



Turkey: Ancient Cities & Hikes Along the Lycian Way

8 days, Şirince to Göcek

Trip code ETSG

What's included

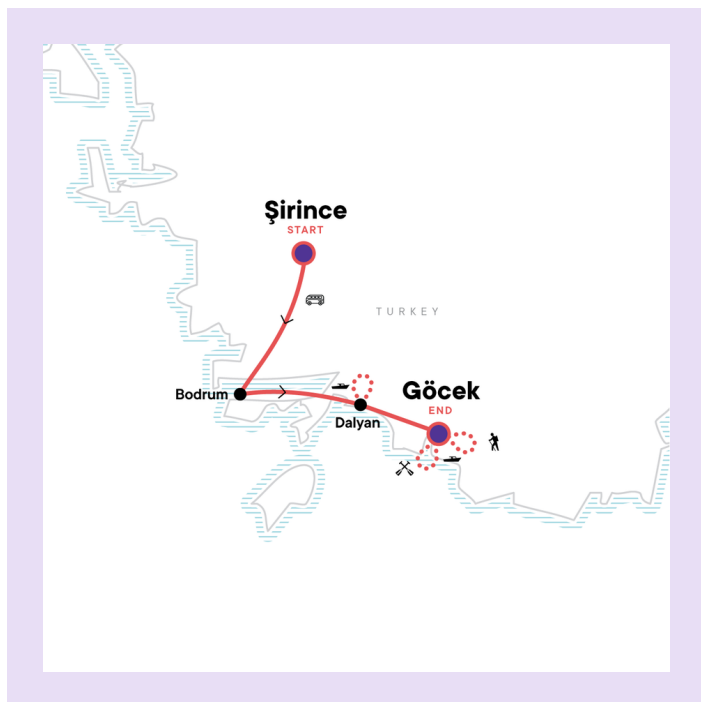
- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Turkish Bagels Lunch, Akköy
- Your Wellness Moment: Mud Baths, Dalyan
- Your Local Living Moment: Minare Village Day Tour, Minare
- Your OMG Day: Kayak or Hike Along the Lycian Way, Fethiye
- Complimentary arrival transfer
- Welcome dinner
- Visit the ancient sites of Priene, Miletos and Didyma
- Tour Bodrum Castle and the ancient city of Halikarnasos
- Walk around the Bodrum windmills
- Boat trip on the Dalyan River
- Explore Kauros historical site
- Hike from Minare Village to the Pinara historical site
- Full-day boat trip from Göcek with swimming, snorkelling and a barbecue lunch onboard
- Hike to Cleopatra's Bath for a swim
- Farewell Dinner
- All tips included for activities and meals, except for CEO and portorage
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 30th, 2024 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Şirince: Gateway to Ephesus

Descending into Izmir airport, you'll catch a glimpse of the long stretches of Turkey's stunning Aegean coastline and its' strikingly blue water. Let your imagination wander as you witness the meeting of ancient and modern cultures through the architecture and cityscapes as you make your way south to your hotel in a small village. We welcome you to Turkey, and we invite you to experience the old and new as you set off to explore the Turquoise Coast and the Lycian Way.

Arrive at any time and transfer from Izmir airport to your hotel in the village of Şirince. For those who have pre-booked the visit to Ephesus, the tour will depart the hotel at 4pm and will return at approximately 6pm. Meet your fellow group members at the welcome meeting in the evening and get all the important information about the adventure ahead. After dinner, head to a nearby restaurant for a delicious welcome dinner with new friends.



Meals included

Dinner



Accommodation

Nisanyan Hotel Sirince (or similar)

Hotel



Today's Activities

Airport Transfer

Izmir Adnan Menderes International Airport – Sirince

Enjoy an included arrival transfer from the airport to Şirince.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



Optional Activities - Day 1

Ephesus Visit

Selçuk

2h-3h

Tour the ruins of ancient Ephesus to get a feeling of what life must have been like during Roman times. Take in its massive, well-preserved theatre, which dominates the view down Harbour Street. See the two-story library, whose façade has been carefully reconstructed from all original pieces. Built in AD 125, it once held nearly 12,000 scrolls.

