



Vietnam Hike, Bike & Kayak

10 days, Ho Chi Minh City to Hanoi

Trip code AVHB

What's included

- Your G for Good Moment: Oodles of Noodles, Hoi An
- Your Welcome Moment: Meet Your CEO and Group

- Your Local Living Moment: Mai Chau Homestay, Mai Châu
- Cu Chi Tunnels entrance and tour
- Escorted cycling trips
- Entrance to the Emperor's Tomb and Citadel
- Countryside hike
- Halong Bay overnight boat trip with seafood meals
- Sea-kayaking and cave visit
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing July 8th, 2020 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Ho Chi Minh City

Arrive at any time.

There are no activities planned until an evening welcome meeting.

Please note: most nationalities require a visa to enter Vietnam. Please double check requirements with your travel agent or local Vietnamese Embassy.



Accommodation

A25 Hotel CMT8 (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Ho Chi Minh City/Hoi An

Cycle to the Cu Chi Tunnels for a guided tour. Travel through the countryside and stop at local points of interest along the way. In the afternoon, fly to Hoi An via Danang.



Meals included

Breakfast



Accommodation

TTC Hotel Premium Hoi An (or similar)

Hotel



Today's Activities

Củ Chi Cycling

Củ Chi

1h-2h

25km

Start off on the back roads. Ride through rubber plantations and sleepy villages where residents tend rice fields. See where rice paper is made. Finish the ride at the Cu Chi Tunnels, extensive underground bases and an example of one of the greatest advantages the Viet Cong held over the Americans in the war.

Cu Chi Tunnels Guided Tour

Củ Chi

Take a guided tour of the Cu Chi Tunnels, a complex network of tunnels that the Viet Cong lived in to protect themselves from opposing forces during the Vietnam War. Try crawling through some of the tunnels (if you're not claustrophobic). These tunnels stored ammunition, had underground hospitals, and served as a hidden base for attacking allied forces.

Private Vehicle

Củ Chi - Ho Chi Minh City

1h-1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Ho Chi Minh City - Da Nang

1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Da Nang - Hoi An

45m-1h

28km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

Hoi An

Explore the villages around Hoi An by bike before enjoying a noodle making demonstration and lunch at Oodles of Noodles, a G Adventures-supported project. Opt to relax on the beach, or visit the tailors in town.



Meals included

Breakfast | Lunch



Accommodation

TTC Hotel Premium Hoi An (or similar)

Hotel



Today's Activities

Hoi An Cycling Excursion

Hoi An

Enjoy a peaceful exploration of the villages around Hoi An led by your CEO. Cycle through rice paddies and along narrow country lanes, taking in scenes of daily life.

ACTIVITY

Try some of the oodles of noodles (more than 26 types!) available in the city in this tasty cooking class. Run by our G for Good partners, STREETS International, this class was developed exclusively for G Adventures. Former street youth that are part of this hospitality training program, will help you prepare and cook a number of different types of noodles. This program helps these youth practice their English, increasing their skill-set and opportunities available to them in the tourism industry. Enjoy your yummy creations while learning more about the local cuisine and this initiative which empowers street youth through skills and employment training.

Free Time

Hoi An

Use free time in this quaint town to explore any way you like.



Optional Activities - Day 3

Hoi An Cooking Class

Hoi An

35USD

Take a cooking class to learn more about Vietnamese food and its distinct flavours. Tour the local market to buy fresh ingredients before preparing some popular regional dishes. Enjoy your creations when you're done!

Hoi An Old Town Walking Tour

Hoi An

6USD

2h-3h

Stroll through the narrow winding streets of Hoi An's old town to see Chinese assembly halls, ancestral homes, The Japanese Covered Bridge, and well-preserved pagodas on this self-guided tour. Opt to try local delicacies and fusion food at one of the restaurants for which Hoi An is becoming famous.

Day 4

Hoi An/Huế

Drive the Hai Van Pass to the ancient capital of Hue.



Meals included

Breakfast



Accommodation

Asia Hotel (or similar)

Hotel



Today's Activities

Free Time

Hoi An

Use free time in this quaint town to explore any way you like.

