



Wonders of Borneo

12 days, Kota Kinabalu to Kota Kinabalu

Trip code AABE

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Wellness Moment: Poring Hot Springs Visit, Poring Hot Springs

- Arrival transfer
- Wildlife excursions in Tabin Wildlife Reserve and Kinabatangan River area by boat and foot
- Visit Mt Kinabalu National Park and the Poring Hot Springs
- Visit an Orangutan Rehabilitation Centre
- Participate in a beach cleanup program
- Excursion to the tip of Borneo for sunset
- Orientation walk in Kota Kinabalu
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2015 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Kota Kinabalu

Arrive at any time. Arrival transfer included.

Arrive at any time and transfer to hotel.

Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Arrival Transfer

Kota Kinabalu

You will be met at the airport and transferred to the hotel to start your adventure.

Travel to Tabin Wildlife Reserve and stay in a jungle resort for 2 nights. Nestled within the rainforest beside the Lipad River, this lovely setting is home to a surprising variety of birds, insects, and small mammals.

Catch an early flight to Lahad Datu, then continue by land and boat to our rainforest lodge in the Tabin Wildlife Reserve. Activities over the next 2 days include a trek to the active Lipad mud volcano, which provides a mineral salt lick for wildlife, lectures on local wildlife and ecology, a nighttime wildlife drive, a rainforest walk to visit Lipad Waterfalls, a visit to a bird watching tower, and an evening jungle walk.

Note: All activities are subject to weather conditions/departure time, and may be re-organized to best meet operational situation.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Plane

Kota Kinabalu – Lahad Datu

1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Lahad Datu – Tabin Wildlife Reserve

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Trogon Hall Gallery Visit

Tabin Wildlife Reserve

Visit the Trogon Hall gallery for information about the conservation of Tabin Wildlife Reserve and a briefing on the birds, insects, and animals found in this area.

Hike to Lipad Mud Volcano

Tabin Wildlife Reserve

Hike from the Elephant trail to the active Lipad mud volcano, which provides a mineral salt lick for wildlife. Climb the observation tower and admire the contrasting landscape of the bare mud volcano to the surrounding lush forest, where birds are commonly seen. Try to identify the multitude of animal footprints here. The adventurous can try the effects of the volcanic mud, said to be beneficial for a glowing complexion.

Night Safari

Tabin Wildlife Reserve

A night safari is an excellent way to see wildlife that's nocturnal, such as the Western Tarsier, the Slow Loris, the Clouded Leopard, Leopard Cat, Palm Civet, Mousedeer, flying lemur and Colugo. Care is taken not to disturb them with high-powered lighting.

Day 3

Tabin Wildlife Reserve

Join an early morning bird walk to discover some of the almost 300 bird species that call Tabin home. After breakfast, drive to the the bird watching tower, then trek through the lush rainforest to visit Lipad Waterfall. Take a dip in the natural pool and enjoy a refreshing shower under the waterfall.

After lunch, enjoy free time to relax or opt to try out the Tabin Rainforest Foot Soak, made with a natural blend of herbs, to loosen tired muscles after long jungle treks. In the evening, take a dusk drive for more wildlife viewing, then go for a night walk in search of nocturnal wildlife.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Morning Bird Walk

Tabin Wildlife Reserve

Tabin is a bird-watcher's paradise as the forest here attracts an amazingly rich diversity of birds, including rare and endemic species. The relatively low canopy with sufficient natural light makes birding and photography here a delightful experience.

Lipad Waterfall Visit

Tabin Wildlife Reserve

Trek through the lush green rainforest known for its rich diversity of plants and animal species to visit Lipad Waterfall. Take a dip in the natural pool and enjoy a refreshing shower under the waterfall. Alternatively, explore the surrounding vegetation or just relax.

Free Time

Tabin Wildlife Reserve

Take some time to relax at the resort.

Jungle Night Walk

Tabin Wildlife Reserve

Go for a night walk along the trail close to the resort in search of sleeping birds, frogs, and nocturnal wildlife.



Optional Activities - Day 3

Tabin Rainforest Foot Soak

Tabin Wildlife Reserve

Try out the Tabin Rainforest Foot Soak, made with a natural blend of herbs to relax tired muscles after long jungle treks.

Day 4

Tabin Wildlife Reserve/Sukau

Travel by bus and boat to our rustic jungle lodge. Enjoy various wildlife excursions by boat and on foot in search of proboscis monkeys, long and short tailed macaques, exotic birds, and the famed Borneo pygmy elephants. In our down time, relax at the lodge bar while enjoying jungle views.

This is Sabah's longest river and home to an incredible variety of wildlife. Stay in the jungle and observe an vast array of insects, birds, and animals in their native environments. Walk along jungle trails and travel by boat on the river to regularly see kingfishers, hornbills, macaques, and proboscis monkeys. On occasion, you may get lucky and spot elephants, wild boar, otters, orangutans, and other reclusive species.

Just behind the lodge is the main track for pygmy elephants, so we have a good chance to spot these unique creatures.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Private Vehicle

Tabin Wildlife Reserve - Sukau

4h

Settle in and scan the scenery from the convenience of a private vehicle.

