20000LAK

Originally built in 1513 and still operational, Wat Visoun is Luang Prabang's oldest temple. Over the years invaders stole many of its priceless Buddha images, but this temple still offers some unusual architecture like the domed lotus flower stupa, designed by a royal and affectionately called "The Watermelon Stupa."

Cooking Class

Luang Prabang

35USD

Enjoy the sights and smells of fresh produce, local spices and exotic ingredients and learn the secrets of Laotian cuisine.

Ock Pop Tok Living Crafts Centre Visit

Luang Prabang

Free

Visit Ock Pop Tok "East Meets West" Living Crafts Centre on the banks of the Mekong River to learn from artisans about Laos handicrafts and the importance of woven textiles in Laos culture. Wander around the grounds for free, for opt to enjoy a drink in the cafe, join a workshop, or take an audio tour.

Alms-giving in Luang Prabang

Luang Prabang

Rise early and watch the daily dawn ceremony of saffron-robed monks walking through town to receive alms from local residents. Residents prepare food for the monks to subsist on. Seeing this custom is a beautiful way to gain some insight into the local culture and Buddhist religion. Please be respectful and quietly observe.

Day 25

## Luang Prabang/Pak Beng

The Mekong never looked so welcoming. Board a long, cozy houseboat that will take you on a two-day journey up the Mekong River en route to Chiang Khong in Thailand. Today, cruise to a village homestay for the night, where you will enjoy dinner with your hosts, experience a traditional Khamu Cultural Performance, and dance with the locals.



### Meals included

Breakfast | Dinner



### Accommodation

Ban Huay Thum Homestay (or similar)

Homestay



### Today's Activities

Mekong River Slow Boat

Luang Prabang - Muang Pakbèng

8h-10h

Enjoy the ride down the Mekong River on our private boat (it's pretty comfortable and spacious, and there's a toilet on board). Have some fruit, tea, and coffee (free of charge); water and soft drinks are available for purchase.

#### ACTIVITY

G Adventures and the Planeterra Foundation have worked with a community in the Mekong River to help develop their homestay programs, providing a unique cultural experience for travellers and the local community.

Here you have the chance to stay overnight in a Mekong village to get a glimpse into rural daily life. Enjoy dinner with your hosts. Experience a traditional Khamu Cultural Performance, and enjoy the chance to dance with the locals.

Day 26

## Pak Beng/Chiang Khong

New day, same magnificent Mekong. Today's your second travel day, where you'll cross into Thailand arriving in Chiang Khong by the later afternoon. Sit back, relax, keep your eyes peeled for wildlife, and enjoy the scenic ride.



### Meals included

Breakfast | Lunch



### Accommodation

Namkhong Guesthouse (or similar)

Guesthouse



### Today's Activities

Mekong River Slow Boat

Muang Pakbèng - Ban Houayxay

8h-10h

Enjoy the ride down the Mekong on our private boat (it's pretty comfortable and spacious, and there's a toilet on board). Have some fruit, tea, and coffee (free of charge); water and soft drinks are available for purchase.

Border Crossing (Laos - Thailand)

Ban Houayxay - Chiang Khong

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Day 27

## Chiang Khong/Chiang Mai

Take in the rolling countryside views on the drive to Chiang Mai nestled alongside Thailand's northern mountains. Spend the afternoon getting to know this peaceful city known for traditional markets and glorious temples. Choose to visit Doi Suthep, cycle around, or grab a bargain at the famous night market.

Experience the flavours and scents of traditional northern Thai cuisine by pre-booking the Northern Thai Cooking Class.



### Accommodation

Chiang Mai Gate Hotel (or similar)

Hotel



### Today's Activities

Free Time

Chiang Mai

Get out and explore this bustling city in northern Thailand.

Private Vehicle

Chiang Khong - Chiang Mai

6h-7h

Settle in and scan the scenery from the convenience of a private vehicle.



### Optional Activities - Day 27

Doi Suthep Temple Visit

Doi Suthep - Chiang Mai

50THB

Visit Wat Phra That Doi Suthep, a golden Buddhist temple outside of Chiang Mai on the Mt Doi Suthep. Climb 300 steps to reach the temple and be rewarded with an unforgettable view. Admire the many Buddhist relics at this sacred temple and visit the white elephant shrine. Legend has it that the location of the temple was chosen after a white elephant carried a relic to the mountain and trumpeted three times before dying on the spot. Also, with a little luck, you may witness the chanting of the monks.

Massage

Lay back and soothe aching muscles with a famous local massage. Affordable and amazing, don't miss out.

## Northern Thai Cooking Class

Chiang Mai

Channel your inner chef with a home-style Thai cooking class. Take a trip to the market with your teacher and learn about regional flavours as you pick out fresh ingredients. Head back to the cozy kitchen for a hands-on lesson in whipping up delicious local favourites like hot and sour soup, green curry, and sticky rice.

## Street Food Walk at Chiang Mai Night Market

Chiang Mai

Pick up a a souvenir at this shopper's paradise. Wander through the market to find music, food, and local artists selling handmade crafts.