Bodrum: Ancient Sites and Turkish Countryside

Delve deep into Turkey's history as you wander through ancient temples and ruins dating back thousands of years. The massive columns and sheer size of these complexes will spark the imagination into how these places once were in their heyday. Sip tea from a local tea house and enjoy a picnic lunch before continuing south to the Bodrum Peninsula, jutting out into the Aegean Sea.

Drive from Şirince to the ancient sites of Priene and Miletus to visit the ancient ruins, theatre and temples. After a light typical lunch, stop in a local tea house before visiting the temple complex of Didyma on the way to Bodrum. Enjoy a free evening to choose from one of the many great restaurants around or join the CEO at their local favourite.



Meals included

Breakfast | Lunch



Accommodation

Torbahan Hotel Torba (or similar)

Hotel



Today's Activities

Private Vehicle

Sirince - Bodrum

Settle in and scan the scenery from the convenience of a private vehicle.

Priene Visit

Sirince

Visit Priene, an ancient site dating back to 6th Century BC. Its well-preserved remains are an incredible example of early Greek urban planning as it is laid out in a grid with evenly-spaced streets and blocks. Other structures include the Temple of Athena, a theatre, gymnasium, stadium and many houses and storerooms.

Miletus Visit

Aydın

Visit Miletus, located near the mouth of the Maeander River. The history of Miletus goes back to 3500 BC when the ancient city was an important trading outpost for goods coming out of the interior of the country. The site and the impressive theater we will see are from the Roman period.

ACTIVITY

Drive to Akköy for a light picnic lunch with Turkish Bagels. This is a very typical local meal. Enjoy it with cheese, olives and a cup of tea.

Apollo Temple of Didyma

Aydın

Visit the Apollo temple at the ancient Greek sanctuary of Didyma. Said to have been destroyed by Persians in 494 BC, it was later restored by Alexander the Great during the 3rd century BC where it flourished for centuries thereafter.

Sitting at a strategic position on the water, Bodrum has been an important marine and shipping hub for the region over the thousands of years that people have lived there. You'll discover parts of this history firsthand as you wander through the castle and some of the city's other historical sites. Venture out to the end of the Bodrum Peninsula for a delicious lunch of local specialties with great views across the sea and coastline.

Visit Bodrum Castle before heading to the ancient city of Halikarnasos to see the tomb of Mosaleus and the theatre. Continue to Gumusluk for lunch overlooking the bay before stopping at the Bodrum windmills perched on a hill with views of the surrounding area. Enjoy the rest of the day and evening at leisure.



Meals included

Breakfast | Lunch



Accommodation

Torbahan Hotel Torba (or similar)

Hotel



Today's Activities

Bodrum Castle Visit

Bodrum

Take a tour of the Bodrum Castle, also known as the Castle of St. Peter, where you can explore the Museum of Underwater Archaeology that feature exhibits collected from shipwrecks over the years. Enjoy breathtaking views of the city and surrounding coastline.

Mausoleum at Halicarnassus Visit

Bodrum

Tour one of the ancient wonders of the world in Halicarnassus, where we will see the foundations of the tomb of King Mausolus, from where the origin of the word "Mausoleum" dates back to 4th Century BC. Then we will walk to the theatre that is still in use today for concerts and festivals.

Free Time

Bodrum

Free time to explore Bodrum.

Swap the bus for a boat as you drift down the Dalyan River for another day of adventure. Feel the warmth of the bubbling natural mud pools and let your skin soak in all of those rejuvenating minerals before taking a refreshing rinse in the river or lake. Meander further downriver to the sprawling ancient site of Kaunos and cruise right up to your hotel for a relaxing evening by the pool or gazing across the river at the rock tombs.

