



West African Adventure: Highlights of Ghana, Togo & Benin

24 days, Accra to Cotonou

Trip code DGAV

What's included

- Your Foodie Moment: Bonkro Cooking Class Experience, Bonkro
- Your Hands-On Moment: Atitovou Community Visit & Kente Cloth Weaving, Atitovou
- Arrival Transfer
- Black Star Gate & Independence Square visit
- Walking Tour of Jamestown
- Kwame Nkrumah Mausoleum Visit
- The Fantasy Coffins of Ghana
- Assin Manso Heritage Site Visit
- Volta River Sunset Cruise
- Climbing Mount Afadjato
- Wli (Agumatsa) Falls Visit
- Akwasidae Festival in Kumasi
- Outdoor Movie Night with Locals in Bonkro
- New Edubiase Market Visit
- Bonkro Community Bonfire
- Shai Hills Reserve Visit
- Cape Coast Castle Visit
- Visit to Kakum National Park
- Stingless bees project tour
- Djembe drum performance and dance lesson
- Dugout canoe ride to Nzulezu Stilt Village
- Biking or hiking in the Ankasa Reserve
- Ankasa Village and Community Excursion
- Grand Marche and German Cathedral Visit
- Mount Kloto Visit & Hike
- Atakpame Markets
- Sokodé Horse Dance
- Sokodé's Traditional Fire Dance
- Iron Smelting at Tsare Community
- Koutammakou UNESCO World Heritage Site Visit
- Traditional Fugu Weavers of Bafilo
- Iron Smelting at Tsare Community
- Koutammakou UNESCO World Heritage Site Visit
- Teneka Beri Mountain Community Visit
- Dankoli Shrine Visit
- The Gelede Masked Dance
- Visit the Underground Dwellings
- Chameleon Temple Visit & Private Palace Walkthrough
- Kokou Ceremony & Lake Nokoue Visit
- Royal Palaces of Abomey Visit
- Place Goho & Statue of King Béhanzin
- Zinsou Foundation Museum
- Maison de Brazil Visit
- Kpasse Sacred Forest
- Amazone Statue in Cotonou

- Walking tour of Grand Marché du Dantokpa

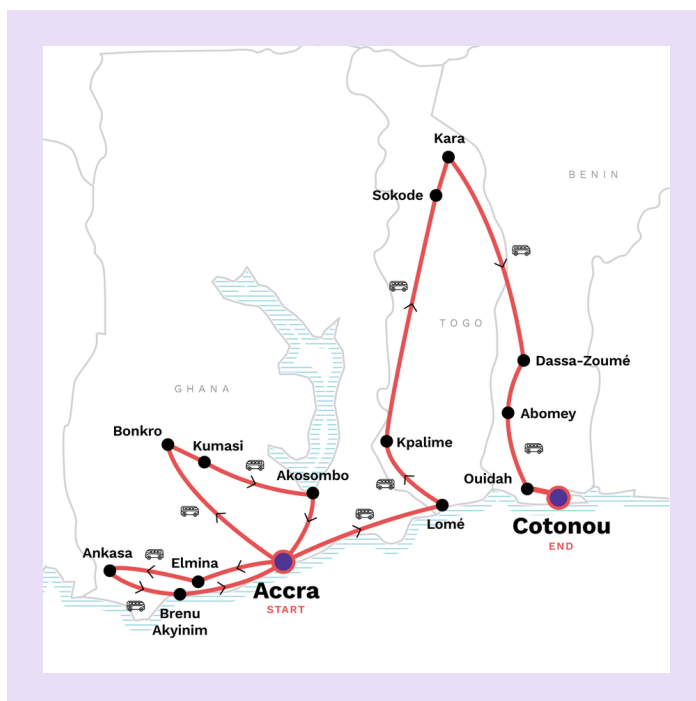
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 24th, 2026 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Accra

Arrive at any time. Your transfer to the hotel is included as part of your tour. Upon arrival take some time to get settled and opt to have dinner at the onsite restaurant. The adventure begins tomorrow.



Accommodation

Urbano Hotel (or similar)

Hotel



Today's Activities

Free Time

Accra

Spend the evening at your leisure and get settled. Opt to grab a bite to eat at the restaurant on the property and rest up after a successful arrival to Ghana.

Arrival Transfer

Kotoka International Airport – Accra

15m-30m

6km

Settle in and enjoy an included arrival transfer to the start hotel in Accra.

Day 2

Accra

Have breakfast at the hotel and enjoy a welcome briefing this morning with your CEO before a sightseeing day in Accra. Start with a visit to Black Star Gate and the main ceremony grounds of Independence Square to learn about Ghana's journey towards liberation from British rule. Then transfer to the historical community of Jamestown for a walking tour through the structures that predate the Colonial era, and gain a true picture of old Accra with its many European influences. From here the group will visit the final resting place of Ghana's founder, Kwame Nkrumah and delve into his incredible life and efforts to liberate this country. Grab lunch on your own at a local restaurant.

The adventure continues as the group meets a local artisan of Ghana's Fantasy Coffins, which are a unique and creative way this country honours loved ones and celebrates their path to the afterlife. Check out a few of his designs and learn a little more about Ghana's lively funerary practices. The remainder of the evening will be free for travellers to explore the local area on their own, or to relax at the hotel.



Meals included

Breakfast



Accommodation

Urbano Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Accra

1h30m

29km

Sit back, relax, and scan the scenery of Accra between transfers to historical and cultural sites around the city. The longest drive time between destinations is 20 minutes, the shortest being five minutes.

Black Star Gate & Independence Square

Accra

30m

Your introduction to Ghana's history and culture begins at the Black Star Gate and Independence Square along Accra's coastline. This is the main ceremony grounds of the city, and where you can find the enclosed flame of African Liberation, lit in 1961 by Kwame Nkrumah himself. Your CEO will provide you with more information about the area's importance to the people of Ghana as you gather in various spots throughout the square.

Walking Tour of Jamestown

Accra

1h

With your CEO at the lead, walk through the old community of Jamestown. See with your own eyes the historical structures that predate the Colonial era and learn about the different ways the locals are committed to conserving these buildings and hear about their significant efforts to maintain them. Due to their efforts, the community is able to provide travellers with an excellent idea of what it was like during Ghana's colonial past. See the 30m high lighthouse constructed by the British in 1871. Admire the colourful fishing boats on the beach, and continue to Fort James, a British trading post in 1673 which fell under Danish rule. Also of interest here are the Brazilian stone houses, built by formerly enslaved African's who resided in Brazil and made their way back to Africa after the slave trade was abolished. This area in Accra is also famous for producing many world champion boxers like Africa's greatest, Azuma Nelson.

Kwame Nkrumah Mausoleum Visit

Accra

1h

Visit the Kwame Nkrumah Memorial Park, located in downtown Accra. The location is the final resting place of Ghana's founder and first president. The museum was created in his honour and contains photographs, artifacts, and important insight into this incredible human's life. The centre was designed by a Ghanaian architect and was built using Italian marble.

The Fantasy Coffins of Ghana

Accra

1h15m

Like much of the world, Ghana's funeral and burial ceremonies are very solemn occasions, but the celebration that follows is quite incredible! It's believed that the newly deceased move on into another world and so their coffins are made to represent the occupation of the dead, or to depict something that was very important to them during their lives. Visit a local artisan and see a few of his coffin designs that one could be buried in. Options range from cars and airplanes, to cocoa pods, cigarette packets, bottles of beer, and crocodiles. You'll experience an entirely new take on death and what it can look like to celebrate the lives and passions of those dearest to us.

Free Time

Accra

Spend a free evening exploring more of Accra on your own with suggestions from your CEO, or if you are feeling tired, you can choose to rest at the hotel.

Day 3

Accra/Bonkro

In the morning leave Accra behind and travel inland towards Bonkro. Stop along the way at the Assin Manso Heritage Site. Learn from a guide about the site's history, the transatlantic slave trade, and the role Assin Manso played as a final inland stop along the slave route. Then, it's onward to the guesthouse in Bonkro where your stay contributes to the ongoing conservation efforts towards the protection of the surrounding Picathartes Forest reserve and local community life in the area. Enjoy an included lunch of traditional dishes and then an afternoon visit to the local representative of Kuapa Kokoo, a Fairtrade-certified cocoa farmers organisation in Ghana.

During your visit the group will meet with several of the farmers and their families, and learn how the cooperative is improving working conditions and ensuring women's voices are heard in the business. See the entire harvesting process and taste some of the local sweets. Then, set out on a short walk through the village where you'll see first-hand the benefits of community tourism in connecting cultures and strengthening. Finish the day with an included dinner back at the guesthouse and then an outdoor cinema movie night that will be joined by local families for an involved experience within the community.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Afrikiko River Front Resort (or similar)

Resort



Today's Activities

Private Vehicle

Accra - Bonkro

5h-5h30m

Settle in and scan the scenery from the comfort of your private vehicle between Accra and Bonkro and Accra. There will be a stop at the Assin Manso Heritage Site to break up the drive.