Day 28

## Chiang Mai

Continue to explore Chiang Mai at your own pace making the most of this unique city. Visit the magnificent temple of Doi Suthep as it stands watch over the city from the hills above, or take a bicycle ride in the countryside.

---



### Accommodation

Chiang Mai Gate Hotel (or similar)

Hotel



## Optional Activities - Day 28

Northern Thai Cooking Class

Chiang Mai

Channel your inner chef with a home-style Thai cooking class. Take a trip to the market with your teacher and learn about regional flavours as you pick out fresh ingredients. Head back to the cozy kitchen for a hands-on lesson in whipping up delicious local favourites like hot and sour soup, green curry, and sticky rice.

Doi Suthep Temple Visit

Doi Suthep - Chiang Mai

50THB

Visit Wat Phra That Doi Suthep, a golden Buddhist temple outside of Chiang Mai on the Mt Doi Suthep. Climb 300 steps to reach the temple and be rewarded with an unforgettable view. Admire the many Buddhist relics at this sacred temple and visit the white elephant shrine. Legend has it that the location of the temple was chosen after a white elephant carried a relic to the mountain and trumpeted three times before dying on the spot. Also, with a little luck, you may witness the chanting of the monks.

Chiang Mai Cycling Tour

Chiang Mai

1500THB

10-13km

This Chiang Mai half-day ride takes you on a memorable tour of the countryside's most interesting sights. You'll go beyond the city to see local Buddhist temples, markets, organic farms, rice paddy fields and more. Get a sense of how the locals live, stop when you want for photos, and check out the nature along the city's main river, the Ping.

Massage

Chiang Mai

Lie back and soothe aching travel muscles with a famous Thai massage. Affordable and amazing—don't miss out!

It's time for a change of pace. Today, drive from Chiang Mai to Mae Malai village, where you'll set off on a trek through rugged forests to see how diverse this region of hilltribe communities really is. Every village you'll see has its own language, belief system, style of dress, and traditions. It's a few hours to the first village of hilltribe thatch bungalows, but every step is worth it as you get to know the lay of the land.

The exact itinerary of the walking on this trip may change from time to time, taking into account the weather and local conditions. Also, please note there may be times when the use of video and/or still cameras may be inappropriate -- your CEO and guides will be able to advise you. Be prepared for the accommodation to be basic; remember, it's all about an authentic and unique experience!



## Meals included

Breakfast | Lunch | Dinner



## Today's Activities

Pickup Truck

Chiang Mai – Ban Mae Malai

1h

Hop into the back and ride along to the next destination.

After being picked up at the hotel, quickly stop at the local tourist police station to stamp the document required for trekking in the area before transferring to Mae Malai.

Hilltribe Trek Day 1

Mae Taeng – Ban Mae Jok

2h-3h

Hit the road in an open pickup truck for Mae Malai where there is time to visit a local market to purchase food and snacks. Start the trek through forests and rugged terrain to Baan Mae Jok, a Karen village.

Day 30

## Ban Mae Jok/Pa Khao Lam

Trek for 2-3 hours before stopping for lunch. Then head to a Karen village to see how traditional blankets and scarves are made. Keep trekking for a few more hours (you've got this!) before stopping in the next village for the night.

Along the way, you might get the chance to stop at Mae Tang River to learn to fish using local tools or build a raft using bamboo.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Hilltribe Trek Day 2

Ban Mae Jok - Pa Khao Lam

4h30m-6h

After breakfast, trek 3.5-4 hrs to reach the lunch stop. Take in the beautiful scenery along the way. Enjoy lunch before carrying on another hour or so to the Karen village of Ban Pa Khao Lam.

Day 31

## Pa Khao Lam/Chiang Mai

After breakfast, leave the village by bamboo raft and get a closer look at other villages along the way. Meet the van after lunch and head back to Chiang Mai, a foodie's paradise. Try the city's most famous dishes like khao soi (noodles in curry broth) and sai oua (northern Thai sausage) and get ready for your big night out. Venture to the best bar in town to cheers to a completed trek and life-changing adventures!



### Meals included

Breakfast | Lunch



### Accommodation

Chiang Mai Gate Hotel (or similar)

Hotel



### Today's Activities

Bamboo Rafting to Lahu Village

Pa Khao Lam - Lahu Village

1h30m-2h

Board the traditional bamboo raft for a leisurely ride down the Mae Tang River. Reach the Lahu hill tribe village near Ban Pong Ngan. Enjoy a visit with the locals here and learn about the life and unique culture of the Lahu tribe.

Lahu Village Visit

Lahu Village

Take a bamboo raft down the Mae Tan River for one hour journey to a Lahu village to witness a lifestyle that dates hundreds of years.

Bamboo Rafting to Shan Village

Lahu Village - Ban Sop Gai

2h

Board a traditional bamboo raft and enjoy a ride through some small rapids on the Mae Tang River.

Pickup Truck

Ban Sop Gai - Chiang Mai

1h30m-2h

Hop into the back and ride along to the next destination.

