



Unforgettable Kenya: Masai Mara & Lake Nakuru

7 days, Nairobi to Nairobi

Trip code DKNR

What's included

- Your G for Good Moment: Amani Ya Juu Lunch, Nairobi
- Your Welcome Moment: Meet Your CEO and Group
- Lake Nakuru sunset safari drive
- Maasai Mara village visit and national park safari
- Full-day Maasai Mara National Park Safari
- Free time in Lake Nakuru National Park

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 2nd, 2025 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Nairobi

Arrive at any time. Attend a welcome meeting in the evening where you will get to know our fellow group members and meet your CEO.



Accommodation

Kingfisher Nest Hotel Suites (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Nairobi/Nakuru

Enjoy breakfast at the hotel in Nairobi then travel by private vehicle to Lake Nakuru National Park. Enjoy an included lunch at the lodge before heading out on a sundown safari drive inside the park in search of the area's wildlife. Return to the lodge in the afternoon, then join the group for dinner on the property.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Lake Nakuru Lodge (or similar)

Lodge



Today's Activities

Private Vehicle

Nairobi – Lake Nakuru National Park

3h30m

162km

Settle in and scan the scenery from the convenience of a private vehicle.

Lake Nakuru Wildlife Safari Drive

Lake Nakuru National Park

Search for, buffalo, impalas, hyenas, and even lions and leopards on the wildlife safari drive in this renowned national park. Head to the shores of Lake Nakuru to see pelicans and cormorants. The park is also rich in other bird life, including grebes, white winged black terns, stilts, avocets, and ducks.

Day 3

Nakuru

Rise early as the sun is just beginning to colour the sky and enjoy a morning safari drive into Lake Nakuru National Park. Return to the lodge for lunch before enjoying free time to explore the area. You can choose to embark on another safari drive into the park this afternoon or simply relax at the lodge property. Dinner is included at the lodge tonight.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Lake Nakuru Lodge (or similar)

Lodge



Today's Activities

Morning Lake Nakuru Wildlife Safari Drive

Lake Nakuru National Park

Embark on a morning safari drive into Lake Nakuru National Park as the animals are going about their daily routines and observe the beauty of your surroundings.

Free Time

Nakuru

Take advantage of a free half-day in the Lake Nakuru National Park area. Choose to go on another safari drive into the park or simply enjoy the lodge's amenities.



Optional Activities - Day 3

Lake Nakuru Afternoon Safari Drive

Lake Nakuru National Park

Considered one of the best national parks in the mighty Rift Valley, Lake Nakuru National Park is also a UNESCO World Heritage Site. Most famous for colonies of flamingos living on the shores of the park's namesake lake, you are likely to see a variety of protected wildlife while on open-air safari drive here. Think black and white rhinos and plenty of bird species. This experience comes later in the day when you can enjoy slightly fewer vehicles on the trail and animals often heading to watering holes or returning from whatever mid-day shade they could find.

Day 4

Nakuru/Masai Mara

After breakfast at the lodge the group will travel to Masai Mara National Park and arrive around lunch time. Head out on a visit to Masai Village and then an afternoon safari drive outside of the Maasai Mara National Park on a private concession to search for giraffe, zebra, hyena, antelope, lions, leopards, rhinos, buffalos & elephants as you enjoy the beautiful scenery. Return to the lodge, relax, and have dinner in the evening.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Kenia Safari Camp Cottages (or similar)

Safari Lodge



Today's Activities

Maasai Village Visit

Masai Mara

Experience the rare opportunity to visit a Maasai village. Step inside a hut made of cow dung and sticks, let your eyes adjust to the dark, and imagine living in such a small space. Admire the exquisite beaded necklaces, bracelets, and earrings worn by both the men and women. Marvel at the athletic ability of the young men who jump and bob in greeting. Learn about the traditions of these nomadic people, who seek sustenance from both the blood and milk of their cows. Have your camera ready for some fantastic photo opportunities.

Private Vehicle

Lake Nakuru National Park – Masai Mara

4h

246km

Settle in and scan the scenery from the convenience of a private vehicle.

Wildlife Safari Drive

Masai Mara

You are in one of the world's top safari destinations, known for its abundance of big cats – cheetahs, leopards and lions – as well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water. Set off on safari with our driver/guide on a private concession near the reserve and keep your eyes and ears peeled for movement and memories. Watch elephants and giraffe grazing, photograph zebras and wildebeest and, with a little luck, you'll even spot animals feasting on a recent kill.