Assin Manso Heritage Site Visit

Assin Attandaso Forest Reserve

Visit the Assin Manso Heritage Site where you will be welcomed by a local historian/guide who will provide an introduction to the history of the transatlantic slave trade and the role Assin Manso played as a final inland stop along the slave route. Enslaved Africans from across West Africa were marched to this location after being captured or sold in inland slave markets. Assin Manso became known as the "Last Bath" site, where captives were ordered to bathe in the river before being transported to the coastal forts.

Bonkro Guesthouse Local Lunch

Bonkro

1h

Sit down for a delicious included lunch at the Bonkro guesthouse where your chef will prepare a variety of local dishes for the group. As you enjoy this delicious meal, your CEO will remind you about the ways in which your experience with G Adventures is helping to support this important initiative and bring more engagement to the local community.

Visit to Kuapa Kokoo Cooperative

Bonkro

2h

Pay a visit to the local representative of Kuapa Kokoo Cooperative, a Fair-Trade organization that works to ensure its cocoa farmer members receive a decent price for the product they grow and sell. They also work hard to ensure women's voices are heard within the business. Divine chocolate is one of the fastest growing brands in the world and the cocoa is likely to have been sourced here. Meet several of the farming families and see the entire harvesting process in action. Try the unripe cocoa that the

local children use as sweets and hear how cocoa pods can be used for soap making among other things.

Community Guesthouse & Village Walk

Bonkro

Embark on a 20-minute walk through the village and see the outside of the local school that has been built with the support of G-Adventures. The school has had an incredible impact on the children living in this area and is providing them with the opportunity to earn an education while maintaining the fundamentals of their customs and rural ways of life. All profits generated from the initiative that involves staying at the nearby guesthouse go 100% back into the community. During the walk you'll hear more about other projects, aims, and objectives of this ethical form of tourism.

Outdoor Movie Night with Locals in Bonkro

Bonkro

Cap off the day with an outdoor movie night in which the surrounding communities are welcome to join with their families for an evening at the cinema. Sit back, watch one of the best African movies, and feel the night breeze rustle through the crowd as you experience a wonderful blending of cultures through this shared form of entertainment.

Bonkro Community Guesthouse Stay

Bonkro

Spend two nights in a remote Bonkro village and witness first-hand how the community is working to protect the surrounding Picathartes Forest Reserve. Staying here allows for a more authentic local experience and provides a valuable contribution to the resident communities and other conservation efforts that are underway.

Day 4

Bonkro

Enjoy a relaxed start before breakfast, where the chef will ask which local dish you'd like to learn to cook for this evening's meal. Transfer to the market in New Edubiase to purchase the necessary ingredients for your dinner dish. Delve right into the daily bartering alongside the locals for an authentic grasp of everyday life. Spend free time here and have lunch on your own. Choose to ride a bike back to Bonkro and pedal through the villages along dirt roads and take in the beauty of this area, or ride back to the community guesthouse in the vehicle.

Then, join the head chef at the property and prepare the group dinner. This hands-on experience will allow for a taste of Ghana's culinary culture with plenty of advice from the kitchen experts. The meal will be prepped and then fully prepared come evening. In the meantime, take a short walk to the nearby rainforest that is being protected by the community with the aim of increasing its size in the coming

years to help heal the planet. Enjoy dinner made by your own hands and share the warmth of this special meal before a night around the bonfire joined by the locals with traditional music and stories of Ghana's past.



Meals included

Breakfast | Dinner



Accommodation

Afrikiko River Front Resort (or similar)

Resort



Today's Activities

New Edubiase Market Visit

New Edubiase

1h30m

The group will visit the local markets in New Edubiase, which is about 30 minutes from Bonkro. Here, everyone will shop for dinner using the full list of ingredients and money from the head chef at the guesthouse. Step into the daily routines of the locals and barter to get a good price for your produce. You'll also have time to explore this town a bit and have lunch on your own at a restaurant or one of the food stalls at the market that the CEO has advised are safe to try.

Bike ride back to Bonkro from New Edubiase

New Edubiase - Bonkro

1h30m

20km

Choose to ride bikes back to Bonkro and pedal through local villages in the area and along dirt roads for a chance to fully embrace the landscape. Please note that you can choose to transfer back to the guesthouse stay by vehicle rather than bike.

ACTIVITY

Spend the afternoon led by the head chef of the community guesthouse and prepare your own traditional Ghanaian dish for tonight's dinner. The whole group will be involved in preparing parts of the meal and the other cooks will offer advice on your dishes. The food will be stored once it's ready and served in the evening. There likely will be a cook book available for purchase should travellers wish to take more of these delicious recipes home with them.

*Please note, for those who do not wish to participate in the cooking lesson, there will be the opportunity to unwind at the guesthouse, or to visit the village and see how locals prepare Gari, one of their local delicacies.

Visit to the Reforestation Project at Bonkro

Bonkro

1h30m

Walk a short distance to the rainforest that is part of Bonkro's reforestation project in the effort to increase the forest's size to protect this land for future generation and to help heal the planet. Your support at the guesthouse stay has a ripple effect allowing for more native trees to be planted along the boundary line of the current forest. Hear more about the protection efforts and the ways in this is changing the lives of the future generations in this community.

Bonkro Community Bonfire

Bonkro

2h

Enjoy a night of relaxation around a crackling bonfire joined by local community members. Sit around the warm glow together, listen to traditional music, enjoy a refreshing drink from the bar, and hear stories and old fables of Ghana's past. It's a memorable way to cap of your stay in this unique and important area of Ghana

Bonkro Community Guesthouse Stay

Bonkro

Spend two nights in a remote Bonkro village and witness first-hand how the community is working to protect the surrounding Picathartes Forest Reserve. Staying here allows for a more authentic local experience and provides a valuable contribution to the resident communities and other conservation efforts that are underway.

Day 5

Bonkro/Kumasi

Travel towards Kumasi today with a visit to a UNESCO World Heritage site where you will see the last material remains of the great Asante Empire. There are 10 active shrines within the buildings which are made from bamboo, timber, mud, and thatched roofs. The walls are designed with motifs that have traditional symbolic meanings attached to ancient Adinkra symbols. This is also where Nana Yaa Asantewaa, possibly-the most important woman in Ashanti history-comes from.

From here the group will continue to the ancient village of Ntunso, which is where Adinkra symbols and cloth originate from. These symbols have been used in Ghana for centuries to represent concepts or aphorisms, and are most commonly used in fabrics and pottery. Learn more about how these symbols were created and then transferred onto traditional cloth and clothing. While here, you will make your own strip of Adinkra cloth with symbols that have personal significance to you. Continue to the hotel and enjoy an included dinner at the restaurant on-site.



Meals included

Breakfast | Dinner



Accommodation

Lancaster Kumasi City Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Bonkro – Kumasi

3h-3h30m

119km

Settle in and scan the scenery from the convenience of a private vehicle.

Traditional Ashanti Buildings Visit

Kumasi

1h

Prior to arriving in Kumasi, visit the last material remains of the great Asante Empire and see the traditional Asante buildings that are now recognized as UNESCO World Heritage Sites. There are 10 active shrines within the buildings which are made from bamboo, timber, mud, and thatched roofs. The walls are designed with motifs that have traditional symbolic meanings attached to ancient Adinkra symbols that you will learn more about. This is also where Nana Yaa Asantewaa, possibly the most important woman in Ashanti history comes from, a great female warrior who led the Ashanti's in the 1901 war against the British. Nana Yaa Asantewaa was also the Queen Mother of Ejisu Besease and the group will visit the local spiritual shrine where she used to fortify herself before going into battle.

Ntonso Adinkra Village Visit

Ntonso

1h

Learn more about Adinkra including their historical and cultural importance in the ancient village where the cloth and symbols originated from. The traditional symbols all have meanings and are typically carved using calabash shells. Then those symbols are printed onto traditional cloth using natural dyes made from the bark of certain local trees. They are used in fabrics and pottery and are also incorporated into walls and other architecture. The Adinkra cloth has been worn by the Ashanti's for centuries and actually pre-dates Kente cloth. Try your hand at making your own strip of cloth using any symbols with personal significance and take your finished masterpiece home with you.