ACTIVITY

Tonight's the night to celebrate all the wild and humbling adventures you've just shared with new friends. Head out into the city and reminisce the night away!

Day 32

## Chiang Mai/Bangkok

Make the most of Chiang Mai with more free time, where you can go shopping in the market, get a Thai massage, or explore any of the many temples. Or, hey, you could always go back for another taste of khao soi curry. Tonight, catch up on sleep during an overnight train and wake up in Bangkok.

Due to disruptions of Thai trains in the north during the monsoon season, trips running July through October may use alternative transport.



### Meals included

Breakfast



### Today's Activities

Free Time

Chiang Mai

Enjoy a final day to check out Chiang Mai.

Basic Overnight Train (beds)

Chiang Mai - Bangkok

12h-13h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.



### Optional Activities - Day 32

Doi Suthep Temple Visit

Doi Suthep - Chiang Mai

50THB

Visit Wat Phra That Doi Suthep, a golden Buddhist temple outside of Chiang Mai on the Mt Doi Suthep. Climb 300 steps to reach the temple and be rewarded with an unforgettable view. Admire the many Buddhist relics at this sacred temple and visit the white elephant shrine. Legend has it that the location of the temple was chosen after a white elephant carried a relic to the mountain and trumpeted three times before dying on the spot. Also, with a little luck, you may witness the chanting of the monks.

Cooking Class

Chiang Mai

Pick out the best ingredients at a local market and learn how to make delicious Thai dishes.

Chiang Mai Cycling Tour

Chiang Mai

1500THB

10-13km

This Chiang Mai half-day ride takes you on a memorable tour of the countryside's most interesting sights. You'll go beyond the city to see local Buddhist temples, markets, organic farms, rice paddy fields and more. Get a sense of how the locals live, stop when you want for photos, and check out the nature along the city's main river, the Ping.

Massage

Lay back and soothe aching muscles with a famous local massage. Affordable and amazing, don't miss out.

Chiang Mai City Tour

Chiang Mai

Enjoy a tour of spectacular Chiang Mai, a delightful city surrounded by rolling hills and filled with impressive architecture. Explore the great cafes, shops and accommodations of the old city; an important Buddhist centre since the 14th century, it is home to more than 300 temples. Many visitors come here to attend meditation retreats, massage classes or yoga lessons.

Get out and explore this fantastic city where there is endless sightseeing to be done.

As this longer tour is comprised of two shorter tours, there is the possibility that you will need to change hotels on this day. Check in with your CEO about this while on tour. The two hotels we generally use are within walking distance.



## Accommodation

New Siam 2 (or similar)

Hotel



## Optional Activities - Day 33

Wat Po Guided Tour

Bangkok

Immerse yourself in Thai Buddhist culture and visit the famous giant 46m (151ft) reclining Buddha, covered in gold leaf. Relax with a traditional Thai massage at the country's leading school of massage at Wat Po.

Jim Thompson's House Visit

Bangkok

250THB

Tour the Jim Thompson House, a Bangkok museum that was once the home of American businessman Jim Thompson, the "Legendary American of Thailand." See his collection of Buddhist and secular art, amassed while building his silk company.

Klong Riverboat Tour

Bangkok

Travel by longtail boat on the busy Chao Phraya River and through the small canals of western Bangkok's Thonburi district. Observe colourful scenes of everyday life along the river banks.

National Museum Visit

Bangkok

200THB

See Thai artifacts on display from the Dvaravati, Srivijaya, Sukhothai and Ayutthaya periods as well as other Southeast Asian collections. Please note the cost of this optional activity does not include the entrance fee.

## Massage

Lay back and soothe aching muscles with a famous local massage. Affordable and amazing, don't miss out.

Grand Palace Visit

Bangkok

500THB

Visit the King's official residence (made up of many buildings, halls, lawns, gardens, and courtyards) on the banks of the Chao Phraya River and see the Temple of the Emerald Buddha. Please note the cost of this optional activity does not include the entrance fee.

Get on first-name basis with Thailand's capital city. Start off the day with a street food crawl, then opt to check out Wat Pho and the Grand Palace, relax with a Thai massage, or explore the klongs (canals) by boat. Later, hop on board the overnight train.



## Meals included

Breakfast



## Today's Activities

Basic Overnight Train (beds)

Bangkok - Surat Thani

12h-13h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

Street Food Crawl

Bangkok

Bring your appetite and your wallet. The CEO will bring the group to the best spots to eat and teach everyone about the local street food. Yum!



## Optional Activities - Day 34

Wat Po Visit

Bangkok

This temple is known for its reclining Buddha, its feet covered with mother-of-pearl engravings of Buddhist symbols. Explore the large grounds and other compounds to see other Buddha figures, murals and the chedis that contain the ashes of Buddha. This is also the birthplace of traditional Thai massage.

Klong Riverboat Tour

Bangkok

Travel by longtail boat on the busy Chao Phraya River and through the small canals of western Bangkok's Thonburi district. Observe colourful scenes of everyday life along the river banks.