Day 5

Masai Mara

This morning choose to pre-book an early morning safari drive or a hot air balloon safari over the plains of Masai Mara. Then, set out on a full day safari drive. Search for wildlife and enjoy this beautiful part of Kenya. Gather for a packed lunch before arriving at your tented camp area in the later afternoon. Spend the night in this tented camp amid the sounds of the plains.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Kenia Safari Camp Cottages (or similar)

Safari Lodge



Today's Activities

Full Day Masai Mara Wildlife Safari Drive

Masai Mara

Enjoy a full day in the Greater Mara Ecosystem, renowned for its exceptional wildlife viewing opportunities. This is where the Great Migration brings millions of wildebeest, zebra, and gazelle across the plains. It's also known for its high density of predators, including lions, leopards, and cheetahs. The diverse landscape, from rolling grasslands to riverine forests, provides stunning vistas and an unforgettable drive.



Optional Activities - Day 5

Masai Mara Balloon Safari

Masai Mara

Choose to pre-book a Hot Air Balloon safari over the plains of the Maasai Mara. Your balloon adventure ends with a delicious breakfast. Float above the Mara plains in a dimension of unsurpassed tranquillity and beauty. The hot air balloon lifts you into the clear blue sky at dawn and gives you an eagle's view of the wildlife pageant below. You will glide over the treetops with the early birds and be wafted gently over the plains, above the bustle and bumps of the ground below, but cruising close to enjoy the spectacular scenery.

Balloon Flight Times

Pickup at 05:00

Flight at 06:00

Morning Masai Mara Wildlife Safari Drive

Masai Mara

Enter the park early in the morning to witness the magnificent wildlife as the first light begins to glow over the land.

Day 6

Masai Mara/Nairobi

In the morning leave camp and begin to travel back to Nairobi on a route that allows you to spot some wildlife as you exit the area. Stop along the way for lunch at a G Adventure-supported community project. Arrive back to Nairobi and attend an optional group dinner this evening at a nearby local restaurant.



Meals included

Breakfast | Lunch



Accommodation

Kingfisher Nest Hotel Suites (or similar)

Hotel



Today's Activities

Private Vehicle

Masai Mara - Nairobi

6h30m

Settle in and scan the scenery from the comfort of your private vehicle. As you leave the camp you will have a chance to see wildlife on the route taken from the camping area. There will be a stop outside of Nairobi for lunch at a G Adventures-supported community initiative.

ACTIVITY

In the post-colonial era of East and Southern Africa, Kenya found itself as a refuge for many women who were seeking safety. As a result, a very special G Adventures for Good supported project, Amani ya Juu, was created. Amani ya Juu serves as a community where many of these women can learn entrepreneurship and engage in fair trade activities that allow them to create opportunities for themselves and their families. By creating unique handicrafts symbolic of their cultures, the women can express themselves and receive an impactful income, leading to economic independence. Here you'll enjoy a locally sourced lunch prepared by women and youth of the community, engage in conversation to learn of their history, and build a greater connection with this incredible program.

Day 7

Nairobi

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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What are the main highlights of this trip?

Enjoy safari drives through the grasslands and acacia woodlands of Lake Nakuru National Park and observe the legendary Big Five, Witness the iconic wildlife of the Masai Mara in one of the few places where animals and their ecosystem exist in a highly protected environment, Embrace the conservations efforts evident in Kenya's vast landscapes, Sit down for lunch at a G Adventure-supported community initiative where women can support their families through the creation of unique handicrafts symbolic of their cultures

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Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

2. YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country(s) visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 14, avg. 10

What meals are included in this trip?

6 breakfasts, 5 lunches, 4 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. Please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

4x4 safari vehicles, private vehicles.

What transportation will we take on this trip?

The safari part of this trip is done in private, 7-seat 4x4 Land cruiser vehicles. With sliding windows and a large pop-up roofs, these vehicles are designed for wildlife viewing. If there is a large group, 2 or more vehicles will be used, and the group will be split up.

All G Adventures vehicles are regularly serviced and follow a strict maintenance schedule. However given the long travel days and rough conditions of many of the roads in Africa, vehicles can and do breakdown on occasion. If such situations occur all drivers are trained mechanics and any vehicle issues are rectified as quickly as possible so as to not disrupt your trip. Your patience is requested if the vehicle you are traveling in happens to encounter a mechanical fault.