In the morning visit the commercial centre in Kumasi, where most Ghanaians shop. Explore bustling Adum and the Kejetia market with its labyrinth of stalls. Feel the atmosphere of daily life for so many locals living nearby. Prepare for culture and history at Manhyia Palace, home of the Asantehene King of the Ashanti's and ruler of the powerful Asanteman Kingdom. Gain key insight into the legacy of the Ashanti's before attending the Akwasidae Festival. This traditional ceremony and celebration is held by the Ashanti people of Ghana every six weeks on a Sunday at the palace in Kumasi. People dress in traditional clothing, the king is greeted at the royal court, gifts are offered, and there are parades with drummers, dancers, and singers to celebrate the Ashanti people's rich culture and heritage. During the festival there will be opportunities to purchase lunch from one of the street vendors at your own expense. The day is planned this way so as to not miss the arrival of the King. Afterwards, travel back to the hotel for a free evening to relax by the pool and enjoy your included dinner.



Meals included

Breakfast | Dinner



Accommodation

Lancaster Kumasi City Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Kumasi

1h30m

37km

Settle in and scan the scenery from the comfort of your private vehicle during your transport between the hotel and the Akwasidae Festival in Kumasi and back to the hotel later in the day.

Commercial Centre of Kumasi Visit

Kumasi

1h

Visit the commercial centre of Kumasi in the Adum neighbourhood, where most Ghanaians shop. Walk down to Kejetia market and become part of every day life in the largest outdoor market in West Africa. Walk past the many stalls nestled closely together in the labyrinth and try your hand at shopping as the locals do.

Manhyia Palace Museum Visit

Kumasi

45m

Pay a visit to the Manhyia Palace Museum, which offers a fascinating narrative through the history of the powerful Ashanti tribe. The tour provides firsthand insight into the legacies of the Ashanti's and offers a chance to understand their culture and see the home of the Asantehene King. The experience works well in tandem with the group's attendance to today's Akwasidae Festival.

Attend Akwasidae Festival in Kumasi

Kumasi

5h-5h30m

The group will walk from the palace to the durbar grounds in the courtyard which will be a buzzing hive of activity as people of the Asanteman Kingdom who made the journey here to Kumasi gather in order to pay homage to their King. The Akwasidae festival is celebrated every 42 days (or every sixth Sunday) and is sure to provide you with in-depth insight into the rich culture of the Asanteman Kingdom. All chiefs will be adorned in rich, colourful and traditional kente and adinkra cloths. Dance and drumming will accompany the proceedings, and gifts are offered to the Asantehene. During your time at the festival, you will notice how strong this kingdom still is today and glimpse the hard work being done to fuse culture, customs, and traditional values with the present so future generations will continue to uphold them. While the exact timing of the King's entrance isn't set in stone, your group will be there throughout the festival to ensure not missing it. Lunch will be available for purchase on your own at one of the various food stalls.

Day 7

Kumasi/Akosombo

In the morning depart Kumasi for Akosombo. Along the way the group will visit a village near Krobo to meet one of the resident families here that make traditional Ghanaian beads. Learn firsthand about their historical importance, and spend a wonderful afternoon mixing with locals, observing village life, and making your own bead jewelry. Later, upon arriving at the lodge, the group will embark on a short walk to the jetty and board a river cruise to enjoy the rolling hills and lush forest scenery with a complimentary sundowner in hand. The remainder of the evening will be at your leisure back at the lodge.



Meals included

Breakfast | Lunch



Accommodation

Picathartes Community Guesthouse (or similar)

Guesthouse



Today's Activities

Private Vehicle

Kumasi - Krobo

5h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Krobo Village Beading Experience

Krobo

2h

Spend a few hours at a local village and meet with one of the families that make traditional Ghanaian handmade glass beads. The production of this jewelry dates back centuries. These beautiful, colourful beads are still used in present-day ceremonies and festivals, and are central to the culture of the Krobo people of Ghana. They are often worn as symbols of maturity and as an honour to one's family heritage. During your time here the group will learn the ancient processes used to make these beads and will even have the chance to make their own design under the guidance of a local family. Become part of village life for a day and leave with your own symbol of beauty.

Private Vehicle

Krobo - Akosombo

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Volta River Sunset Cruise

Akosombo

2h

Take a short walk to the nearby jetty of the riverfront lodge and board a boat for a sunset cruise on the calm water. Watch as the rolling hills and forests past by seeped in a golden light (weather permitting). You'll see local fishermen bringing in their daily catch and can sip on an included sundowner while the river teems with life around you.

Day 8

Akosombo

This morning will be dedicated to hiking Mount Afadjato, Ghana's highest mountain standing at approximately 885 metres. Take in the sweeping views, breathe the fresh air, and search for butterflies and birds as you climb. It's worth noting there will be an alternative hiking option for any travellers who choose not to try the more strenuous route. Enjoy an included lunch after the climb in the town of Wli

before visiting the highest waterfall in West Africa in its idyllic setting. As you near the falls listen for the sounds of Fruit Bats in the adjacent cliffs amid the rushing water. Return to Akosombo and enjoy a free evening at leisure. Maybe have a beverage at the riverfront bar and enjoy dinner on your own with a view.



Meals included

Breakfast | Lunch



Accommodation

Picathartes Community Guesthouse (or similar)

Guesthouse



Today's Activities

Private Vehicle

Akosombo - Gblede

2h15m-2h30m

122km

Settle in and scan the scenery from the convenience of a private vehicle.

Climbing Mount Afadjato

Gblede

2h

4km

Begin today with a nice hike to the top of Ghana's highest mountain; Afadjato. It sits at an elevation of 885 metres and offers excellent opportunities for photos of the beautiful landscape. Walk along a trail that passes through dense forests with nearby waterfalls, and rocky terrain. The summit offers views over the Volta River, Togo Mountains, and some of the surrounding communities on a clear day. This mountain is home to many plant and animal species and is part of the Agumatsa Range along the Ghana-Togo border. To the local people this peak is sacred and a lasting symbol of their cultural identity.

*Please note that an alternate option is available for those hoping for a less strenuous experience.

Route length: 4km

Duration: 2hrs

Private Vehicle

Gblede - Hohoe

30m

14km

Settle in and scan the scenery from the convenience of a private vehicle.

Wli (Agumatsa) Falls Visit

Hohoe

2h

Fill up on lunch in the town of Wli and then head deeper into the rural landscape of Agumatsa Wildlife Sanctuary in the Volta region of Ghana to visit the highest waterfall in West Africa set back in a truly idyllic setting. Hike a short distance through the semi-deciduous forest from the Wli village and listen for the powerful flow of the river as well as the sounds of a Fruit Bat colony on the nearby cliffs. Once the group reaches the waterfall there will be about a half hour to enjoy a quick swim in the pool at the base of the falls before returning to the village.

Private Vehicle

Hohoe – Akosombo

2h30m

136km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Akosombo

Free evening at leisure back at the lodge property on the river's edge.

Day 9

Akosombo/Accra

Enjoy breakfast at the lodge before transferring back to Accra. Travel by the greener pastures of the Shai Hills Reserve. The protected area was home to the Shai people before they were pushed out by the British, and remnants of their time here can still be found within the landscape. From hills to canyons, this area is also home to forests and grasslands that allow the resident wildlife to thrive. Be on the lookout for antelope, zebra, baboons, and green monkeys as you walk with your guide to the Obonu Tem caves. Continue on to Accra where the group will visit a local restaurant for an included dinner before taking advantage of a free evening to explore more on your own. Your CEO can provide you with some suggestions on the best places for nightlife in this city.



Meals included

Breakfast | Dinner



Accommodation

Urbano Hotel (or similar)

Hotel



Today's Activities

Free Time

Accra

After dinner, spend the evening at your leisure and explore more of Accra on your own.

Private Vehicle

Akosombo - Accra

3h

Settle in and scan the scenery from the comfort of your private vehicle between Akosombo and Accra. There will be a stop to visit the Shai Hills Reserve along the way. Arrival to Accra will be in the evening.

Shai Hills Reserve Visit

Shai Hills

1h45m

Become acquainted with the environment and wildlife at the Shai Hills Reserve, an expanse of Savannah grassland and woodlands dominated by large boulder rock formations. Animals like baboons, antelopes, and certain species of monkeys reside here. It was formerly the home of the Shai people who were pushed off of the land by the British in 1892. Granite inselbergs dominate the landscape and depict many active traditional shrines. Walk with a wildlife guide to the Obonu Tem caves where there is a large colony of Egyptian Tomb Bats. Keep your eyes ready to spot colourful birds like, Turacos, Rollers, and Bee-eaters. This morning spend walking amid the boulders a great introduction to Ghana's inland terrain.