Thai Massage

Bangkok

15-30USD

Lie back and soothe aching muscles with a wonderful Thai massage. Affordable and amazing—don't miss out!

Entrance - Royal Barge Museum

Bangkok

3.50USD

Located along the Chao Phraya River, the museum is home to many ceremonial barges. The barges are only used for special occasions so this is a chance to catch a rare glimpse of their ornate decorations and symbolic features.

Grand Palace Visit

Bangkok

500THB

Visit the King's official residence (made up of many buildings, halls, lawns, gardens, and courtyards) on the banks of the Chao Phraya River and see the Temple of the Emerald Buddha. Please note the cost of this optional activity does not include the entrance fee.

Day 35

## Surat Thani/Khao Sok

See southern Thai hospitality in action with breakfast at G Adventures-supported Khao Thep Pitak Community-Owned Farm & Restaurant, where you can also meet other international visitors. Later on, go to Lake Cheow Lan where you can take in the views while hiking or swimming in the national park. Spend tonight falling asleep to the sweet sounds of the jungle.

This area is known for its natural beauty. You know what that means: lots of chances for photos.



### Meals included

Breakfast | Lunch



### Accommodation

Khaosok Rainforest Resort (or similar)

Resort



### Today's Activities

Private Vehicle

Surat Thani - Khao Sok

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

#### ACTIVITY

Indulge in traditional Southern Thai cuisine prepared by members of Kao Thep Pitak village. Your meal will be made with ingredients picked from local organic farms and a fruit orchard on the property. Over 140 families benefit from the community-owned and managed eatery through the Kao Thep Pitak Community Ecotourism Enterprise, supported by Planeterra and G Adventures.

Lake Cheow Lan Excursion

Khao Sok

6h-8h15m

Board a longtail boat for a tour of Cheow Lan Lake, taking in views of the limestone cliffs and lush jungle along the way. Stop in at a floating rafterhouse for a delicious local lunch and opt to go for a swim, go tubing, or paddle out in a kayak.

Private Vehicle

Khao Sok

1h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Khao Sok

Opt for a trek, a dip in the river, or kick back and chill by the pool.

---



## Optional Activities - Day 35

Hiking

Khao Sok

Discover one of the oldest rainforests in the world on foot. Join a tour or hire a private guide and choose from a variety of treks throughout the national park. Keep an eye out for the area's diverse flora and fauna.

Swimming

Khao Sok

Take a dip in Cheow Larn Lake and the Kao Sok River.

Khao Sok National Park Visit

Khao Sok

Explore the valleys, lakes, caves, and mountains of this national park, all nestled within the lush rainforest. Spot wildlife like monkeys, elephants and hornbills on a jungle trek or paddle through Lake Cheow Larn to marvel at limestone cliffs and see the floating bungalows.

Tubing

Khao Sok

400THB

Grab a tube and enjoy how the locals like to beat the heat - by floating down the river!

Day 36

## Khao Sok/Koh Pha Ngan

Head across southern Thailand to find yourself in Koh Pha Ngan. Take the free afternoon to relax on the beach or by the pool – which will be easy since tonight, you'll be staying beachside or poolside in cozy bungalows.

This area is known for its epic nightlife, whether or not there's a Full Moon Party. Make sure you don't miss the sunset. It'll be unforgettable.



### Meals included

Breakfast



### Accommodation

Delight Resort (or similar)

Resort



### Today's Activities

Private Vehicle

Khao Sok - Don Sak

2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry

Don Sak - Koh Pha Ngan

2h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Note: During seasonal monsoon rains from Nov-Jan, we sometimes have to alter our itinerary as ferries between the islands do not operate during heavy rain and strong waves.

Songthaew

Koh Pha Ngan

15m

Grab a seat on the bench aboard this uniquely Southeast Asian commuter bus.

Free Time

Koh Pha Ngan

Explore this island paradise and the surrounding sea.



## Optional Activities - Day 36

Swimming

Koh Pha Ngan

Jump in and enjoy the turquoise waters around Koh Pha Ngan.

There's no rush to leave Koh Pha Ngan. Use your second day here to catch up on anything you missed yesterday, like exploring the island's waterfalls, swimming in lagoons, going for a hike, or, hey, taking another day to relax beachside.

---



## Accommodation

Delight Resort (or similar)

Resort

---



## Today's Activities

Free Time

Koh Pha Ngan

Get out and explore– the day is yours.

---



## Optional Activities - Day 37

Koh Pha-Ngan Waterfalls Exploration

Koh Pha Ngan

Hike to some local waterfalls and marvel at their beauty.

Yoga and Meditation Courses

Koh Pha Ngan

Get your inner Om on and take part in some of the more relaxing activities offered on the island.

Swimming

Grab your bathing suit and go for a refreshing swim.

Hiking

Koh Pha Ngan

Head out on some trails to explore the island at your own pace.