This is not a physically demanding journey; however, travelling can be difficult, with long drives and poor road conditions at times. Please take note of the travel times and distances in the above itinerary, and consider that this is often on poor quality, bumpy roads. Despite this, most clients feel that the diversity of the African landscape, culture and wildlife are all well worth the experience.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (2 nts), Lodges (2 nts), Safari Camp Cottages (2 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

For any issues relating to pre-booked transfers for Nairobi Jomo Kenyatta International Airport, including delays or missed transfers, please contact our airport transfer operator:

Phelix: +254 729 692 653 (from outside of Kenya)

Phelix: 0729 692 653 (from within Kenya)

EMERGENCY CONTACT NUMBERS

G Adventures Local Office (Nairobi, Kenya)

From outside Kenya: +254 727 208 832

From within Kenya: 0727 208 832

G Adventures Local Representative (Zanzibar)

Mr Salum Muhidin: +255 773 258 773 (Operations Manager)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack, no larger than 30cm(height) x 30cm(width) x 60cm(length), maximum 15kg, plus a daypack. You will need a daypack big enough for a change of clothes, towel, toiletries etc to take with on the Serengeti excursion, but still small enough to fit into the smaller vehicles used for the excursion. Due to limited space in the wildlife-drive vehicles, big backpacks can unfortunately not be taken with to the Serengeti.

Please note, if you are travelling with a large amount of luggage and will be returning to Nairobi later in your trip, you may leave a portion of it at the start hotel, this is indeed possible as storage facilities are available.

A set of smart casual clothes is also advisable.

What should be on my packing list?

Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The climate in East Africa varies between the dry and rainy season. Please ensure you bring a windproof rain jacket if you are travelling between April & May, October & November.

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Kenya:

As of January 1st 2024, the Kenyan government announced the introduction of a new Electronic Travel Authorisation (eTA) scheme, eliminating the requirement for all nationalities to obtain a visitor visa for Kenya. ALL travellers must apply for the eTA, including those that were previously exempt.

For more information, please refer to the eTA site [here](#)

IMPORTANT NOTE:

It may be required to show a Yellow Fever certificate upon entering the country. Please check in with your local consulate and health expert for advice on Yellow Fever and other inoculations required for this area.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The local currency in Kenya is the Kenyan Shilling (KES, or KSH).

Shillings can be obtained locally by changing foreign currency or by using ATMs (where available) which will disperse local currency. Your CEO will inform you where you can change money throughout the tour and approximately how much money you will need for each country. The easiest foreign currency to exchange for locally for any of the local currencies is the USD; however the British Pound and Euro may also be exchanged as well. Please note that due to past problems with forgery, USD notes that are older than year 2006 are not accepted in Africa.

Large note (USD50, USD100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to rely on cash, please bring foreign currency (Euro, Pound, USD) with you, as it is often expensive to buy these currencies locally. And in more rural areas, it is often not likely.

If you plan to buy your visas at borders, you will need to bring USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. It is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Tipping is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion.

Tipping is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

CEO: \$5 USD (per day)

Driver: \$5 USD (per day)

Supply crew: \$2-5 USD (per day)

Local guides: \$1 USD (per couple of hours)

Local guides (Zanzibar): \$2 per day

Hotel porters (Zanzibar): \$1 USD

Restaurant/café servers: 10% of the cost of the bill

What activities are optional on this trip?

Lake Nakuru National Park

- Lake Nakuru Afternoon Safari
Drive

Masai Mara

- Masai Mara Balloon Safari
- Morning Masai Mara Wildlife
Safari Drive

Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note: (Updated: May 2023)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country:

- Botswana
- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mozambique
- Rwanda
- South Africa
- Swaziland
- Uganda
- Zambia
- Zimbabwe

For some of these countries, proof of Yellow Fever vaccination is also required for passengers who have travelled more than 12 hours through the airport of an endemic country. If other countries not endemic to Yellow Fever have been visited after visiting an endemic country, then a Yellow Fever certificate may still be required on entry. Please check country-specific regulations before your departure.

Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

Nairobi

-Always leave your passport (It's better to carry a photocopy of it instead), traveller's cheques, flight tickets and money that you won't be using in the safe deposit in your hotel room/reception. This is free of charge to G Adventures Adventure clients.

-Remember that like in any other city, you should never leave your bags unattended, nor flaunt jewellery, cameras etc

-Please don't wander through the city at night. Stick to the main streets only during the day, and after sundown, please take a taxi. Taxis can be organised from reception of your hotel. Also, take the address of the hotel with you.

-People are generally friendly, but don't let people take advantage of you, especially the sales people!

-Beware of people approaching you on the street with an apparent interest of where you are from, and want to sit down and have a chat with you. These people are most likely con men and try to get money from you in one way or another

-People on the street who ask you if you want a safari and have a brochure are often con men, best to avoid these folk.

Besides, you're already on safari!

Our suggestion is to dress moderately, and drink moderately. At all times be aware of your surroundings, and your actions, and to exercise caution.

Photography

Please refrain from taking photos of police stations, airports, bus stations, immigration and border crossings, army barracks and personnel, or any government building. It is against the law and will result in the minimum of your film and camera being confiscated.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.