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Sorry! There are no remaining departures for "Upgraded Thailand" (ATHJ), [but here are some similar trips](#).



Upgraded Thailand

15 days, Bangkok to Bangkok

Trip code ATHJ

What's included

- Your G for Good Moment: Kao Thep Pitak Community-Owned Farm & Meal, Ban Ta Khun
- Your Foodie Moment: Cooking Class, Chiang Mai
- Your Discover Moment: Bangkok
- Arrival transfer
- Entrance to Thai-Burma war museum and train ride
- Visit to Erawan National Park
- Guided tour at Ayutthaya Historical Park
- Dinner on a converted rice barge
- Bangkok boat tour of the klongs (canals) and Wat Pho temple complex
- Ko Mat Sum and Ko Taen Excursion
- Internal flights
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing December 15th, 2021 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Bangkok

Arrive at any time.



Today's Activities

Airport Transfer

Bangkok - Suvarnabhumi Airport

45m-1h30m

Upon arrival at the airport, head to the arrival hall and door number 10. Look for a driver holding a G Adventures sign with your name, who'll take you to your hotel so you can check in and start exploring.

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Day 2

Bangkok/Kanchanaburi

In the morning transfer to the city of Kanchanaburi, at the convergence of the Khwae Noi and Khwae Yai Rivers. Journey by train across the bridge on the River Kwai and then visit the Thailand-Burma Railway Centre to learn about the history surrounding the Burma Railway. Afterwards, the group will visit the nearby Kanchanaburi War Cemetery.



Meals included

Breakfast



Today's Activities

Private Vehicle

Bangkok - Kanchanaburi

2h-3h

130km

Settle in and scan the scenery from the convenience of a private vehicle.

Bridge on the River Kwai Visit

Kanchanaburi

1h45m-2h

Take in a piece of World War II history on this visit. You've seen or at least heard of the famous movie, "Bridge on the River Kwai" -- tour the real thing and take a train ride over the bridge. It's massive, majestic, and imposing, and offers fabulous views of the river below.

Thai/Burma Railway Centre and Allied War Cemetery Visit

Kanchanaburi

Visit the Thai-Burmese Railway Museum to learn about the Death Railway's dark history, and the Allied War Cemetery where more than 6,000 prisoners are buried.

Day 3

Kanchanaburi/Phra Nakhon Si Ayutthaya

Stretch those legs this morning on a hike into the fertile landscapes of Erawan National Park in the Tenasserim Hills. Enjoy a quick swim in the turquoise pools of Erawan Falls. In the afternoon, travel to the historic city of Phra Nakhon Si Ayutthaya where the group will try some traditional Thai dishes for dinner on a rice barge from the 1930s that has been converted into a restaurant.



Meals included

Breakfast | Dinner



Today's Activities

Erawan Waterfalls

Nam Tok Erawan

2h-3h

Visit one of the world's most beautiful waterfalls. Its seven tiers offer a unique experience at every climb, reaching up to 1,500m (4921 ft). Swim in the turquoise pools, snap photos from the top tier, and opt to hike in the jungle to spot monkeys.

Private Vehicle

Kanchanaburi - Phra Nakhon Si Ayutthaya

2h

Settle in and scan the scenery from the convenience of a private vehicle.

Dinner Cruise

Phra Nakhon Si Ayutthaya

2h

Cruise down the river aboard a converted 1930s rice barge. Have a delicious Thai meal while taking in the incredible views of the city.

Visit the UNESCO World Heritage-listed Ayutthaya Historical Park where you will be able to walk down well-planned city streets to see beautiful palaces and Buddhist monasteries that inspired Thai architecture for years to come. After spending some time here, return to Bangkok where the group will board a flight to Chiang Mai. Dinner will be enjoyed at a traditional village in the countryside. It will be khantok-style and served on low pedestal trays.

Khantok in the Northern dialect means wooden tray, used for carrying dishes, round in shape and made of teak wood. The host will invite guests to sit on the floor around the khantok. After dinner, enjoy tea time with the opportunity to talk with local people to learn their way of living.