Day 38

## Koh Pha Ngan/Koh Tao

Take the ferry to Koh Tao, a laid-back island known for snorkelling. This afternoon, put on your flippers to see a whole other world underwater. Going beneath the surface not your thing? Go the other way and climb up to the scenic view at Koh Nang Yuan View Point.



### Meals included

Lunch



### Accommodation

Asia Divers Resort (or similar)

Hotel



### Today's Activities

Ferry

Koh Pha Ngan - Koh Tao

1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Koh Tao

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Koh Tao Snorkelling

Koh Tao

Get your fins on! There's an embarrassment of choices—but the better-known spots are: Hin Wong Bay, Mango Bay, Nang Yuan Island, South Mae Haad and Janson Bay.

Make the most of your last full day in Koh Tao paradise. Spend the day soaking up the sun beachside and be sure to get your fresh seafood fix. For your big night out, venture into the bustling nightlife and cheers to life-changing adventures with newfound friends. If you want to keep the party going, participate in the massive Koh Tao Pub Crawl.

Want to discover the fascinating coral and marine life inhabiting the area? Pre-book the Try SCUBA Dive 1 Day Experience (2 dives) extra to take a dive guided by the experts.



## Meals included

Breakfast



## Accommodation

Asia Divers Resort (or similar)

Hotel



## Today's Activities

Free Time

Koh Tao

Start exploring the island with a free day. There are endless activities to fill your time both on and off the water.

### ACTIVITY

Follow your CEO to the best beach bar in town to celebrate all the wild and humbling adventures you've just experienced with new friends.



## Optional Activities - Day 39

Try SCUBA Dive 1 Day Experience (2 dives)

Koh Tao

This one day SCUBA dive experience is perfect for first-time divers or even those who want to experience one of the world's most famous diving locations. Join your professional instructor on board your boat as they share their knowledge on how to have a safe and unforgettable experience while also familiarizing yourself with the equipment. Once you're all set, take the plunge into the beautiful underwater world and discover the varied coral and marine life that inhabit the area. The program includes two dives, but if you're eager for more then the good news is that you can use the second dive as credit towards your Open Water Certification!

Today, it's time to say goodbye to your group of newfound friends as the tour ends. Be sure to sneak in some last-minute photos and cheers before you head on your way. If booking a flight out of Koh Samui airport, make sure not to book one earlier than 11:00am.

Want to take the hassle out of getting back to Bangkok? Book the Bangkok Express, a two-day post-tour Extra. Speak to your Global Connection Officer or travel agent to book.

Add the "Bangkok Express: Koh Tao to Bangkok" to your adventure and make your way back to bustling Bangkok with the guidance of a CEO. This nifty post-tour Extra includes a ferry to the mainland where you'll board an overnight train to Bangkok arriving in the city early the next morning. Speak to your Global Connection Officer or travel agent to book.



## Meals included

Breakfast



## Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.



## Optional Activities - Day 40

Bangkok Express: Koh Tao to Bangkok

Koh Tao - Bangkok

Want to take the hassle out of getting back to Bangkok? Book the "Bangkok Express: Koh Tao to Bangkok" post-tour Extra and make your way back to bustling Bangkok with the guidance of a CEO. On the final day of the tour, hop on a ferry back to the mainland and board an overnight train to Bangkok, arriving the next morning.

## What's included

- Your G for Good Moment: Local Khmer Meal, Siem Reap
- Your G for Good Moment: Oodles of Noodles, Hoi An
- Your G for Good Moment: Mekong River Homestay & Traditional Performance, Muang Pakbèng
- Your G for Good Moment: Kao Thép Pitak Community-Owned Farm & Meal, Ban Ta Khun
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Big Night Out Moment: - Siem Reap, Siem Reap
- Your Discover Moment: Phnom Penh
- Your Local Living Moment: Home Meal, Chambok
- Your Discover Moment: Ho Chi Minh City
- Your Foodie Moment: Nha Trang Street Food Crawl, Nha Trang
- Your Big Night Out Moment: Reminisce Riverside, Hoi An
- Your Big Night Out Moment: Vang Vieng Nightlife, Vang Vieng
- Your Discover Moment: Luang Prabang
- Your Discover Moment: Chiang Mai
- Your Big Night Out Moment: Chiang Mai Celebration, Chiang Mai
- Your Discover Moment: Bangkok
- Your Big Night Out Moment: Beach Bar, Koh Tao
- Guided sunrise tour of Angkor Wat temple complex
- Orientation walks in Ho Chi Minh City, Hoi An, Hanoi, Phnom Penh, and Luang Prabang
- Halong Bay boat cruise with lunch
- Guided hike, sunset cruise and waterfall excursion in Laos
- Slow boat up the Mekong
- Four street food crawls in different cities
- Internal flight
- Visit to Chiang Mai night market
- Hilltribe trek
- Bamboo rafting
- Lake Cheow Lan Excursion
- Full-day snorkelling trip from Koh Tao
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Witness sunrise over Angkor Wat, Eat your way through the street food of four different cities, Stay overnight in a local village, Trek through the rugged forests of northern Thailand, Swim in Ko Pha-Ngan's idyllic lagoons, explore the magnificent caves of Phong Nha

## Itinerary Notes

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

## What are the main highlights of this trip?

Witness sunrise over Angkor Wat, Eat your way through the street food of four different cities, Stay overnight in a local village, Trek through the rugged forests of northern Thailand, Swim in Ko Pha-Ngan's idyllic lagoons, explore the magnificent caves of Phong Nha

## Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Are there Itinerary notes?