Boat

Sukau - Sungai Kinabatangan

45m

Climb aboard and get your float on.

Kinabatangan River Evening Cruise

Kampung Bilit

Cruise through the crocodile-infested waters with an expert boatman. While wildlife-spotting can't be guaranteed there's a good chance you will spot some monkeys, birds and the occasional saltwater crocodiles.

Day 5

Sukau

Enjoy a variety of wildlife activities on foot and by boat through the lush jungle and river.

The proboscis monkey can only be found on the island of Borneo. On our river boat excursions, we have the chance to see these elusive monkeys in their natural habitat. The male has a huge nose and oversized stomach and is often accompanied by a harem of females, drawn by his "good looks." These monkeys are energetic climbers and often leap from tree to tree. They can also dive and swim and are very entertaining to watch. We may get to see wonderful pygmy elephants in the wild during their migration, as well as other wildlife under the canopy of the rainforest.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Kinabatangan River Wildlife Cruise

Kampung Bilit

Jump into a boat and explore the muddy river; keep your eyes peeled for monkeys, birds, and crocodiles.

Bakas Trail Jungle Hike

Sukau

Hike on the Bakas Trail near the chalet. This is an area where pygmy elephants and other wildlife can sometimes be spotted.

Kinabatangan River Evening Cruise

Kampung Bilit

Cruise through the crocodile-infested waters with an expert boatman. While wildlife-spotting can't be guaranteed there's a good chance you will spot some monkeys, birds and the occasional saltwater crocodiles.

Jungle Night Walk

Kampung Bilit

Take a night walk on the trails near the Jungle Lodge and look for the unique creatures that are active at night.

Day 6

Sukau/Mount Kinabalu

Travel to the Poring Hot Springs for a soak and opt to traverse the canopy walkway through the lowland rainforest or visit a butterfly farm. Visit the Australian war memorial before arriving at our lodge near Mt Kinabalu.

Stay at the foot of the mountain and opt to stretch your legs by exploring the trails around the park, or check out the visitor centre. There are also some beautiful nature walks around the headquarters and at Poring Hot Springs, through lowland tropical forest on well marked trails.



Meals included

Breakfast



Today's Activities

Private Vehicle

Sukau – Mount Kinabalu

5h

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Poring Hot Springs is near the base of Mt Kinabalu. Known for its healing hot springs, Poring is a perfect spot to relax. Try the canopy walk (5 MYR), trek to some waterfalls, visit a butterfly farm or soak in the hot springs.

Australian War Memorial Visit

Kundasang

Established in 1962, this was one of the first memorials to commemorate Australian and British Prisoners of War who died in Sandakan during the infamous death marches to Ranau during World War II. The memorial also commemorates the people of North Borneo who risked their lives to help the POWs. Visit the four beautiful gardens that make up the memorial - the Australian Garden, the English Garden, the Borneo Garden, and the Contemplation Garden and Pool.



Optional Activities - Day 6

Canopy Walk

Mount Kinabalu

Get a bird's eye view of the jungle and stunning vistas around Mt Kinabalu and the Poring Hot Springs area from a canopy walkway.

Day 7

Mount Kinabalu/Tuaran

Spend the morning at the national park, walking the trails and catching excellent views of Mt Kinabalu. Later, drive to Tuaran on the coast and enjoy the beach, pool, or an optional jungle walk.



Meals included

Breakfast



Today's Activities

Private Vehicle

Mount Kinabalu – Tuaran

2h-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

Tuaran/Kudat

In the morning, visit an orangutan rehabilitation centre to learn about and observe these beautiful creatures. Later, drive to Kudat, our home for the next 3 nights and famed for its stunning beaches and turquoise water.



Meals included

Breakfast



Today's Activities

Visit an Orangutan Rehabilitation Centre

Kudat

Visit an orangutan rehabilitation centre to learn about and observe these beautiful creatures. Centres like this one have been set up to accommodate confiscated pet orangutans. The goal of rehabilitation is to guide the young orangutans through their development and ultimately return them to the forest.

Private Vehicle

Tuaran – Kudat

3h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 9

Kudat

Participate in a beach cleanup program organized by the Kudat Turtle Conservation Society, then enjoy a beach BBQ dinner.



Meals included

Breakfast | Dinner



Today's Activities

Beach Cleanup Project

Kudat

Lend a hand in local conservation by participating in a beach cleanup project. Your efforts help protect wildlife and, in particular, sea turtle nesting grounds.

Free Time

Kudat

Relax at the beach enjoying the sun, sand and sea.



Optional Activities - Day 9

Kayaking

Kudat

Get into a kayak and paddle away for a new perspective on this area.

Jungle Trekking

Kudat

Enjoy a trekking excursion through the pristine coastal jungles of Kudat.

Snorkelling

Kudat

Grab your mask and snorkel and get to know the local marine life. Marvel at the wonderful creatures you see.

Day 10

Kudat

Enjoy this tropical paradise with free time to snorkel, bike, kayak, trek, or visit a turtle hatchery (seasonal). In the evening, visit the tip of Borneo for spectacular sunset views and an optional dinner at a beachside restaurant.