Meals included

Breakfast | Dinner



Today's Activities

Ayutthaya Historical Park Guided Tour

Phra Nakhon Si Ayutthaya

3h-3h30m

Explore the ruins of Ayutthaya, a UNESCO World Heritage site. Ayutthaya served as Thailand's capital from the 14th to 18th centuries, when it ranked as one of the most magnificent cities in the world. Late in the 17th century its population reached one million, and foreign visitors wrote awestruck accounts of its size and splendour.

Private Vehicle

Phra Nakhon Si Ayutthaya - Bangkok

2h-3h30m

Hello again, Bangkok! Travel back to the city and to the airport by private van.

Plane

Bangkok - Chiang Mai

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Traditional Thai Home Dinner

Chiang Mai

Visit a village outside Chiang Mai and sit down to an authentic Khantoke dinner in the home of a local family. Dishes typically include sticky rice, hang-le curry, and crispy pork with chilli paste. Over tea, learn about life in rural Thailand and visit the family garden to learn about herbs and spices popular in local cooking.

Day 5

Chiang Mai

Immerse yourself in the lively atmosphere of Chiang Mai's morning markets. You'll be with a local chef during your time there and will learn about Thai cuisine as you select ingredients for an included cooking class. For lunch the group will eat what they made during the class and will visit a historic temple together. Then, meet with one of the resident monks to learn about life in the temple. From there, listen to the chanting of monks at Wat Phra That Doi Sethep temple.



Meals included

Breakfast | Lunch



Today's Activities

Doi Suthep Temple Visit

Doi Suthep - Chiang Mai

3h

Visit Wat Phra That Doi Suthep, a golden Buddhist temple outside of Chiang Mai on the Mt Doi Suthep. Climb 300 steps to reach the temple and be rewarded with an unforgettable view. Admire the many Buddhist relics at this sacred temple and visit the white elephant shrine. Legend has it that the location of the temple was chosen after a white elephant carried a relic to the mountain and trumpeted three times before dying on the spot. Also, with a little luck, you may witness the chanting of the monks.

Local Van

Chiang Mai

1h30m-2h

Climb aboard, take your seat, and enjoy the ride.

ACTIVITY

Pick out the best ingredients at a local market and learn how to make delicious Thai dishes.

Meet with Monks

Chiang Mai

Visit a Buddhist temple in Chiang Mai's Suthep district. Sit down with young monks to discuss daily life and Buddhism, and leave feeling spiritually refreshed. Monk Chats are informal discussions at a round table with a preschool age Monk, usually accompanied by their teacher.



Optional Activities - Day 5

Chiang Mai Cycling Tour

Chiang Mai

1500THB

10-13km

This Chiang Mai half-day ride takes you on a memorable tour of the countryside's most interesting sights. You'll go beyond the city to see local Buddhist temples, markets, organic farms, rice paddy fields and more. Get a sense of how the locals live, stop when you want for photos, and check out the nature along the city's main river, the Ping.

Day 6

Chiang Mai

The day is yours. Check out Chiang Mai's temples and choose from a variety of optional activities to fill your time. Maybe travel the rural lanes of the city in a tuk-tuk, or choose to take a cycling tour through rice paddies and the historic district. After dark, opt to visit Chiang Mai's bustling night market.

Explore the rural lanes of Chiang Mai in a tuk-tuk by pre-booking the Tuk-Tuk Adventure when booking your tour.



Meals included

Breakfast



Today's Activities

Free Time

Chiang Mai

Chiang Mai is a mecca for shopping and handicraft production, so take advantage of this opportunity to do some shopping if you wish.



Optional Activities - Day 6

Street Food Walk at Chiang Mai Night Market

Chiang Mai

Pick up a souvenir at this shopper's paradise. Wander through the market to find music, food, and local artists selling handmade crafts.