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

## What important notes should I be aware of before the trip?

1. **REQUIRED:** In order for us to confirm the transport used during your visit to Laos, we require a coloured copy of your passport in advance of travel. We please request you send a coloured copy of the passport you will be travelling on to [experience@gadventures.com](mailto:experience@gadventures.com)

### 2. COMBO TRIP

Please note that this trip is a combination of multiple G Adventures tours. As such, the staff and/or particular vehicles operating your tour may change between tour segments. You may also expect some group members to join or leave the tour, between tour segments. Also note that in some major cities in Vietnam, many hotel rooms do not have windows.

### 3. BORDER CROSSINGS

Bavet, Cambodia to Mok Bai, Vietnam - Cambodia to Vietnam

Ban Houayxay, Laos to Chiang Khong, Thailand - Laos to Thailand

### 4. TREKKING ROUTE

Please be advised that a 2-week period of traditional slash and burn farming occurs in this region between March and April (start date varies). During this time your trek may follow an alternate route to avoid uncomfortably smoky areas.

### 5. WEIGHT RESTRICTION

There may be a weight restriction for the internal flight on this tour. Each passenger is allowed one checked bag with a maximum weight of 20 kg (44 lbs) and one carry-on bag with a maximum weight of 7 kg (15 lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

### 6. LAOS - High Speed Train regulations.

Items prohibited from being carried by passengers into the stations or on trains:

- Flammable materials & liquids. Aerosols will be taken away at security.
- Sharp objects (e.g. pocket knives)
- Explosive materials e.g. vapes & e-cigarettes. Includes spray-on deodorant, perfume & hair products.
- Foods which are wet or have an overpowering smell
- Weapons
- Drugs

The high speed train has a luggage limit of 20kg per person.

## What is the group leader like?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

Please note that while the group will be accompanied to the train station by the CEO, the final overnight train to Bangkok on the evening of Day 29 may be unaccompanied by a CEO.

## How large will the group be?

Max 18, avg 12.

## What meals are included in this trip?

30 breakfasts, 9 lunches, 4 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Included breakfasts will usually be asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Local bus, air-conditioned bus, train, walking, tuk-tuk, songthaew, local boat, junk boat, plane.

## What transportation will we take on this trip?

### THAILAND

As the popularity of train travel in Thailand continues to grow domestically, some of the routes used on this tour do not have sufficient space during local public holidays, including New Year's, Songkran (April 13-15), etc. During these times of the year, alternative transport may be arranged for one or more of the train journeys within Thailand on this tour.

### VIETNAM

Train travel in Vietnam is very basic and train cleanliness is often not a priority for train staff. Sleeper trains normally have 4 seats per compartment, which convert into sleeping bunks (two upper and two lower). A sheet, pillow and blanket are provided, although many people prefer to bring their own sleeping sheet. At times, passengers of different genders may be required to share a sleeper train berth and/or share a compartment with people not travelling in your group.

Simple food is available on the train but many people like to stock up on freshly baked bread, cheese and fruit prior to departure. Water should also be bought before the journey.

Train journeys in Vietnam are an experience and allow you to get a real taste of Vietnam.

## Are local flights included in the cost of the trip?

Please be advised that any flights noted on the G Adventures Itinerary for this tour are included in the tour services provided. Flight tickets are provided by G Adventures during the tour. The date for this service will match the day of the itinerary, for which Day 1 is equal to the start date noted on the Invoice under Land Services: Tour. If flight information is required in advance for visa purposes, please contact G Adventures.

## Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Simple hotels (twin-share) (20 nts), hostels (multi-share) (7 nts), basic hilltribe huts (2 nts, multi-share), homestay (2 nts), sleeper trains (5 nts), triple-share accommodations with same sex (3 nts).

## What kind of accommodation can I expect on this trip?

A variety of styles of hotels/guest houses are used on this trip. In many instances they might not be like what you are used to back home as service and efficiency can vary. In some areas we stay in simple local guest houses in stunning locations - rooms are small and simple and there may only be shared toilet facilities and showers.

Some nights on this tour will be triple share with travellers of the same sex.

**Mekong River Homestay:** Typically, the group is divided into two or more houses (depending on group size) in close proximity to each other. Sleeping arrangements are multi-share in the central living area of the homes - mattresses, blankets, pillows, and mosquito nets are provided. Bathroom facilities are shared.