Private Vehicle

Hoi An - Huế

4h

137km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

Huế/Hanoi

See Hue by bike, including the Citadel and the tomb of Tu Duc. Take an overnight train to Hanoi.

Set out on bicycles to discover Hue, visiting the former Citadel and Tu Duc's tomb. After spending the day cycling, head back to town before taking an overnight train to Hanoi.



Meals included

Breakfast



Today's Activities

Hue Cycling Tour

Huế

3h-4h

35km

Cycle through Hue and to landmarks like the Citadel and Tu Duc's tomb.

Basic Overnight Train (beds)

Huế - Hanoi

14h-15h

673km

There will be a 15-min transfer by private bus to the train.

The sleeper trains in Vietnam are quite comfortable. Each cabin sleeps four people in two bunk beds. You will be able to lock the door from the inside. All bedding is provided. The train is air conditioned and has squat and Western-style toilets with a wash basin at the end of each compartment. Bags can be stored in the cabin and accessed at anytime. Food and drinks are available for purchase on board. This is not to everyone's taste, so bringing your own is recommended.

Day 6

Hanoi/Mai Châu

Transfer to Mai Chau, then continue out into the countryside. Hike the Mai Chau area and enjoy a homestay with local meals provided.

Upon arrival in Hanoi, drive out into the nearby hills. Reach Mai Chau in the late morning and then take a hike around the area to visit some of the Thai minority people who call this valley home. Enjoy a home-cooked meal and sleep in a dormitory-style long house in traditional style.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Mai Chau Homestay (or similar)

Hotel



Today's Activities

Private Vehicle

Hanoi - Mai Châu

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Mai Chau Hike

Mai Châu

2h-3h

Leave the city behind and travel up into the mountains north of Vietnam. Walk through villages and past rice paddies up into the hills. The hike is simple enough for anyone in good health, although the terrain can become slippery underfoot if the weather changes.

ACTIVITY

Enjoy a homestay in Mai Chau – make new friends and learn all about local living. Reach Mai Chau in the late morning, and then hike around the area to visit some of the Thai minority people who call this valley home. With its green rice fields, punctuated by traditional brick kilns and surrounded by mountains, Mai Chau is yet another picture-perfect moment in the adventure of Vietnam.

Enjoy a home-cooked meal during the evening, and sleep in a dormitory-style long house in traditional style. (The group will be provided with mattresses, mosquito nets, and blankets – the homestay is comfortable, but basic.)

Day 7

Mai Châu/Hanoi

Return to Hanoi before cycling the outskirts of the city. In the evening, walk through the Old Quarter and take in the beautiful sites.

In the morning, transfer back to Hanoi. In the afternoon, cross the river and take a ride around the quieter suburbs surrounding Hanoi. Return to town to spend the evening exploring the Old Quarter. Opt to attend a famous water puppets' performance and sample some of Hanoi's amazing eating venues.

Interested in local cuisine? Opt to pre-book the "Hanoi Foodie Culture Tour" activity on the checkout page ahead of time, to include this optional on your tour.



Meals included

Breakfast



Accommodation

Thien Thai Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Mai Châu - Hanoi

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Hanoi Cycling Tour

Hanoi

Distance cycled: 25km (15 mi)

Old Quarter Orientation Walk

Hanoi

Take an orientation walk through Hanoi's Old Quarter, a maze of streets, each one traditionally devoted to a different product or industry. Each street is named after the trade practiced on that street for several generations; it's an interesting glimpse into the life of a Hanoian in one of the oldest parts of town. Need a rest? Stop at Bia Hoi corner and pull up a plastic stool. Drink the local brew with the locals and make new friends.



Optional Activities - Day 7

Hanoi Foodie Culture Tour

Hanoi

1-2km

Indulge your inner foodie with a street food tour through bustling Hanoi. Follow your guide through the back streets and markets of the city's old quarter, sampling local fare along the way. Mingle with city natives and experienced street food artists alike, as you taste a variety of Hanoi faves like "nem ran" and "banh goi." Stop at a streetside bar to savour a draught beer like Hanoians do. Cap off the tour at the Hanoi Food Culture restaurant, a G Values Fund Project, and try the city's signature specialty coffee.