Chiang Mai Cycling Tour

Chiang Mai

1500THB

10-13km

This Chiang Mai half-day ride takes you on a memorable tour of the countryside's most interesting sights. You'll go beyond the city to see local Buddhist temples, markets, organic farms, rice paddy fields and more. Get a sense of how the locals live, stop when you want for photos, and check out the nature along the city's main river, the Ping.

Full Day Tuk-Tuk Adventure

Chiang Mai

Learn how to drive a classic Thai mode of transport - the tuk-tuk - then set off for a full-day Northern Thailand adventure like no other. With your very own guide, explore the rural lanes of Chiang Mai, drive past rice fields and temples as you weave through the countryside, and experience Thai hospitality at its finest over lunch and chatting with the locals. Drinking water throughout the day, as well as pick-up and drop-off at your hotel in Chiang Mai, is included. Please note that if you wish to drive the tuk-tuk, you must have a valid license (not required for backseat passengers).

Day 7

Chiang Mai/Bangkok

Fly to Bangkok in the morning and hop on a traditional klong boat to ride through the winding canals. Stop for a visit to Wat Pho, the largest and oldest temple complex in Bangkok. See the grand statue of the Reclining Buddha and simply enjoy your surroundings.



Meals included

Breakfast



Today's Activities

Plane

Chiang Mai - Bangkok

1h30m

Take a quick flight back to Bangkok.

Klong Riverboat Tour

Bangkok

Travel by longtail boat on the busy Chao Phraya River and through the small canals of western Bangkok's Thonburi district. Observe colourful scenes of everyday life along the river banks.

Wat Po Visit

Bangkok

This temple is known for its reclining Buddha, its feet covered with mother-of-pearl engravings of Buddhist symbols. Explore the large grounds and other compounds to see other Buddha figures, murals and the chedis that contain the ashes of Buddha. This is also the birthplace of traditional Thai massage.

Private Vehicle

Bangkok

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

Bangkok

Did someone say free day in Bangkok? Sure did! Choose to visit the Grand Palace, stare up at the sacred statue of the Emerald Buddha at Wat Phra Kaew, or wander through the art and artifacts at the Bangkok National Museum. The choice is yours. If you can't decide, maybe hop on a bike to check out the calmer side of the city, riding through hidden temples and beautiful parks.



Meals included

Breakfast



Optional Activities - Day 8

Optional Welcome Meeting for Travellers on Combos

You may be a seasoned pro at group travel by now, but there will likely be some new travellers joining the group. Sit in on the welcome meeting to meet the newest members of your group and learn about the next leg of your tour.

Bangkok Cycling Tour

Bangkok

35USD

Hop on a bike and explore the quieter side of busy Bangkok. Cycle through the city and see hidden temples and lush parks. Amazing street food vendors abound so be sure to stop for a bite and refuel.

National Museum Visit

Bangkok

200THB

See Thai artifacts on display from the Dvaravati, Srivijaya, Sukhothai and Ayutthaya periods as well as other Southeast Asian collections. Please note the cost of this optional activity does not include the entrance fee.

Grand Palace Visit

Bangkok

500THB

Visit the King's official residence (made up of many buildings, halls, lawns, gardens, and courtyards) on the banks of the Chao Phraya River and see the Temple of the Emerald Buddha. Please note the cost of this optional activity does not include the entrance fee.

Day 9

Bangkok/Ko Samui

The adventure certainly begins today as the group transfers to the airport in Bangkok to board a flight to the island of Ko Samui. Get settled and then explore your surroundings during a free afternoon. Lounge by the pool, leave footprints along the beaches, or become acquainted with the local village.

Ko Samui is bordered by these beautiful sapphire waters just off of the southeast coast of Thailand. Think palm trees, freshly caught seafood, warm waters, and vast sandy beaches. The best part? The hotel is in the lively “Chaweng” district. Walking distance to many restaurants, shopping, and other entertainment options.



Meals included

Breakfast



Today's Activities

Plane

Suvarnabhumi Airport - Koh Samui Airport

1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Ko Samui

Kick back and relax on the beach, or opt to explore the town.