**Chambok Homestay:** This location has basic facilities including a squat toilet and douse shower (showering with a bucket)

Where we use multi-share properties, rooming requests of any kind cannot be taken. For private accommodation please see our Classic Travel Style.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

**Suvarnabhumi Airport (BKK):** If you have paid in advance for an arrival transfer, a G Adventures representative will be waiting at the Meeting Point (when you exit to the Arrival Hall, please go to Gate/Exit 4 in the hall, near the airport information counter (AOT) and look for a hand-sign with G logo and your name on it.)

If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## **What happens if I experience problems when arriving?**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details.

If you have pre-booked an airport transfer please meet your driver near the information counter at Entrance Door number 4 of the airport, in the arrival hall. Look for a driver holding a G Adventures sign with your name

If you have still have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Bangkok Airport Transfer complications please call our local G Adventures Transfer provider directly at: +66 81 847 3034 (081 847 3034 from within Thailand) or +66 86 339 5881 (086 339 5881 from within Thailand)

### EMERGENCY CONTACT NUMBERS

Emergency number

From outside Thailand +66 (0) 92 338 9222

From within Thailand (0) 92 338 9222

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## **Are there any additional packing suggestions I should consider?**

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. Be sure to check weather conditions online before you depart. We recommend you bring sun protection cream from home to ensure it meets your needs.

During the trek, you will only need to carry a daypack with your essentials. Your luggage will be stored at the hotel in Chiang Mai and your valuables in a group safety deposit box.

Your CEO will provide instructions on what you need to bring in your daypack on the trek. Usually, this includes a couple of changes of clothes, wet shoes (for river crossings), personal toiletries, flashlight/headlamp, tissues, any personal medications, and electronics you wish to bring along. A small drybag for electronics and a reusable water bottle may also be useful. During the trek, guides will have first aid kits.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Light Hiking:**

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

**Sleep Sheet and Pillow:**

- Sleeping bag liner/sleep sheet
- Travel pillow

**Warm Weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: Please pack clothing for the season in which you will be travelling. From Nov-Feb weather can be cold, so please pack warm clothing. From May-Oct it is the wet season, so please bring waterproof clothing.

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

# What are the visas and entry requirements for my trip?

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the Embassy. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Thailand:

Most nationalities do not need a visa for Thailand for stays of 30 days or less but if you do they are available on arrival at Bangkok Airport. If staying in Thailand for more than 30 days, you will be required to obtain a tourist visa in advance. Only 15 day tourist visas are issued when entering Thailand overland.

As of May 1st 2025, all non-Thai nationals entering Thailand by air, land or sea must complete the Thailand Digital Arrival Card (TDAC) online before arrival. Register within 3 days of arrival.

For more information and to complete the Arrival Card, we kindly request the you visit the [Thailand Immigration](#) page.

\*\*\*\*\*

Vietnam:

If you require a visa for Vietnam, they need to be arranged ahead of time (BEFORE your trip) as the processing time varies (minimum 2 weeks) and they are not available upon arrival.

Vietnamese E-Visa can be applied for [here](#)

Entry to Vietnam with an eVisa is supported at 13 airports, 16 land borders, and 13 seaports - details can be found [here](#)

\*\*\*\*\*

Laos:

If you are eligible to apply for a Laos E-Visa, please follow the below links for further information and application:

E-Visa Details [here](#)

E-Visa Terms and Conditions [here](#)

Apply for E-Visa [here](#)

If applying for the Laos E-Visa, please enter the entry port name as per below.

If you travel by air: Wattay International Airport (Vientiane Capital)

If you travel by land from Thailand: Lao - Thai Friendship Bridge IV

As of September 1st 2025, all non-Laos nationals entering Laos by air, land or sea must complete the Lao PDR Immigration Card online before arrival. Register within 3 days of arrival.

For more information and to complete the Immigration Card, we kindly request the you visit the [Laos Immigration](#) page.

\*\* please note, the Laos E-system may not be available for all arrival points. If your arrival point is not listed, you will be required to fill in a paper form on arrival. \*\*

\*\*\*\*\*

Cambodia:

Visas can be obtained in advance from your local embassy or on arrival in Bangkok (if your tour begins in Thailand). You will need at least one full working day to arrange this. You can also obtain your visa at the Cambodian border or Siem Reap Airport for approx. \$30 USD. Please have \*at least\* 2 passport photos with you as well.

If you are arriving into Cambodia by air/plane, please complete the Cambodia e-Arrival form online before arrival.

Complete within 7 days of arrival, even if your visa has already been granted.

For more information and to complete the e-Arrival form, we kindly request the you visit the [Cambodia e-Arrival](#) page.

\*\* please note, the Cambodia E-system may not be available at land borders. If your arrival point is by land, you will be required to fill in a paper form on arrival. \*\*

Information is accurate as of June 1st, 2026.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

During this tour the local currencies you will use are the Thai Baht, US Dollar, Cambodian Riel, Vietnamese Dong and Laos Kip. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: [www.xe.com](http://www.xe.com) for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$500 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

Departure Tax is included in all International and Domestic tickets in Thailand.

## **Should I be tipping on my trip?**

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# What activities are optional on this trip?