Day 10

Accra/Elmina

Have breakfast at the hotel and enjoy a welcome briefing this morning with your CEO before transferring to Cape Coast, the capital of the Central Region in southern Ghana, and known for its role in the transatlantic slave trade. Have lunch on your own at a friendly, fresh, and local spot before exploring the UNESCO World Heritage site of Cape Coast Castle. This emotional experience is extremely important in understanding the recent history of Ghana. Spend the remainder of the afternoon immersing yourself in the true African art of traditional batik making at a workshop led by Global Mamas. This organization works hard to empower local women to hone their artistic skills and enter the fair-trade market, thus enabling them to support their families. Later, transfer to your beach

front accommodation in Elmina where you will have free time to relax and explore the area on your own.



Meals included

Breakfast



Accommodation

Lemon Beach Resort (or similar)

Resort



Today's Activities

Cape Coast Castle Visit

Cape Coast

1h

Visit Cape Coast Castle, a designated UNESCO world heritage site, for an emotional and thought-provoking experience in a monument that reflects a harrowing period in the region's history. The site is notable for its role in the transatlantic slave trade and is now being used as a way to educate visitors and provide more of an understanding of Ghana's recent history. The group will walk through the castle and view the dungeons, where the infamous "Door of no Return" is located. The visit will finish with the historical museum that has literature on all of Ghana's forts and castles, including cultural history and traditions, allowing you to leave with a much deeper understanding of the area's complex past than when you first arrived.

Free Time

Elmina

Enjoy time to yourself as you spend the rest of the day at leisure in your charming coastal accommodations in the town of Elmina.

Private Vehicle

Accra - Elmina

3h30m-4h

146km

Settle in and scan the scenery from the comfort of your private vehicle. There will be a stop along the way to Cape Coast and the historic castle there.

Traditional African Batik Workshop with Global Mamas

Cape Coast

2h15m

Spend the afternoon becoming acquainted with the true African art of traditional batik making during a workshop let by the Global Mamas. This inspiring organization is dedicated to empowering local women to hone their artistic skills and sell their finished products in the fair-trade market, thus

enabling them to financially support their own families. Get to know the locals as you work side by side with them, and learn more about daily life here as you observe their technique from wax production to heating, stamping, and drying. The group will be given their own pieces of cloth to produce designs of your own before the local tailor or seamstress will make it into a shirt or dress for you to take back home. A beautiful way to hold your fond memories of Ghana.

Day 11

Elmina

Set off for the spectacular scenery and fascinating wildlife of Kakum National Park, tucked away in the Assin Attandansco Reserve. The park's best-known feature is its Canopy Walkway made up of 7 suspension bridges that stretch high about the forest floor, and are over 300 years old. Marvel at the outstanding views spanning for miles across this tropical guinea rainforest, and search for unique plants and animals as you walk through. Afterwards, visit the nearby Stingless Bees project to take a tour of the centre where you will learn about the incredible importance of these different species, and how they provide for our ecosystem in a myriad of ways. Then, sit down for a delicious vegetarian lunch at a local community organization that works to provide resources for children who have left school, so they will have the hope of a better future. Finish off the day with a brief walking tour of Cape Coast town before heading back to the accommodations in Elmina, where the group will join one of the best local drumming and dance teachers for a lesson and performance with the traditional Djembe drum.



Meals included

Breakfast | Lunch



Accommodation

Lemon Beach Resort (or similar)

Resort



Today's Activities

Private Vehicle

Elmina

2h45m

Settle in and scan the scenery from the comfort of your private vehicle. Please note the drive time listed includes the stops for the national park, the bees project, the community lunch, and the Cape Coast walking tour before heading back to Elmina.

Kakum National Park Visit & Canopy Walkway

Kakum National Park

2h30m

Visit Kakum National Park to witness its 100-foot-high Canopy Walkway. The National Park covers 375 km (145 mi) with tropical rainforest and gained protected park status after locals fought to have the wildlife in the area protected in 1992. There are over 300 types of birds in the area as well as other endangered species. From high above the treetops, the Walkway will get you incredibly close to the flora and fauna of the region. There are 7 bridges attached to 7 emerging trees, set 40 metres about the rainforest floor. Take a deep breath and walk across them all on this exciting adventure. Return to the park headquarters to discover the excellent array of information at the centre there. Over 40 different mammal species have been recorded in the park including forest elephants, leopards, and 6 different primates species.

Stingless Bees Project Visit

Odumase

45m

Enjoy an informative visit to a stingless bees project near the national park. There have been approximately 9 species of stingless bees identified here in Ghana. While here, learn about their paramount importance to the ecosystem, their medicinal qualities, and visit their hives where you will taste their honey. Travellers can also enjoy the stingless bee walkway and butterfly garden onsite, where many come to feed.

Community Lunch with Baobab Foundation

Cape Coast

1h30m

Sit down for lunch at a wonderful community organization in Cape Coast. The Baobab Foundation works to provide local children with the hope of a better future. Focused on helping children with disabilities, or children who have not attended school, or have left school early, this organization is working tirelessly to help those children in need secure a bright future. The vegetarian restaurant is operated by adults who were former street children and they work hard to give back into the community. Your time here, supports this amazing initiative.

Cape Coast Walking Tour

Cape Coast

1h

2km

Set off on a brief walking tour of Cape Coast with your CEO and group to further explore this important coastal city.

Djembe Drum Lesson & Traditional Performance

Elmina

This evening learn from one of the best local drumming and dance teachers as they join the group for a lesson and performance with the traditional Djembe drum.

After breakfast the group will transfer to Beyin, a coastal village notable for its beautiful beaches, historic fort castle, and serving as a museum of Nzema culture. In the afternoon, set off through the beautiful Amasuri wetlands in a traditional dugout canoe to find the community of Nzulezu Stilt Village. Legend has it that the community here migrated some 600 years ago after being driven from their homes during conflict. It's said a snail led them to this remote location where they would be safe. This shelled creature is now sacred to the people here and is not eaten as in other parts of Ghana. Later, travel to Ankasa Reserve Lodge, located in Ghana's finest remaining rainforest habitat and responsible for protecting many endangered mammals. Enjoy time to settle in at the lodge and relax before dinner. There will be an optional night walk through the forest for anyone looking for a little more adventure after an otherwise long day.



Meals included

Breakfast | Dinner



Accommodation

Ankasa Reserve Lodge (or similar)

Lodge



Today's Activities

Private Vehicle

Elmina – Beyin

4h30m

175km

Settle in and scan the scenery from the comfort of your private vehicle. There will be a stop for lunch on your own along the way.

Nzulezu Stilt Village Visit & Canoe Ride

Beyin

2h45m

Travel through the beautiful Amasuri wetlands in a traditional dugout canoe to find the community of Nzulezu Stilt Village. Legend has it that the community here migrated from Watala, part of the ancient Ghanaian Empire 600 years ago after being driven from their homes during conflict. It's said that a snail led them to this remote location where they would be safe, and the community decided to build their homes over the lake for additional protection. The snail is now sacred to this community and is not eaten here as it is in other parts of Ghana. Surprisingly the community members here are mainly farmers and not fishermen as you would expect. The boat ride is a major highlight as the wetlands are

these beautiful, marshy swamps important for native and migratory birds. It's a perfect afternoon with outdoor activity and interactions with the local community.

Private Vehicle

Beyin – Ankasa

1h45m

72km

Settle in and scan the scenery from the convenience of a private vehicle.

Ankasa Reserve Lodge Stay & Visit

Ankasa

Arrive to your lodge stay in the Ankasa Reserve which is connected to the Nini-Suhien National Park and protects an area of over 500 square kilometers of pristine, wet evergreen upper guinea rainforest. Historically this habitat played an important role in the life of Ghanaians as it was their main source of water and food. The area protects many endangered mammals and is home to so many wonderful birds and wildlife. On arrival check into the Ankasa Reserve Lodge and enjoy your lovely surroundings with a free evening.

Day 13

Ankasa

Enjoy a beautiful morning in this wonderful forest environment and head to the stunning Bamboo Cathedral, where the stalks bend towards each other above the road forming tall arcs. Located about 9km into the forest from the main gate, there are two ways to get here. The first is by mountain bikes or you can choose to ride in a 4x4 vehicle. Learn about the plant and animal life from your CEO and soak in the peaceful atmosphere of this remote location. Return to the lodge for an included lunch before visiting the Ankasa Village and community. Their remote community is made up mainly of subsistence farmers living happily in basic mud houses trading their produce at the local markets to enable them to buy items and provide for their families. Spend time with the farmers that live here and learn more about their local customs, even trying a delicacy like Gari, or pounding FuFu. Arrive back to the lodge in the evening for an included dinner and free time. An optional night walk is available for those looking for a more active evening amid nocturnal nature.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Ankasa Reserve Lodge (or similar)

Lodge



Today's Activities

Bamboo Cathedral Visit via Mountain Bike or 4x4

Ankasa

4h

18km

Set out into this wonderful forest habitat for a morning amidst nature. Visit the remote Bamboo Cathedral, where the stalks of these plants have grown towards each other forming tall arches over the path. You have two choices on how to get to this location. The first is pedaling 9km one way from the main entrance gate on a mountain bike, or you can choose to ride in a 4x4 from the lodge. If you choose to bike you will need to leave a bit earlier than the rest of the group. A full morning is dedicated to being inside the forest, where your guides are on hand to identify any birds or mammals the group may come across during your journey to the Bamboo Cathedral.