Thăng Long Water Puppet Theatre Performance

Hanoi

200000VND

Watch a traditional Vietnamese water puppet show with beautiful live music and intricate puppets dancing in a water stage.

Day 8

Hanoi/Ha Long

Relax on a traditional junk boat cruise around Halong Bay and indulge in an included seafood lunch. This afternoon, explore Halong Bay by kayak for a different perspective.

Thousands of islands rise dramatically from the waters of Halong Bay and, to further their beauty, intricate cave systems naturally exist throughout these limestone karst formations. Our sailing junk will visit some of the islands and caves. Enjoy an evening drink on the deck beneath the stars.

The evening's accommodation is a special experience - sleeping on a boat surrounded by high limestone karsts.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Halong Overnight Cruise - Vietsails Cruise (or similar)

Junk Boat



Today's Activities

Private Vehicle

Hanoi - Ha Long

4h

Settle in and scan the scenery from the convenience of a private vehicle.

Halong Bay Overnight Cruise

Ha Long

Cruise through majestic Ha Long Bay on a traditional wooden junk boat. Enjoy your time afloat eating fresh seafood, and exploring Sung Sot cave. Spend a peaceful night anchored in the bay under the stars. On rare occasion Halong Bay is closed to tourist vessels by the government authorities due to extreme weather conditions. Should this occur, an alternate activity will be provided.

Halong Bay Kayak Excursion

Ha Long

Travel the narrower channels of Halong Bay by kayak. See rock gardens, dark sea caves, lagoons and limestone karsts.

On rare occasion Halong Bay is closed to tourist vessels by the government authorities due to extreme weather conditions. Should this occur, an alternate activity will be provided.

Day 9

Ha Long/Hanoi

Marvel at the limestone karsts of Halong Bay. Return to Hanoi in the mid-afternoon for a final night out.

In the morning, enjoy one last view of the magnificent limestone islands.

Head back to dry land to embark on a private bus to Hanoi. In the afternoon, delve deeper into the site of Hanoi and opt to explore the exterior of the Ho Chi Minh Mausoleum and Hoa Lo Prison (Hanoi Hilton).



Meals included

Breakfast | Lunch



Accommodation

La Sante Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Ha Long Bay - Hanoi

4h

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 9

Hoa Lo Prison (Hanoi Hilton) Guided Tour

Hanoi

Tour the museum of Hoa Lo Prison, referred to as Hanoi Hilton by American prisoners, to learn more about the Vietnam War.

Day 10

Hanoi

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your G for Good Moment: Oodles of Noodles, Hoi An
- Your Welcome Moment: Meet Your CEO and Group
- Your Local Living Moment: Mai Chau Homestay, Mai Châu
- Cu Chi Tunnels entrance and tour
- Escorted cycling trips
- Entrance to the Emperor's Tomb and Citadel
- Countryside hike
- Halong Bay overnight boat trip with seafood meals
- Sea-kayaking and cave visit
- Internal flight
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Kayak through limestone karsts in Halong Bay, Walk among the hills of Mai Chau, Cycle through unspoiled countryside, Soak in the energy of Ho Chi Minh City, Visit the tailors and beaches in Hoi An, Wander the vibrant streets of Hanoi

What are the main highlights of this trip?

Kayak through limestone karsts in Halong Bay, Walk among the hills of Mai Chau, Cycle through unspoiled countryside, Soak in the energy of Ho Chi Minh City, Visit the tailors and beaches in Hoi An, Wander the vibrant streets of Hanoi

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

Bikes

We provide well maintained Trek 3900 mountain bikes in sizes 13"-22" and will be responsible for any maintenance required during the trip for these bikes. For added comfort you should consider bringing your own seat and pedals which we can easily fit to your rental bike.

Helmets

For safe cycling we highly recommend wearing a helmet whilst cycling on our trips. We highly recommend that you bring your own helmet with you.

You can hire helmets locally or purchase in Hanoi at the start of the trip (approx cost \$30 US), but please note that the quality of helmet may not be of the standard you prefer.