Day 10

Ko Samui

Today you're in for a treat. Board a traditional longtail boat in the morning and set off to the islands of Ko Mat Sum and Ko Taen. Indulge in a local lunch at the beach and then choose to relax, explore more on foot, by kayak, or with a snorkel. There's so much to do and see, especially under the calm, clear waters.



Meals included

Breakfast | Lunch



Today's Activities

Ko Mat Sum and Ko Taen Excursion

Ko Mat Sum

Enjoy an excursion by private longtail boat to the secluded beaches of Ko Mat Sum and Ko Taen. Relax in paradise, enjoying the white sand beaches, turquoise waters and feast on a traditional Thai lunch. Get as active as you please with included sea kayaking and snorkelling off shore.

Board a ferry to reach the mainland for your drive to Kao Thep Pitak. This community-owned farm is supported by G Adventures. It's here that you'll have lunch and take a walk through the surrounding fruit orchards. Then, it's onward to Khao Sok National Park, where the group will stay at a sustainable, community-focused eco-lodge near the park boundary. After dark head out with a community guide into the rainforest to witness the jungle at night.

Khao Sok is a stunning location with one of the oldest evergreen rainforests in the world, surrounded by limestone karst cliffs.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Ferry

Ko Samui - Don Sak

1h30m-2h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Don Sak - Khao Sok

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Kao Thep Pitak Farm and Culinary Experience

Ban Ta Khun

Discover how delicious southern Thai dishes go from plot to plate at this community farm and restaurant experience. Take a walk through Kao Thep Pitak's organic farm and fruit orchard to see how those same items are made into a tasty meal by local village residents. You'll also have the opportunity to visit the rubber plantation and learn how the village has made this farm into a self-sufficient economy benefitting over 140 families. Planeterra and G Adventures are proud to support this endeavour.

ACTIVITY

Indulge in traditional Southern Thai cuisine prepared by members of Kao Thep Pitak village. Your meal will be made with ingredients picked from local organic farms and a fruit orchard on the property. Over 140 families benefit from the community-owned and managed eatery through the Kao Thep Pitak Community Ecotourism Enterprise, supported by Planeterra and G Adventures.

Rainforest Eco-Walk & Dinner

Khao Sok

Explore the incredibly lush rainforest of Klong Phanom National Park alongside one of the locals who call this region home. This expert tracker is a conservationist and ecotourism guide who is now dedicating his life to the protection of the rainforest. He'll also discuss traditional jungle medicines and their role in the lives of the area's people. Afterward, sit down with our host at a campfire dinner of rainforest specialties.

Day 12

Khao Sok

It's all about Khao Sok National Park as you get a day to enjoy the largest virgin rainforest area in southern Thailand at your own pace. There are many optional activities to choose from that will get you into the jungle. Go on a hike to search for monkeys and tropical birds, relax in some hot springs, grab a canoe and float down the Sok River, or book a cycling tour through the park's winding trails.



Meals included

Breakfast



Today's Activities

Free Time

Khao Sok

Today is free for optional activities including jungle hikes, canoeing, or hot springs.



Optional Activities - Day 12

Khao Sok Bicycle Tour

Khao Sok

Enjoy a guided cycling tour through the local villages surrounding the National Park.

Anurak Jungle Hike

Khao Sok

Enjoy a self-guided hike along the jungle trails surrounding the lodge.

Hot Springs Visit

Khao Sok

Relax in hot pools fed directly from a local spring. Enjoy the soothing waters and stunning view of the surrounding jungle valley.

Khao Sok National Park Hike

Khao Sok

Explore the National Park with an expert local guide. Hike through stunning rainforest and keep an eye open for birds and monkeys.

Sok River Canoe Tour

Khao Sok

Take a guided canoe tour along the Sok river. Enjoy the stunning scenery and keep an eye out for birds, monkeys, and lizards.