Ankasa Village & Community Visit

Ankasa

3h

Most visitors to Ghana will not see this remote community, but today, you will! The Ankasa Village is made up of mainly subsistence farmers living happily in basic mud houses, trading their produce at the local markets to enable them to buy items and provide for their families. This afternoon is dedicated to spending time in the community and meeting with farmers living here. It's an area where very few tourists visit. Experience making a local delicacy like Gari or pounding FuFu. Visit the local chop bar where people of the community go to have a drink, meet up, and socialize. Ghana is the world's second largest exporter of cocoa and during your visit a farmer will talk the group through the entire process from planting to harvesting. It's a truly unique and immersive experience for travellers hoping to connect on a deeper level with the local village community.

Day 14

Ankasa/Brenu Achinum

Travel to Brenu Akyinim with its scenic beaches and serene lagoon nearby. Upon arrival the group will have free time to enjoy this beach front location. Relax at the beach, explore the local villages and coastal lagoons. Tonight, gather for an included dinner overlooking the water.



Meals included

Breakfast | Dinner



Accommodation

Brenu Beach Lodge (or similar)

Lodge



Today's Activities

Private Vehicle

Ankasa - Brenu Achinum

5h

202km

Settle in and scan the scenery from the comfort of your private vehicle. Please note, there will be a stop for lunch on your own en route to break up the journey.

Free Time

Brenu Achinum

Enjoy free time to relax in a beautiful beachfront setting.

Day 15

Brenu Achinum/Accra

Choose to experience an early morning optional lagoon kayak to watch sunrise and enjoy nature. While the sun is cool in the early morning you'll head to the local lagoon for another exciting activity. A coastal lagoon situated in a beautiful location overlooking the ocean, this is where locals from the nearby fishing village use wooden canoes to fish the lagoon for tilapia, crabs and other fish. At the end, walk to the beach front hotel through the fishing community of Brenu Akyinim.

Travel back to Accra. Along the way make a stop in Elmina to visit the Castle of St. George, dating back to 1482. Afterwards, visit the local fishing market and walk a short distance to visit the boat builders of this coastal community. The design of these boats has not changed in centuries nor have the methods or tools used to build them. Lunch will be had on your own in Anomabo. Arrive in Accra by early afternoon and pay a visit to the final resting place of Ghana's founder, Kwame Nkrumah, and delve into his incredible life and efforts to liberate this country. Transfer to the hotel from here and enjoy free time to relax or wander around the city before an included group dinner tonight at one of the most popular restaurants in Accra. Choose to return to the hotel after or head out to experience Ghana's nightlife.



Meals included

Breakfast | Dinner



Accommodation

Urbano Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Brenu Achinum - Accra

3h30m

144km

Settle in and scan the scenery from the comfort of your private vehicle. There will be a stop along the way in Elmina and in another town for lunch on your own before arriving in Accra.

Castle of St. George Visit

Elmina

2h

As the group returns to Accra there will be a stop in the fishing town of Elmina, which has hardly changed since the colonial days. During the group's time here you will visit the Castle of St. George, a UNESCO World Heritage site and the oldest surviving colonial building in sub-Saharan Africa, dating back to 1482. The castle played a prominent part during the tragic, transatlantic slave trade era and houses an informative museum which showcases the area's history. Afterwards, stop by the local fishing market and walk a short distance to visit the boat builders in this community. Almost all are traditional wooden boats made using designs, methods, and tools that have not changed for centuries. Take in the sight of these colourful fishing boats and watch as the daily catch is brought in.

Kwame Nkrumah Mausoleum Visit

Accra

1h

Visit the Kwame Nkrumah Memorial Park, located in downtown Accra. The location is the final resting place of Ghana's founder and first president. The museum was created in his honour and contains photographs, artifacts, and important insight into this incredible human's life. The centre was designed by a Ghanaian architect and was built using Italian marble.

Free Time

Accra

After an included dinner at a local favorite restaurant, spend a free evening exploring more of Accra on your own with suggestions from your CEO.



Optional Activities - Day 15

Brenu Beach Kayaking & Village Walk

Brenu Achinum

Enjoy a kayaking excursion throughout the coastal lagoon as the group travels to the beach resort in Brenu Akyinim. Locals from the nearby fishing village use wooden canoes to fish the lagoon for tilapia, crabs and other fish. For the next 2 hours as the sun rises, you can kayak and explore all corners, enjoying the birdlife, landscape, and fishermen bringing in their daily catch. After pulling the kayaks to shore, the group will walk 30 minutes to through the local fishing community of Brenu Akyinim to the beach-front hotel. Just in time for a breakfast in the beautiful morning light along the Gold Coast of West Africa.

Day 16

Accra/Lomé

Travel from Accra to Lomé today. There will be a border crossing along this route. Arrive in the afternoon and enjoy free time to get settled and relax at the hotel before the next part of your adventure begins.



Meals included

Breakfast



Accommodation

ONOMO Hotel Lome (or similar)

Hotel



Today's Activities

Private Vehicle

Accra - Lomé

5h

195km

Settle in and scan the scenery from the comfort of your private vehicle between Accra and Lomé.

Border Crossing (Ghana - Togo)

Aflao

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Free Time

Lomé

Spend the remainder of the afternoon and evening at your leisure. Opt to grab a bite to eat at the restaurant on the property and rest up after a successful arrival to Togo.

Day 17

Lomé/Kpalimé

Have breakfast at the hotel and enjoy a welcome briefing this morning with your CEO before heading to the biggest market in Lomé and one of the most vibrant markets in all of West Africa. Immerse yourself in the daily life of the locals and learn more about the history behind various churches and monuments in the city from your CEO. Then, travel onwards to the community of Atitovou. Here, witness how generations have been weaving traditional Kente cloth for centuries. Walk through the community, observe the (mostly men) weaving the beautiful cloth and sit down with a local family to learn more about the importance of this piece of their heritage. Transfer to the hotel in Kpalime for lunch and then visit Mount Kloto for an afternoon hike amid the stunning natural scenery and abundance of colourful butterflies that reside here. The remainder of the evening will be spent at your leisure.



Meals included

Breakfast | Lunch



Accommodation

Hotel Parc Residence (or similar)

Hotel



Today's Activities

Grand Marche and German Cathedral Visit

Lomé

45m

Grand Marché, also known as Big Market, is one of the must-see highlights while in Lomé. Become easily immersed in daily local life and explore this outdoor market with your CEO. Initially, it may seem chaotic, but there is an orderliness amid the hectic pace that will surprise you. The surrounding streets overflow with vendors selling everything imaginable. Your senses will rush into overdrive, but it's a worthwhile experience at one of the most vibrant markets in all of West Africa. The Sacred Heart or German Cathedral is located next to the market and you'll visit here to learn more about the history of this imposing piece of Gothic architecture built in 1905, even stepping inside to admire its beauty. If one of the religious leaders is available the group will have the chance to meet them and ask a few questions.

Private Vehicle

Lomé – Atitovou

1h15m

60km

Settle in and scan the scenery from the comfort of your private vehicle between Lomé and the community of Atitovou.

ACTIVITY

Togolese people are passionate about preserving their culture and history, and you'll see evidence of this today when you meet the people of Atitovou, whose community has been weaving traditional Kente cloth for centuries. Take a walk past their family homes and witness weavers, who are mainly men, creating beautiful traditional cloth using looms and methods that have been passed down through generations. The group will sit down briefly with one of the local families and learn how weaving still benefits the community as their main source of income. You'll be shown the entire process and will even have the chance to try weaving yourself. The different designs of the cloth all have traditional meanings which will be explained during your time here. Should you wish to further support this thriving community, you will be able to purchase your own Kente cloth during your visit.

Private Vehicle

Atitovou – Kpalimé

1h15m

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Mount Kloto Visit & Hike

Kpalimé

1h30m

Enjoy a visit to the beautiful landscape of Mount Kloto and stretch those legs on a short hike here. A great way to become immersed in life within the rural mountains of Togo, this area offers dense forest trails, cascading waterfalls and over 500 different species of butterflies. Your local guide will identify the different medicinal plants found here and explain the ways in which the nearby communities use them. Keep searching for the colourful butterflies and enjoy stunning views across this unique habitat.