Your Own Bike

We do discourage the bringing of your own bike, however the following applies should you wish to bring your own. Most international airlines consider bicycles as part of your regular luggage weight allowance, so you will need to pack light to allow for the weight of the bike. The best way to transport a bicycle is to package it in a bike box. You will need to remove the front wheel (and sometimes the rear wheel), handle bars, pedals and seat post. Tape any loose parts to the bike frame and pack a few extras in the box such as your helmet. You would need to arrange another packing box at the end of the trip as it cannot be relocated from Hoi An to Hanoi. Vietnam Domestic flight charges for the flight from Ho Chi Minh City to Hoi An (Da Nang) are around 2 US\$/1kg over weight, normal limit is 20kg, and you must register to take bikes on the flight 1 day in advance. This is payable to your CEO on Day 2.

Support vehicle

For the cycling days we will have the backup support of a small bus that will carry our luggage and anybody not cycling.

Days Cycling: 4

Distance Cycled: 100km

What is the group leader like?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 15, avg 10

What meals are included in this trip?

9 breakfasts, 4 lunches, 2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. While trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Hike, kayak, bicycle, private vehicle, train, plane, junk boat.

What transportation will we take on this trip?

Train travel in Vietnam is very basic and train cleanliness is often not a priority for train staff. Sleeper trains normally have 4 seats per compartment, which convert into sleeping bunks (two upper and two lower). A sheet, pillow and blanket are provided, although many people prefer to bring their own sleeping sheet. At times, passengers of different genders may be required to share a sleeper train berth and/or share a compartment with people not travelling in your group.

Simple food is available on the train but many people like to stock up on freshly baked bread, cheese and fruit prior to departure. Water should also be bought before the journey.

Train journeys in Vietnam are an experience and allow you to get a real taste of Vietnam.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (6 nts), sleeper train (1 nt), junk boat (1 nt), homestay (1 nt).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 5 (overnight train); Night 6 (homestay); Night 8 (overnight boat)

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If you are experiencing complications with your AIRPORT TRANSFER in Vietnam that was booked through G Adventures please call: +84 88 844 9969

EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

From outside Thailand: +66 92 338 9222

From within Thailand: 0 92 338 9222

G Adventures Local Representative (Vietnam)

Ms. Thuan

Emergency number: +84 88 844 9969

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Are there any additional packing suggestions I should consider?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit with you in buses or on trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones. If your trip involves overnights in homestays, villages or camping then you usually have the opportunity to rent sleeping bags if need be instead of bringing them with you.

What should be on my packing list?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Kayaking:

- Drybag (Will help keep cameras and essentials dry)

Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: Please pack clothing for the season in which you will be travelling. From Nov-Feb weather can be cold, so please pack warm clothing. From May-Oct it is the wet season, so please bring waterproof clothing.

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Vietnam:

If you require a visa for Vietnam, they need to be arranged ahead of time (BEFORE your trip) as the processing time varies (minimum 2 weeks) and they are not available upon arrival.

Vietnamese E-Visa can be applied for [here](#)

Entry to Vietnam with an eVisa is supported at 13 airports, 16 land borders, and 13 seaports - details can be found [here](#)

Information is accurate as of April 1st, 2024.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

During this tour the local currency you will use is the Vietnamese Dong. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: www.xe.com for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Departure Tax is included in all International and Domestic tickets in China, Thailand & Vietnam.

Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

What activities are optional on this trip?

Hoi An

- Hoi An Cooking Class (35USD per person)
- Hoi An Old Town Walking Tour (6USD per person)

Hanoi

- Hanoi Foodie Culture Tour
- Thăng Long Water Puppet Theatre Performance (200000VND per person)
- Hoa Lo Prison (Hanoi Hilton) Guided Tour

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Be aware that petty theft can be an issue in some Vietnamese towns and cities especially late at night. A common tactic is opportunists on motorbikes that drive by and snatch bags. Please always leave valuables and passports etc in your hotel, in safety boxes if available, and only carry with you enough cash to spend for the day. Bags should always be carried over the neck and not left to sit on your shoulder.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Are there any things I should be aware of?

As Vietnam embraces capitalism with open arms it is also falling victim to some of the problems of the West. Some parts of city centres are now a favourite hangout for pickpockets. If doing some exploring on your own carry only the necessary minimum with you and use a well-hidden money belt. Valuables, including your passport, should be left in the hotel safe - organize this at reception. There is no need to get paranoid, just be cautious.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.