Day 13

Khao Sok/Krabi

Today's journey includes driving south to Krabi along the southwest coast of Thailand. After crossing the Krabi River by private longtail boat you'll visit the Khao Khanap Nam cave to view some prehistoric paintings and cool rock formations. Afterwards, travel to Ko Klang island and hop on some tuk-tuks to weave through local communities seeing local life at work. Stop and chat with villagers to learn about cultivation techniques passed down through generations.



Meals included

Breakfast



Today's Activities

Krabi Village Excursion

Krabi

With our local guide, cross the Krabi River by typical long-tail boat, and jump in tuk tuks to explore local villages and farming communities. Interact with people going about their daily lives farming rice and vegetables and other rural industries. Learn about the culture and beliefs of the mostly Muslim population.

Private Vehicle

Khao Sok - Krabi

2h-3h

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 13

Kayaking

Krabi

Explore the stunning landscape of Krabi by kayak, a great way to see the caves and wildlife in the area.

You've earned some down time, so why don't you take today to relax and explore Krabi. Maybe jump on a tuk-tuk to visit Ao Nang beach, or choose to kayak through the turquoise waters of the Andaman Sea. Maybe go snorkeling and search for tropical fish. If you want even more adventure, book a speedboat day trip to some of the best beaches on the Ko Phi Phi islands.

Take in those gorgeous beach views today and do as you wish in this paradise. In the evening maybe grab a cocktail or relax by the pool. Ask your CEO and they will fill you in on all of the options available to you. The resort also has excellent facilities for you to try should you choose.



Meals included

Breakfast



Today's Activities

Free Time

Krabi

Relax at a spa, rent a kayak and stay active, or get to know the local marine life while snorkelling.



Optional Activities - Day 14

Massage

Lay back and soothe aching muscles with a famous local massage. Affordable and amazing, don't miss out.

Phi Phi Island Tour By Speed Boat

Ao Nang

1800THB

Traverse the Phi Phi Archipelago to discover idyllic beaches and sparkling turquoise waters. Stop to snorkel at Loh Samah Bay and see the wildlife at Monkey Beach. From the boat, view the iconic Maya Bay, made famous by the Leonardo DiCaprio film, *The Beach*. Stop at the glittering lagoon, Pileh Bay. Secluded by limestone cliffs rising majestically from the water, this hidden paradise is the perfect spot for swimming and exploring. Once you've built up an appetite, head to the lively Phi Phi Don for a buffet lunch, catching a glimpse of Viking Cave en route. End the day in the picturesque setting of Bamboo Island, where you can opt to snorkel or relax on the white sands.

Please note that this tour does not include the National Park fee which is required by law to be paid directly to the park ranger.

Day 15

Krabi/Bangkok

This morning, return to Bangkok, where your trip ends on arrival.

The tour ends at Suvarnabhumi Airport (Bangkok Airport). Please note: your flight must not depart earlier than 15:00 on this day.



Meals included

Breakfast



Today's Activities

Plane

Krabi - Bangkok

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your G for Good Moment: Kao Thep Pitak Community-Owned Farm & Meal, Ban Ta Khun
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- Your Discover Moment: Bangkok
- Arrival transfer
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- Dinner on a converted rice barge
- Bangkok boat tour of the klongs (canals) and Wat Pho temple complex
- Ko Mat Sum and Ko Taen Excursion
- Internal flights
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Sit down with a monk and learn about daily life in a temple, Travel Bangkok's canals by boat, Wander through temples and palaces in Bangkok, Snorkel and lounge on the beaches of southern Thailand, Swim in the gorgeous waters of Ko Mat Sum and Ko Taen islands, Float down the Krabi River on a longtail boat and ride in a tricycle tuk-tuk.

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion, it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. COMBO TRIP

Please note that this trip is part of a combination of multiple G Adventures tours. As such, the CEO, staff and/or particular vehicles operating your tour may change between tour segments. You may also expect some group members to join or leave the tour, between tour segments.