Meals included

Breakfast



Today's Activities

Free Time

Kudat

Relax at the beach or enjoy some optional activities.

Sunset excursion to the tip of Borneo

Kudat

Drive to the tip of Borneo and enjoy spectacular views of the sunset from a pristine white sand beach.



Optional Activities - Day 10

Kayaking

Kudat

Get into a kayak and paddle away for a new perspective on this area.

Snorkelling

Kudat

Grab your mask and snorkel and get to know the local marine life. Marvel at the wonderful creatures you see.

Turtle Hatchery Seasonal Visit

Kudat

In season, enjoy a visit to a turtle hatchery and learn more about the conservation of these beautiful reptiles.

Jungle Trekking

Kudat

Enjoy a trekking excursion through the pristine coastal jungles of Kudat.

Day 11

Kudat/Kota Kinabalu

Travel back to Kota Kinabalu and opt to visit the night market and enjoy local delicacies for a farewell dinner.



Meals included

Breakfast



Today's Activities

Private Vehicle

Kudat - Kota Kinabalu

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 11

Night Market Visit

Kota Kinabalu

Visit the lively night market for last minute shopping and fantastic food. Dining options include a wide selection of Indonesian, Filipino, Chinese, and Malay foods that draw tourists and locals alike.

Day 12

Kota Kinabalu

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Wellness Moment: Poring Hot Springs Visit, Poring Hot Springs
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- Participate in a beach cleanup program
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- Orientation walk in Kota Kinabalu
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Meet the 'old man of the forest' at an Orangutan Rehabilitation Centre, head into the rainforest in search of unique wildlife, explore lush jungles by boat and on foot, help protect sea turtles on a beach cleanup, sample delicious local fare and seafood

What are the main highlights of this trip?

Meet the 'old man of the forest' at an Orangutan Rehabilitation Centre, head into the rainforest in search of unique wildlife, explore lush jungles by boat and on foot, help protect sea turtles on a beach cleanup, sample delicious local fare and seafood

Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. CAMERA FEES

Please note there are camera fees at Sepilok (RM10)

2. ITINERARY CHANGES

The order of visiting places on this trip may change according to the availability of accommodation. This does not affect the activities included and travel times are only minimally altered.

3. LUGGAGE WEIGHT RESTRICTIONS

There may be a weight restriction for the internal flight on this tour. Each passenger is allowed to carry one checked bag with a maximum weight of 15 kg (33lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

4. RAMADAN

Depending on the lunar cycle, Ramadan will fall between June 18th and July 17th, 2015. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan in Muslim areas, but generally our tours still operate effectively during this period and food is available to non-muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 16, Avg 12.

What meals are included in this trip?

11 breakfasts, 4 lunches, 5 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Included breakfasts in some places may be asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Minibus/van, jeep, taxi, boat, plane, walking.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

There may be a weight restriction for the internal flight on this tour. Each passenger is allowed to carry one checked bag with a maximum weight of 15 kg (33lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Comfort hotels (3 nts), jungle lodges (4 nts), beach resort (4 nts).

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What should I expect from the accommodations on this trip?

****Note:** The standard of accommodation that we have at the Kinabatangan Jungle Camp is rustic and there is no air conditioning available. The location and hospitality however more than compensates for a bit of roughing it.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

****Please note,** the arrival transfer included occurs on Day 1 of the tour. If you plan to arrive prior to Day 1, you will be required to arrange pre-tour accommodation through G Adventures to be eligible for the transport from the airport. Due to customer experience and quality considerations, all services related to the tour must be continuous.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your group trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If this is unsuccessful, please refer to our Emergency Contact. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please contact your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand (24/7)

From outside Thailand: +66 92 338 9222

From within Thailand: 092 338 9222

After hours emergency number (SE Asia Manager)

From outside Thailand: +66 87 049 6074

From within Thailand: 087 049 6074

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What are the packing guidelines and luggage restrictions?

We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Hard suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!). You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

What should I pack for this trip?

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

During this tour the local currency you will use is the Malaysian Ringgit. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: www.xe.com for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

All departure taxes should be included in your international flight ticket.

What are the tipping guidelines for this trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

What activities are optional on this trip?

Tabin Wildlife Reserve

- Tabin Rainforest Foot Soak

Mount Kinabalu

- Canopy Walk

Kudat

- Kayaking
- Snorkelling
- Jungle Trekking
- Turtle Hatchery Seasonal Visit

Kota Kinabalu

- Night Market Visit

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our CEO's are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Are there any specific safety considerations for this itinerary?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

When packing be aware that dress standards are conservative throughout Asia. Malaysia is a predominantly Muslim country. To respect this and for your own comfort, we strongly recommend modest clothing. This means covering shoulders and no short shorts. Loose, lightweight, long clothing is both respectful and cool in the predominantly hot Asian climate. Shorts should be knee-length. Singlets and tank tops are not acceptable. One piece bathing suits are recommended and topless sun bathing is unacceptable.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.