Free Time

Kpalimé

Enjoy a free evening at your leisure back at the hotel.

Day 18

Kpalimé/Sokodé

In the morning the group will begin the journey to Sokode with stops along the route to a few local markets where you'll experience the sounds and smells of these colorful spaces. Stretch your legs, witness vital trading points for rural farmers selling their items, and feel part of the fabric of local life. Arrive in Sokode around lunch where you'll witness the spectacular horse dance here. This spectacular event dating back centuries is hardly experienced by any outsiders and involves a festive community atmosphere you will never forget. Later, attend the ancient fire dance which is traditionally performed at festivals and special occasions in this remote northern part of Togo. Spend the remainder of the evening at your leisure back at the hotel and reflect on the beautiful cultural experiences of your day.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Nassam's Hôtel (or similar)

Hotel



Today's Activities

Private Vehicle

Kpalimé – Sokodé

5h30m-6h

285km

Settle in and scan the scenery from the comfort of your private vehicle. There will be stops along the way to break up the journey between Kpalimé and Sokodé.

Atakpame Markets

Atakpamé

30m

During today's long journey there will be a stop along the way to the markets in Atakpame offering a glimpse at life in the more rural village settings of Togo. Here you'll find a vibrant hub of social interaction and cultural exchange, offering unique souvenirs, fresh produce, and a chance to experience the local culture firsthand. These markets are vital trading points for subsistence farmers and other traders selling items like yams, plantain, fruit and vegetables grown on their farms, to clothes, local herbs, medicines and electrical goods. As the group explore the market you'll gain a sense of its crucial importance to the region and daily life compared to the more populated cities in the south.

Sokodé Horse Dance

Sokodé

1h

Experience a key aspect of Togo's cultural identity during the Sokodé Horse Dance that showcases equestrian traditions with horse races, dances, and parades. This beautiful event dates back centuries and is seldom experienced by many outsiders. The community will gather together and the excitement builds as the horsemen arrive. It's known that only the finest warriors can parade and dance with their horses during this energetic performance. It's a time to showcase triumphs over enemies and honour the community's forefathers. It's a passionate display of locals preserving their culture and getting to witness this side by side with them will be a true privilege and a lasting memory for even the most seasoned of travellers.

Sokodé's Traditional Fire Dance

Sokodé

45m

Get ready to experience the epic and ancient fire dance, traditionally performed at festivals and on special occasions in this remote northern part of Togo. Leave the hotel as the sun sets and set off on the short 30 minute journey to a local market where locals have gathered around a fire. The fire has been set in anticipation of the arrival of the spiritually powerful men from within this rural community who wish to showcase their strength. Mingle with the locals and take your places around the flames to

witness this unique and important part of their culture. Watch as the community members dance to the rhythm of the drums and use their spiritually gifted steps to stand, eat, and lay in the fire. This experience offers fabulous insight into an ancient ritual and the importance of cultural preservation for future generations.

Day 19

Sokodé/Kara

Your first immersive experience today will be a visit to the traditional Fugu weavers of Bafilo. This traditional cloth in northern Togo has been woven and worn for generations in this northern community. Witness the skilled process of making the intricate designs and style your own before continuing on to Tsare. In this remote community the group will observe the ancient method of iron smelting under the guidance of a local family. You'll hear about the family's daily routine and learn more about the harsh conditions they often work under. After an included lunch the group will transfer to the UNESCO World Heritage Site of Koutammakou, a seldom visited wonder in northeastern Togo. Here the traditional mud homes of the Batammariba community reflect their spiritual beliefs of Voodoo. Transfer Kara and spend a night of leisure at the hotel there.



Meals included

Breakfast | Lunch



Accommodation

Hôtel Totor (or similar)

Hotel



Today's Activities

Private Vehicle

Sokodé - Bafilo

1h

52km

Settle in and scan the scenery from the convenience of a private vehicle.

Traditional Fugu Weavers of Bafilo

Bafilo

30m

Start the morning with a visit to the Fugu weavers of Bafilo. This traditional cloth in northern Togo differs from the Kente cloth which originates from the southern parts of the country. The group will be

greeted by one of the resident families in the community that have been weaving Fugu for generations. Enjoy a demonstration of this skilled process and watch the effort it takes to create these many beautiful designs. The different style, colour, and designs are unique to this region and here is a great place to support the culture of the local community and purchase some of the traditional cloth for yourself.

Private Vehicle

Bafilo – Tsare

45m

35km

Settle in and scan the scenery from the convenience of a private vehicle.

Iron Smelting at Tsare Community

Tsare

45m

Venture to further remote parts of Togo to a community that still practices the ancient and traditional method of iron smelting. Visit a local family here and watch as they go through the process of making iron products, something that has been part of their daily life for generations. The techniques have not changed and the group will witness the entire process from ground extraction to the making of the iron tools. Observe the how harsh conditions can be while they work and gain an authentic immersion in local life as you hear about daily routines here amid the villagers.

Private Vehicle

Tsare – Koutammakou

1h30m

68km

Settle in and scan the scenery from the convenience of a private vehicle.

Koutammakou UNESCO World Heritage Site Visit

Koutammakou

1h30m

In the afternoon experience the seldom visited Koutammakou. This unique wonder has been named a UNESCO World Heritage site and is one of the most stunning African landscapes. Take in the beautiful changing scenery, local villages, and people assuming their daily tasks. Quality time will be dedicated to interacting with and learning from the locals of this ancient community. You'll visit their traditional homesteads and learn what it's like to live in these unique structures. The mud houses, known as Takienta are home to the local Batammariba community. They are only found in this region of West Africa and they reflect the social structure of the community as well as their traditional spiritual beliefs of Voodoo. You'll gather with locals while here and learn more about their history, customs, and how they conduct special occasions like weddings, naming ceremonies, and yearly festivals. It's the perfect afternoon stop with the people of this rural community while travelling to Benin.

Private Vehicle

Koutammakou – Kara

3h15m

174km

Settle in and scan the scenery from the convenience of a private vehicle.

Transfer across the border to Benin and turn towards the mountains today. Visit the local communities in Teneka Beri and the nearby Taneka Coco. Visit the family homesteads, meet the spiritual leaders, and gain valuable insight into daily life here. Soak in the gorgeous surrounding landscape with its mountain views and continue on to visit the sacred Dankoli Shrine. This shrine is believed to be the most powerful of all shrines in Benin, and it's a place many go to speak directly with the Gods. Learn about the shrine's history while here and its importance as a space to pray and as for help. Finish the day by spending time at your leisure in the hotel.



Meals included

Breakfast



Accommodation

Hôtel Totoro (or similar)

Hotel



Today's Activities

Private Vehicle

Kara – Dassa-Zoumé

5h-5h30m

Settle in and enjoy the ride with stops along the way.

Border Crossing (Togo - Benin at Kamarida)

Kétao – Djougou

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Teneka Beri Mountain Community Visit

Tanéka-Béri

1h30m

In the morning the group will visit the community of Teneka Beri in the mountains of Benin. The locals here practice the animist religion, in which it is believed that everything has a soul. Their customs and traditions remain strong today and during your visit you'll gain further insight into daily life here. Spend time at a family homestead and meet one of the spiritual leaders within the community. Pass by their traditional shrines and learn how these remote settlements migrated here several hundred years ago while trying to escape slave raiders in the southern part of Benin. Enjoy the surrounding mountainous landscape and the natural beauty of this area few travellers ever reach.

Dankoli Shrine Visit

Savalou

45m

Enjoy an afternoon visit to the sacred village of the Dankoli and the Dankoli Shrine. It's believed this site is the most powerful of all shrines in Benin and people travel from all over West Africa to speak directly with the Gods of the Dankoli Shrine seeking guidance and help for personal life. Locals must return with their promised sacrificial offering once the Gods have answered their prayers. Take in the enormity of this spiritual place, and learn a bit of the shrine's history and importance within society.

Day 21

Dassa-Zoumé/Abomey

Travel to Cové where the group will be welcomed by the local community for a special ceremony known as the Gelede Masked Dance in celebration of all mothers and elderly women, iyami, and especially the Great Mother (Iya Nla) of the Yoruba religion. The group will gain authentic insight into the culture and traditions of the people in this region and witness first-hand the respect they have for women in their communities. From here, move on to the Underground Dwellings outside of Abomey. The dwellings are believed to date back to the 16th century and are only now still being discovered and studied. Explore some of the dwellings during your visit and see where locals lived and felt protected from slave raiders and tribal conflict. Travel onwards to the centre of Abomey to visit the Royal Palace Museum, and Place Goho to see the statue of King Béhanzin. The remainder of the evening will be at your leisure.