## Siem Reap

- Phare Circus
- Angkor Museum Visit (12USD per person)
- Tonle Sap Floating Village (25-30USD per person)

## Phnom Penh

- National Museum Visit (10USD per person)
- Silver Pagoda Visit (10USD per person)
- Tuol Sleng Museum (S-21 Prison) & Choeung Ek (Killing Fields) Half-Day Guided Tour (22-26USD per person)

## Ho Chi Minh City

- Dam Sen Water Park Visit (4USD per person)
- Reunification Palace Visit (2USD per person)
- Ho Chi Minh City Cyclo Tour (10USD per person)
- Ben Thanh Market
- War Remnants Museum Visit (2USD per person)
- Cholon Visit

## Củ Chi

- Cu Chi Tunnels Guided Tour (25-27USD per person)

## Nha Trang

- Snorkelling
- Nha Trang Boat Tour and Snorkelling (29USD per person)
- Mud Bath Visit (20USD per person)

## Hoi An

- Tailor Shops
- Hoi An Old Town Walking Tour (6USD per person)
- Thu Bon River Boat Trip (12USD per person)
- Cua Dai Beach
- Hoi An Bike and Boat Tour
- Hoi An Cooking Class (35USD per person)

## **Mỹ Sơn**

- Mỹ Sơn Excursion (38USD per person)

## **Huế**

- Imperial Citadel Tour (7USD per person)
- Thien Mu Pagoda Visit
- Perfume River Cruise (10USD per person)
- Royal Tombs Entry (5USD per person)
- Cycling (10USD per person)
- Hue Motorbike Tour
- Hue City Tour

## **Phong Nha**

- Caving in Phong Nha

## **Hạ Long Bay**

- Kayaking (10USD per person)

## **Hanoi**

- Tran Quoc Pagoda Visit
- Hoan Kiem Lake Walk
- Temple of Literature (Văn Miếu) Visit
- Thăng Long Water Puppet Theatre Performance (200000VND per person)
- Hanoi Foodie Culture Tour

## **Vientiane**

- Wat Pha That Luang Visit (1USD per person)
- Buddha Park (1USD per person)
- National Museum Visit (4USD per person)
- Wat Sisaket Visit (1USD per person)

## **Vang Vieng**

- Hiking
- Bike Rental (4USD per person)
- Vang Vieng Adrenaline Bundle
- Kayaking (25USD per person)
- Caving

## Luang Prabang

- Phousi Temple Visit (20000LAK per person)
- Royal Palace Museum Visit (60000LAK per person)
- Wat Xieng Thong Visit (20000LAK per person)
- Traditional Arts and Ethnology Centre Entry (35000LAK per person)
- Wat Visoun Temples Visit (20000LAK per person)
- Cooking Class (35USD per person)
- Ock Pop Tok Living Crafts Centre Visit (Free)
- Alms-giving in Luang Prabang

## Doi Suthep

- Doi Suthep Temple Visit (50THB per person)

## Chiang Khong

- Massage

## Chiang Mai

- Northern Thai Cooking Class
- Street Food Walk at Chiang Mai Night Market
- Chiang Mai Cycling Tour (1500THB per person)
- Massage
- Cooking Class
- Chiang Mai City Tour

## Bangkok

- Wat Po Guided Tour
- Jim Thompson's House Visit (250THB per person)
- Klong Riverboat Tour
- National Museum Visit (200THB per person)
- Grand Palace Visit (500THB per person)
- Wat Po Visit
- Thai Massage (15-30USD per person)
- Entrance - Royal Barge Museum (3.50USD per person)

## Khao Sok

- Hiking
- Swimming
- Khao Sok National Park Visit
- Tubing (400THB per person)

### **Koh Pha Ngan**

- Swimming
- Koh Pha-Ngan Waterfalls Exploration
- Yoga and Meditation Courses
- Swimming
- Hiking

### **Koh Tao**

- Try SCUBA Dive 1 Day Experience (2 dives)
- Bangkok Express: Koh Tao to Bangkok

## **Are there any health considerations I should know before travelling?**

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

# What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

**Protests and Demonstrations-** Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## **What are the trip specific safety considerations?**

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Be aware that petty theft can be an issue in some Vietnamese towns and cities especially late at night. A common tactic is opportunists on motorbikes that drive by and snatch bags. Please always leave valuables and passports etc in your hotel, in safety boxes if available, and only carry with you enough cash to spend for the day. Bags should always be carried over the neck and not left to sit on your shoulder.

We do not recommend passengers to jump or dive into Kuang Sii Waterfalls in Luang Prabang, this may result in injury.

## **What rules should I know before joining this trip?**

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## **Are there any things I should be aware of?**

Please do not buy gems in Bangkok unless you know what you are doing. Even if genuine you should not expect to be able to sell them at home. If you fall victim to a gem scam, we are unable to assist you.

## **Is travel insurance required for my trip?**

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites. In Pakistan we recommend a head scarf for women while walking around.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

Minimum age of 18 years for this trip.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.