2. THAILAND ENTRY PACKAGE INFORMATION

When you book the Thailand Entry Package, regardless of upgrade status or room type, please be aware that you will need to arrive no later than 18:00 hours to be eligible to book this package.

Please note that if you have purchased the Thailand Entry Package on the evening of day 4 you will be transferred to get your second required PCR test and then be taken back to the hotel. On day 5 while awaiting results of the PCR test you will need to remain in your hotel room. Upon receiving a negative result you may resume your tour with G Adventures. In some cases the test may be available at the hotel you will be staying at, but that is not always guaranteed.

3. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the group leader like?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 16, Avg 12.

What meals are included in this trip?

14 breakfasts, 3 lunches, 3 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally, meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what, and with whom to eat. It also gives you more budgeting flexibility, though generally, food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Included breakfasts in some places may be Asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private bus/minivan, tuk tuk, tricycle, boat, train, plane, walking.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

There may be a weight restriction for the internal flight on this tour. Each passenger is allowed to carry one checked bag with a maximum weight of 20 kg (44lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (12 nts), lodge (2 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

This tour features 12 nights hotel, and 2 nights in a comfortable eco-lodge.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

An arrival transfer is included on this trip when you arrive on Day 1, or when you arrive up to three days prior to the tour, provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous. To meet your arrival transfer go to gate number 4 in the arrival hall near the airport information counter and look for a G Adventures sign with your name on it.

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1, please make your way to the joining hotel via your included transfer. Details on where to meet your transfer can be found in your voucher notes or on the G Adventures app.

If you have booked pre-tour accommodations through G Adventures, please note that you must contact us to confirm the included arrival transfer. Check-in time at your start hotel will be in the afternoon.

Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1.

Your CEO will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details.

For your airport transfer, please meet your driver at gate number 10 of the airport, in the arrival hall. Look for a driver holding a G Adventures sign with your name.

If you have still have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Bangkok Airport Transfer complications please call our local G Adventures Transfer provider directly at: +66 86 321 0729 (086 321 0729 from within Thailand) or +66 82 450 2777 (082 450 2777 from within Thailand)

EMERGENCY CONTACT NUMBERS

After hours emergency number

From outside Thailand +66 (0) 92 338 9222

From within Thailand (0) 92 338 9222

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany, and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

This trip ends at the Bangkok airport mid-to-late afternoon on Day 15. Flight times can vary and are always based on availability. Please do not book any flights from Bangkok until after 3PM to ensure you have enough time to catch your forward flight. We also can arrange post-night accommodation in Bangkok - please speak to your agent for details.

Are there any additional packing suggestions I should consider?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule, we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 15kg/30lb. We recommended for G Adventures trips a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

What should be on my packing list?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

THAILAND - Most nationalities do not need a visa for Thailand for stays of 30 days or less but if you do they are available on arrival at Bangkok Airport. If staying in Thailand for more than 30 days, you will be required to obtain a tourist visa in advance. Only 15 day tourist visas are issued when entering Thailand overland.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

During this tour, the local currency you will use is the Thai Baht. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: www.xe.com for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a backup. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of an emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time-consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Departure Tax is Included in all International and Domestic tickets.

Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is an opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week, can be used.

What activities are optional on this trip?

Chiang Mai

- Chiang Mai Cycling Tour (1500THB per person)
- Street Food Walk at Chiang Mai Night Market
- Full Day Tuk-Tuk Adventure

Bangkok

- Optional Welcome Meeting for Travellers on Combos
- National Museum Visit (200THB per person)
- Bangkok Cycling Tour (35USD per person)
- Grand Palace Visit (500THB per person)

Khao Sok

- Khoa Sok Bicycle Tour
- Hot Springs Visit
- Sok River Canoe Tour
- Anurak Jungle Hike
- Khao Sok National Park Hike

Krabi

- Kayaking
- Massage

Ao Nang

- Phi Phi Island Tour By Speed Boat (1800THB per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia, pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash, and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip, you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by a guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which are the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trip. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia, the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tank-tops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.