Meals included

Breakfast | Lunch



Accommodation

Hotel F&F Savalou (or similar)

Hotel



Today's Activities

Private Vehicle

Dassa-Zoumé - Abomey

2h

85km

Settle in and scan the scenery from the convenience of a private vehicle.

The Gelede Masked Dance

Cové

1h

In Cove the group will witness the excitement and spiritual performance of the Gelede Masked Dance. After being welcomed by the local community by the vehicle. the group will walk with everyone to an open area outside one of the family compounds. Here, elders and traditional leaders will be present and as custom, you will great them before being seated. Here, the Yoruba and Nago people migrated from Nigeria several centuries ago. Everyone gathers and the drums start their rhythmic tune before the unforgettable performance begins. The masked dance is a celebration of all mothers and elderly women in the community and especially the Great Mother known as Iya Nia in the Yoruba religion. Simply enjoy being in the moment and witness the heart of this culture, their important traditions in the region, and the respect they have for the women in their community.

Visit the Underground Dwellings

Abomey

45m

Right before reaching the town of Abomey for lunch, the group will visit the recently discovered underground dwellings of Agongointo-Zoungoudojusta. In 1998 they were found during road construction in the area and are believed to date back to the 16th century during the reign of King Dakodonou. It's believed there are several hundred of these built 10 metres underground, and the locals used them as homes in order to find protection from slave raiders and tribal conflict. Explore some of the discovered dwellings during your time here and listen as a local expert discussed the history of the area.

Royal Palaces of Abomey Visit

Abomey

Visit the Royal Palace Museum where from 1625 to 1900, 12 kings succeeded one another at the head of the powerful Kingdom of Abomey. Spanning a 44-hectare site, it preserves the history and artifacts of the powerful Kingdom of Dahomey, featuring historical thrones, weapons, bas-reliefs, and regalia from past monarchs. During your visit here you will enjoy a unique reminder of this vanished kingdom.

Place Goho & Statue of King Béhanzin

Abomey

Enjoy time at Place Goho, a historic public square and park located in the city center of Abomey. The area is famous for housing the towering monument of King Béhanzin, the national hero of Benin. It serves as a powerful symbol of African resistance against colonial rule. It also marks the same spot where historical events of the resistance unfolded between the Kingdom of Dahomey and French forces.

Begin the day at the Temple of the Chameleo with a deep history in the West African religion of Vodun. Then enjoy a visit to the Zinsou Foundation—a project promoting local contemporary artists— and the Maison de Brazil. Both locations celebrate the present and past history of West African culture and the moments that have shaped the work of contemporary artists today. Spend the evening at your leisure in Ouidah.



Meals included

Breakfast | Lunch



Accommodation

La Casa Del Papa (or similar)

Hotel



Today's Activities

Private Vehicle

Abomey - Ouidah

2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Chameleon Temple Visit & Private Palace Walkthrough

Abomey

1h15m

The Royal Palace is currently under renovation so the group will enjoy a brief visit to one of the private palaces in the local area. The structures are built in the same style as the Royal Palace and a representative of the property will share the local history, customs, and various traditions as you walk through the palace. Then, it's onward to the Chameleon Temple. Here, you'll learn about the interesting history of Vodun, and the sanctuary with its unique shape of a giant chameleon to symbolize adaptability and patience in the local culture. It is also a place of worship for followers of the Tohouiyo divinity.

Zinsou Foundation Museum

Ouidah

Enjoy time at the Zinsou Foundation. This project promotes local contemporary artists of Benin. Established in November 2013 by Marie-Cécile Zinsou, the museum is housed in the historic Villa Ajavon—a restored 1920s Afro-Brazilian style mansion situated behind the Basilica of Ouidah, making for a great introduction to this new location.

Maison de Brazil is a significant cultural landmark located in Ouidah dedicated to exploring and commemorating the historical ties between Brazil and West Africa. It showcases the rich cultural heritage that resulted from the transatlantic slave trade, highlighting the shared histories and traditions.

Day 23

Ouidah

Today's adventures begin with a visit to Ganvie, known as the Venice of West Africa. This ancient community of over 30,000 people is living on structures built on stilts over Lake Nokoue. Transfer to traditional wooden boats waiting at one of the jetties and watch as local fishermen go about their daily tasks on your ride through the water village. The group will dock at one of the structures and experience the personal and important Kokou Ceremony. Participants fall into a deep trance-like state during the proceedings and it's said this is the powerful local spirits taking over their followers. After lunch, transfer back to Ouidah and attend the annual Voodoo festival in the precise place where this spiritual practice was born. This public holiday in Benin is a truly authentic experience where the community gathers together in expectation for the arrival of Zangbeto. Spend time soaking up this unique atmosphere and incredible festival. The remainder of this evening will be at your leisure.

**Meals included**

Breakfast | Lunch

**Accommodation**

La Casa Del Papa (or similar)

Hotel

**Today's Activities**

Private Vehicle

Ouidah - Ganvié

1h30m

52km

Settle in and scan the scenery from the convenience of a private vehicle.

Kokou Ceremony & Lake Nokoue Visit

Ganvié

2h30m

Enjoy a special visit to Ganvie, dubbed the Venice of West Africa. An ancient community of over 30,000 people all living in structures built on stilts over Lake Nokoue. Established in the 16th century by the Tofinu people who were fleeing from slave raiders. Meet your wooden boat at one of the jetties and watch as other locals move about the water in their boats trying to collect goods while the fishermen continue to reel in their daily catch. Ganvie is the largest community living on water in western Africa. Tour the community by boat before heading to one of the structures on dry land. Here, experience the powerful Kokou Ceremony. It's one of the most powerful ceremonies in which the local spirits are said to take over its followers, who typically fall into a deep trance-like state during the festivities. A truly unique encounters with the local population in a very unique place within Benin.

Private Vehicle

Ganvié - Ouidah

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

The Annual Voodoo Festival of Ouidah

Ouidah

1h30m

Ouidah is regarded as the Voodoo center of West Africa. It was once the only port in the country and so this is where enslaved Africans were shipped from. Most of them were shipped to Brazil, Haiti, and the Caribbean Islands. This is why there is such a strong Voodoo presence in these parts of the world. It's estimated that more than 75% of the population of Benin still actively practice the religion. The annual festival serves as a public holiday un the country and is celebrated on the 10th of January each year. Visit one of the communities around Ouidah to experience it for yourself. Community members will be gathering in anticipation Zangbeto arriving. They are traditional Voodoo guardians of the night. Over the next hour you will be immersed in the culture and history of the local people, heir community, and their spirituality.

Day 24

Ouidah/Cotonou

Enjoy some breakfast and free time at the hotel this morning before visiting Kpasse Sacred Forest. Then the group will travel to Cotonou. Upon arrival, pay a visit to the 30m tall Amazone Statue honouring the female warriors of the ancient kingdom of Dahomey. Then, check out the longest graffiti mural in the world and its beautiful art celebrating the ancient kingdom of Dahomey. Walk along the entire stretch of wall coming in at 940m, and get a feel of this vibrant city. Today's final stop is to the Grand Marché du Dantokpa, one of West Africa's largest outdoor markets and located in the throbbing heart of Cotonou. The market sells everything you could imagine and is a major contributor to the

economy of Benin. Attend a farewell dinner in the late afternoon before the group heads together to the Cotonou airport where your tour comes to an end.

Please do not book onward travel before 9pm.



Meals included

Breakfast | Dinner



Today's Activities

Free Time

Ouidah

Spend a slow free morning in Ouidah. Have breakfast at your leisure and maybe choose to enjoy the hotel pool before visiting the Kpasse Sacred Forest.

Kpasse Sacred Forest

Ouidah

The Sacred Forest of Kpassè is a 4-hectare protected woodland in Ouidah, Benin. Named after the 16th-century king who legend says transformed into a massive iroko tree rather than dying, it functions as a living Vodun spiritual site and an open-air contemporary art museum. Enjoy time here to explore before continuing on to Cotonou.

Private Vehicle

Ouidah - Cotonou

1h-1h15m

42km

Settle in and scan the scenery from the convenience of a private vehicle.

Amazone Statue in Cotonou

Cotonou

30m

Enjoy a half hour visit to the 30m Amazone Statue in Cotonou. This statue honours the female warriors of the ancient kingdom of Dahomey. Walk around the square, take in daily life, and listen as your CEO discusses the history of this impressive structure.

Graffiti Wall Visit

Cotonou

30m

Walk along the graffiti mural in Cotonou that holds the record for the longest graffiti wall in the world. The art here celebrates the Dahomey Kingdom and offers some beautiful pieces of art as the group

strolls along the wall's 940m. Gain a true sense of the city's daily atmosphere and enjoy the colourful depictions before you.