Drive from Bodrum to Dalyan and take a boat trip on the Dalyan River. Soak in mud baths and then travel upriver to visit the Acropolis of Kaunos and see the nearby rock tombs. Continue to Dalyan beach to have lunch next to the river, relax and swim before arriving by boat to the hotel for a free evening.



Meals included

Breakfast | Lunch



Accommodation

Hotel Arp Dalyan (or similar)

Hotel

A small boutique hotel located right on the Dalyan River, the Arp Hotel offers clean and comfortable rooms along with a garden and a pool. The setting is quiet and tranquil yet is just close enough to Dalyan's restaurants, shops and cafes.



Today's Activities

Private Vehicle

Bodrum - Dalyan

3h30m

190km

Settle in and scan the scenery from the convenience of a private vehicle.

Dalyan Boat Trip

Dalyan

5h-6h

Come aboard this boat excursion for a close-up view of the famous Carian rock tombs and remains of the ancient city of Kaunos and Dalyan. Cruise to Iztuzu Beach, past rock faces peppered with ancient tombs. Relax at the beach at the end of the tour, and enjoy a cold drink by the water.

ACTIVITY

It is said that Cleopatra herself frequented the mud baths of Dalyan for its beautification effects. Jump in to feel the healing power of this mud for yourself.

Acropolis of Kaunos

Dalyan

On the west bank of the ancient Kalbis river lie the remains of the fortified Byzantine walls, the ancient City of Kaunos. Explore these ruins with archeological finds that date back to the 4th Century BC.

Dalyan Beach

Dalyan

Spend time relaxing on Dalyan Beach.

Göcek: Hike to Rock Tombs

The Turkish countryside opens up as you follow the coast south to a small village where the trailhead lies for today's hike. Set off on foot with the remote ancient city of Pinara as your goal, to explore the remains of the theatre, basilica and the Lycian rock tombs carved out of the stone cliffs. Back in the village you'll gain insights into daily life of the people who live in this region with a delicious lunch prepared by a local family.

Travel from Dalyan to the village of Minare to start the hike to the historical site of Pinara. Back in Minare, enjoy a local lunch prepared by a family before continuing on to Göcek to check into the hotel and have an evening at leisure.



Meals included

Breakfast | Lunch



Accommodation

Hotel Layla Gocek (or similar)

Hotel



Today's Activities

ACTIVITY

You'll be warmly invited to a family's house for lunch, providing a unique opportunity to immerse yourself in the local culture. This experience includes not just a taste of traditional cuisine but also a chance to engage in conversation with the family, learning about their daily life and customs.

Private Vehicle

Dalyan – Minare

Settle in and scan the scenery from the convenience of a private vehicle.

Hike to the Lycian Era Ruins of Pinara

Minare

1h-2h

2km

Walk along the world renowned Lycian Way to reach the ancient ruins of Pinara. Once one of the major Lycian cities, all that is left is a theatre, temple, baths and tombs cut into the hillside. Enjoy a pleasant trek – the walk does not have any major physical challenges – and the reward of visiting the site is worth the journey.

Free Time

Göcek

During your free time, feel free to walk on the beach or swim in the pool.

The Lycian Way is yours to discover today either by sea kayak or on foot. Hike from village to village along the coast with the Mediterranean on one side and forest on the other, or alternatively paddle the rocky coves and shoreline around Saint Nicholas Island. Regroup in the picturesque seaside resort village of Ölüdeniz which serves as the official start point for the marked footpath of the Lycian Way and also is home to one of the most beautiful beaches in Turkey.

Choose either a half-day hike along part of the Lycian Way or go sea kayaking along the Turquoise Coast. Have lunch at a local restaurant in Ölüdeniz and then take some free time to explore before returning to the hotel in the evening.



Meals included

Breakfast | Lunch



Accommodation

Hotel Layla Göcek (or similar)

Hotel



Today's Activities

Free Time

Göcek

During your free time, feel free to walk on the beach or swim in the pool.

Oludeniz Lagoon Swim

Oludeniz

2h

Go for a refreshing dip. Swim in the clear blue waters of the Oludeniz lagoon and enjoy the stunning beach setting.

ACTIVITY

Option 1: Meet your kayaking guide for a briefing and start paddling. We will be kayaking through the crystal clear waters of Aquarium Cove and around St. Nicholas Island (Gemiler Island) where there used to be a small Greek Orthodox chapel. After kayaking for about 2 hours, drive to Oludeniz to meet the group.

Option 2: Hike part of the Lycian Way, first stopping at Kayakoy, a village that was deserted after the first world war after the exchange of population with Greece. We will walk to the top of the village for a

great view then head down on a rolling trail to the coves of the Mediterranean, where the forest meets the sea at the village of Oludeniz.

Total hiking time is approximately 2 hours (5 km).

Day 7

Göcek: The Turquoise Coast

There's no better way to appreciate the beauty of rocky coastline and blue waters than from a boat. You'll spend the day winding in and out of the bays of Göcek, swimming and snorkelling along the way, as well as make a stop for a short hike to a beach where a natural hot water spring meets the sea. Göcek and the Turquoise Coast provide the ultimate capstone to this adventure along the Lycian Way.

Head out on a full-day boat tour of Göcek's bays for swimming and snorkelling with a barbecue lunch onboard. Stop for a hike to Cleopatra's Baths before returning to Göcek. Enjoy a delicious farewell dinner at a local restaurant in the evening.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Hotel Layla Gocek (or similar)

Hotel



Today's Activities

Göcek Boat Trip

Göcek

Spend your last day in Göcek on an incredible boat adventure. Hop aboard and cruise along the many bays and coves of the Turquoise Coast. After about an hour and a half, start a short hike from Sarsala Beach to Cleopatra's Baths where you can relax, swim and enjoy the natural hot spring water that makes the sea lukewarm. After a delicious barbecue lunch on board, continue on to admire more beautiful bays and swimming and snorkelling areas.

Today your adventure comes to an end and you can depart at any time.

Departure transfers to Dalaman airport are included.



Meals included

Breakfast



Today's Activities

Airport Transfer

Göcek - Dalaman Airport

Transfer to the Dalaman airport for your flight home.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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What are the main highlights of this trip?

Go back in time with visits to ancient Greek and Roman archeological sites, Soak in mud baths and see the cliffside rock tombs from a boat on the Dalyan River, Hike or kayak along the Turquoise Coast of the Lycian Way, Take a boat trip in the bay of Gocek and swim at Cleopatra's Beach before a bbq lunch.

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our Chief Experience Officers (CEOs). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places. If you wish to take a guided city tour in any location where this is not already included in the itinerary, your CEO will do their best to help you arrange this and pay locally.

What is the maximum and typical number of participants on this tour?

Max 12, avg 10

What meals are included in this trip?

7 breakfasts, 6 lunches, 2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, walking, boat.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (7 nts).

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What should I expect from the accommodations on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside the luggage hall. There is a common scam at the airport for non-G Adventures drivers to pretend they are working for the company. It is very important to confirm your name and booking number with your airport transfer representative.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Turkey Local Representative

Emergency number: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

A departure transfer to Dalaman Airport is included when you depart on Day 8, or if you depart up to three days after, provided that you have booked your post-accommodation through G Adventures in our finishing hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

What should I pack for this trip?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Iceland is the Icelandic Krona (ISK).

It is recommended to bring a combination of cash, credit and debit cards.

What are the tipping guidelines for this trip?

On the Geluxe Collection tours, tipping is included for all included activities and meals. Tipping is not included for the CEO or Porterage. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline €8-10 per person, per day can be used.

For meals and activities not included in your itinerary, it is appropriate in Europe to tip 10%. Though not compulsory, tipping is expected. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels and shows an expression of satisfaction.

What activities are optional on this trip?

Selçuk

- Ephesus Visit

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What are the mandatory travel insurance requirements for this trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.