Walking tour of Grand Marché du Dantokpa

Cotonou

45m

Enjoy time to stroll through the Grand Marché du Dantokpa, one of West Africa's largest outdoor markets coming in with an area of over 20 hectares. Your walking tour allows you to witness the day to day experiences of the traders here and gives the chance to see just how much is sold here. The wax print section of the market is a must for anyone looking for fabric souvenirs from your time in Benin. As a major contributor to the country's economy, this market stands as a testament to the importance of community and coming together to share different goods and services. Through the labyrinthine streets there is also the Fetish Market selling anything associated with Voodoo and a memorable area to walk through.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your Foodie Moment: Bonkro Cooking Class Experience, Bonkro
- Your Hands-On Moment: Atitovou Community Visit & Kente Cloth Weaving, Atitovou
- Arrival Transfer
- Black Star Gate & Independence Square visit
- Walking Tour of Jamestown
- Kwame Nkrumah Mausoleum Visit
- The Fantasy Coffins of Ghana
- Assin Manso Heritage Site Visit
- Volta River Sunset Cruise
- Climbing Mount Afadjato
- Wli (Agumatsa) Falls Visit
- Akwasidae Festival in Kumasi
- Outdoor Movie Night with Locals in Bonkro
- New Edubiase Market Visit
- Bonkro Community Bonfire
- Shai Hills Reserve Visit
- Cape Coast Castle Visit
- Visit to Kakum National Park
- Stingless bees project tour

- Djembe drum performance and dance lesson
- Dugout canoe ride to Nzulezu Stilt Village
- Biking or hiking in the Ankasa Reserve
- Ankasa Village and Community Excursion
- Grand Marche and German Cathedral Visit
- Mount Kloto Visit & Hike
- Atakpame Markets
- Sokodé Horse Dance
- Sokodé's Traditional Fire Dance
- Iron Smelting at Tsare Community
- Koutammakou UNESCO World Heritage Site Visit
- Traditional Fugu Weavers of Bafilo
- Iron Smelting at Tsare Community
- Koutammakou UNESCO World Heritage Site Visit
- Teneka Beri Mountain Community Visit
- Dankoli Shrine Visit
- The Gelede Masked Dance
- Visit the Underground Dwellings
- Chameleon Temple Visit & Private Palace Walkthrough
- Kokou Ceremony & Lake Nokoue Visit
- Royal Palaces of Abomey Visit
- Place Goho & Statue of King Béhanzin
- Zinsou Foundation Museum
- Maison de Brazil Visit
- Kpasse Sacred Forest
- Amazone Statue in Cotonou
- Walking tour of Grand Marché du Dantokpa
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Sip a refreshing beverage on a relaxing sunset cruise on the Volta River, Sit outside and enjoy a movie on the big screen with the local community members of Bonkro, Attend the Akwasidae Festival in Kumasi where gifts are brought forth to the King of Ghana and celebration takes place, Learn the art of Batik making from local female artisans in Elmina, Stroll along Africa's world-famous rainforest canopy walkway in Kakum National Park, Enjoy a traditional weaving experience of Kente cloth led by members of the Atitovou community, Spend time learning from and interacting with locals in their rural communities and connect on a deeper level to the important culture of Benin and Togo

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Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

YELLOW FEVER: COUNTRY DETAIL

There is no risk of Yellow Fever transmission in Botswana, Kenya, Malawi, Namibia, South Africa, Tanzania, Uganda, Zambia, or Zimbabwe. However, all of these countries require proof of vaccination under International Health Regulations to prevent importation of the virus. It is compulsory to show a valid Yellow Fever vaccination certificate if you are travelling to any of the above countries from a Yellow Fever endemic country, or have recently transited through one (12 hours or more in airport). Endemic countries include: Angola, Benin, Bolivia, Brazil, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Colombia, Democratic Republic of the Congo, Republic of the Congo, Côte d'Ivoire, Ecuador, Equatorial Guinea, Ethiopia, French Guiana, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Guyana, Kenya, Liberia, Mali, Mauritania, Niger, Nigeria, Panama, Paraguay, Peru, Rwanda, São Tomé and Príncipe, Senegal, Sierra Leone, Somalia, South Sudan, Sudan, Suriname, Tanzania, Togo, Trinidad and Tobago, Uganda, Venezuela.

We advise all travellers on Southern and East Africa itineraries to carry a valid Yellow Fever vaccination certificate regardless of their country of origin. Given the multi-country nature of these itineraries, travellers will cross borders into countries that require the certificate as a condition of entry from preceding destinations. A traveller entering the itinerary from a non-endemic country may not require the certificate to enter the first country, but will almost certainly require it by the time they cross into a subsequent one. Yellow Fever vaccinations must be administered at least 10 days prior to entry into the first country visited. Under WHO regulations (effective 11 July 2016), certificates are valid for the lifetime of the person vaccinated, there is no 10-year expiry on the certificate itself, though some border officials may be unaware of this. Travellers should carry their original International Certificate of Vaccination or Prophylaxis (yellow card) at all times during the tour. Travellers without a valid certificate run the risk of being denied entry and will not be able to continue with the tour. Any additional travel expenses incurred will be at the traveller's own account.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 16, avg. 14

What meals are included in this trip?

23 breakfasts, 11 lunches, 11 dinners

What are the modes of transportation on my trip?

Private vehicle, boat, bicycle, walking.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (19 nts), Community Guesthouse (2 nts), Lodge (2 nts)

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office (Nairobi, Kenya)

+254 727 208 832

G Adventures Local Representative (Accra, Ghana)

Tel: +233 (0) 245289736

If you are unable for any reason to contact our local operator or local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

Your tour ends on arrival at Cotonou airport. Please do not book onward travel before 9pm.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

BENIN:

You can apply for an e-Visa online. For further details, please visit the official Benin eVisa website [here](#)
Proof of Yellow Fever Vaccination is mandatory.

The border crossing between Koutammakou (Togo) and Nattingou (Benin) is called the Hilacondji border crossing.

TOGO:

You can apply for an e-Visa online. For further details, please visit the official Togo eVisa website [here](#)

Proof of Yellow Fever Vaccination is mandatory.

The border crossing between Accra (Ghana) and Lome (Togo) is called the Aflao-Lome border crossing.

You will need to provide your local host details:

Company Name: Ashanti African Tours Ltd.

Contact: Mr. Valentin Azaiwo

Tel: 0028 92408626 (Cultural and Wildlife Guide)

GHANA:

You can apply for an e-Visa online. For further details, please visit the official Ghana eVisa website [here](#)

If you require a visa to enter Ghana, you may also need an official Letter Of Invitation (LOI) before you can apply for your Ghanaian visa. If you require a Letter of Invitation (LOI) to apply for a Ghanaian visa, please fill out & submit the following request [form](#)

IMPORTANT INFORMATION:

Please do not submit the below application until 90 days prior to your entry into Ghana. Please submit the below application NO LATER THAN 30 days prior to your entry into Ghana.

The details will be forwarded to our local agent in Ghana and you will be emailed your Ghana Invitation Letter about 5-10 business days after submission.

Ghana visas can be used up to 3 months from the date the visa is issued, and once you have entered Ghana, the visa is valid for a maximum of 30 days. Therefore, please time your application accordingly and do not apply for the visa more than 3 months in advance of your trip.

GHANA LOCAL HOST DETAILS:

Company Name: Ashanti African Tours

Contact: Miss Cecilia Baiden (Director)

Address: P.O. Box CC 1423 (Office location: House No: A/32 Ansapetu/Efutu, Efutu-Jukwa Road)

House Number: A/F14 , Aboom Hills, Aboom Road, Cape Coast

GPS Address: CH - 1573-9465

Tel: 00233 248594377

Proof of Yellow Fever Vaccination is mandatory.

Information accurate as of November 1st, 2025

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What activities are optional on this trip?

Brenu Achinum

- Brenu Beach Kayaking & Village Walk

Are there any health considerations I should know before travelling?

Yellow Fever Certificate Note (Updated: June 2026)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country, or if you have transited for more than 12 hours through the airport of a Yellow Fever endemic country:

Botswana

Kenya*

Malawi

Namibia

South Africa

Tanzania

Uganda*

Zambia

Zimbabwe

*Kenya and Uganda require a valid Yellow Fever Certificate from all travellers regardless of country of origin, not only those arriving from endemic countries. Travellers to these destinations should ensure they are vaccinated regardless of their travel history. If other non-endemic countries have been visited after visiting an endemic country, a Yellow Fever certificate may still be required on entry into subsequent destinations. This is particularly relevant on multi-country Southern Africa itineraries, for example, a traveller moving from Uganda to Kenya, or from Kenya across a land border into Tanzania, will be required to show their certificate at each entry point. Please check country-specific regulations before departure.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What are the mandatory travel insurance requirements for this trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

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